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January 3, 2020



Sheila Savage West speaks during the “Stop the Violence” walk in Onancock on Sunday, Dec. 29. Photo by Carol Vaughn. West’s son was murdered when he was 26 years old.

Protesters Rally Against Violence in Community

Protesters march against gun deaths and other forms of violence

By Carol Vaughn

More than three dozen people marched against violence on a rainy Sunday in Onancock.

Organized by minister Quintavion Washington, the march from near the edge of town to the gazebo downtown

caught the attention of passersby, one of whom rolled down his truck window and shouted thanks to the marchers.

Washington said he is coordinating with law enforcement and school officials to find ways “to stop the violence in our young people.”

“Gun violence doesn’t start with a gun; it starts at home; it starts in their early years,” Washington said, calling the problem “a chain reaction of mental,

verbal, physical, and emotional abuse.”

Deaths as a result of gun violence are “so prevalent in our community that we have gotten numb to the situation,” he said, adding, “...We have to get to the point that we stand up against this violence and say that we are not going to take this any longer — not in our streets, not in our communities, not in our households — but we are going to be united

(Continued on Page 4)

Franktown Man Dies in Route 13 Head-On Crash

Staff Report

A Northampton County man died of his injuries late Monday after his vehicle struck a tractor-trailer near Exmore.

John Scott Webb, 50, of Franktown, was driving a 2014 Volkswagen Passat southbound on Route 13 when he ran off the road, struck the median, and hit a 2002 tractor-trailer head-on in the northbound lanes of the highway, according to Sgt. Michelle Anaya, Virginia State Police spokeswoman.

The crash happened north of Brickhouse Drive at around 10:13 p.m.

Webb was wearing his seatbelt and alcohol was not a contributing factor, according to Anaya.

Investigation into the crash is ongoing.

CBBT’s Tunnel Construction Behind Schedule

By Connie Morrison

Construction of the Chesapeake Bay Bridge-Tunnel’s new parallel tunnel at Thimble Shoals is about 15 months behind schedule, according to the district’s executive director Jeff Holland.

The contractor-proposed timeline (Continued on Page 2)

Three People Shot Late Friday Night, Dec. 27, in Accomac

Staff Report

Three people were shot late Friday near Accomac, according to Accomack County Sheriff Todd E. Godwin.

The Sheriff's Office received a call at around 11:12 p.m. Dec. 27 reporting a victim shot at 22255 Daugherty Road in Accomac. Another caller then reported that someone had been shot in the area of Church Road.

When deputies arrived at Daugherty

Road, they found a man lying on the ground, with multiple gunshot wounds.

After investigation, it was determined that the man and two women had been standing outside together at a residence on Daugherty Road when they were approached by an unknown person, who fired multiple shots, striking the victims, according to Godwin.

The suspect fled the scene on foot in an unknown direction.

Police Identify Victim of Christmas Fire

Staff Report

Police identified a woman who died in a fire at a Chincoteague residence early Christmas morning.

The victim, Marcella R. Fields, 71, was the owner of the residence in the 4100 block of Channel Lane, according to the Chincoteague Police Department.

The fire appears to have been accidental, according to preliminary investigation.

Responding to the fire were the

Chincoteague Police Department, Chincoteague EMS, Chincoteague Vol. Fire Company, Atlantic and Wallops fire companies, Virginia State Police and the Medical Examiner's Office.

The Virginia State Police Bureau of Criminal Investigation Fire Investigation Unit is investigating the origin of the fire.

The Chincoteague Police Department is investigating the death of Fields.

The victims were transported by ambulance to Riverside Shore Memorial Hospital.

The Accomack County Sheriff's Office was assisted by the Virginia State Police, the Parksley Police Department,

and the Onancock Police Department.

Anyone with information is asked to contact the Accomack County Sheriff's Office at 757-787-1131 or 757-824-5666, or tips may be submitted at www.accomackcountysheriffsoffice.org

~ Tunnel Delay ~

was off schedule almost as soon as the project started "with the lack of performance from a deep-earth sub-contractor," Holland said.

That subcontractor, Brasfond, was terminated, and a new subcontractor, Bencor, was hired to take its place. So a new deep-earth contractor is in place, but approximately 15 months behind schedule, primarily due to the first deep-earth contractor's failure to perform essential work.

"When you go through the portal into the tunnel, the contractor was responsible for building slurry walls on each side," Holland said. Those walls will be used to launch the boring machine, which is being stored in Germany un-

(Continued From Front Page)

til the project is ready for it, which was originally projected to be this winter.

Holland said liquidated damages of \$19,300 per day were built into the contract, intended to cover the CBBT's costs of extended construction management beyond the original timeframe. It is up to the primary contractor to recover those funds from the subcontractor.

The contractor has submitted a recovery schedule in which the contractor will be able to recover five of the 15 months of delay.

The tunnel was originally tentatively scheduled to open in October 2022. If the recovery plan is implemented, it would push the opening into late 2023.



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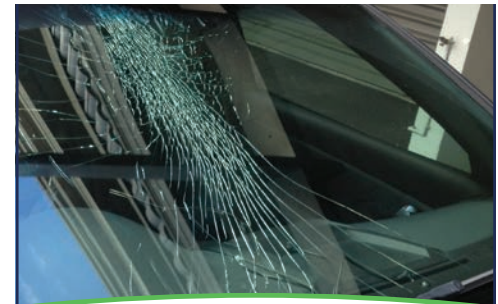
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Starting the Conversation

How to talk to Mom and Dad about Senior Living

Mom may have had a hard time recalling names when you spoke with her over the phone the last few times, but you weren't prepared for what you found when you came home for the holidays this year. She had some bruises on her arm and couldn't remember what they were from. The house was just as warm and inviting as it always has been, but the carpets needed vacuuming and the bathrooms had not been scrubbed in some time. The most worrisome issue was Mom's appearance. She looked like she'd lost a lot of weight.



For many families with aging parents, these periodic visits may reveal issues they weren't aware of. This can stir up

many feelings. You may wonder what is happening when you aren't there. Is she safe? What should I do? The combination of guilt, fear, and sadness can be staggering. You are not alone. Now is the best time to prepare a plan and find a senior living community that you would both feel comfortable with, rather than being forced to make a choice once it is an emergency.

Here are some tips for discussing your concerns with your loved one:

- Remind Mom or Dad that you love them and are worried about their wellbeing.
- Ask what he/she would need to happen for them to decide it was time to move.
- Discuss his/her concerns about senior living and what he/she would like to see in a community.

While this can be a very difficult time, there is a myriad of support available to you. Commonwealth Senior Living has been guiding families on this journey for almost 20 years. Our caregiver support

groups can connect you with families who are experiencing the same challenges and will provide useful tips for ensuring that your loved one gets the attention and support they deserve.

Contact Commonwealth Senior Living at The Eastern Shore for a complimentary copy of this invaluable guide:
Helpful Tips for When It's Time



Call 757-655-7783 today!



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~ Stop the Violence ~

(Continued From Front Page)

together and we are going to fight this fight together.”

Several speakers followed Washington’s remarks, including mothers who have experienced the loss of a child as the result of violence.

Sheila Savage West spoke about her son, who was murdered at age 26.

“You expect to see certain things in their lives. You expect to see them graduate from college, which he was about to do; you expect him to one day come to you and say, ‘Mom, this is my fiancée,’ and you expect to attend their wedding, which I won’t get to do,” she said.

“There is a problem, and we have to find the answer to the problem,” West said.

Pamela Johnson spoke about her son, who was fatally shot at age 20.

“It devastated my whole family, the community, and everybody that knew him. He was a father; he left a 7-month-old daughter; he was a brother; he was an uncle; and he was loved by many,” she said, noting her son had come home from college for the summer when he got into an altercation and was shot

and killed.

She urged listeners to speak up if they know of trouble brewing in the community.

“Talk to your kids; don’t let your kids walk around mad,” she said.

Shana Turner of Virginia Beach lost her son two years ago at age 25.

Turner founded the group Hampton Roads M. A. S. K., which stands for Mothers Against Senseless Killings, after the tragedy.

“It’s not always about gang violence. Guns are killing everyone — domestic violence, mental health, suicide, bullying. My son was leaving work, doing his normal routine” when a coworker shot him nine times, Turner said.

She urged anyone affected by violence who needs help to contact the organization, which is on Facebook at hr.mask@facebook and on Instagram at [@HRM.A.S.K.](https://www.instagram.com/HRM.A.S.K.) The website is www.HRMask.org

“We need to stop killing one another,” she said.

Another speaker, Christina Schmitt, advisor for National Youth Week USA, is a former assistant principal at Arcadia High School.

“The Eastern Shore has a special place for me...It matters. I drove four hours to



Marchers start out in the rain in the “Stop the Violence” walk in Onancock on Sunday, Dec. 29. The march was organized in response to recent incidents of gun violence and other violence on the Eastern Shore. Photo by Carol Vaughn.



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make sure I was here today," she said.

The organization is designating June 13-19, 2020, as National Youth Week, Schmitt said.

The website is <https://nywusa.com/>

The organization also promotes www.stateyourcase.us, an app developed to help young people identify issues they are struggling with, including resources to help them cope.

The organization also has a telephone support line — OMI CASE Support Line 844-4NYWUSA(469-9872).

"When I left the Shore, my heart was still here, and I know there is a need in this community for youth programming," she said, adding, "There are resources here, and you have to come together."

Contact Quintavion Washington at qwashington92@yahoo.com, 757-709-9527, or on Facebook.

Right: Protesters march along Market Street in the "Stop the Violence" walk in Onancock Sunday, Dec. 29. The march was organized by Quintavion Washington and featured several speakers who lost family members to gun violence. Photo by Carol Vaughn.



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'A South You Never Ate' Whets Appetites for Eastern Shore Cuisine and Creativity

Author taps culinary history of the Eastern Shore to produce a book that captures local cuisine, stories, and imaginations

By Stefanie Jackson

Author Bernard L. Herman visited the Barrier Islands Center in Machipongo Dec. 14 to introduce his new book, "A South You Never Ate: Savoring Flavors and Stories from the Eastern Shore of Virginia."

The book of recipes and interviews aims to preserve the history of Eastern Shore food and the stories of the people who prepared and ate it.

"At the end of the day, I ended up talking to well over 100 folks, getting down interviews in places as unlikely as the 'inconvenience' center in Nassawadox ... as well as sitting in folks' living rooms or at dockside," Herman said.

The book also records the recollections of several Eastern Shore residents who died before Herman's work

could be published, including folk artist Mary Onley, aka "Mama Girl."

She "would always say, 'Well, I don't know anything about that,' and then proceed to give you ... extraordinary insight," Herman remarked.

He also wanted to "think it all forward" and get a modern perspective on the ideas and ingredients discussed in the book, so he interviewed several well-known chefs like Jeremiah Langhorne, who heads the kitchen at a Michelin star restaurant in Washington, D.C.

All the chefs Herman approached agreed "without any hesitation" to collaborate with him because of their "belief in just how remarkable the Eastern Shore of Virginia is as a southern cuisine (destination) that still remains largely undiscovered and extraordinarily distinctive."

New Orleans may have gumbo or shrimp and grits, but the Eastern Shore has clam fritters and baked fish stews, Herman said.

"In more distant memory," he con-



Bernard L. Herman speaks with a reader as he prepares to sign a copy of his new book, "A South You Never Ate," at the Barrier Islands Center in Machipongo Dec. 14. Photo by Stefanie Jackson.

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continued, there were Eastern Shore specialties like "terrappin stew, Accomack style – which is rough on the terrapin but is every bit as much a part of this place."

The earliest recipes that appear in "A South You Never Ate" date back to the 1640s.

Herman read several excerpts from the book that retells, with humor, the stories of Eastern Shore folks and their food.

One excerpt told a tale of the

1930s when Shore native Emerson Polk Kellam bribed his cousin with a hindquarter of beef to teach his new wife, Amine Kellam, how to make beaten biscuits, which were beaten with "a dull hammer or similar instrument" 600 times, until they blistered.

"A South You Never Ate," Herman said, is "not just about food, it's about the lives and the imaginations and the creativity of all who lived here."





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Exmore Fall Car Show Raises Money



The fourth Exmore Town Park Auto Show held Oct. 19 had 45 entries and featured an early Exmore fire truck, hot rods, muscle cars, classics, Corvettes, Mustangs, trucks, and even a strange Rat Rod was there, too, with a Honda motorcycle engine. The homemade trophies were a hit with the entries, and local music was provided by David Pruitt.

The real winner was Eastern Shore Rural Health's Eastville location, which received all proceeds from the entries and half of the proceeds from a 50/50 raffle. **Above: The Best of Show award went to a very popular red and white 1966 Ford pickup owned by Michael Howard of Parksley. Submitted Photo.**

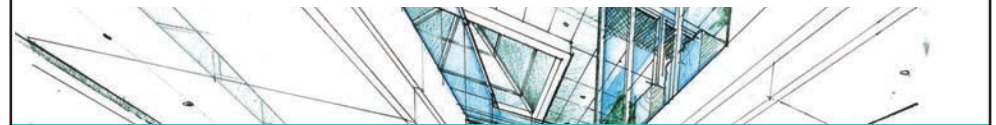


Exmore car show organizer Roy Ballard presents a check to Nancy J. Stern, Eastern Shore Rural Health chief executive officer, for the car show proceeds of \$720. Submitted Photo.

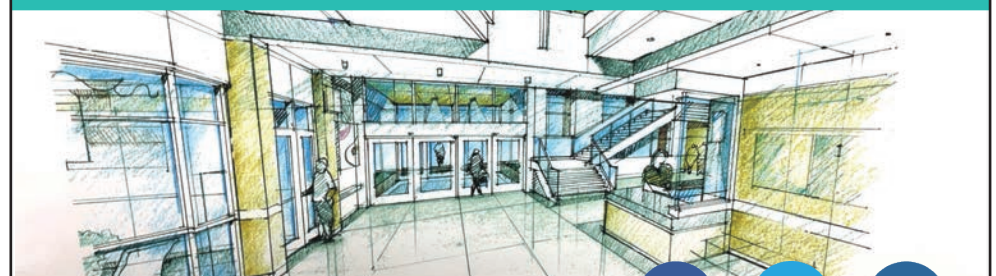


Eastern Shore Community College Begins The Spring 2020 Semester in our New Building On Monday, January 13th !

You can still register for Spring Classes online through Sunday, January 12th. ESCC will reopen after the holidays on Monday, January 6th in the new building (with limited access). The Business Office will be open from 8am-6pm for the Spring Class payment deadline. Utilize the main front entrance for payment and registration help, and also access to support for the new ESCC Online Bookstore launch.



Continue to monitor ESCC Facebook and website for moving updates !



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Commonwealth Senior Living Launches Memory Care Unit, a Local First

Commonwealth Senior Living, formerly The Hermitage, becomes first senior living facility on the Shore to incorporate specialized memory care unit into its community

By Matthew Yoder

Commonwealth Senior Living opened its doors to the community in early December for a ribbon-cutting ceremony, spotlighting first of its kind additions to the Eastern Shore in the treatment of specialized memory care.

Residents, along with their families, civic leaders, and Commonwealth Senior Living employees at the local and corporate level, celebrated an updated look and overall rebranding of the former Hermitage.

The ceremony follows Commonwealth's commitment to the Eastern Shore in the form of ongoing construction totaling \$2.5 million to date.

The changes address what Commonwealth says is an urgent need for specialized memory care, which was not available on the Eastern Shore until now.

Kristie Annis, who had worked for the Hermitage since 1997, and stayed on as executive director when Commonwealth Senior Living arrived, spoke to the importance of providing these services to families on the Shore.

"That has helped families tremendously, because people suffering from Alzheimer's would have to go to a nursing home, something a bit more institutional. What we have is an environment where they feel at home," Annis said.

Before, families had to look beyond the Shore to secure that type of care for their loved ones.

"Typically we had to refer people to locked units in Virginia Beach or Maryland, and now they don't have to leave the Eastern Shore," said Annis.

Commonwealth Senior Living, based out of Charlottesville and currently operating 34 facilities, brought a standard of care focused on a new approach to caring for those dealing with dementia and Alzheimer's. The company has implemented signature programs designed specifically for their

communities.

Laurie Redilla is instrumental locally in offering these programs, which appeal uniquely to residents' senses, particularly to smell and sound. Citrus and lavender essential oils, when applied to warm towels, aid residents' appetite, or help with transitioning in the evenings.

"The lavender is a soothing mechanism," said Redilla.

Even more effective is the implementation of the EverSound system, which is adjusted specifically to the auditory needs of each resident.

"One of the great things I use this for is bus tours, it's a great reminiscing tool," said Redilla.

A common concern for caregivers in the field of memory care is an uneasiness in residents in the evening, often referred to as sundowning. Redilla, who has been working at the facility for three years, has witnessed immensely the ability of the EverSound system to alleviate some of these issues.

"If somebody is sundowning we can put this on their playlist and they can eat their dinner in peace," Redilla said.

A fine arts program highlighting literature and painting, as well as crocheting or walks through a bright courtyard offer further options for an active lifestyle. Redilla is intent on determining the individual needs of those under her care.

"We learn about what they like observing their actions. We're here for them," Redilla said.

Options also exist for the local community to become more aware of the challenges that diseases like dementia and Alzheimer's pose for a growing number of people.

Ed Corbeil is the senior vice president of operations for Commonwealth Senior Living. Corbeil is especially aware of the disease that continues to personally affect more families with each passing decade, and the need to get people on board as informed citizens and potential caregivers in a field where such a need persists.

"We provide complimentary educational services here as well by way of a virtual dementia tour, the surrounding community can come in and learn about the Alzheimer's disease," said Corbeil.



Mayor Fletcher Fosque cuts the ribbon to Commonwealth Senior Living's new memory care unit as Executive Director Kristie Annis looks on. Photo by Matthew Yoder.



A table overlooks the inner courtyard where memory care residents can remain active. Commonwealth Senior Living recently opened a specialized memory care unit, the first of its kind on the Eastern Shore.

Commonwealth Senior Living has remained ahead of the demands. It has added 20 more jobs to the community on the Eastern Shore, and has supplied extensive training in both these new positions and for those who stayed on

with the changes. Corbeil sees a need for more workers, and believes that Commonwealth provides real opportunities for those interested in meeting the demands of an industry that continues to grow exponentially.

“We offer a career path for people who want to come and work here; there’s a lot of mobility and potential for growth in this industry,” said Corbeil.

Corbeil credits Annis with instilling a principled atmosphere of care and hard work for those already in place.

“The customer service here has been exemplary. If not for Kristie Annis leading the charge, it would have been a little more difficult,” Corbeil said.

Another clear adjustment, still in process, are the construction demands on residents. Corbeil realistically outlined the trepidation that comes in such an undertaking, but also spoke to the creative force of change and Annis’ role in this regard as well.

“We saw obviously a great need to serve the population here, there was no independent living, the team welcomed us with open arms, Lord knows they’ve seen a lot of change and transition here in the community, and Kristie Annis has done a great job shepherding the whole construction process,” said Corbeil.

“We are really honored that the Eastern Shore welcomed us here. We know since we are the largest provider in the state there would be some trepidation that this is a corporation coming in, but we really are a grassroots company that started in Virginia. Our CEO is from Virginia and has lived in the state his whole life,” said Kristy Ruppe Craddock is vice president of sales and marketing.

She then relayed the comments of a resident who was excited about the renovations. “I’m really proud to show it off,” the resident said.

“She didn’t feel it was disruptive, she felt like the construction guys were family, she said it was worth the wait with how beautiful things turned out,” said Craddock.

Richard Surran, whose mother, Irene, is a resident at Commonwealth, had a similar experience.

“They have basically refurbished the whole building; noisy, dirty at times, but worth it. The Hermitage was the top of the mark, had been here for a long

time. When Commonwealth came in we weren’t sure what would happen,” Surran said. “They’ve kept their promises so far.”

Surran described upgrades to the communications system, yielding a faster response time.

“Residents just push a button if they need help,” he said.

That attentive help is most satisfying to Irene.

“They’re my buddies,” said Surran.

The facility has by all accounts been a family affair over the years. Annis describes seeing generations of residents come through the halls.

Robie Marsh, member of the Accomack County Chamber of Commerce, spoke during the ceremony. He regaled guests with the story of how this building stands on ground once owned and farmed by his great-grandfather, a property that was donated by his family to the former United Methodist Home.

“This place will always have a special place in my heart,” said Marsh.

He then thanked members of the Commonwealth team for their cooperation with the community.

“This is vital for economic development to the Shore. I commend Commonwealth for investment into this home and the community,” Marsh said.

Onancock mayor, Fletcher Fosque, presided over the ribbon-cutting, wielding a large scissors. Fosque, too, has ties to the facility. His father and grandmother both spent time as residents, and Fosque sees a tradition of great care continuing under the direction of Commonwealth.

“I am so grateful for Commonwealth Senior Living to keep this a top-notch facility,” said Fosque.

