

# Eastern Shore

## HITCHING

# POST

THE SHORE'S ONLY LOCALLY OWNED NEWSPAPER



## Red Light, Yellow Light, Green Light: Go! All The Ways To Get Around The Island

By Krystle Bono

Traffic on the island can be a bit heavy in the summer months, especially along Maddox heading towards the beach. Sometimes, it can even cause a hefty backup through the refuge gates due to the payment of entry fees. Visitors, however, have resources all across the island that will help them ditch their regularly scheduled wheels for something that will make exploring much more enjoyable, and possibly cause less hassle going to and from your destination.

One of the most convenient transportation options during the season is the Pony Express, the island's trolley system. The trolley runs from 5 to 10:25 p.m., and costs just 25 cents a ride. Many stops are within walking distance to hotels and popular