The changes are inviting, but not entirely complete. By the end of March two more hallways will receive a full renovation, supporting new independent living wings.

“Someone can come in without any need for assistance whatsoever and just live and enjoy the programming, meals and socialization,” Annis said.

Corbeil, too, is proud of the advancements made by the company he represents, and with senior care in general.

“I think senior living has shattered the myth of what it used to be,” Corbeil said.

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3 BR / 3 BA
Ian McLean 757-693-2001
ian@mason-davis.com



“Nandua Creek” Waterfront
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\$419,000 MLS 48006
Tammy Mason 757-710-2295
tammyvmason@gmail.com



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Nancy James 757-710-3089
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Onley
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Tammy Mason 757-710-2295
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Tammy Mason 757-710-2295
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Painter
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3 BR / 2 BA
Michael Stephano 757-710-0803
michaelstephano@mason-davis.com



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Susan Beasley 757-710-1284
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To Kevin Warren
2 parcels at Exmore
For \$81,000
- From James Elliott, special commissioner, and Baymark Construction Corporation
To Bay Creek Development LLC and Bay Creek South LLC
3 parcels, Bay Creek, Cape Charles

For \$12,000

- From Joanne Campbell
To Aaron and Donna Wallack
Parcel along TB Road, near Hadlock
For \$184,000
- From Leslie Helterbran, deceased, and Patricia Helterbran
To Freedomhill Properties LLC
Lot 81, Vaucluse Shores
For \$1,500
- From Alice and William Chiswell II
To Caroline and Carl Cox Jr.
Unit 8-166, Building 8, Fairways II Condominium, Cape Charles
For \$300,000
- From Linda Massenburg
To Evelyn Smith
Parcel, 1 acre, near Machipongo
For \$11,500

Accomack County

- From James W. Elliott, Benjamin K. Collins, Reginald Collins, Vernon Collins, Jean Collins, Paul Collins, and Frances Tracy Collins
To Tiara McIntosh
Sylvan Retreat Lot 1/2 acre, Quail

Lane, Painter

For \$2,370

- From Dixie J. Grinnalds and John Edgar Grinnalds, attorney-in-fact
To David L. Arrowood
Four lots in the town of Melfa
For \$4,000
- From Sunshine Rantals of Chincoteague, LLC
To Janice T. And Luciano
Lot 48B, Main St., Chincoteague
For \$215,000
- From Dennis R. Singleton Sr., trustee
To Tara J. and Alexander N. Rouse III
14314 East Field Dr., Belle Haven
For \$258,000
- From Susan Yaeko Kusumoto and Kimberly Tayo Kusumoto, successor trustees under the Mary T. Kusumoto Administrative Trust
To Huan C. Zheng and Alexander Wong
Captain's Cove Lot 854, Section 1, Greenbackville
For \$1
- From Kristy Lynn Turlington
To Anne M. and Hugh A. Sharkey
17,590 sq. ft. lot near Wachapreague
For \$152,500
- From Judith A. Sasse
To Steven J. Piczak
28037 Harborton Road, Harborton
\$159,000
- From Laurel L. Savage
To Arturo Haroldo Morales and Dilma Leticia Bravo Velasquez
31096 Big Pine Road, Pungoteague
For \$60,000
- From Karen Y. Foley, formerly known as Karen Young-Burns
To Peter G. Fisher, trustee of the Peter G. Fisher Revocable Trust
35116 Fern Seep Lane, Belle Haven
For \$375,000
- From Tricia Daub
To Holly L. and William H. Murray
7415 Lankford Hwy., Oak Hall
For \$105,000
- From Rosalinda A. and Kirk A. Stinnette
To Caroline S. and Gary W. Casper
Trails End Lot 10, Unit 3, Horntown
For \$9,500
- From USA Homeownership Foundation, Inc.
To Tyrone Barber
33250 Hickman St., Painter
For \$47,000
- From Rosalie S. Lewis, AKA Rosalee S. Lewis
To Patricia Turner Richardson
15662 Cashville Road, Onancock
For \$92,500

- From Victor R. Pruitt and Deborah B. Pruitt
To Dawn Bette and Ben Grady Ellis Jr.
15140 Taylor Creek Dr., Pungoteague
For \$280,000
- From Charles M. Recknagel
To Thomas Y. Recknagel
5455 Cedar Drive, Chincoteague
For \$95,750
- From Charles M. Recknagel
To Thomas Y. Recknagel
6496 Pine Drive, Chincoteague
For \$93,250
- From Ruth Stomne Mulford
To Laura J. And Dennis J. Nelson
Lot 197, Section 2, Captain's Cove, Greenbackville
For \$5,000
- From Carlton W. Mason
To Phillip P. Ettinger and Rosa M. Sarmago-Ettinger and Rebecca Jean-Quinn and James R. Stevens
6193 Marsh Island Drive, Chincoteague
For \$250,000
- From Robert J. Poulterer
To Ruben J. Morales and Ingrid Viviana Vazquez Chagala
29062 Lankford Hwy., Melfa
For \$60,000
- From Carlton W. Mason
To Patricia H. And Harry T. Parker
6195 Marsh Island Drive, Chincoteague
For \$258,500
- From Celestial P. Gray, formerly Celestial P. Campbell
To Cameron Gray, 26565b Texaco Town Road, Melfa
For \$77,000
- From the C. D. Fleming Jr. Charitable Trust Foundation, Inc.
To Jimmy Holland and Morrell H. Smith, successor co-trustees, and the C. D. Fleming Jr. Trust
34.96 acres near Sinnickson
For \$36,642
- From Pamela Ann Mackey, Perry Arthur Mackey, Kathleen C. Hoosler, Kathleen C. Hossler, Peter F. Curran, Maureen P. Lindner, Maureen C. Lindner, Jennifer L. Curran, and Gregory L. Curran
To Kevin Yang and Hong Peng
20456 Baldpate Lane, Onancock
For \$279,000
- From Joyce A. and Charles J. Olszewski Jr.
To John William Atkinson Jr.
8 acres, Sisco Town Road near Painter
For \$20,000
- From Michael Richard Turner Jr.
To Trinity S. and Brandon S. Pruitt
16128 Big Road, Bloxom
For \$140,000

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SEMINAR LOCATION AND DATES:

EASTERN SHORE CHAMBER OF COMMERCE
Wednesday, January 8, 2020 (5:30 p.m. - 7:00 p.m.)
and

Thursday, January 9, 2020 (10:00 a.m. - 11:30 a.m.)

Presented by: Virginia E. Brown, Esquire

There is no charge, seating is limited!

Call 757-787-1998 or e-mail paralegal @vebrownpc.com to make your reservations.

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Painter- MUST SEE
4BR/2.5BA Colonial style home w/ modern upgrades throughout! Fantastic Location! S.S. appliances, wood fireplace & large deck! **\$315,000**



Saxis- Cozy island retreat, 2BR/1BA home sitting on a half acre lot! Stunning sunset views over the Pocomoke Sound. **Call for Details!**



Cape Charles- Join this great community near historic downtown! Make your dream home a reality on this lot. Amenities!! **\$29,000**



Saxis- Two lots w/ septic already on site! Nicely elevated w/ short distance to boat ramp. **\$27,500**



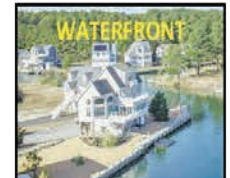
Sanford- 3+ acres of beautiful land for your future home site! Two lots mostly clear w/ septic already installed! **\$45,000**



New Church- 2 acres of high WATERFRONT land in beautiful neighborhood. Just mins away from NASA & Chincoteague Island! **\$98,900**



Saxis- Sweet half acre lot w/ water views from front and rear of the lot! Amazing place to build your weekend getaway. **\$16,500**



Capt. Cove- Fall in love w/ this 4BR/3.5BA custom contemporary home w/ panoramic views, cathedral ceilings & cozy fireplaces. **\$475,000**



Chincoteague- Prime waterfront property. Home has been gutted & ready for your renovations! This double lot comes w/ endless possibilities! **\$292,000**



Capt. Cove- Beautiful canal lot close to mouth of bay! New bulkhead replaced in 2019. Build your dream home w/ a breathtaking view! **\$70,000**



Chincoteague- Bright & Airy extra large island retreat! Home features 4BR/3BA plus bonus room, new floors, formal dining & fenced yard. **\$315,000**



Temperanceville- Property offers over 11 acres of cleared land & 5 acres of wooded land. Build your dream right here! **\$100,000**



Chincoteague- Located on quiet side street, site had 3BR septic approval letter on file & has been graded for proper drainage. **\$125,000**



Chincoteague- Well maintained 3BR/2BA rancher on corner lot of quiet neighborhood! **\$240,000**



Saxis- Half an acre lot on beautiful island w/ great elevation & short distance to boat ramp! Septic on site. **\$16,500**



Temperanceville- Rental investment for you. Solid rental history, roof coated in 2018 & deep well! **\$65,000**



Capt. Cove- Buy now & build later! This community is full of fun amenities for everyone! **Call for Details!**



Chincoteague- Spacious 3BR/2BA single level beach home in quiet Oyster Bay! Water access w/ boat ramp. **\$289,000**



Chincoteague- Start your business in exiting C-1 zoned building located in town, property has many hidden delights! **\$320,000**



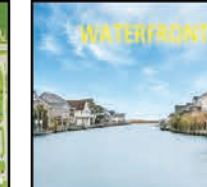
Cape Charles- Enjoy quiet country living in this 4BR/2BA rancher! Over 5 acres of property. **\$425,000**



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New Church- Prime location spot w/ over 4 acres along side busy Rt.13. Amazing location for your next business. **\$45,000**



Capt. Cove- Build the home of your dreams on this lot! Enjoy community amenities & shore drive to Chincoteague. **\$53,500**



Machipongo- Beautiful wooded lot in Wilsonia's subdivision. Peaceful setting w/ mature trees, community boat ramp & much more! **\$39,900**

Are you thinking it might be time to sell? Call ANY of our LONG & FOSTER Eastern Shore Offices and talk to an agent! You may be surprised at what your home is worth. We have buyers looking for homes especially in the Cape Charles area. **CALL LONG & FOSTER TODAY!**



<< **Onancock- Atop a hill overlooking the southern branch of Onancock Creek.** This 4BR/4BA Eastern Shore waterfront home features dock, bulkhead, paved driveway, 2 car garage, 2 large decks & so much more!! This property is a must see! **\$325,000**



<< **Holden's Creek- Perched on a high bank** at the mouth of the Pocomoke Sound. This 3BR/2BA waterfront home features boat launch, bulkhead, dock, open floor plan, & 2 porches! MBR features full bar & bonus room! Don't miss out on the home of your dreams! **\$320,000**

OBITUARIES

Alma Loraine Dean

Mrs. Alma Loraine Dean, 82, of Onancock, passed away Tuesday, Dec. 24, 2019, at Shore Health and Rehabilitation Center, Parksley. Born April 26, 1937, in Greensboro, Md., she was the daughter of the late Maud and Joseph White and Frederick Frase, and loving wife of the late Paul Kilmer Dean.

Mrs. Dean worked as a bookkeeper for Ginsberg, Nottingham, and Mapp for nearly three decades. She often placed the needs of others before her own and stopped at nothing to bring joy and happiness to those around



Mrs. Dean

her. She loved to go shopping, always finding the best deals and eagerly sharing with family and friends. As a mother of three boys, she was as tough as they came, and they knew they couldn't get much past her. Mrs. Dean had the kindest hearts, with a sense of humor and a contagious smile to match, all of which instantly made you feel at ease. Her affection and devotion to loved ones was unwavering and will be forever cherished.

She is survived by her sons, Paul "Kevin" Dean and wife, Kathy, of Pungoteague, Kurt Joseph Dean and fiancé, Jean, of Bloxom, and Kris David Dean and wife, Suzette, of Exmore; sisters, Ruth Thawley and husband, Bill, of Price, Md., and Judy Wright and husband, Glenn, of Denton, Md.; brother, James "Jimmy" Frase-White and partner, Chuck, of Vermont; grandchildren, Krystle Dean and Kevin Lee Dean; step-grandchildren, Ryan and Amanda Davis; step-great-grandson, Aiden Fitchett; and many nieces and nephews. In addition to her parents and husband, she was predeceased by her brother, John Frase.

Funeral services were conducted from the graveside at the Onancock Cemetery Sunday, Dec. 29, 2019, with Pastor Wayne Hart officiating.

In lieu of flowers, please pay it forward by sharing kindness with others

or helping someone in need, as Mrs. Dean did throughout her life.

Memory tributes may be shared with the family at www.williamsfuneralhomes.com

Arrangements were made by the Williams-Onancock Funeral Home.

Meme Mears Mason

Mrs. Meme Mears Mason, wife of the late Albert Brooks Mason and a resident of Exmore, passed away Friday, Dec. 27, 2019, at her son's residence. A native of Belle Haven, she was the daughter of the late Clarence L. Mears and the late Lucy Taylor Mears. She was a member of Belle Haven United Methodist Church.

She is survived by three sons, Albert B. Mason Jr. and his wife, Audrey, of Sandston, Va., William E. Mason and his wife, Mary, of Birdsnest, and J. Andrew Mason and



Mrs. Mason

his wife, Dale Foster, of Keedysville, Md.; two brothers, Maxwell Mears, of Baltimore, and Bobby Mears and his companion, Shirley, of Pocomoke, Md.; eight grandchildren; ten great-grandchildren; and numerous nieces and nephews. She was predeceased by two sisters, Gladys M. Skoogs and Ann Hall, and four brothers, Clarence L. Mears Jr., Rooker W. Mears, Ernest Ray Mears, and Robert Mears.

A graveside service will be conducted Saturday, Jan. 4, 2020, at 1 p.m. at Belle Haven Cemetery with the Rev. Paul Oh officiating. Family will join friends at Doughty Funeral Home Saturday morning from 10 a.m. to 11:30 a.m. In lieu of flowers, memorials may be made to Belle Haven United Methodist Church, P.O. Box 37, Belle Haven, VA 23306 or Shriners Hospitals for Children, 2900 Rocky Point Dr., Tampa, FL 33607.

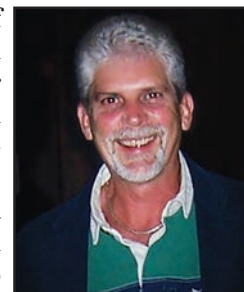
Online condolences may be sent to the family at www.doughtyfuneralhome.com

Arrangements were made by Doughty Funeral Home, Exmore.

Stephen McKeever

Mr. Marion Stephen McKeever rode his Harley-Davidson for his final ride Dec. 20, 2019, with his wife and son by his side.

After marrying Cynthia, his high school sweetheart, they were blessed with their son, Jesse, who is currently serving in the U.S. Navy and a student at the University of Oklahoma. Steve was the son of Marion Eckard "Gip" McKeever (deceased) and Norma Bernice McKeever.



Mr. McKeever

Steve was a self-proclaimed outlaw biker, who rarely exceeded the speed limit. After tricking his mother (at the young age of 87) to sit on his bike, he took her for her first motorcycle ride. During their ride, she whispered in his ear, "I understand now." Steve passed his obsession with motorcycles on to his wife and son who both now ride as well. His numerous hobbies included finding sand dollars, tinkering in his garage, collecting vinyl records, golf cart rides, coaching Alabama football through the TV, pulling pranks, reminding his son that cops radar on literally every street all the time, and enjoying quality time on his boat out in the bay.

Receiving his work ethic from his father, Steve worked hard at everything he did. If he was told he couldn't, he found a way. This was referred to as "Marion's VDOT mode." Those who worked alongside him know this trait all too well. Steve was immensely pleased with all that he accomplished during his long tenure at VDOT, but the most important achievement at VDOT was the sense of pride Steve took in his coworkers. He regarded them as family.

After earning two associate's degrees, one in applied science and civil engineering technology from Central Virginia Community College in Lynchburg and one in applied science and design drafting technology from Mountain Empire Community College in Big Stone Gap, Steve began his career at VDOT.

For more than 30 years, Stephen McKeever served the people of the Commonwealth through his work at the Virginia Department of Transportation (VDOT). His career traveled through five VDOT districts, from the Blue Ridge mountains of Bristol, Salem, and Lynchburg, to the Chesapeake Bay in Hampton Roads and Fredericksburg. His experience in survey, road design, land development, and residency management all culminated in his appointment as VDOT Northern Neck residency administrator in 2016.

As residency administrator, Steve oversaw the delivery of all VDOT projects and services in a five-county area on the Northern Neck, and he was VDOT's ambassador to local residents and their communities. He managed more than 100 employees with an annual budget of over \$11 million. He was responsible for overseeing snow removal and emergency response and led several emergency highway reconstruction projects following damage from Tropical Storm Michael in 2018. Other accomplishments included the installation of new ferry advisory signs for the Merry Point and Sunnybank ferries, which rapidly communicate operational status to drivers, and coordinating two major maintenance projects at the Robert O. Norris Bridge over the Rappahannock River.

Prior to serving as residency administrator, Steve worked at VDOT's Accomack residency on the Eastern Shore from 2012 to 2016 as the assistant residency administrator. Before moving to the Hampton Roads District, he also served in leadership positions at VDOT's Lebanon residency and Jonesville residency. He spent nearly five years as the land development engineer for Bedford residency and oversaw plan design and construction inspection for work within the state's highway right-of-way.

He started his VDOT career as an engineering design specialist in Lynchburg District in 1988. Before joining VDOT, he spent five years performing survey work for Penn Virginia Resources Corporation.

Steve is survived by his beloved wife, Cynthia L McKeever; son, Jesse Lyke McKeever; mother, Norma Ber-

Send Obituaries to

angie@easternshorepost.com

nice McKeever; and cherished boxers, Belle and Django. He is survived by many other treasured relatives and close friends as well.

A memorial service to celebrate Steve's life was held at the Welch Funeral Home Marks Chapel in Warsaw, Va., Saturday, Dec. 28, 2019. Pastor John Collins officiated.

The family requests that if you would like to make a donation to honor your memories of Steve that you make it to The Wounded Warrior Project, P.O. Box 758516, Topeka, KS 66675-8516 or to a charity of your choice.

"Go Bama, Roll Tide."

Gregory Mooney

Mr. Gregory Mooney, 54, companion of Theresa H. McHan and a resident of Exmore, passed away Monday, Dec. 23, 2019, at his residence. A native of Point Pleasant, N.J., he was the biological son of Judith Boit, of Ormondale, Fla., and the adopted son of the late Lorraine Mooney. He was a retired mechanic for Bundick Well and Pump.



Mr. Mooney

In addition to his mother and loving companion, he is survived by two sons, Wade Haskins, of Florida, and Gage Mooney, of Pennsylvania; and a stepdaughter, Nicole DeAngelis.

A graveside service was conducted Monday, Dec. 30, 2019, at Belle Haven Cemetery with the Rev. Jonathan Carpenter officiating. In lieu of flowers, memorials may be made to help with his funeral expenses at <https://www.tmcfunding.com/funds/gregory-mooney-funeral-expenses/4121/>

Online condolences may be sent to the family at www.doughtyfuneralhome.com

Arrangements were made by Doughty Funeral Home in Exmore.

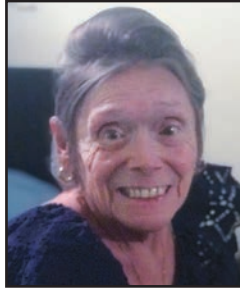
Nancy Virginia Moran

Mrs. Nancy Virginia "Dump-ling" Moran, 73, of Chincoteague Island, passed away Dec. 23, 2019, at Shore Health and Rehabilitation Center in Parksley.

She was born on Chincoteague July 9, 1946, to the late John and Florence

(Williams) Taylor. She was a member of Christ United Methodist Church on Chincoteague.

Mrs. Moran is survived by her loving spouse of 38 years, Edward James Moran Sr., of Chincoteague; two sons, Edward Sigmund Jr. and his wife, Elaine, of Las Vegas, and John T. Moran and his wife, Linda, of Chincoteague; four grandsons, Matthew Moran and his wife, Heather, of Chincoteague, Kenny Moran, of



Mrs. Moran

California, Chris Ward, of Las Vegas, and Nicholas Kennedy, of Chincoteague; four granddaughters, Brenna Benzarti, of Chincoteague, Brittany Sigmund, of Fruitland, Md., Misty Diaz and her husband, Raymond, of Wendell, N.C., and Paige Long and her husband, Matthew, of Delmar, Md.; two sisters, Susie Melvin, of Chincoteague, and Libby Hoover and her husband, Billy, of Las Vegas; four great-grandchildren, Connor, Mary Jane, Axel, and Kash; and several nieces, nephews, and cousins.

She was preceded in death by her parents and son, Edward Moran Jr.

Funeral services were held Sunday, Dec. 29, 2019, at the Christ United Methodist Church, Chincoteague, with the Rev. Maurice Enright, officiating. Burial took place in the Daisey Cemetery on Church Street, Chincoteague.

Donations may be made in Mrs. Moran's honor to CVFC, PO Box 691, Chincoteague, VA 23336 or Christ United Methodist Church, 6253 Church Street, Chincoteague, VA 23336.

Services were entrusted to Salyer Funeral Home, Inc., Chincoteague. Condolences may be made online at www.salyerfh.com

Jenny Somers

Mrs. Jenny Somers, was born on Chincoteague Jan. 29, 1952, to the late Jimmie and Mary Thornton. She passed peacefully Dec. 21, 2019, at her home on Chincoteague surrounded by family. Jenny lived the majority of her life on the island and was proud to be a Teaguer. Jenny was a talented artist, superb

cook/chef, informative tour guide/wildlife interpreter, skilled draftsman, historian, and fascinating story teller. She loved teaching others how to paint and how to cook traditional Chincoteague meals. She began drawing and painting as a teen and was the proud winner of many awards for her artwork.

Jenny will be missed by her loving husband, Stewart; sister, Jane (Mitch); sister-in-law, Mary (Bruce); son, Bryan (Lisa); granddaughter, Becky; niece, Amber (Matt); nephews, Luke and Joe; and many other friends and family. At Jenny's request, she was cremated and there will be no immediate service. A memorial boat cruise up the bay will be held at a later date. In lieu of flowers, donations may be made in Jenny's name to the Museum of Chincoteague Island.

Please visit www.easternshorecreation.com to express condolences to the family.

Sandra Wheatley

Mrs. Sandra Gail "Sandy" Wheatley, 73, of Tangier Island, passed away Thursday, Dec. 26, 2019, at her home.

Born on Tangier Island Jan. 27, 1946, she was a daughter of the late Dorsey Jennings and Helen Elizabeth Crockett.

She was the owner and operator of Sandy's Place Gift Shop for over 40 years. She also had the first museum on the Island.

She was a faithful member of Swain Memorial United Methodist Church where she sang in the choir, taught Sunday School



Mrs. Wheatley

and Bible School, was in charge of the missionary fund, and managed the church budget. She was also a member of the former Women's Society of Tangier and was involved in the soup kitchen and the annual Homecoming. She was well known for her handmade crocheted afghans.

She is survived by her husband of 57 years, Gordon Wayne Wheatley Sr., of Tangier; children, Gordon Wayne Wheatley Jr. and Jonathon Paul Wheatley and wife, Kelly, all

of Tangier; sister, Marion Sue Carson and husband, Leeroy "Buddy," of Crisfield; brothers, Wes Crockett and wife, Nancy, of Melfa, and Jeffery Crockett and wife, Nancy, of Tangier; grandchildren, Ashley Eskridge and husband, Joseph, of Greenville, S.C., Jonathon Wheatley, of Tangier, and Leigh Shores and husband, Jim, of Tangier; great-grandchildren, Harlow, Oliver, Waylon, and Parker; and many nieces and nephews.

Along with her parents, she was preceded in death by a brother, Dorsey Lee Crockett.

Funeral services were held Sunday, Dec. 29, 2019, at Swain Memorial United Methodist Church with Pastor Edward Pruitt officiating. Interment will follow at Crockett Family Cemetery in Canton. Donations in her memory may be made to Swain Memorial United Methodist Church, Tangier Island, VA 23440.

Services are in the care of Bradshaw & Sons Funeral Home. To send condolences to the family please visit our website at www.bradshawandsonsfuneralhome.com

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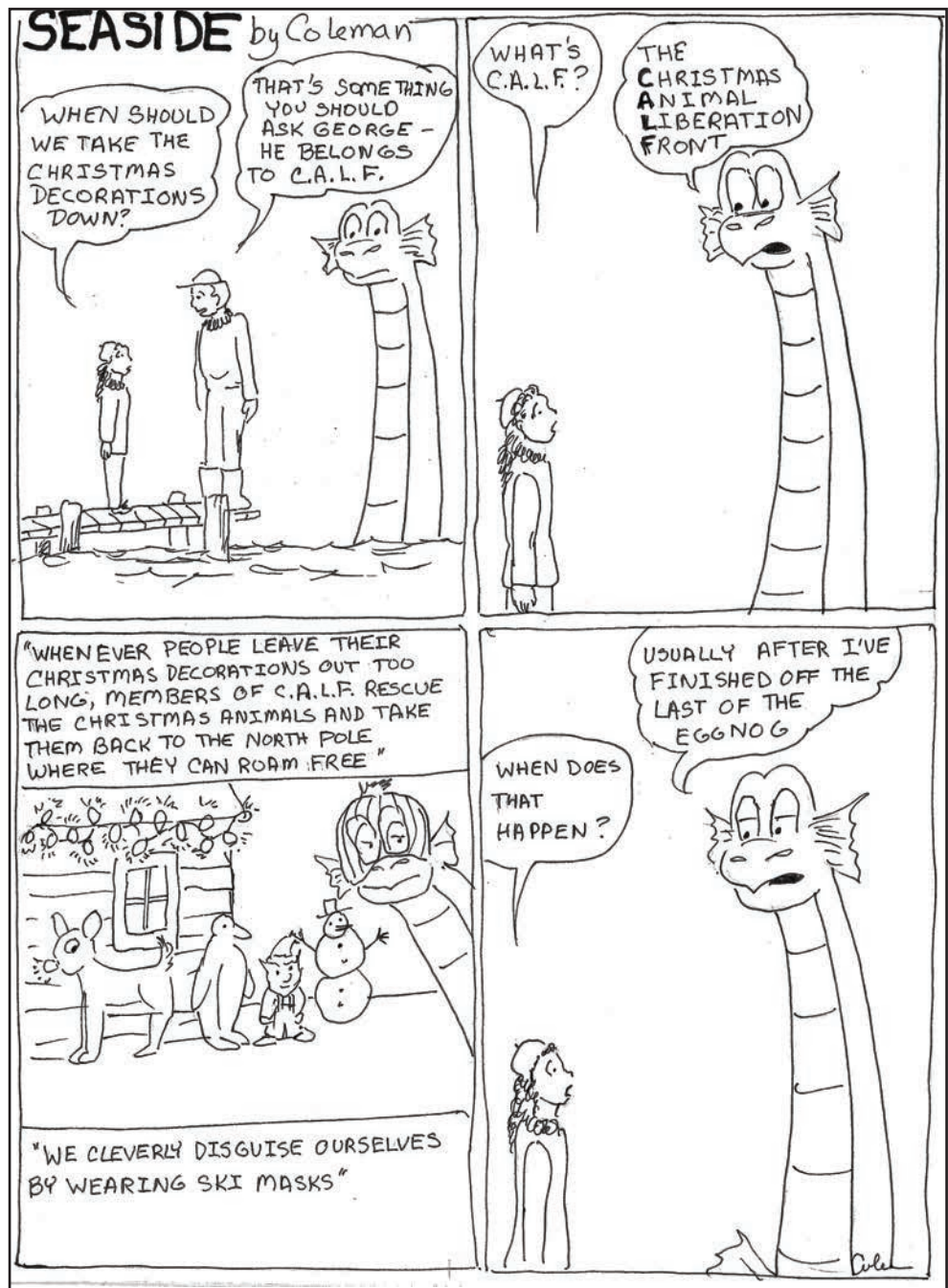
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Pick a New Favorite Book: Readers Share Favorite Titles from 2019

The Shore has avid readers and they generously share favorite titles and authors from 2019

By Carol Vaughn

Our readers shared with the Post titles of books they enjoyed reading this year and recommend to others.

The titles run the gamut, from thrillers to historical fiction, and include several by local authors or about local topics, along with national bestsellers.

“Chesapeake Requiem,” a nonfiction book about Tangier by former Virginian-Pilot reporter Earl Swift, made the cut for several readers, including Elaine Jankunas Bean, who also recommended “The Water Dancer,” a bestselling novel by Ta-Nehisi Coates about a young enslaved man named Hiram Walker who becomes involved in the Underground Railroad.

Kelly Matthews recommended “Voices of the Chincoteague: Memories of Greenbackville and Franklin City,” by Martha Burn and Linda Hartsock.

“Great, and sometimes comical, telling of the early days of these areas and their growth,” she wrote in a Facebook post, adding that she read a chapter or two to her husband after dinner in the evenings — “leading to great conversations and a deeper understanding of the way of life in this area.”

C.L. Marshall’s book, “Chesapeake Bay Duck Hunting Tales,” was the pick of George Hope.

Jamie Via recommended “Freedom’s Child,” by Jax Miller, who Via said frequently came to the Eastern Shore to visit family.

“This book kept me on the edge of my seat page after page,” she said.

Several people recommended the children’s book “Santa’s Sick of Cookies: An Eastern Shore Christmas Tale,” by local author Karen Young Foley.

Every student, teacher, and staff member at Nandua Middle School is reading “Fish in a Tree,” according to Joy Phillips, who said the school is having weekly trivia winners, based on the reading selection for the week.

For mystery lovers, Linda Caliri Cloud enjoyed Louise Penny’s “A Better Man,” the 15th book in the Inspector Gamache series.

“It felt like going home to Three Pines. I recommend the series to anyone who enjoys a well-written tale,” she said.

“The Woman in the Window” is another suspenseful tale, recommended by Megan Campbell.

Louise Johnson recommended “Murder at Melrose Court,” by Karen Baugh Menuhin.

Julie Bellamy recommended “Talking to Strangers,” by Malcom Gladwell.

Several people, including Martha Everett Williams and Marguerite Formyduval Furr, mentioned the best-seller “Where the Crawdads Sing,” by Delia Owens.

“A Man Called Ove,” by Fredrik Backman, was the choice of several other readers, including Sarah Buysse Gray, who said she “fell in love” with the book. Buysse also enjoyed “Eleanor Oliphant Is Completely Fine,” by Gail Honeyman.

Sarah Barban enjoyed “The Underground Railroad,” by Colson Whitehead.

Williams also recommended “How to Walk Away,” by Katherine Center, and Furr recommended “The Good Dream,” by Dona VanLiere, and “Before We Were Yours” and “Before and After,” both by Lisa Wingate.

Brenda Fogle enjoyed “In Search of Sylvie Lee” by Jean Kwok, “The Glass Woman,” by Caroline Lea, and “The Book Woman of Troublesome Creek,” by Kim Michele Richardson.

“Caroline,” by Sarah Miller, recommended by Alexa Bishop, is “the grownup version of ‘Little House on the Prairie,’” Bishop said.

Diane Gladstone recommended “Giver of Stars,” by JoJo Moyers — about librarians who traveled on horseback to bring books to residents of remote mountain cabins.

“The Overstory” by Richard Powers is the pick of Jay Ford, as well as Roberta Kellam.

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Bottles of Masia Perera Champagne: \$49.99

Local Mead Cans and Bottles



Bud Light Platinum 18-pk. Bottles or Cans:

\$16.99 Each or 2 for \$27.99

Bud Light Orange 12-pk. Bottles or Cans:

\$14.99 Each or 2 for \$17.99

Henry's Sparkling Variety 6-pk. Cans:

\$4.99 Each or \$16.99 a Case

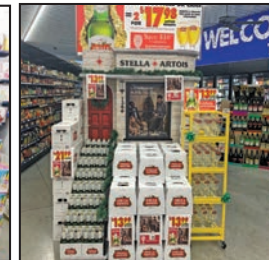
Apothic Red, Black and White 750ml btl.:

\$9.99 each or 2 for \$17.99

Stella Artois 12-pk. Bottles or Cans:

\$13.99

Gluhwein “Christmas Wine” in stock now, starts from \$8.99.



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Sunday: 9 a.m. to 8 p.m.
Monday - Wednesday: 9 a.m. to 8:30 p.m.
Thursday: 9 a.m. to 9 p.m.
Friday - Saturday: 9 a.m. to 9:30 p.m.

Case and Half Case discount on wines (which are not on sale)

No mix and match on any of the items



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ditional character the author borrows their longer view of history and permanence without anthropomorphizing.

“With a hectic schedule, I also loved that early chapters can stand alone so I wouldn’t lose my thread if work made it hard to read.

“And lest you think I’m biased because I love trees (which I do)...it won the Pulitzer this year for fiction,” Ford said.

“Corelli’s Mandolin,” by Louis de Bernieres, and “Venice is a Fish,” by Tiziano Scarpi, were recommended by Clarice Bartel MacGarvey.

Al McKegg recently re-read “Their Eyes Were Watching God,” by Zora Neale Hurston, and calls it a “wonderful multilayered presentation of an independent intelligent Black woman in the 1930s, (that) gives lyrical voice to racial and feminist issues that resonate today.”

“The Blue Tattoo: The Life of Olive Oatman,” by Margot Mifflin, is about a young Mormon woman who was captured and lived with a Native American tribe in the 1850s, was Claudia Johnson’s pick.

George Brown recommended a non-

fiction book, “The Creature from Jekyll Island,” about the federal reserve.

“Hero,” is another nonfiction title, about discovering and using one’s gifts and talents, recommended by Hope Socha.

“Once Upon a Cow,” by Dr. Camilo Cruz, subtitled “A Story about Eliminating Excuses and Settling for Nothing but Success,” was the choice of Enjoli Adilene Perez.

“No matter your politics, ‘Gutsy Women,’ by Hillary and Chelsea Clinton, is an inspirational book for all,” said Linda Nicola.

“Girl, Stop Apologizing: A Shame-free Plan for Embracing and Achieving Your Goals,” by Rachel Hollis, was the choice of Vanessa Cooper.

“Educated: A Memoir,” by Tara Westover, named by the New York Times Book Review one of the ten best books of the year, was enjoyed by Diane Palmer Fisher.

And last, but by no means least, was Deborah Faye Taylor’s pick — the Bible. “You can’t go wrong reading the Bible. I enjoy it every day,” Taylor said.

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Linda Budd Vicky Thornton Donna Jones Donna Parks



MLS #50697
Church St. (INVESTMENT OPPORTUNITY?)
This investment package consists of 3 homes, Garage and Carport, Two Sheds and 1.47 acres of land. Located on Church Street near downtown Chincoteague priced at
\$299,000



MLS #50207
Ridge Rd.
Two island homes for one price! Large home: 3BR, 1BA, LR, DR, K, Den, Office. Smaller Cottage: 2BR, 1BA, LR, K, Utility Room. "A great opportunity to become part of island life!"
\$237,000



MLS #49650
Wildcat Ln., Lot #5
3.74 acre waterfront property overlooking Chincoteague Bay. 3BR septic installed on property. Build on this beautiful lot and use as a vacation rental or resident home.
\$197,000



MLS #50200
Mire Pond One
Great opportunity to own an island vacation home! This 3-in-1 package consists of: 2014 Wildwood travel trailer, 1987 Fleetwood Prowler travel trailer, and 3/4's x 40' lots.
\$92,500



MLS #49627A
Main St. (NEW LISTING PRICE)
The "Holloway House" features incredible Chincoteague Bay views from nearly every room. This perfect vacation home emphasizes enjoyable living spaces, both indoors and out. LR, K, 3BR, family room, 2BA, garage, screened porch, open decks, outdoor shower, pier for crabbing. Established vacation rental.
\$617,000



MLS #49040
Pearl Dr.
One of the few available lots located in the Oyster Bay I Community. This choice waterfront lot is .25 acre, with bulkhead, and 3BR septic installed. Picture your dream home here!
\$215,000



MLS #49891
Water's Edge Landing
LR, K, DA, 3-1/2 Baths, 2BR plus den w/assigned boat slip. Two separate garage/ carports parking under unit.
\$449,000



MLS #L50537A
Wallops Island
Location, location, location! Large 2 acre lot on Chincoteague Road with Garage, septic installed for 3BR and well. Close to Wallops Flight Facility, NASA and Chincoteague Island! Just waiting for your dream home. Located in a flight zone.
\$145,000



MLS #49568
Main St.
LOCATION... LOCATION! This 3BR/2BA waterfront home is an established vacation rental. Many recent updates, including newly installed bulkhead, carpet, painted interior & exterior, large screened-in porch with attached deck.
\$499,900

McCready HEALTH



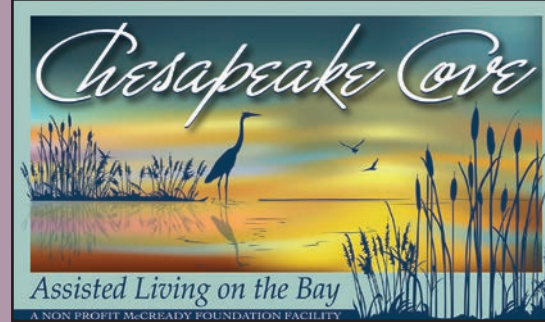
Somerset County’s only not-for-profit facility, Tawes consistently receives high marks for quality care and has an unmatched reputation for personalized, skilled-nursing and rehabilitative care. Each resident’s care is coordinated by a multidisciplinary team of professionals that also includes the resident’s family. Medicaid waivers accepted, and respite care and hospice services are available.

Residents enjoy:

- Beautiful water views from every room (private and semi-private available)
- Long term care, short term rehabilitation and/or skilled nursing care
- Full daily activities schedule
- Beauty salon, flat screen TVs with free cable and Wi-Fi and other amenities
- Dental, podiatry, psychiatric and nutrition services on-site
- IV therapy services
- Dedicated wound nurse
- Specialized services for dementia patients
- Personalized physical, occupational and speech therapy services for injuries and illnesses
- The convenience of McCready Memorial Hospital right next door!

At Tawes, we place our emphasis on quality of life, personal dignity and family involvement, and we’re dedicated to helping your loved ones achieve their full potential for physical, emotional and social wellness. Call today for a personal tour or more information!

Alice B. Tawes Nursing & Rehabilitation Center
201 Hall Highway, Crisfield, MD
410-968-1022
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Tucked away in nearby scenic Crisfield, Chesapeake Cove Assisted Living offers the quality of life you or your loved ones deserve. With water views from every suite, Chesapeake Cove provides services for adults living independently and those who require assistance. Respite care is also available and Medicaid waiver accepted.

Residents enjoy:

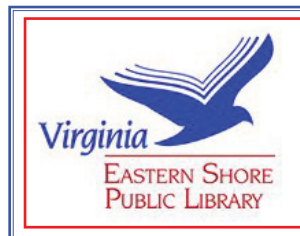
- All-inclusive amenities
- Fresh quality meals
- Medication management
- Free wellness program
- Full schedule of activities and events each day
- Peace of mind, thanks to a 24-hour nursing staff
- Convenience of McCready Hospital right next door!



Come see what Chesapeake Cove has to offer – plan a tour today!

Chesapeake Cove Assisted Living on the Bay • 203 Hall Highway, Crisfield, MD
410-968-1022 • chesapeakecove.org

Off the Shelf: News From Eastern Shore Public Library



Start the New Decade Filling Bookshelves

Submitted Article and Photo

Still have gifts to give? A book is a classic gift.

There are books to suit every age, every interest, and every occasion. In fact, there are so many books that choosing the right one can be a daunting task. If you want to give a book as a gift, but don't know where to begin, you can come to the Eastern Shore Public Library for ideas and assistance.

First, stop by our New Books display. This shelf showcases noteworthy new titles in both fiction and nonfiction. Pick up one of our lists of upcoming releases from bestselling authors, so you can surprise the James Patterson or Janet Evanovich fan in your life with the newest book from their favorite author. You can also check out our other displays on a revolving variety of seasonal and timely themes. If you're looking for something for a child or teen, visit our Children's or Young Adult sections, where we highlight books that have won awards or been selected for their excellence by groups like the Junior Library Guild.

Our resources go beyond our shelves, too: pick up a copy of Book-Page, a monthly book review magazine we provide free of charge. Have you signed up for the Library's free email newsletter? It will deliver a list of upcoming titles to your inbox



Santa visits with a young library patron.

or, if you prefer, pick up a print copy at one of the ESPL libraries. To subscribe to the e-newsletter, go to our website, www.espl.org, and click

on the blue "Sign Up Now" button.

One especially powerful tool on our website is NoveList Plus, a comprehensive reader's advisory service. Do you know a Harry Potter, Mary Higgins Clark or David McCullough fan? You can search NoveList to find "read-alike" titles that will appeal to them. Know someone who only reads biographies and memoirs? NoveList provides curated lists of recommendations in all genres. Find NoveList under the e-Resources tab on the www.espl.org webpage.

So don't worry: with the help of the Eastern Shore Public Library, you can find the perfect books to give your family and friends years of happy reading!

For more information about how to sign up for a library card, please visit your

local public library in person or call the library at 757-787-3400. The Eastern Shore Public Library System has libraries in Accomac, Cape Charles, Chincoteague, and Nassawadox. Your ESPL library card can be used at any of the four libraries. To learn about the regional library building project and ESVA Heritage Center in Parkesley, opening in 2020, or to donate visit www.shorelibrary.com For more information about your library services, library hours of operation, or your library account, visit www.espl.org, "like" us on Facebook and Twitter, or call the library at 757-787-3400.

Community Services Board To Offer Workshop on Adverse Childhood Experiences

The Eastern Shore Community Services Board will offer a free, two-hour ACE (Adverse Childhood Experience) Interface and Healthy Nutrition Parent Workshop Jan. 23, April 23, and June 25, 2020.

The workshop will be held from 5:30-7:30 p.m. at the ESCSB Office of Prevention Services, 15150 Mertry Cat Lane, Belle Haven, VA 23306.

Early adversity has lasting impacts. This workshop will answer questions such as:

- What are adverse childhood experiences?
- What impact can they have on your family?
- What can you do to reduce stress on your family?

To learn more about ACEs, how

they affect families and communities, and what you can do to help and heal, enroll in the free workshop by visiting www.espsb.org/events or call the Office of Prevention Services at 757-442-5388, ext 500.

The Foodbank of Southeastern Virginia will be providing fresh produce to those who attend. Childcare is available.

Gym Members Flex Their Holiday Spirit for Kids in Need

By Stefanie Jackson

Members of Jacob Parks Personal Training in Cheriton donated, wrapped, and delivered Christmas presents by the sackful for 25 children in need this year, through the gym's annual angel tree gift drive.

The angel tree is a Christmas tree filled with decorations made by gym member Liz Jones and her children. On the decorations are written the ages, needs, and likes of anonymous children whose families may have fallen on hard times and could use a little help giving their kids a happy holiday.

The Christmas tree was purchased at a fundraiser for the local Montessori school and was set up after Thanksgiving.

Each participating gym member randomly picked a decoration from the angel tree and selected Christmas gifts for the child indicated.

"Ornaments are usually flying off the tree within hours!" said Helene Doughty, a gym member who helped organize the gift drive.

The gym members especially enjoy the angel tree because they know they are helping local families. This year's angel tree children were selected by Occohannock Elementary School teachers.

The children ranged in age from toddlers to teenagers, and the gifts included clothing, books, toys, and sports equipment.

A bicycle and a battery-powered ride-on toy were among this year's gifts.

To date, the gym's annual angel tree gift drive has helped 100 kids, said teacher Tatum Ford.

Doughty said, "We love our gym and our community and the prospect of making that one child smile."



Above, members of Jacob Parks Personal Training in Cheriton pause for a photo with a few of the bags they filled with Christmas gifts. Submitted Photo.



Gym members celebrate the season of giving with a wrapping party at the gym, where they enjoy refreshments and Christmas cheer as they wrap gifts for kids in need. Submitted Photo.

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		<u>Friday</u> Jan. 3	<u>Saturday</u> Jan. 4	<u>Sunday</u> Jan. 5	<u>Monday</u> Jan. 6	<u>Tuesday</u> Jan. 7	<u>Wednesday</u> Jan. 8	<u>Thursday</u> Jan. 9
Seaside	Assateague Beach	H 1:54 p.m. L 8:01 a.m.	H 2:48 p.m. L 8:57 a.m.	H 3:41 p.m. L 9:54 a.m.	H 4:32 p.m. L 10:51 a.m.	H 5:21 p.m. L 11:44 a.m.	H 5:54 a.m. L 12:35 p.m.	H 6:41 a.m. L 1:23 p.m.
	Chinco. Channel	H 1:58 p.m. L 8:00 a.m.	H 2:52 p.m. L 8:56 a.m.	H 3:45 p.m. L 9:53 a.m.	H 4:36 p.m. L 10:50 a.m.	H 5:25 p.m. L 11:43 a.m.	H 5:58 a.m. L 12:34 p.m.	H 6:45 a.m. L 1:22 p.m.
	Gargatha Neck	H 2:50 p.m. L 8:40 a.m.	H 3:44 p.m. L 9:36 a.m.	H 4:37 p.m. L 10:33 a.m.	H 5:28 p.m. L 11:30 a.m.	H 6:03 a.m. L 12:23 p.m.	H 6:50 a.m. L 1:14 p.m.	H 7:37 a.m. L 2:02 p.m.
	Folly Creek	H 2:43 p.m. L 8:25 a.m.	H 3:37 p.m. L 9:21 a.m.	H 4:30 p.m. L 10:18 a.m.	H 5:21 p.m. L 11:15 a.m.	H 5:56 a.m. L 12:08 p.m.	H 6:43 a.m. L 12:59 p.m.	H 7:30 a.m. L 1:47 p.m.
	Wachapreague	H 2:29 p.m. L 8:09 a.m.	H 3:23 p.m. L 9:05 a.m.	H 4:16 p.m. L 10:02 a.m.	H 5:07 p.m. L 10:59 a.m.	H 5:56 p.m. L 11:52 a.m.	H 6:29 a.m. L 12:43 pm.	H 7:16 a.m. L 1:31 p.m.
	Quinby Inlet	H 1:54 p.m. L 7:40 a.m.	H 2:48 p.m. L 8:36 a.m.	H 3:41 p.m. L 9:33 a.m.	H 4:32 p.m. L 10:30 a.m.	H 5:21 p.m. L 11:23 a.m.	H 5:54 a.m. L 12:14 p.m.	H 6:41 a.m. L 1:02 p.m.
	Machipongo	H 2:24 p.m. L 8:09 a.m.	H 3:18 p.m. L 9:05 a.m.	H 4:11 p.m. L 10:02 a.m.	H 5:02 p.m. L 10:59 a.m.	H 5:51 p.m. L 11:52 a.m.	H 6:24 a.m. L 12:43 p.m.	H 7:11 a.m. L 1:31 p.m.
Bayside	Tangier Sound Light	H 5:51 p.m. L 12:15 p.m.	H 6:39 a.m. L 1:14 p.m.	H 7:33 a.m. L 2:11 p.m.	H 8:25 a.m. L 3:04 p.m.	H 9:15 a.m. L 3:53 p.m.	H 10:03 a.m. L 4:40 p.m.	H 10:49 a.m. L 5:26 p.m.
	Muddy Creek	H 6:00 a.m. L 12:50 p.m.	H 6:55 a.m. L 1:49 p.m.	H 7:49 a.m. L 2:46 p.m.	H 8:41 a.m. L 3:39 p.m.	H 9:31 a.m. L 4:28 p.m.	H 10:19 a.m. L 5:15 p.m.	H 11:05 a.m. L 5:05 a.m.
	Guard Shore	H 5:59 p.m. L 12:46 p.m.	H 6:47 a.m. L 1:45 p.m.	H 7:41 a.m. L 2:42 p.m.	H 8:33 a.m. L 3:35 p.m.	H 9:23 a.m. L 4:24 p.m.	H 10:11 a.m. L 5:11 p.m.	H 10:57 a.m. L 5:57 p.m.
	Chescon. Creek	H 5:34 p.m. L 11:58 a.m.	H 6:22 a.m. L 12:57 p.m.	H 7:16 a.m. L 1:54 p.m.	H 8:08 a.m. L 2:47 p.m.	H 8:58 a.m. L 3:36 p.m.	H 9:46 a.m. L 4:23 p.m.	H 10:32 a.m. L 5:09 p.m.
	Onancock Creek	H 5:48 p.m. L 12:18 p.m.	H 6:36 a.m. L 1:17 p.m.	H 7:30 a.m. L 2:14 p.m.	H 8:22 a.m. L 3:07 p.m.	H 9:12 a.m. L 3:56 p.m.	H 10:00 a.m. L 4:43 p.m.	H 10:46 a.m. L 5:29 p.m.
	Pungoteague Creek	H 5:04 p.m. L 11:32 a.m.	H 5:58 p.m. L 12:31 p.m.	H 6:46 a.m. L 1:28 p.m.	H 7:38 a.m. L 2:21 p.m.	H 8:28 a.m. L 3:10 a.m.	H 9:16 a.m. L 3:57 p.m.	H 10:02 a.m. L 4:43 p.m.
	Nassawadox	H 3:49 p.m. L 9:54 a.m.	H 4:43 p.m. L 10:53 a.m.	H 5:39 p.m. L 11:50 a.m.	H 6:23 a.m. L 12:43 p.m.	H 7:13 a.m. L 1:32 p.m.	H 8:01 a.m. L 2:19 p.m.	H 8:47 a.m. L 3:05 p.m.
	Occhohan. Creek	H 4:28 p.m. L 11:12 a.m.	H 5:22 p.m. L 12:11 p.m.	H 6:10 a.m. L 1:08 p.m.	H 7:02 a.m. L 2:01 p.m.	H 7:52 a.m. L 2:50 p.m.	H 8:40 a.m. L 3:37 p.m.	H 9:26 a.m. L 4:23 p.m.
	Cape Charles	H 2:38 p.m. L 9:02 a.m.	H 3:32 p.m. L 10:01 a.m.	H 4:28 p.m. L 10:58 a.m.	H 5:23 p.m. L 11:51 a.m.	H 6:02 a.m. L 12:04 p.m.	H 6:50 a.m. L 1:27 p.m.	H 7:36 a.m. L 2:13 p.m.
	Kiptopeke Beach	H 2:16 p.m. L 8:31 a.m.	H 3:10 p.m. L 9:30 a.m.	H 4:06 p.m. L 10:27 a.m.	H 5:01 p.m. L 11:20 a.m.	H 5:54 p.m. L 12:09 p.m.	H 6:28 a.m. L 12:56 p.m.	H 7:14 a.m. L 1:42 p.m.

Disclaimer: Tides are provided for information only and are not guaranteed for accuracy.

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 C L C O K E U A U I Y W E V X
 C T C S Q C J T P S M N T O E
 L K I I A H O R F B E R S C N
 B Z Y J S R W R A E V P O U E
 S R Q P T P N M C E I E N F E
 P O H S O T O H P T L E L J L
 D I A D N A B P Q I H J F E K

Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally

- | | | | |
|-----------|-----------|-----------|----------|
| AstroTurf | Crock-Pot | Jacuzzi | Popsicle |
| Band-Aid | Formica | Jeep | Q-tips |
| Clorox | Freon | Learjet | Stetson |
| Coke | Frisbee | Photoshop | |

Last Week's Answers

SHALT TWEETED ADJUST
 AIDES HANDAXE LEANTO
 WHATAREYOUWAITINGFOR
 NANA EON MCA IRES
 TOTHTINEOWNSELFBETRUE
 ANIRIB LIED SPA
 MYCONDOLENCES SLTD
 SEAN ENE RID UNESCO
 GENTLE WONDERINGALLOUD
 THORN WOE AAA IBLE
 BASES EYESFRONT EVILS
 ASTO ATE ION ESTEE
 SHOULDHAVEBEEN HORSES
 HEPTADHIS PSA EKES
 SNIP APPEARINPRINT
 DES ACDC AMYNGO
 AVISITFROMSTNICHOLAS
 MEME UFO TEA OREO
 NIGHTBEFORECHRISTMAS
 ELAINE ELMTREE ATOLL
 DELETE WASHIER TORSO

5	2	7	1	9	8	4	6	3
6	4	9	3	5	2	1	8	7
3	8	1	7	6	4	5	2	9
9	7	6	8	2	1	3	5	4
4	5	8	9	3	7	6	1	2
1	3	2	5	4	6	9	7	8
7	6	4	2	1	9	8	3	5
2	9	5	6	8	3	7	4	1
8	1	3	4	7	5	2	9	6

Weekly SUDOKU

by Linda Thistle

		3		4	2	1		
	2		1					4
7			3		8			
	9		4				6	
		8	9		7			
6				3				5
		2	5				8	
8			2					9
	5			6	4			

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ◆◆◆

◆ Moderate ◆◆ Challenging
 ◆◆◆ HOO BOY!

Super Crossword

COUNTING DOWN

- | | | | | | |
|---------------------------------------|--|---------------------------------|--|--|--------------------------------------|
| ACROSS | 51 Skier Tommy | 88 Battle (for) | 128 Scrabble 1-pointers | 30 Trendy | 74 Handed over |
| 1 Nothin' at all | 52 Ali or Frazier | 89 Favorite | | 36 Typical lab rat, e.g. | 75 In this way, informally |
| 4 Got on board | 53 Klutzy type | 90 "— -haw!" ("Wheel!") | | 39 See | 76 Withdrawal |
| 12 — Hill (Theodore Roosevelt's home) | 54 Radon, e.g. | 91 Bicolor snacks | DOWN | 23-Across | 77 * "She Loves You" band's nickname |
| 20 Altar | 55 Indian "Mr." | 92 Slender fish | 1 Nothin' at all | 41 It has a charge | 78 * Tangoing truism |
| 21 Quiche — | 56 Dangerous way to skate | 93 Polar laborer | 2 Gem State | 43 Pivotal line | 79 Lofty poetry |
| 22 Zealous campaigner | 58 Haglike | 94 Hit into from behind | 3 * A thousand and a googol, e.g. | 44 Split-off group | 80 Heart |
| 23 With | 60 Darkened | 96 1988 Olympics city | 4 * March Madness quarterfinal teams | 45 Deuce | 81 Toast topper |
| 39-Down, business for attorneys | 62 Uprightness | 97 Is in a hole | 5 Family member | 46 Specifically | 82 * A state of bliss |
| 24 Dreams up | 63 Like radon | 99 Film scorer | 6 Slivovitz and kirsch | 47 Neighbor of Quebec | 84 Window area |
| 25 Enrobing | 64 Actress | 101 Spoutage or son | 7 Has a debate | 48 Place (down) | 85 View |
| 26 Thorax | 65 Alluring West | 102 Clairol products | 8 * 1998 Tom Clancy novel | 50 * Request for a hand slap | 87 Rustic denial |
| 28 Cloister resident | 66 Kanga's son | 104 Gibbon, e.g. | 9 Family members | 57 Engine cover | 89 View |
| 29 Native | 67 Pitched shelter | 106 — -relief | 10 Adversary | 59 LCD alternative | 95 Capital of Latvia |
| Americans of Oklahoma | 68 "— knew?!" | 107 White wader | 11 Cease's partner | 60 Ski- — | 98 Helical form |
| 31 See | 69 With | 110 Enthusiasm | 12 Filmmam | 61 Consume | 100 Taoism founder |
| 69-Across | 70 Snooze site | 113 Soup legume | 13 * Part of the Constitution establishing the judiciary | 64 * Group of defendants that included Abbie Hoffman | 103 Omit in speech |
| 32 Lena of "The Wiz" | 71 Like sexist jokes and such, for short | 115 Dandy fellow | 14 Very nervy | 66 * Helicopter of the U.S. president | 105 Nicholas Gage memoir |
| 33 Gal at a ball | 75 Mai — | 116 Full of cheek | 15 "... so far — know" | 17 Major Norse god | 108 City in Germany |
| 34 Big fashion inits. | 76 Ring official | 117 Rift-causing | 16 * Helicopter of the U.S. president | 18 Sublet, say | 109 Styles |
| 35 Blue shade | 77 "Piggy" | 119 Least near | 19 Therefore | 70 Furry scarf | 110 Knife feature |
| 37 Haul to court | 78 River of Grenoble | 122 Sci-fi gift | 27 Ignore rudely | 71 Consume | 111 Old Italian currency |
| 38 "Time — the essence!" | 79 Like much hemp fashion | 123 Hand-thrown weapons | | 72 Occasion to shout out the ends of the answers to this puzzle's starred clues (from left to right) | 112 Bird class |
| 40 Wagged part | 83 Actress | 124 Scottish beef animal | | | 114 Bird hangout |
| 42 Closest to nil | 85 Was deeply agitated | 125 Scrabble 4-pointer | | | 118 Snead of golf |
| 46 Verizon competitor | 86 Air impurity | 126 Right to use another's land | | | 120 Classic British sports car |
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EASTERN SHORE SPORTS

Firebirds Surpass Rams But Roughriders Stop Them in the End

12/28/19 - BASKETBALL
ARCADIA 76
PARKSIDE 69

12/30/19 - BASKETBALL
THEODORE ROOSEVELT 93
ARCADIA 48

By Matthew Yoder

The Governor's Challenge advertises as the largest holiday high school basketball tournament in the country and is played at numerous gyms from Princess Anne to Salisbury, Md. For the second year in a row, Arcadia gained entrance after another team dropped out. On Saturday, Arcadia traveled to Salisbury with only eight players, competed against a larger school with a deeper roster and essentially a homecourt advantage, yet impressed with a 76-69 win against Parkside High School.

The Firebirds' individual efforts were impressive, but they got there by playing as a composed team. Kamron Downing played particularly balanced, finishing with 23 points, six rebounds, eight assists and five steals. Downing set an overall inspired tone by playing with great hustle on defense and intelligent court presence on the offensive side. He took only high-percentage shots, aggressively drew fouls, and assisted his teammates on open looks.

Firebirds head coach Rodney Armstrong praised the efforts of Downing, individually, but also sees his team increasingly asserting its brand of basketball with great skill.

"Kam was the key to today's game, outstanding play on his behalf, and we're just getting into playing our type of basketball, communicating on defense, team rebounding, and limiting fast break layups," Armstrong said.

For the second consecutive game, Arcadia dug an early deficit. Down-



Kamron Downing provided inspired play for Arcadia throughout the entire tournament. Photo by Matthew Yoder.

ing opened the game swinging a pass to William Scarborough for a clean look at 3. Scarborough connected, but from there the Firebirds went cold.

The Rams, on the other hand, pushed the issue on the offensive end.

The quarter was, at times, a one-man show, with Jarrin Mitchell setting the pace for the Rams. Whether driving baseline with his speed, or stepping back for open looks behind the arc, Mitchell made his shots count,

finishing the quarter with 12 points. Qua'Mier Snell handled the ball well for the Rams, as they built a 19-8 lead. Though Snell and Mitchell had strong starts, they were decidedly silent for the remainder of the game.

Arcadia grabbed hold of the momentum quickly in the second quarter. Scarborough baited his defender into a 3, pump faked, and drove down the lane, feeding Downing for a layup. On the next possession Scarborough further garnered the respect of Parkside's defenders with a deep 3. Parkside called a timeout, but Arcadia kept up the pressure.

Lethon "Manny" Williams assisted Downing on a 3, followed by another Scarborough drive, this time spotting Williams. A theme was rapidly emerging. Arcadia's abbreviated lineup was distributing the basketball on every possession with great unselfishness.

The intensity on the defensive end of the ball ramped up as well, and Downing led the charge. The Rams' mistakes were mounting, and the Firebirds drew closer to the lead after Downing telegraphed a pass, stepping into the passing lane for a steal, running the court to find Williams in the corner for a 3, giving Arcadia the lead, 21-20. Scarborough followed with another 3, and the Firebirds opened the quarter on a 16-2 run.

Parkside slowed the run with layups from Marcus Yarns and Rashir Evans. A third straight score, this time from Javon Purnell, helped the Rams take back the lead. Armstrong called a timeout for the Firebirds. On the following inbound pass, Terez Worthy stole the ball for the Rams, scored, got fouled, and completed the 3-point play.

The Firebirds regained their poise and ended the quarter strong with hard drives from Downing, good defense from Jaden Hope, and a bucket from Williams. Arcadia had all but erased Parkside's large advantage



Arcadia takes part in the shoot around at the grand stage of the Governor's Challenge. Photo by Matthew Yoder.

(Continued on Page 23)

~ Basketball ~

(Continued From Page 24)

with a strong quarter, pulling to within 3, 33-30.

Arcadia continued to build on its gains out of halftime. Downing and Scarborough continued to distribute the ball effectively, allowing for Hope and Keith Grinnage to enter the stats sheet. Scarborough then gave his team the lead after intercepting Parkside's pass and drawing a foul in transition. He converted the free throws and Arcadia was up 42-41.

For a time in the third, the lead would change hands on a couple occasions. Yarns was strong in the quarter for Parkside, but as his team started to go cold, the Firebirds upped their intensity. The skill and accuracy with which Arcadia passed the ball was impressive to follow. First Downing to Williams, then Williams swung to Scarborough, finally Downing deflected a pass, ran down the loose ball and drove for a foul. Downing made both foul shots, and by the end of the third Arcadia had fully rebounded and now carried a 5-point advantage into the final quarter.

Early in the fourth, Downing started to score in bunches, with a hard drive for a layup and a 3-pointer. By the time he stole another pass and converted on the break, the Firebirds pushed the lead to 12. Parkside called a timeout. Out of the timeout, Parkside reined itself back in, with a 3 from KJ Borthune and a baseline layup from Jakai Spence. As the game tightened so followed the officiating. Both sides questioned calls, but as Parkside climbed to within 6, they were called for a charge, leading to a technical foul from the Rams' coaching staff passionately disputing the call. Scarborough converted the technical free throws, and in doing so defined the close to the game. Arcadia was tremendous at the line, while Parkside sputtered in a similar regard.

Parkside spent much of the final two minutes desperately fouling Arcadia's players to draw closer, but the Firebirds would not relinquish the lead at the charity stripe. Scarborough, Downing, and Williams all kept their composure in keeping Parkside at bay.

Arcadia assistant coach Kyle Williams was impressed by the way his

players handled themselves at the line in closing out the game.

"I'm proud of them," said Williams.

Scarborough ended the game high scorer for the Firebirds, finishing with 24 points, five assists and two steals. Williams added 19 points, eight rebounds and three steals. Though he played much of the game in foul trouble, Grinnage also added 6 points, all in crucial second half action.

The Rams ended with three players netting double figures in points. Spence led with 14, followed by Mitchell and Yarns with 12 apiece.

With the win, the Firebirds advanced in their bracket for a Monday evening matchup with Theodore Roosevelt High School from Washington, D.C. The venue scaled up to Salisbury's Civic Center. It marked the first time Arcadia had played in the arena. The Firebirds encountered a team in the Roughriders equally speedy, and much more persistent on defense, than any team they've faced to this point. Though Arcadia's run ended with a 93-48 loss, the players and coaches alike appeared especially excited for the experience to compete on such a large stage.

Pregame, Armstrong said his team would have a sporting chance if they kept within striking distance.

"If we're neck and neck at the end of the first quarter, we've got a chance, rebounding is the number one thing, but I just want to see them compete," Armstrong said. The Firebirds have complicated their chances lately with slow starts, but Monday they went toe-to-toe with the Roughriders early.

Arcadia managed to get good looks at the outset of the game, but failed to convert. The Roughriders, too, appeared to enter the game with jitters, but settled with strong play from guards, Jasir



Keith Grinnage wins the jump ball for Arcadia vs. Theodore Roosevelt. Photo by Matthew Yoder.

Tremble and Ryan Blakey.

Williams and Hope played aggressively on the offensive end for the Firebirds, and Downing continued to hustle with great intensity.

Phillip Flegger stepped into a wide open look for 3 for Theodore Roosevelt, and big man Arande Johnson entered as a solid low post rebounder for the Roughriders, as they jumped to a 13-8 lead to finish the quarter.

Theodore Roosevelt began to widely stretch the lead in the second quarter by contesting nearly every Arcadia inbound play and push upcourt. Tremble and Blakey provided much havoc on the defensive end, and assisted one another transitioning to offense. Marcel Gabriel emerged as an unstoppable force in the paint for the Roughriders, at one point converting on three offensive rebound put backs.

Even after registering his second foul early in the quarter, Williams remained aggressive and did all he could to keep the Firebirds around, netting 11 points in the first half. The game was becoming a runaway, however, with the Roughriders forging ahead to a 51-24 lead at the break.

Arcadia made a strong charge early

in the third quarter. Downing started the scoring with a steal and layup, then Hope began to score in bunches. He drew a foul, converting both free throws, then was beautifully assisted by Downing, and finally made a 3-pointer to beat the shot clock. When Hope stole the Roughriders' pass for an uncontested layup, Arcadia had opened the quarter on a 13-3 run. Arcadia would not draw any closer.

Theodore Roosevelt's depth and size began to create real problems for Arcadia. Arthur Roache was powerful in the post for the Roughriders, and the Firebirds struggled to box out Johnson. Johnson scored the final 10 points of the quarter, and his team stretched the lead to 34, an unapproachable number.

Sports can be
emailed to

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It Was a Long Road, But Tyler Webb Has Made It to the Bigs

By Bill Sterling

Special to the Eastern Shore Post

The son of Kirk and Kristin Webb of Machipongo and the grandson of Ken and Fay Webb of Wilsonia Neck and Bart and Margaret Holland of Nassawadox, Tyler Webb realizes he has family, friends, and fans from the Shore following his career. Now an established major league baseball player, Webb spent five days on his native Eastern Shore over the holidays, enjoying time with family, but not any of his beloved outdoor pursuits.

“Unfortunately, there was no time for hunting or fishing on this trip because of a lot of get-togethers, but it was nice spending time with all my family. I don’t get here nearly as often as I would like,” said Webb as he and his wife Lauren began their seven-hour drive back to their home in Columbia, S.C.

There, he will resume his off-season workouts to prepare for spring training in mid-February at the St. Louis Cardinals camp in Jupiter, Fla. The workout regimen remains much the same as in previous off-seasons, said Webb, but he concedes he will head to spring training with more confidence than in past years after what several announcers called a “breakout” year for the 29-year-old.

“There is a larger sample size for what I’ve done after last year,” said Webb. “I still need to perform in spring training, but if I have a bad outing, they know I can get the job done.”

The 6-foot-6 southpaw certainly got the job done last year, particularly in the second half of the season when opposing batters could hit only .119 against him and he posted a sparkling 2.62 earned run average.

When he appeared in the postseason, national baseball announcers raved about the fact that Webb allowed only 33 hits in 55 innings of work last season while striking out 48 and walking 23. For the season, Webb had a 3.62 ERA and an outstanding WHIP of 1.02. WHIP translates to walks and hits per inning pitched. The average MLB pitcher’s WHIP is somewhere between 1.35 and 1.39. Of 22 pitchers who saw action for the Cardinals last season, only three had a better WHIP



Tyler Webb and his wife Lauren at Busch Stadium in St. Louis. Photo by Taka Yanagimoto, St. Louis Cardinals manager of photography.

than Webb.

“It was a long time coming, but now I am in the majors I want to do everything possible to stay there and have a good career. If you don’t perform, you can be gone in a hurry,” said Webb.

He acknowledges that he finds himself in a great situation after making his major league debut with the Yankees in 2017 and being traded to the Milwaukee Brewers. He started the 2018 season with the San Diego Padres before being claimed off waivers by the Cardinals, who have what are generally considered to be the most knowledgeable and among the best fans in baseball.

“Everything is amplified at the major league level,” said Webb. “If you do poorly, you get more criticism, but you also get more praise if you do well. You know everybody is studying you to see if you are tipping your pitches. The preparation at the majors is much greater. We study a lot of video to learn tendencies of opposing players, but you can be sure they are watching video of you, too.”

Webb, who experienced four years

of traveling to games in the minor leagues mostly by bus, appreciates the charter planes or first-class airline travel at the major league level. There are also clubhouse guys handling myriad details for major leaguers.

Though Webb didn’t mention it, the money is a huge difference between the majors and minors. The minimum salary for a major league baseball player is now \$555,000. Even at Triple A, the highest level of the minors, players barely earn a livable wage, usually making between \$2,000 and \$3,000 a month, and that is only during the season.

When playing in the minors, Webb had to share an apartment with teammates to make ends meet while his wife remained in Columbia working as a nurse. In the majors, he and his wife have an apartment in St. Louis, and she is free to travel to many of the away games.

“She might be a bit more picky this year about where she travels, but last year she saw most of the cities where we play,” said Webb of his wife Lauren, whom he met when he was a third-team All-American relief pitcher and

the school career appearances leader at the University of South Carolina. The Gamecocks won two national championships and played in a third with Webb making major contributions while not allowing a run in Omaha at the College World Series.

Finding Outlets Outside Baseball

Modest and unassuming, Webb has never appeared to be changed by any success he has enjoyed in baseball. A lover of the outdoors who finds little opportunity to hunt or fish anymore, Webb has taken to photography and enjoys rising early in the morning to take scenic photos that grace his Twitter page.

“Photography is a substitute for hunting to me,” Webb noted. “I do it in Columbia but often when I am on the road I get up early and get out at sunrise and then get back to the hotel and catch a few more hours of sleep. Our day doesn’t really start until 1 when we are playing night games.”

Webb so enjoyed the outdoors while growing up on the Eastern Shore that he never attended a major league baseball game, preferring to be on the water somewhere. In fact, he never attended any professional game of the MLB, NFL, NBA, or NHL. At first it was by happenstance, but then as he pursued a major league baseball career, he made up his mind that his first professional game would be one where he suited up as a participant, which is what happened when he wore Yankee pinstripes on June 22, 2017, at Yankee Stadium.

Today, Webb loves being a Cardinal, playing on a team that last year won the National League Central Division and is always in the hunt for postseason play. He plays for NL Manager of the Year Mike Shildt and pitches to likely Hall of Famer catcher Yairer Molina.

“With Yadi, all I have to do is execute my pitches,” said Webb. “He knows the hitters so well he has a good feel of how to attack them.”

Webb said Molina and veteran pitcher Adam Wainwright along with infielder Matt Carpenter are the unquestioned leaders of the team. “They are all very approachable and willing to share with teammates. That makes

(Continued on Page 25)

~ Tyler Webb ~

(Continued From Page 24)

for a great clubhouse.”

Webb was also the beneficiary of great defense behind him. Shortstop Paul DeJong and second baseman Kolten Wong combined to form a stellar double-play combination in the field. “I believe we were the first team in baseball history to go from having the most errors in a season to having the least errors last season,” said Webb.

There were several highlights for Webb during the 2019 season. On June 22 against the Los Angeles Angels, he earned his first save, then the next night he struck out Mike Trout, considered the best player in baseball, in a tight situation with two men on base. “You try to not think about the reputation of the batter when you are pitching and concentrate on executing the pitch, but sometimes it’s hard to forget what some of these guys have done in baseball,” explained Webb.

Then on Aug. 20, Webb earned his first major league win in a 9-4 win over the Milwaukee Brewers. Webb was a bit coy following the game when asked by teammates if this was his first win. But word got out, and the celebration was on. “They put you in the laundry cart and you go in the shower and they throw various liquids at you. It’s more fun for the people that are not in the laundry cart. It’s cool that they’re celebrating you, but they enjoyed doing that, while you’re just trying to get through it.”

But probably the biggest highlight for Webb was the four-game series the Cards swept from the Chicago Cubs at Wrigley Field late in the season to essentially wrap up the division title. Mostly a middle reliever all year, Webb shut down left-handed slugger Kyle Schwarber in key situations, and the Cards rallied several times in late innings to pull out the win. “It was great watching those comebacks from the dugout, knowing you had contributed when called on,” said Webb.

Webb, who had 65 appearances last year to reach his 55 innings pitched, was sometimes the left-handed specialist who in tight situations pitched to the opposing team’s most feared left-handed batter before a righty was called in to face the next hitter. This

year, a new rule designed to speed up the game will require any reliever called in to the game to face at least three hitters or complete the inning.

“There’s no doubt this new rule will affect left-handed relievers more than anyone else, but I’m looking at it as turning out to be a good thing for me,” said Webb. “My numbers against right-handers are pretty good, better than some pitchers considered to be left-handed specialists.” In fact, right-handed batters hit only .189 against Webb, just slightly better than the .152 average left-handed batters fared against him.

The playoffs meant more national television exposure plus playoff checks for Webb as the Cardinals beat the Atlanta Braves in a five-game division series before facing the Washington Nationals in the National League championships. “My parents were rooting for the Nationals to beat the Dodgers in the playoffs so they could watch me play in D.C. They had been to St. Louis and also watched me pitch in Philadelphia. Of course, that didn’t work out so well with the Nationals,” said Webb, referring to the fact that Washington swept the Cardinals in four games with the Cards managing only six runs in four games. The Nationals went on to win the World Series.

Those six runs in four games constituted quite a contrast to the Cardinals scoring 10 runs in the first inning of a decisive fifth game against the Braves to advance to the league championship. “The bullpen was prepared to be pitching in stressful situations that day in Atlanta. We don’t even usually leave the dugout until

after the first inning, so we were all there watching our team score 10 runs before they even got to bat. It definitely took some pressure off us,” recalled Webb.

Webb said going into this season, the plan is to make each pitch in his arsenal a little bit better. Known for keeping hitters on their toes with a changeup which makes his low 90s fastball seem faster, Webb improved his curveball last year and added a two-seam fastball. “Unfortunately, at this point I am not going to get any faster, but I can be effective using all my pitches and executing them in the right situations.”

Webb has a younger brother, Hunter, and twin sisters, Kennedy and Taylor, who recently completed successful four-year careers in volleyball at Randolph College. “Sometimes I meet someone from the Shore in cities you least expect it. I know a lot of people are watching on TV back home. It means a lot to me, and I wish I could spend more time on the Shore,” said Webb.

His biggest fans would be his par-

ents. His father, who pitched at Old Dominion, was his first pitching instructor. His parents also probably saved his promising career in high school when they paid considerable out-of-pocket medical expenses to drive to Alabama to have Dr. James Andrews perform Tommy John surgery on Webb. They also made the eight-hour trip to Columbia to watch virtually every home Gamecock baseball game for four seasons when Webb was in college and spent up to two weeks in Omaha, Neb., three consecutive years to watch Webb pitch in the College World Series. There’s no telling the number of miles they put on their vehicles and the cost of hotel stays to follow their son’s career.

Now, they and the grandparents watch mostly on TV with the occasional trip to the ballparks. But Webb has never stopped being grateful for their support. “I couldn’t be where I am today without my family. It’s hard to say how much it means to me to have the support of my family, not just my parents, but grandparents, aunts and uncles.”

ATTENTION: ALL NORTHAMPTON COUNTY CITIZENS

The County’s Administrative Offices located at 16404 Courthouse Road, Eastville, Virginia, will be **closed to all business** on Wednesday, January 15, 2020, **between 12:30 p.m. and 5:00 p.m.** for active intruder training.

This notice is effective for the following Departments:

Building Inspection
Commissioner of the Revenue
County Treasurer
Finance Department
Information Technology
Planning & Zoning

Code Compliance
County Administration
Facilities Management
Human Resources
Parks & Recreation
Public Utilities

The Voter Registration Office will remain open during this time.

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Two Couples Make Christmas Brighter for E. S. Boys and Girls Club Members

Chip and Pat Bohlen, of New Bern, N.C., and Rob and Heather Burke, of Virginia Beach, Va., have been donating and delivering Christmas presents to members the Eastern Shore Boys and Girls Club for 10 years.

Story and Photo by Bill Sterling

“They are my Christmas angels,” said Kathy Custis of two couples who recently brought a truck loaded with presents for about 25 members of the Eastern Shore Unit of the Boys and Girls Club. Custis, the executive director of the club that serves almost 200 members and meets each weekday at Occohannock Elementary School, selects the families and also provides ages of the children and their interests.

Then, Chip and Pat Bohlen of New Bern, N.C., and Rob and Heather Burke of Virginia Beach, Va., do their shopping, tailoring the gifts to the desires of the children. Each child gets two wish list items of their choosing. Other items include clothing and school supplies. Delivered this year were bicycles, about a dozen touch-screen tablets, Barbie dolls and dollhouses, sporting equipment, coats, and many other items. They rent a U-Haul truck to bring the gifts, meeting the parents individually outside the club to transfer the gifts in time for Christmas morning.

“It’s something we have loved doing for the over 10 years,” said Pat Bohlen. “We first met the kids from the Eastern Shore years ago when they had to come to Virginia Beach to get Christmas presents. That’s when we adopted the club here and have been making an annual trip ever since. It is the most rewarding thing we do. We really feel it can make a difference in the lives of the children.”

Bohlen says the group buys toys that either help educate or gets the kids outside to play in addition to giving clothes that are suitable to wear to school. The foursome also



Parents of Boys and Girls Club members of the Eastern Shore Unit received Christmas gifts last week from Chip and Pat Bohlen and Rob and Heather Burke. Front left are Boys and Girls Club Director Kathy Custis, parents Chelsea Pfeiffer and Fatina Muslimani, and Rob and Heather Burke and their son Jackson. Back right are Pat and Chip Bohlen.

brings equipment and office supplies for the club that Custis and her staff need to run the club. Jackson Burke, now 10, has made the trip with his parents every year of his life. In fact, his parents were expecting him when they made the first trip.

The Bohlens and Burkes are not just Christmas angels either. This summer they made a major donation to the club to enable about 45 members to attend YMCA Camp Silver Beach for a week.

“Kathy is the real hero here. She means so much to this club and the kids, and we are just happy to support her,” said Bohlen.

Boys and Girls Club: A Positive Place for Youth

The Eastern Shore Unit of Boys and Girls Club was formed in 1993 as a positive place for youth to come to after school or all day in the summer when most parents are working. The Eastern Shore Boys and Girls Club makes sure kids are safe and having fun but are also engaged in activities that help them achieve three goals: academic success, good character and citizenship, and healthy lifestyles.

The Boys and Girls Club mission is “to enable all young people, especially those who need us most, reach their full potential as productive, caring, responsible citizens.

About 60 percent of club members come from single-parent homes and over 70 percent qualify for free or reduced price lunches at school.

During the school year club members receive a hot meal after the school day and then work with counselors on homework assignments before enjoying sports-related activities. In the summer, the Boys and Girls Club of the Eastern Shore has programs that begin at 6:30 a.m. with breakfast and continue throughout the day to closing at 5 p.m. Club members take field trips each week to experience various aspects of the Eastern Shore.

Custis has been the executive director of the club since its inception.

Health Matters **Norovirus Prevention Tips**

Courtesy of the Eastern Shore Health District

This holiday season the Eastern Shore Health District encourages everyone to keep healthy and prevent giving friends and family something that no one wants for Christmas – the dreaded norovirus (aka “the stomach flu”). Symptoms of norovirus can include sudden onset of headache, nausea, vomiting, and/or diarrhea, with or without a low-grade fever. While usually a short-term illness, one to

three days, it can also be extremely easy to spread to other people. Here are the best ways to prevent getting it and prevent spreading it to others.

Practice proper hand hygiene

Wash hands thoroughly with soap and water

- especially after using the toilet or changing diapers
- always before eating, preparing, or handling food
- before giving yourself or someone

else medicine.

Handle and prepare food safely

- Carefully wash fruits and vegetables before preparing and eating them.
- Cook oysters and other shellfish thoroughly before eating them.
- Keep sick infants and children out of areas where food is being handled and prepared.
- Routinely clean and sanitize kitchen utensils, counters, and surfaces before preparing food.
- Do not prepare food for others or yourself or provide healthcare while you are sick and for at least two days after symptoms stop. This also applies to sick workers in restaurants, schools, day care and long-term care facilities, and other places where they may expose people to norovirus.

Clean and disinfect surfaces

After someone vomits or has diarrhea, always thoroughly clean and disinfect the entire area immediately. Put on rubber or disposable gloves, and wipe the entire area with paper towels, then disinfect the area using a bleach-based household cleaner as directed on the product label. Leave the bleach disinfectant on the affected area for at least five minutes then

clean the entire area again with soap and hot water. Finish by cleaning soiled laundry, taking out the trash, and washing your hands! You should use a chlorine bleach solution with a concentration of 1,000 to 5,000 ppm (5 to 25 tablespoons of household bleach [5% to 8%] per gallon of water) or other disinfectant registered as effective against norovirus.

Wash laundry thoroughly

- Immediately remove and wash clothes or linens that may be contaminated with vomit or feces.
- Handle soiled items carefully without agitating them.
- Wear rubber or disposable gloves while handling soiled items and wash hands after.
- Wash the items with detergent and hot water at the maximum available cycle length then machine dry them at the highest heat setting.
- Wash hands again after handling any soiled laundry.

For more information about norovirus prevention, visit <https://www.cdc.gov/norovirus> A printable fact sheet can be found at <http://www.vdh.virginia.gov/epidemiology/epidemiology-fact-sheets/norovirus-infection/> Go to <http://www.vdh.virginia.gov/> for more timely topics.

How You Get Norovirus From People or Surfaces

Norovirus spreads when a person gets poop or vomit from an infected person in their mouth.

PROVIDING CARE

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CHANGING DIAPERS

TOUCHING YOUR MOUTH

TOUCHING CONTAMINATED SURFACES

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Centers for Disease Control and Prevention

For more information, visit www.cdc.gov/norovirus

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NMS Canned Food Drive

During the celebration of Native American Heritage Month, the Northampton Middle School Student Government Association held a canned food drive. The SGA donated over 1,200 cans of food as well as turkeys and hams to Lighthouse Ministries.

EASTERN SHORE COMMUNITY FOUNDATION AWARDS GRANTS TO LOCAL NONPROFIT ORGANIZATIONS

The board of directors of the Eastern Shore of Virginia Community Foundation recently met and awarded the fall 2019 round of community grants to several local nonprofit organizations.

Grants were awarded to The Eastern Shore Literacy Council, The Coalition Against Domestic Violence, New Church Fire Company, The Food Bank of Southeastern Virginia, and The Barrier Island Center.

These grants met a broad range of needs by enabling donors to meet their charitable goals through prudently administered, permanently endowed funds; offering a comprehensive array of services to encour-

age, advance, and educate donors concerning effective philanthropy; and making critical grants to meet current and emerging community needs and opportunities. Funds were granted for capital projects ranging from roof replacements, facility renovations and improvements, and computers and software that will allow nonprofits to operate safely and efficiently.

For more information on becoming a donor or applying for grants from the foundation, visit the website at <http://www.esvcf.com> or contact Julie Badger, executive director, at 757-789-0910 or esvcf2016@gmail.com



NHS Toys for Tots Assistants

Northampton High School students assisted with the Toys for Tots program in December at Northampton Middle School.

Pictured above from left are Sarah Marshall, Phoebe Delp, Sierra Henao, and Keisi Bartolo.

Send your mileposts and community events to angie@easternshorepost.com

Friday Night at the Movies at the Island Theatre

4074 Main St., Chincoteague

January 3

Film starts at 7 p.m.
(doors open at 6:30 p.m.)

Admission: \$5



Hugh Jackson stars in "The Greatest Showman," the award-winning film and musical celebration of the birth of show business. It's the story of P.T. Barnum, a visionary who rose from nothing to create a spectacle that became a worldwide sensation.

CERTIFIED ANGLUS BEEF **AWARD WINNING STEAKS** **FRESH SEAFOOD**
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Week of Jan. 4 - Jan. 10, 2020	
Saturday	
Petite Crab Imperial	\$14 ⁹⁹
Sunday	
Chicken & Dumplings	\$9 ⁹⁹
Monday	
Homemade Meatloaf	\$9 ⁹⁹
Tuesday	
Fresh Roasted Turkey	\$10 ⁹⁹
Wednesday	
Stuffed Pork Chop	\$9 ⁹⁹
Thursday	
Chicken Parmesan	\$9 ⁹⁹
Friday	
1/2 lb. Steamed Shrimp w/2 Sides	\$14 ⁹⁹

EXMORE COMMUNITY FIRE COMPANY RECEIVES SAFER GRANT

For the Community Fire Company, an all-volunteer company located in Exmore, the need for available and trained personnel to respond to fire-related incidents has been critical. In 2018, the organization applied for a Staffing for Adequate Fire and Emergency Response (SAFER) Grant, a national program designed to provide funding directly to fire departments to help them increase or maintain the number of trained firefighters available in their communities.

After a rigorous application process, the company was selected for the grant

and will be executing the funds using two primary mechanisms. The first is the hiring of a volunteer recruitment coordinator to manage onboarding new recruits and the internal process of mentoring and conducting programs on behalf of Community Fire Company. The second is a partnership with strategic marketing firm Dotted Line, with marketing experience in volunteer firefighter recruitment.

The year long campaign will be geared toward recruitment of new volunteers and retention of existing personnel and is expected to have a broad reach.

Free Coat Closet
For All Ages



Where: Onley United Methodist Church
When: Saturday, January 4
Time: 9:00 a.m. - 11:00 a.m.
Who: Open to anyone in need of a coat

For more information, or if you are unable to come at this time, please call the church office at 787-4155 or Jeannette Edwards 787-1436

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757-336-2610 4103 MAIN ST.

Community Notes

Accomac

The Mary N. Smith Alumni Association will hold a special work session Saturday, Jan. 4, at 9 a.m., at the Mary N. Smith Cultural Enrichment Center. For more information, call 757-710-2290 or email mnsgrants15@gmail.com

Belle Haven

The Freezing for a Reason Polar Duck Dip will be Saturday, Jan. 25, with sign-in beginning at 11 a.m., at Camp Occohannock on the Bay. Contestants' pictures and judging will begin at 11:30 a.m. and the parade to the waterfront

follows at 11:45 a.m. The duck dip will start at noon and lunch will follow (donations accepted). Registration is \$20 and includes lunch and a shirt. Register before Jan. 16. For more information, call 442-7836 or go to www.ootbay.org

Cape Charles

The Cape Charles Memorial Library Annual Dinner with Friends will be Saturday, Feb. 8, from 6 to 9 p.m., at The Oyster Farm Seafood Eatery. Executive Director of the Chesapeake Bay Bridge-Tunnel Jeff Holland will be the keynote speaker. He will give an update on the construction of the new Thimble Shoals

Tunnel. The cost is \$60 for Friends members and \$65 for nonmembers. Reservations must be made by Jan. 25. For more information, call 757-695-4192.

Chincoteague

Fee Free Day will be Monday, Jan. 20, from 6 a.m. to 6 p.m., at Chincoteague National Wildlife Refuge.

Onancock

The Eastern Shore Bird Club will offer a presentation, "50 Years of Migratory Bird Protection at the Virginia Coast Reserve," Tuesday, Jan. 7, at 7:30 p.m., at Commonwealth Senior Living at the Eastern Shore, 23610 North St. Guest

speaker Alex Wilke, coastal scientist with The Nature Conservancy's Virginia Coast Reserve, will discuss building population resiliency of Virginia's nesting shorebirds. For more information, contact Thor Gormley at 757-377-3513.

Oyster

Join faculty researchers, station staff, and graduate students of the Virginia Coast Reserve Long Term Ecological Research (LTER) program for a laboratory open house and research highlights Tuesday, Jan. 7, from 4:30 to 6:30 p.m., at UVA's Coastal Research Center. Refreshments will be served. For directions or more information, call 331-1246.

Summer Internships Available at VIMS Eastern Shore Lab

The Virginia Institute of Marine Science's Eastern Shore Laboratory will again offer summer intern opportunities for senior high school and college students who are primary residents of Northampton or Accomack County to work at the lab on various research projects related to marine science.

Interns will have the opportunity to work directly with research scientists and graduate students on projects ranging from shellfish aquaculture to water quality to restoration ecology. The goal of the program is to provide hands-on learning and employment opportunities for local students interested in careers in science. Admission to the internship program is highly competitive, with the number of applicants exceeding available positions.

The university is an Equal Opportunity/Affirmative Action employer and encourages applications from women, minorities, protected veterans, and individuals with disabilities.

To apply, send a cover letter and resume to Linda Ward at lward@vims.edu or mail to VIMS, P.O. Box 350, Wachapreague, VA 23480 by the Jan. 31 deadline.

Summer Internship Available at the Island Theatre Annex

The Chincoteague Island Arts Organization is offering a summer internship to a rising college junior or senior interested in film, theater, or arts management. The intern will assist in the managerial, programmatic, and marketing aspects of running a major program, "Monday Nights at Main and Mumford," at Chincoteague's Island Theatre Annex. The intern may also participate in other activities.

The internship is planned to run from May to September; the exact dates are negotiable. The internship pays a stipend of up to \$5,000 depending on the negotiated length of the internship. In addition, the CIAO will work with a faculty member at the intern's school to facilitate awarding of academic credit.

The intern is expected to work an average of 30 flexible hours each week. The ability to work Monday evenings and some weekends is required.

Responsibilities include:

- Attending planning meetings.
- Planning the appropriate room set-up for equipment, tables and chairs as appropriate for each event.
- Ensuring that events are properly set up, equipped and supplied.
- Arranging lodging for visiting performers.
- Assisting with marketing and administration of events.
- Promoting events through social media and printed materials.
- Coordinating volunteer staffing.
- Attending and supervising each event.

Applicants should send a letter of interest, contact information, and three references by Jan. 15 to Attention: Internship Program, Chincoteague Island Arts Organization, P.O. Box 1217, Chincoteague, VA 23336.

START THE NEW YEAR OFF RIGHT WITH ADVERTISING IN THE EASTERN SHORE POST. CALL TROY JUSTIS OR SAM SELLARD AT 757-789-7678 AND MAKE 2020 THE BEST YEAR EVER FOR YOUR BUSINESS.



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• Ladies Only Classes

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Onley, VA 23418

757-787-5656

33114 Chincoteague Road

New Church, VA 23415

757-824-5560

PLEASE CALL FOR AN APPOINTMENT

**FRIDAY
JAN. 3**

★noon - **AA mtg.** - Onancock UMC, 75 Market St.
 ★5-8 p.m. - **Station 1 Pizza Night** - 4264 Firehouse St., New Church - \$12/pizza, \$1/additional topping (sausage and pepperoni) - drive-through and tables
 ★6-8 p.m. - **Lee Walker in Concert** - Lemon Tree Gallery, Cape Charles
 ★7 p.m. - **AA mtg.** - Christ Episcopal Church, 16304 Courthouse Rd., Eastville
 ★7 p.m. - **Life Teach Series** - Rachel Leah Covenant Ministries Center - 787-2486
 ★7:30 p.m. - **Bingo** - Exmore Moose Lodge, Belle Haven - doors open at 6:30 p.m.

**SATURDAY
JAN. 4**

★9:30 a.m. - **E.S. Cancer Support Group mtg.** - Sage Diner, Onley - \$5/Breakfast
 ★noon and 7:30 p.m. - **AA mtg.** - Holy Trinity Episcopal Church, 66 Market St., Onancock
 ★7:30 p.m. - **Bingo** - Eastville Vol. Fire Co.



POST TIMES
Jan. 3-9

**SUNDAY
JAN. 5**

★11 a.m. - **Meditation Group** - Train Station, Onley
 ★2 p.m. - **Bingo** - VFW Post 2296, Tasley
 ★4 p.m. - **Life Recovery of E.S. mtg.** - Rock Church, Melfa
 ★7 p.m. - **AA mtg.** - Christ Episcopal Church, 16304 Courthouse Rd., Eastville

**MONDAY
JAN. 6**

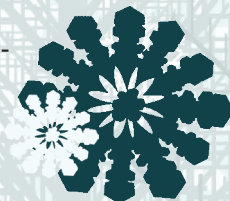
★11 a.m. - **Northampton Chap. AARP mtg.** - Cheriton Rescue Squad
 ★1-4 p.m. - **CIAO Presents Gameplay Monday: Card, Word, and Board Games** - Theatre Annex, 4076 Main St., Chincoteague
 ★5:30 p.m. - **AA mtg.** - Onancock UMC, 75 Market St.
 ★5:30-6:30 p.m. - **Al-Anon mtg.** - Holy Trinity Episcopal Church, Onancock
 ★6 p.m. - **Bingo** - Elks Lodge, Tasley
 ★6-8:30 p.m. - **GED Class** - Cape Charles Rescue
 ★6-9 p.m. - **GED Class** - Arcadia High School, Oak Hall
 ★6:15 p.m. - **Central Shore Lions Club mtg.** - Sage Diner, Onley
 ★6:30 p.m. - **Cub Scout Pack 300 mtg.** - Grace UMC, Parksley
 ★6:30-8:30 p.m. - **Free English for Speakers of Other Languages** - Metompkin Elementary School, Parksley - 789-1761
 ★7 p.m. - **Celebrate Recovery mtg.** - Onancock Baptist Church - food served at 6 p.m.

**TUESDAY
JAN. 7**

★8:30 a.m.-noon - **Veterans' Employment Representative Avail.** - Accomack Cty. Dept. of Social Services - no appt. needed
 ★9 a.m. - **Al-Anon mtg.** - Refuge Inn, Chincoteague
 ★10 a.m. - **Zumba** - Franktown UMC
 ★10 a.m. - **Bingo** - Accomack Senior Village, Onancock - 787-3900
 ★10:30 a.m. - **Duplicate Bridge** - Island House, Wachapreague - 787-2432
 ★5:30 p.m. - **Onancock Business and Civic Assn. mtg.** - Naomi Makemie Presbyterian Church, Onancock
 ★6 p.m. - **Rachel Leah Ministries** - 787-2486 (call for location)
 ★6 p.m. - **Bingo** - Pocomoke Elks, next to YMCA
 ★6-7:30 p.m. - **Girl Scouts mtg.** - Craddockville UMC
 ★6-8 p.m. - **Free English for Speakers of Other Languages** - Pungoteague Elementary - 789-1761
 ★6-8:30 p.m. - **GED Class** - ESCC, Class A-51, Melfa
 ★6:30 p.m. - **Addiction Support Group mtg.** - Anointed Word of Deliverance COGIC, Melfa - 757-350-5039
 ★6:30 p.m. - **Vietnam Veterans' E.S. Chapter 614 mtg.** - Chapter Bldg., 25534 Main St., Onley
 ★7 p.m. - **Northampton Cty. Democratic Committee mtg.** - Northampton Cty. Social Services Bldg., Eastville
 ★7:15 p.m. - **Disabled American Veterans' mtg.** - Chapter Bldg., 25534 Main St., Onley
 ★7:30 p.m. - **Central Masonic Lodge mtg.**
 ★7:30 p.m. - **Bingo** - Cheriton VFC - smoke free
 ★7:30 p.m. - **AA mtg.** - Atlantic UMC

**WEDNESDAY
JAN. 8**

★7:45 a.m. - **Kiwanis Club of Accomack mtg.** - Sage Diner, Onley
 ★10 a.m. - **TOPS mtg.** - Market St. UMC, Onancock - 787-4718
 ★10 a.m.-2 p.m. - **Veterans' Employment Representative Avail.** - ESCC, Melfa - no appt. needed
 ★10:30-11:30 a.m. - **Overeaters Anonymous mtg.** - Rock Church, Onley - 757-655-4834
 ★11 a.m.-1 p.m. - **Soup Kitchen** - Corner Stone Seventh Day Adventist Church, 3431 Main St., Exmore
 ★noon - **Waste Watchers' mtg.** - Chamber of Commerce, Melfa
 ★5-7 p.m. - **Soup Kitchen and Clothes Closet** - Grace and Truth Ministries, 19 Boundary Ave., Onancock - Donations: 789-5369
 ★5:30-6:30 p.m. - **Free Meals for the Hungry** - Epworth UMC, 4158 Seaside Rd., Exmore - 442-6391
 ★6 p.m. - **Accomack County Democratic Committee mtg.** - Chamber of Commerce, Melfa
 ★6 p.m. - **Onancock Area Lions Club mtg.** - Club Car Cafe, Parksley
 ★6-7 p.m. - **Prayer Line Open** - St. Matthew's Church, Onley - Call 665-7403, 387-7021 or 894-1521 w/prayer requests
 ★6-7:30 p.m. - **Free Beginners Line Dance Lessons** - Little Italy, Nassawadox
 ★6-8:30 p.m. - **GED Class** - Cape Charles Rescue
 ★6-9 p.m. - **GED Class** - Arcadia High School, Oak Hall
 ★6:45 p.m. - **Bingo** - St. Peter the Apostle Catholic Church, Onley - doors open at 5:30 p.m.
 ★7 p.m. - **AA and Al-Anon mtgs.** - Franktown UMC
 ★7 p.m. - **Drinking Liberally mtg.** - Charlotte Hotel, Onancock
 ★7:30 p.m. - **Bingo** - Painter VFC



**THURSDAY
JAN. 9**

★8:30 a.m.-noon - **Veterans' Employment Representative Avail.** - Northampton Cty. Dept. of Social Services - no appt. needed
 ★10:30 a.m. - **Story Time** - Cape Charles Memorial Library
 ★5:30 p.m. - **Shore Losers mtg.** - Drummondtown Baptist Church, Accomack - \$1/wk.
 ★5:30 p.m. - **TOPS VA-550 mtg.** - Zion Baptist Church, Parksley - 757-665-5405
 ★6-8 p.m. - **Free English for Speakers of Other Languages** - Pungoteague Elementary - 789-1761
 ★6-8:30 p.m. - **GED Class** - ESCC, Class A-51, Melfa
 ★6:30 p.m. - **Kiwanis Club mtg.** - St. Andrew's Catholic Church, Chincoteague
 ★6:30 p.m. - **Al-Anon. mtg.** - Trinity UMC, Cape Charles
 ★7 p.m. - **Celebrate Recovery Group mtg.** - Chincoteague Church of God, 5252 Woodland Dr.
 ★7 p.m. - **E.S. Tea Party mtg.** - Market St. Grill, Onancock
 ★7 p.m. - **NA mtg.** - Painter Garrison UMC
 ★8 p.m. - **AA mtg.** - Christ UMC, 6253 Church St., Chincoteague

Eastern Shore Trading POST

Classified Ads, Real Estate Ads, Auctions, and Legal Notices

Help Wanted

Manager – Housekeeping

Want to help facilitate great family vacations? Join and manage our housekeeping team at Cherrystone Family Camping Resort! We're searching for someone with a passion for guest services and high standards for cleanliness and appearance to deliver exceptional service for our 113 rental unit, 3 bathhouse campground in Cape Charles, Virginia. A successful candidate will provide leadership including hiring, scheduling, product procurement, and payroll while also executing daily operations and coordinating and inspecting assignments to ensure top level cleanliness and service. Coaching and motivating team members and communicating effectively are imperative, as is ensuring compliance with our exceptional service standards. In addition to a competitive salary and benefits package, great leaders always have opportunities for advancement within the resort and related companies. If interested, send resume to work@cherrystone.com with a brief explanation on why you think you'd be the perfect fit!

CLASS A CDL DRIVERS WANTED

- CLEAN DRIVING RECORD
- CURRENT DOT PHYSICAL
- TWO YEARS EXPERIENCE REQUIRED
- COMPETITIVE SALARY AND BENEFITS

CONTACT JOHN AT MOORE'S TRUCKING LLC
15442 MERRY CAT LN., BELLE HAVEN, VA 23306
757-442-2734

OR EMAIL JOHN.ANNIS@MOORESCOMPANIES.COM

Request for Bids for Elk's Lodge Restrooms

Looking for bids for the construction of a new restroom facility or remodeling of the current restrooms at the Onancock Elk's Lodge located at 22454 Front Street, Accomac, VA 23301.

To receive bid requirements, prospective bidders should call the lodge at 757-787-7750 or email Elks1766@verizon.net. Bids will be accepted until 1/31/20.

NORTHAMPTON COUNTY PUBLIC SCHOOLS VACANCIES – IMMEDIATE OPENINGS

- Bookkeeper
- Bus Drivers (paid CDL training will be provided)
- Part-Time Tutor
- School Social Worker
- Behavioral Intervention Specialist
- Special Education Teachers
- Substitutes – Teachers, Custodians, Cafeteria Workers, Nurses, etc.
- Middle School Math Teacher
- Hybrid Position-Bus Driver/Custodian

For job descriptions, qualifications, salaries, and to apply go to www.ncpsk12.com

Inquiries may be directed to:
Melinda Phillips - Director of Administrative Services
(757) 678-5151 ext. 2013 or mphillips@ncpsk12.com

Northampton County Public Schools does not discriminate on the basis of race, color, national origin, sex, disability, or age in its programs and activities.

The Eastern Shore Community Services Board is seeking candidates for the following positions:

- Developmental Disabilities Aide
 - Part-time Driver (\$11.50 per hour)
 - Developmental Services Case Manager
 - Clinician & Emergency Services Clinician - \$1000 Sign-on Bonus
 - Qualified Mental Health Professional (QMHP)
 - Part-time Mental Health Facility Technician ~ FT benefits package includes Paid Maternity Leave
- ~ The ESCSB is a NHSC approved site for the Loan Repayment Program

For more information or to apply, please visit the ESCSB's website at www.escsb.org



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CHARTING A COURSE TOWARDS A BRIGHTER FUTURE!

EASTERN SHORE RURAL HEALTH SYSTEM, INC. is currently recruiting

Dental Hygienist for the Eastville and Franktown Community Health Centers

Come grow with us! If you're searching for a rewarding career as a Dental Hygienist, look no further.

Graduate of an accredited program approved by the American Dental Association, successful completion of Dental Hygiene National Boards, Dental Hygiene SRTA exam, and Licensed through Virginia Board of Dentistry.

This position requires the ability to perform scaling and root debridement, removal of all stains, patient education, tobacco counseling, and work with all age/minority populations.

Individual must be energetic, flexible and self-motivated with strong attention to detail, communication, teamwork, customer service and computer skills. This position also requires a person with the ability to use clinical assessment skills and perception to determine the needs of the patient while working with the medical provider. Ability to provide bilingual patient care is a plus.

While performing the duties of this job, the employee is regularly required to talk and hear. This position is very active and requires standing, walking, bending kneeling and stooping all day.

Dental Assistant for the Atlantic & Eastville Community Health Center Dental Program

DENTAL ASSISTANT: Are you looking for an exciting and rewarding career in health care? Are you mission driven and caring? Would you like working in a positive, rewarding atmosphere where you can feel proud of the

USDA Farm Service Agency is accepting applications for one temporary full-time Program Technician at their county office located in Accomac, Virginia. Application (FSA-675), resume, or any other written format including SSN, country of citizenship, education, and work experience along with supplemental KSA statements are mandatory. Applications must be received in the County Office by 4:30 PM January 6, 2020. Instructions are contained in the vacancy announcement which can be obtained by calling 757-787-0918.

USDA is an Equal Opportunity Provider, Employer, and Lender.

Tire & Lube Technician: Busy shop. Full- & Part-time. Call 757-787-4633.

Auto Technician: Full-time w/competitive wage. No weekends. Apply in person at Bayside Tire in Onancock or Call 757-787-4633.

work you do and be recognized for your efforts? Looking for opportunities for growth including national certification? If so, look no further. Previous dental experience is helpful, but we will train you if you have a great attitude and strong work ethic.

Must be a high school graduate or equivalent. Requires the ability to perform four handed dental assistance and the ability to work well with children and adults. Individual must be energetic, flexible and self-motivated with strong attention to detail, communication, teamwork, customer service and computer skills. The position also requires a person with the ability to use clinical assessment and perception to determine the needs of the patient while working with the dental provider. Ability to provide bilingual patient care is a plus.

Business Assistant for the Eastville Community Health Center Dental Program

Be the first to welcome ESRHS patients to our centers! Register patients, schedule appointments, create claims, answer the phone and provide outstanding customer service.

Requires a high school diploma or the equivalent. Work experience in a dental/medical or business office preferred. Individual must be professional, self-motivated and have strong attention to detail, communication, teamwork, customer service and computer skills. Ability to provide bilingual patient care is a plus.

These are full-time positions with benefits. If you are a mission driven person looking to make a difference, email an application to dhr@esrh.org before Noon on January 10, 2020. Resumes may accompany the application but will not be considered if sent alone. Applications can be obtained from www.esrh.org.

Eastern Shore Rural Health offers a competitive benefits package and our campuses are Tobacco-Free Workplaces. EOE/M/F/Disability/Vet



Help Wanted (cont'd)

WHOLESALE NURSERY PRODUCTION MANAGER

Successful wholesale nursery in Accomack County VA looking for Head Grower/Production Manager for container nursery. Individual must have management experience and be self-motivated. Educational background in Horticulture or related field or four years growing is required.

Bilingual with English/Spanish a plus. This is a management job and will require supervising section growers, planning and coordinating crews, and hiring seasonal workers.

Salary commensurate with experience. Full-time salaried position with benefits including Health Insurance, Life Insurance, paid holidays and vacation and Profit Sharing Plan. EOE.

Submit cover letter and resume to trinaca@esnursery.com

Vegetable Packing House Maintenance Position

Duties include: lacing belts, tracking belts, servicing gear boxes, changing electric motors, knowledge of 3 phase electric. Must be willing to travel; Mar-May (FL); Jun-Oct (VA); Nov-Dec (FL); Jan-Feb (VA). Paid Vacation, Medical Insurance. \$14-\$16 per hour depending on skills/experience. Call 757-678-5097 for application.

Las tareas de mantenimiento de la posición de mantenimiento de la empacadora de vegetales

Incluyen: correas de cordones, correas de seguimiento, cajas de engranajes de servicio, cambio de rodamientos, cambio de motores eléctricos, conocimiento de 3 fases eléctricas. Debe estar dispuesto a viajar; Marzo-mayo (FL); Junio-octubre (VA); Noviembre-diciembre (FL); Ene-feb (VA). Vacaciones pagadas, seguro médico. \$14-\$16 por hora, dependiendo de las habilidades / experiencia. Llame al 757-678-5097 para solicitarlo.

Help Wanted

NOC CUSTOMER SERVICE TECH - The ESVA has a job opening. Apply through the website at www.esvva.com

ENERGETIC, EXPERIENCED DIESEL TRUCK MECHANIC - must have or accuire class B CDL within 3 months. Good pay & benefits. Must be willing to work overtime when needed. please call shop supervisor. 442-7979.

DIESEL MECHANIC NEEDED to work on heavy equipment. See Karen Gray at T&W Block, 21075 Washington Street, Onley, VA.

MILLWRIGHTS-PIPE FITTERS/WELDERS MAINTENANCE MECHANIC * MIG - TIG - STICK
* FT - PT and Weekends
* Exp'd only. * Valid Driver's License and Transportation. Day shift and night shift positions.
DOUGLAS REPAIRS, INC., SNOW HILL, MD.
Call 410-632-1346 or 443-783-4125.

TRUCK DRIVER

Class A CDL Driver Needed. Competitive pay and benefits. Must have current physical, clean driving record. Drug-free workplace, good equipment, references required. Must travel to Florida seasonally (November, March, April). To apply call 757-678-5097.

Boats, Etc.

TWO 2006 HONDA 150 HP fuel-injected, 4-stroke outboard motors with 152 hrs. on each. \$5,300 per engine if separate or both for \$9,800. Call or text 710-1125.

12-FT. DEEP V ALUMINUM BOAT - New 4-stroke 8 h.p. Yamaha (3 hrs. on motor), \$1,950. Call 757-678-2729 after 6 p.m.

'01 18' TROPHY - Very good cond. + extras. Can be seen at K & E Marine, across from Perdue plant. \$11K. 757-678-3622.

3 POMPANETTE DECK CHAIRS with fighting gimbals. \$300. Call 443-477-2407.

SUZUKI OUTBOARD ENGINE - 115 h.p., like new, less than 30 hrs. running time. \$7,500! Call 757-710-4263.

4 CUSTOM DAIWA DEEP SEA RODS with 9 or 10 reels. \$450. 443-477-2407.

'00 MAXUM 2800 SCR twin 4.3L V6 engines. Exc. cond. w/recent (2014) maintenance record. Many extras. \$16K OBO. Call 540-287-5047.

CHARTER BOAT \$15,000 OBO - 34' Delta-ville Dead-Rise \$15,000 obo - Charter Fishing Boat. 2012 Re-Power Cat 3208T (757) 678-3718.

BOAT WHEELS - 4-blade, 1 pair, 19" x 23-1/2" shaft. REDUCED \$400. Call 757-999-3437 & leave msg.

2017 9.9 4-STROKE HONDA OUTBOARD - 25-in. shaft, electric start, new condition. \$2,000. Call 757-746-6136.

LUND \$3,800 - Alum. hull open fishing boat with Merc, 25hp 4 stroke OB on a Load-Rite galv. trlr. with elec. winch. Extras: trolling mtr., depth finder, rod holders, live well, cover, more. 757-824-4782 oystercarvr@aol.com

1959 15FT. CRUISERS INC. wood, Johnson outboard 50 w/trailer. This classic won't last long. \$5,000 OBO. Call (757) 787-4090.

5-HP MEYERS SUBMERSIBLE WATER PUMP - Includes electrical box. Used less than 30 hrs \$950. 442-7677 & leave msg.

2014 14-FT. E-TENDER ROWBOAT - Never used, like new. \$1,750. Call 757-746-6136.

1997 EAGLE CENTER CONSOLE - Fiberglass, '04 Loadrite trailer, '02 90 hp Yamaha w/150 hrs., VHF, depth finder, all fishing gear, 3 elec. winches, internal bilge pump & gas tank, \$4,000. 757-336-5256 or 410-404-6066 (ask for Bob).

'87 26-FT. SHAMROCK - With anchor puller, never been used, lots of extra equipment. Call 757-891-2426.

'90 22-FT. SEAPRO CUD-DY CABIN - Rebuilt OMC 225. 160-gal. fuel tank, 22-ft. aluminum trailer w/brakes (Grady White clone). \$10,300 REDUCED: \$6,000. Pat-757-442-4635.

34' DELTAVILLE DEAD-RISE \$28,500 OBO - Charter Fishing Boat. 2012 Re-Power Cat 3208T (757) 678-3718. dat556@verizon.net www.ltbaycharters.com

FREE 26-FT. RANGER SAILBOAT in cradle w/ sails, rigging, cushions. Needs to be moved & repaired. 757-331-0315.

14-FT. BOAT TRAILER FOR SALE - \$750. Call 442-4923.



'86 27.2-FT. O'DAY SAILBOAT - 9.9 Yamaha, 4-stroke. Sails good, sleeps 4. Galley & toilet. Trailer & new winch. Draws 2'11". **PRICE REDUCED: \$5,000 OBO.** Call Don at 757-656-8986.

16-FT. REBEL SAILBOAT - boat and trailer: \$750. 757-709-3426.

1983 Pro-Time 20-ft. Cuddy Cabin, 2006 150 HP Yamaha V-WAX, 2009 float-on trailer, and many extras, exc. cond. \$15,000 OBO 518-369-9458

CLASS A GILL NET LICENSE FOR SALE - \$1,000. 757-789-3336.

'87 18-FT. WINNER Center Console Boat with a 150 h.p. Mariner motor on a 1999 Star trailer. REDUCED: \$2,900 OBO. Call 757-710-3726.

MERCURY OUTBOARD PROPELLER SS 22-PITCH - Like new. \$450. 757-710-0070.

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FORMULA 233 THUNDERBIRD - 23-ft. 5-7 350 V8 (less than 50 hrs.) New stern drive (less than 10 hrs.) Great open deck, Cuddy Cabin, Loadrite trailer w/ pwr. winch, well kept, exc. cond. **Reduced: \$5,900.** 757-710-7146.



1988 Grady White 20', 225 h.p. Yamaha, 2 axle trailer. Ready to go. **REDUCED: \$7,000.** Call 757-824-5748.



'84 21-FT. KEN CRAFT - Pilot boat, fresh water cooled, V8 inboard, pocket drive w/galvanized trailer. \$10,500. 757-665-6564.



27-ft. McGregor Sailboat - With sails, tiller, retractable skag, depth recorder for shallow water, trailer w/electric mast, wench. Exc. cond. **Reduced: \$2,100.** 757-710-7146

Farm & Lawn Equipment

1953 ANNIVERSARY JUBILEE 600 FORD TRACTOR - \$3,500. 442-7507.
ANTIQUÉ 1956 MERCURY outboard, electric start w/0 hours, 8-pt. over haul! \$1,995 or buy a 1950s 16-ft. (or so) run-about and keep sailing! Jim: 757-789-5141.

Feed & Seed

HORSE HAY - \$5 per bale.
STRAW - \$4 per bale. Call 757-824-3930 or call 757-894-1339 (cell).

Misc. - For Sale

COLLECTION OF NEW YORKER MAGAZINES ranging from 1964 to mid-80s; open to offers. Contact 757-693-7759 to discuss.

WHIRLPOOL PROPANE WATER HEATER TANK Exc. cond., \$275. Located on Chincoteague. 804-218-1090.
30KW KOHLER GENERATOR - 4-cyl. diesel, 3-phase or 1-phase. \$3,500. Exc. shape. 787-1469.

LIKE NEW: 2 INDIAN HEAD PENNIES - \$6 a set. Call 757-442-4252..

ENTERTAINMENT CENTER - Includes 42" flat tv (Pioneer 5.1 surround sound), receiver, Sony compact disk player, Bose speakers. All sold as 1 unit: \$800 OBO. 757-693-2154.

150-YEAR-OLD BOER WAR ENFIELD RIFLE Exc. condition. \$1,000 OBO. 410-245-0152.

20-YR. COLLECTION OF FRESHWATER FISHING Tackle & memorabilia. Selling "The Fish Room." Rods, reels, antique lures, etc. Call for info.: 757-710-8387

BEAUTIFUL LANE CEDAR CHEST on casters. Waterfall front. Shelf on inside. Restored & refinished. 12 1/4" d X 16 1/4" w X 44 1/2" l (inside dimen.) Asking \$200. 757-894-0218.

DISPLAY CASES - Three display cases are 6 ft.; two are 3 ft.; one corner. Will sell separately or together. Call for pricing. Pick up only. 757-442-5873.

LARK ENCLOSED TRAILER 5'x8' - Like new, built-in shelf, used 1 time. 665-4424. \$1,700.

SONY WEGA 55-INCH LCD REAR PROJECTION TELEVISION - REDUCED: \$275. \$375. Call 757-709-0813.

FOR SALE: ANTIQUE CHINA CLOSET. \$200 OBO. Call 757-787-7307.

ANTIQUÉ MAPLE HARDWOOD KITCHEN TABLE w/leaf & 4 chairs, \$150. Located on Chincoteague. 804-218-1090.

We are pledged to the letter and spirit of Virginia's and HUD's equal opportunity housing policies. Virginia's fair housing law makes it illegal to advertise any preference, limitation or discrimination based on race, color, religion, national origin, sex, elderliness, familial status or handicap.

This newspaper will not knowingly accept advertising for real estate that violates the fair housing law. Our readers are hereby informed that all dwellings advertised in this newspaper are available on an equal opportunity basis. For more information about Virginia's Fair Housing Law or to file a fair housing complaint, call the Virginia Fair Housing Office at (804) 367-8530. Toll-free call (888) 551-3247. For TDD users, please call the Virginia Relay by dialing 7-1-1.



Mobile Homes

TRAILER for rent at 33376 Lankford Hwy., Painter for handyman. \$400/1st mo. & \$350/mo. after that. Needs some cleaning/repairs. 757-206-3883.

PARKSLEY: 2BR, 2BA, \$600/mo. + sec. dep. All electric. No pets. Pick up application at Hill Sand & Gravel in Accomac.

HOLLAND HILL RESIDENTIAL COMMUNITY & CARDINAL VILLAGE New Church, VA 23415

2- & 3-BDRM mobile homes rent starts at \$600 per month. Refrigerator/range/washer/dryer hook-up. Weekly trash pick-up, water/sewer, lawn care are included in rent. Transit Bus Service. No pets. **(757)824-0315**

READY TO MOVE INTO!!! 3 Bedroom, 2 Bath, Partially Furnished. Call for more details 302-846-9100.

2BR MOBILE HOMES IN NORTHERN ACC. CTY. FOR RENT - Section 8 approved. Call 757-710-8894. **WE PAY TOP DOLLAR FOR USED HOMES AND TRADE-INS!!!** Call for evaluations 302-846-9100.

Real Estate

NEW 4 BEDROOM 3 BATH home call for details. 302-846-9739.

EXMORE 1935 historic brick home w/slate roof, superbly renovated w/ 4BR, 1 1/2 baths, LR, dining room, reception room, hardwood and ceramic tile floors, dry basement and attic. Separate detached building with brick floors and French door entry. Perfect visibility for home business. Sale: \$235,000. 757-678-7500.

MOMENT OF LIFT OFF! For Sale! Temperanceville, off Atlantic Rd. #9 Bogues Bay Dr. 3.5 cleared, acreage of waterfront with 160-ft. pier. Just \$99,000. Call Wallops 302-236-6215

READY TO MOVE INTO!!! New: 3 Bedroom, 2 Bath, with Porch and Garage. 3 to choose from. Call for details 302-846-9100. New 4 Bedroom, 2 Bath also available. **WE BUY LAND!!!** Call Clayton Homes for more information. 302-846-9100. **READY FOR IMMEDIATE OCCUPANCY** 3 bedroom 2 bath. 302-846-3655

Rentals - Apts.

ACCOMAC - 2BR, 1.5BA, no smoking, no pets. 1 year lease. Security & references req'd. \$750/mo. Call 931-268-3150.

ACCOMAC - 1BR, 1.5BA, no smoking, no pets. 1 year lease. Security & references req'd. \$640/mo. Call 931-268-3150.

PARKSLEY - 1BR, 1BA, Liv./Din. area. No smoking. 1 yr. lease, 1 mo. sec. dep., credit ck. & ref. req'd. \$650/mo. 757-710-8667.

NASSAWADOX - 2 BR, available in January. \$800/mo. View this property and appl. at shorepropertyrentals.com 757-710-1731

ONLEY - 2 BR, available in December. \$800/mo. View this property and appl. at shorepropertyrentals.com 757-710-1731

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FOR LEASE - Single Unit Office Space. \$375/mo. plus Electric. Call 757-442-7340 for more details.

PARKSLEY - Commercial space for lease. Ideal for an office, retail store, or other business venture. Prime location. 823 sq. ft. Ample Parking. \$600/mo. 757-710-8667.

Rentals - Houses

NEW 3BR, 2BA \$500 DEPOSIT CALL FOR DETAILS: 302-846-9100.

WHY RENT when you may be able to buy with as little as \$1,000 down. Call 302-846-9739.

CAPE CHARLES RENTAL - 3BR/2BA in town home, central heat/air, sun porch & fenced yard. \$1,500/mo. plus Sec. Dep. Avail. Jan 1. Call Patty Woodhurst at 757.894.1586 & leave msg. Resort Vacations at Cape Charles, 757.695.3121

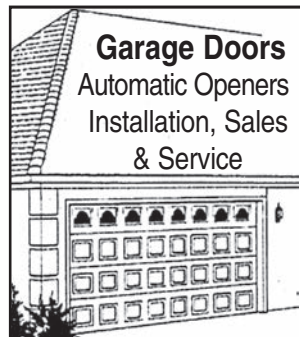
LONG TERM PROPERTIES and month to month properties available on Chincoteague: Call Harbour Rentals at 757-336-5490.

NUEVA Casa-3 Recamaras, 2 Banos Solo \$500 Deposito - Llame para los requisitos: 302-846-9100.

Services

DIVORCE uncontested \$395 + \$86 costs. **WILLS** \$195. Hablo espanol. Hilton Oliver, Attorney. 757-490-0126. hilton@hiltonoliver-attorneyva.com

SIMPSON TREE & BOBCAT SERVICE - Tree trimming, removal and stump grinding. Call 757-710-8477. **FREE ESTIMATES.** We accept credit cards.



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2015 FORD EXPLORER SPORT - Loaded, garage-kept, 39K mi., w/extended warranty, 1 owner, \$27,500 OBO. 757-894-4321.

2016 HONDA CRV - 4-cyl., auto, cruise, power windows & locks, exc. cond., Honda warranty, 31K mi., \$16,500. 443-235-0304.



'14 Travel Trailer For Sale
26' Premier Bullet Ultra Lite, 2 pull outs with awning, sleeps 6, complete camping package, bike rack, hitch, loaded with extras. Like new, see in Va. Beach, can deliver! \$26,000 Call 757-286-6463.

1953 HUDSON HORNET
4-door sedan. red exterior, high-compression straight six "h-145" engine 170 h.p., twin-h-dual carb., \$10,000 OBO. Call (757) 787-4090.

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'00 MUSTANG - 150K mi. New tires, brakes clutch & windshield-wiper motor. \$4,300 Firm. Call 710-7571

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2016 TOYOTA CAMRY - 4-dr., 4-cyl., auto., A/C, full pwr., cruise, tilt, CD, backup camera, exc. cond., Toyota warranty. \$14,900. Call 443-235-0304.

2015 NISSAN ALTIMA - 4-door, 4-cyl., auto., full power, cruise control, CD, A/C, Nissan warranty, exc. cond., 32K mi., \$11,900. 443-235-0304.

'07 LINCOLN MARK LT
1-owner, 4x4, loaded w/options, factory 22" wheels, hwy. miles, runs & drives like new, REDUCED \$9,500 OBO. Call 787-4633 or 710-7394.

'99 35TH ANNIVERSARY GT MUSTANG - Professionally installed engine 9/15/11, 36-mo. warranty on engine still good. \$7,500. Good cond. 757-377-8261.

NISSAN ROGUE SL - CLEAR TITLE \$18,500, immaculate, garage kept. Leather seats. Bells & whistles. Call (757) 854-1407 ft512@verizon.net

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2010 ULTRA CLASSIC FULL DRESSER - \$8,500. 757-787-2190.

2001 KAWASAKI VULCAN 1500 - Locking bags, highway bars, water cooled. \$2,950 OBO. 757-894-8561.

'04 Harley Fat Boy Apehangers, Triple Exhaust, 6,773 mi. \$9,500. Call 757-709-9112 or 709-4963.

2003 HONDA SILVERWING SCOOTER 600cc - Tour pack, adj. back rest, garage kept, tall windshield, like new, current maint., 43K mi., \$3,000. 757-710-4835.

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Legal Advertising and Auctions

VIRGINIA: IN THE CIRCUIT COURT FOR THE COUNTY OF ACCOMACK

Case No. CL19-870

REGINALD ANDRE ROZIER-ALLEN,
Plaintiff,

v.
STEPHANIE BROWN ROZIER-ALLEN
a/k/a STEPHANIE PATRICIA ROZIER-ALLEN,
Defendant

ORDER OF PUBLICATION

WHEREAS the object of this suit is to obtain a divorce from Defendant, Stephanie Brown Rozier-Allen a/k/a Stephanie Patricia Rozier-Allen, on the grounds of separation in excess of one year; and

WHEREAS it appears from the Affidavit for Order of Publication that diligence has been used by or on behalf of the Plaintiff, Reginald Andre Rozier-Allen, to ascertain Defendant's place of residence, and that Plaintiff has been unsuccessful in such attempts, it is therefore ORDERED that defendant appear to protect his interests on or before this Court on February 17, 2020.

It is further ORDERED that this Order of Publication be published once a week for four successive weeks in the Eastern Shore Post, P.O. Box 517, Onley, Virginia 23418. Arisleydi J. Rodriguez, Dep. Clerk

I ask for this:
Ryan B. Graves, Esquire
VSB# 74936
TAVVS FLETCHER
555 E. Main Street, Suite 1400
Norfolk, Virginia 23510
Telephone: (757) 625-1214
Fascimilie: (757) 622-7295
ryan@tavvs.com
Counsel for Plaintiff

Legal Advertising and Auctions (Cont'd)

The Cape Charles Town Council will hold a public hearing on Thursday, January 16, 2020, at 6:30 p.m., in the Cape Charles Civic Center at 500 Tazewell Avenue, to receive comment on the following: proposed text amendments to zoning ordinance Article IV, Section 4.5 and 4.6.

The text amendments are available for public review on www.capecharles.org, under Agendas and Minutes/Planning Commission, and in the Town Planner's Office, located at 2 Plum Street, during regular business hours. Please contact Town Planner Zach Ponds at 757-331-2036, or by email at planner@capecharles.org if you have any questions or require additional information. Anyone interested in attending and needing special assistance please contact the Town at least 48 hours before the hearing.

Advertisement for Bids

The Town of Cape Charles is inviting bids for construction of a concrete driveway turnaround in the Harbor parking lot. Bids will be received in the Town Hall Building, 2 Plum Street, Cape Charles, VA 23310 until 2:00 PM local prevailing time on Tuesday, January 28, 2020. On the hour and date above specified, the bids will be publicly opened and read. An Invitation for Bid package may be obtained in the Town Hall. Contact the Town Clerk at 757-331-3259, ext. 10. The Town reserves the right to reject any and all bids and to waive irregularities and informalities in any bid. Bids received after the specified time of closing will be returned unopened.

NOTICE OF A PUBLIC HEARING

THE ACCOMACK COUNTY BOARD OF ZONING APPEALS WILL HOLD A PUBLIC HEARING ON **WEDNESDAY, JANUARY 8, 2020, AT 10 A.M., IN THE BOARD OF SUPERVISORS CHAMBERS, ROOM 104, 23296 COURTHOUSE AVENUE, ACCOMACK, VIRGINIA, TO AFFORD INTERESTED PERSONS THE OPPORTUNITY TO BE HEARD OR TO PRESENT WRITTEN COMMENTS CONCERNING THE FOLLOWING:**

A. SUSE-000068-2019 Mt. Nebo Meats, Inc.

A public hearing initiated by Mt. Nebo Meats, Inc. to request a Special Use Permit pursuant to Accomack County Code Section 106-53 (7) to prepare and smoke meats on premise and then package said smoked meats for sale at offsite retail locations. The property is located at Tax Map #91-A-104, 26553 Mount Nebo Road, Onancock, VA and is located in the Agricultural District.

Public hearing related materials are available for review at the Office of the County Zoning Administrator at 23296 Courthouse Avenue – Room 105 – Accomack, Virginia or <http://www.boarddocs.com/va/coa/Board.nsf/Public> on the Friday prior to each meeting date.

Handicapped assistance available; call: (757) 787-5726 or (757) 824-5223.

VIRGINIA: IN THE CIRCUIT COURT FOR THE COUNTY OF ACCOMACK

THE COUNTY OF ACCOMACK, VIRGINIA

Plaintiff
CIVIL CASE NO. 19-543

vs.

The heirs and devisees of MARY M. BAGWELL
HARRIETT SKINNER
SHORE HEALTH SERVICES, INC.

Defendants

ORDER OF PUBLICATION

The object of this suit is to enforce the lien of the Plaintiff for delinquent taxes against certain real estate described as follows:

All that parcel of land near Savageville, Lee District, Accomack County, Virginia, being 0.292 acre, more or less, and designated as tax map number 09200A000006000.

standing in the name of Mary M. Bagwell, pursuant to Section 58.1-3967 of the Code of Virginia.

And an affidavit having been filed that due diligence has been used to ascertain the names and location of all of the heirs, devisees and successors in the title of Mary M. Bagwell; that there are or may be other persons having an interest in the real estate forming the subject matter of this suit whose names and last post office addresses are unknown, namely, the unknown heirs, devisees and successors in title of Mary M. Bagwell; and that due diligence has been used to ascertain the location of Harriett Skinner, whose last known post office address is 144 Spanish Trail, Apartment D, Hampton, VA 23669.

It is ORDERED that this Order be published once a week for two successive weeks in the Eastern Shore Post and that the parties named herein appear on or before January 30, 2020, at 9:30 a.m., in the Clerk's Office of the Circuit Court for the County of Accomack, Virginia, and do what may be necessary to protect their interests in this suit.

ENTER: This 20th day of December, 2019
Arisleydi J. Rodriguez, Dep. Clerk

I ask for this:
JAMES W. ELLIOTT, p.q.
Attorney at Law
P.O. Box 1410
7100 U.S. Route 17
Yorktown, VA 23692
(757)898-7000

TRUSTEE SALE
518 Madison Ave, Cape Charles, VA 23310
Northampton County

In execution of a Deed of Trust in the original principal amount of \$40,500.00, dated **October 18, 2007**, recorded in the Clerk's Office of the Circuit Court of the **Northampton County, Virginia**, in **Document No. 070002624**, default having occurred in the payment of the Note thereby secured and at the request of the holder of said Note, the undersigned Substitute Trustee will offer for sale at public auction at the entrance to the **front entrance of the Northampton County Courthouse, 5229 The Hornes, Eastville, on January 6, 2020, at 10:30 AM**, the property described in said deed, located at the above address and briefly described as:

Lot 269 as shown on plat recorded in Deed Book 41 at Pages 483-485, with improvements thereon

Subject to any and all covenants, conditions, restrictions, easements, and all other matters of record taking priority over the Deed of Trust, if any, affecting the aforesaid property.

TERMS OF SALE: CASH: A deposit of \$20,000.00 or 10% of the sales price, whichever is lower, cash or certified check will be required at the time of sale, but no more than \$10,000.00 of cash will be accepted, with settlement within fifteen (15) days from the date of sale. Sale is subject to post sale confirmation that the borrower did not file for protection under the U.S. Bankruptcy Code prior to the sale which affects the validity of the sale, as well as to post-sale confirmation of the status of the loan with the loan servicer including, but not limited to, determination of whether the borrower entered into any repayment agreement, reinstated or paid off the loan prior to the sale. In any such event, the sale shall be null and void, and the Purchaser's sole remedy, in law or equity, shall be the return of his deposit without interest. Additional terms may be announced at the time of sale. Pursuant to the Federal Fair Debt Collection Practices Act, we advise you that this firm is a debt collector attempting to collect the indebtedness referred to herein and any information we obtain will be used for that purpose.

SAMUEL I. WHITE, P.C., Substitute Trustee

This is a communication from a debt collector.
FOR INFORMATION CONTACT:
SAMUEL I. WHITE, P.C. (67076)
596 Lynnhaven Parkway, Suite 200
Virginia Beach, Virginia 23462
757-457-1460 - **Call between 9:00 a.m. and 5:00 p.m. or visit our website at www.siwpc.net**

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angie@easternshorepost.com

Legal Advertising and Auctions (Cont'd)

TRUSTEE'S SALE OF 28643 BOBTOWN ROAD, PUNGOTEAGUE, VA 23422. In execution of a certain Deed of Trust dated June 25, 2008, in the original principal amount of \$112,500.00 recorded in the Clerk's Office, Circuit Court for Accomack County, Virginia as Instrument No. 200805771. The undersigned Substitute Trustee will offer for sale at public auction in the front of the Circuit Court building for Accomack County, 23316 Courthouse Ave., Accomack, VA on February 7, 2020, at 10:00 AM, the property described in said Deed of Trust, located at the above address, and more particularly described as follows: ALL THAT CERTAIN LOT OR PARCEL OF LAND LYING AND BEING IN PUNGOTEAGUE MAGISTERIAL DISTRICT, ACCOMACK COUNTY, VIRGINIA, LOCATED NEAR BOBTOWN SAID LOT OR PARCEL OF LAND CONTAINS ONE-HALF ACRE (1/2 A.) MORE OR LESS, AND IS DESIGNATED AS LOT #5 ACCORDING TO DEED DATED NOVEMBER 4, 1971 AND RECORDED IN THE CLERK'S OFFICE FOR THE CIRCUIT COURT OF ACCOMACK COUNTY, VIRGINIA IN DEED BOOK 309 AT PAGE 233, TO WHICH REFERENCE IS MADE FOR A MORE PARTICULAR DESCRIPTION OF THE LAND HEREBY CONVEYED. TERMS OF SALE: ALL CASH. A bidder's deposit of ten percent (10%) of the sale price or ten percent (10%) of the original principal balance of the subject Deed of Trust, whichever is lower, in the form of cash or certified funds payable to the Substitute Trustee must be present at the time of the sale. The balance of the purchase price will be due within fifteen (15) days of sale, otherwise Purchaser's deposit may be forfeited to Trustee. Time is of the essence. If the sale is set aside for any reason, the Purchaser at the sale shall be entitled to a return of the deposit paid. The Purchaser may, if provided by the terms of the Trustee's Memorandum of Foreclosure Sale, be entitled to a \$50 cancellation fee from the Substitute Trustee, but shall have no further recourse against the Mortgagor, the Mortgagee or the Mortgagee's attorney. A form copy of the Trustee's memorandum of foreclosure sale and contract to purchase real property is available for viewing at www.bwwsales.com. Additional terms, if any, to be announced at the sale. This is a communication from a debt collector and any information obtained will be used for that purpose. The sale is subject to seller confirmation. Substitute Trustee: Equity Trustees, LLC, 2101 Wilson Blvd., Suite 1004, Arlington, VA 22201. For more information contact: BWW Law Group, LLC, attorneys for Equity Trustees, LLC, 6003 Executive Blvd, Suite 101, Rockville, MD 20852, 301-961-6555, website: www.bwwsales.com. VA-345671-1.

TRUSTEE'S SALE OF 3319 RIDGE ROAD, CHINCOTEAGUE, VA 23336. In execution of a certain Deed of Trust dated April 19, 2006, in the original principal amount of \$146,400.00 recorded in the Clerk's Office, Circuit Court for Accomack County, Virginia as Instrument No. 200602469. The undersigned Substitute Trustee will offer for sale at public auction in the front of the Circuit Court building for Accomack County, 23316 Courthouse Ave., Accomack, VA on February 7, 2020, at 10:00 AM, the property described in said Deed of Trust, located at the above address, and more particularly described as follows: ALL THOSE CERTAIN LOTS OR PARCELS OF LAND LOCATED IN THE TOWN OF CHINCOTEAGUE, ACCOMACK COUNTY, VIRGINIA, SHOWN ON A CERTAIN PLAT OF SURVEY DATED OCTOBER 24, 1977 AND LABELED "SHERWOOD THORNTON" ON SAID PLAT, WHICH IS ENTITLED "SURVEY OF PROPERTY AT THE REQUEST OF HERMAN AND WALDEN DAISEY, CHINCOTEAGUE ISLAND, ACCOMACK COUNTY, VIRGINIA" MADE BY R.L. BEEBE, E.E. AND ATTACHED TO A CERTAIN DEED FROM WALDEN DAISEY, ET ALS TO HARRY JUDGE, ET ALS DATED JULY 25, 1989 AND RECORDED IN THE ACCOMACK COUNTY CIRCUIT COURT CLERK'S OFFICE IN DEED BOOK 576 AT PAGE 462, WITH SAID PLAT BEING RECORDED IN DEED BOOK 566 AT PAGE 466. THE SAID PROPERTY IS BOUNDED, AS SHOWN ON SAID PLAT, ON THE NORTHEAST, BY A PORTION OF THE PROPERTY NOW AND FORMERLY BELONGING TO TYRONE MASON; ON THE NORTHWEST, BY THE SAID PROPERTY NOW OR FORMERLY OF HARRY JUDGE; ON THE SOUTHWEST, BY THE PROPERTY NOW OR FORMERLY OF MARVIN DAISEY; AND ON THE SOUTHEAST BY RIDGE ROAD, ALL IS SHOWN ON THE AFORESAID PLAT. TERMS OF SALE: ALL CASH. A bidder's deposit of ten percent (10%) of the sale price or ten percent (10%) of the original principal balance of the subject Deed of Trust, whichever is lower, in the form of cash or certified funds payable to the Substitute Trustee must be present at the time of the sale. The balance of the purchase price will be due within fifteen (15) days of sale, otherwise Purchaser's deposit may be forfeited to Trustee. Time is of the essence. If the sale is set aside for any reason, the Purchaser at the sale shall be entitled to a return of the deposit paid. The Purchaser may, if provided by the terms of the Trustee's Memorandum of Foreclosure Sale, be entitled to a \$50 cancellation fee from the Substitute Trustee, but shall have no further recourse against the Mortgagor, the Mortgagee or the Mortgagee's attorney. A form copy of the Trustee's memorandum of foreclosure sale and contract to purchase real property is available for viewing at www.bwwsales.com. Additional terms, if any, to be announced at the sale. This is a communication from a debt collector and any information obtained will be used for that purpose. The sale is subject to seller confirmation. Substitute Trustee: Equity Trustees, LLC, 2101 Wilson Blvd., Suite 1004, Arlington, VA 22201. For more information contact: BWW Law Group, LLC, attorneys for Equity Trustees, LLC, 6003 Executive Blvd, Suite 101, Rockville, MD 20852, 301-961-6555, website: www.bwwsales.com. VA-345651-1.

As a recognized Newspaper of Record serving Accomack and Northampton counties, the Eastern Shore Post is pleased to offer free quotes for your legal advertising needs.

Simply fax your ad to 789-7681 or e-mail angie@easternshorepost.com

Public Notice

The Northampton County Wetlands Board will meet Wednesday, January 15, 2020, at 9:45 a.m., in the Board Chambers located at 16404 Courthouse Road in Eastville, VA, for the purpose of considering the following wetlands/coastal primary sand dunes matters under public hearing and to conduct regular business. The Board will assemble at 8:00 a.m. to conduct site visits.

VMRC 2019-1747: George C Walker III has applied for the following proposed project to repair an existing rip rap revetment that is collapsing due to tidal waves and backwash. Rip rap will be added and installed as a triangular wedge over and against the existing seawall within the Wetlands Board jurisdiction. The property is located on Nassawadox Creek at 7258 Walker Lane in Franktown, VA and is further described as Tax Map # 19-A-16.

VMRC 2019-2103: Ballard Brothers Fish Company (Cherrystone Campground) has applied for the following proposed project to permit construction of the portion of the 130 foot proposed replacement Pier 4 with enlarged T-Head that falls within the Wetlands Board jurisdiction. The property is located on the Chesapeake Bay at 15111 Townfield Drive (Cherrystone Campground) and is further described as Tax Map 83-A-2.

VMRC 2019-0448: Ballard Brothers Fish Company (Cherrystone Campground) has applied for the following proposed project to extend the rip-rap revetment on the north end within the Wetlands Board jurisdiction. The property is located on the Chesapeake Bay at 15111 Townfield Drive (Cherrystone Campground) and is further described as Tax Map 83-A-2.

Anyone interested in the above matters should attend the scheduled public hearing. The applications may be viewed in the Planning, Permitting, and Enforcement Office located at 16404 Courthouse Road in Eastville, VA. Written comments can be submitted to the Planning, Permitting, and Enforcement Office P.O. Box 538, Eastville, VA 23347.

Handicapped Assistance Available: Please call (757) 678-0440 extension 516 at least 48 hours in advance.

*Marshall Cox, Chairman
Wetlands Board*

NOTICE OF A PUBLIC HEARING

THE ACCOMACK COUNTY PLANNING COMMISSION WILL HOLD A PUBLIC HEARING ON WEDNESDAY, JANUARY 8, 2020, AT 7:30 P.M., IN THE BOARD OF SUPERVISORS' CHAMBERS, ROOM 104, 23296 COURTHOUSE AVENUE, ACCOMACK, VIRGINIA, TO AFFORD INTERESTED PERSONS THE OPPORTUNITY TO BE HEARD OR TO PRESENT WRITTEN COMMENTS CONCERNING THE FOLLOWING:

(1) Draft Capital Improvements Plan (CIP) for the five-year period beginning July 1, 2020. A CIP is a long-range planning tool used to schedule anticipated capital projects and coordinate how they will be funded.

Public hearing related materials may be reviewed at the Accomack County Planning Department, 23296 Courthouse Avenue, Accomack, Virginia.

Handicapped assistance available; call: (757) 787-5726 or (757) 824-5324.



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FORCED MEDITATIONS: Finding Peace of Mind in the Spaces of the Day

*By Bill Sterling
Special to the Eastern Shore Post*

The irony of the moment was not lost on me.

It was a beautiful summer afternoon, perfect for boating, fishing or golfing — or even mowing the lawn or trimming the hedges. But I was sort of trapped in a bedroom watching my 4-year-old granddaughter take an afternoon nap after a busy morning of play that included some beach time on a Craddock Creek sandbar.

She had asked to take her nap “on your big bed” so she could watch cartoons before she nodded off to sleep. I had consented, not thinking that I wouldn’t be able to leave the room for fear she would roll off the bed and injure herself.

So here I was, not able to nap, which I seldom do anyway, and confined to the room as long as my granddaughter was sleeping, which turned out to be three hours. There was a lot of activity that morning.

I picked up a book at my bedside that I had not looked at since shortly after receiving it almost 20 years ago, and then it was only a quick perusal. The title? “Meditations for Men Who Do Too Much” by Jonathon Lazear. Perfect. Had I been too busy the last two decades to read it?

I have long been guilty of doing too much, whether it is work or play, trying to cram as much as possible in every day. I am sure I am not alone in that regard.

Some of the passages I read during my “entrapment” began to hit home.

Such as:

“Learn to pause ... or nothing

worthwhile will catch up to you.” Doug Kling.

“There’s more to life than increasing its speed.” Mahatma Gandhi.

“To do great work a man must be very idle as well as very industrious.” Samuel Butler.

“Now that I am here, where am I?” Janis Joplin.

“By letting it go, it all gets done.” The Tao Te Ching.

Now my granddaughter knows all about “letting it go.” That’s a slight variation of her favorite line from her favorite movie, “Frozen,” one of several childhood movies I would have no idea about if it were not for my six grandchildren.

Grandchildren will give you a better perspective and insight into what is important in life.

Some of these quotes from the book as my granddaughter slept on served as reminders.

“We do not remember days, we remember moments.” Cesare Pavese.

“What we love to do we find time to do.” John Lancaster Spalding.

“The time to relax is when you don’t have time for it.” Sydney J. Harris.

“When I grow up I want to be a little boy.” Joseph Heller.

But many more reminded me about my 42 years in journalism, which, looking back, seemed like an endless stream of deadlines, meetings and a quest to outwork others to increase one’s paycheck and satisfy one’s ambition.

I recall a boss who said meetings should never last more than an hour and would walk out of the meeting when one hour had passed — and we were gathered in his office. He al-

so said it only takes to two heads to hold a meeting even if one was a cabbage head. I would worry about that when it was only him and me in the meeting.

“Meetings are indispensable when you don’t want to get anything done.” John Kenneth Galbraith.

“The higher the monkey climbs, the more you see of its behind.” General Joseph Stilwell.

“After all is said and done, more is said than done.” Unknown.

“A camel is a horse designed by a committee.” Anonymous.

“The length of a meeting rises with the square of the number of people present.” Eileen Shanahan.

“Look at me. Worked myself up from nothing to a state of extreme poverty.” S.J. Perelman.

And here are a few quotes that remind me of an empty boast I used to make about only taking five sick days in 35 years. There were days I should have been home tending to my health and not trying to be Superman.

“The graveyards are full of indispensable men.” Charles DeGaulle.

“The winner is one who knows when to drop out in order to get in touch.” Marshall McLuhan.

“The trouble with the rat race is even if you win you’re still a rat.” Lily Tomlin.

“I’ve never seen a Brink’s truck follow anyone to the cemetery.” Barbara Hutton.

We are now entering hour three of my granddaughter’s nap. All this reading is making me sleepy, but she has slowly crawled her way to the edge of the bed, and I must remain vigilant.

Now I am seeing quotes that apply to the retirement phase of my life.

“The real problem of your leisure is how to keep other people from using it.” Anonymous.

“Three o’clock is always too late or too early for anything you want to do.” Jean-Paul Sartre.

“Learn to say no: it will be of more use to you than to be able to read Latin.” Charles Haddon Spurgeon.

“If a man watches three football games in a row, he should be declared legally dead.” Irma Bombeck.

“Four out of five people are more in need of rest than exercise.” Dr. Logan Clendening.

And then as my granddaughter starts stirring, signaling a new round of endless activity and playtime, I read a few that apply to life in general.

“For three days after death, hair and fingernails continue to grow but phone calls taper off.” Johnny Carson.

“Wisdom is knowing when you can’t be wise.” Paul Engle.

“Men who never get carried away should be.” Malcolm Forbes.

“Life is an adventure in forgiveness.” Norman Cousins.

“Happiness may well consist primarily of an attitude toward oneself.” Robert Grudin.

“Correct me if I’m wrong, but hasn’t the fine line between sanity and madness gotten finer?” George Price.

“Anxiety is the interest paid on trouble before it is due.” William Inge.

“If you are sure you understand everything that is gong on, you are hopelessly confused.” Walter Mondale.

And the capper that we should all live by.

“It is difficult to live in the present, ridiculous to live in the future and impossible to live in the past. Nothing is as far away as one minute ago.” Jim Bishop.

Time’s up. She is awake and asking for a tea party before we go fishing on the pond at the back of the farm.

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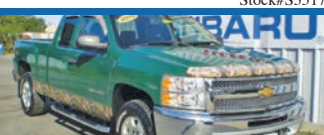
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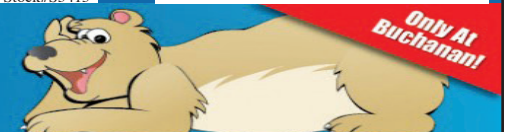


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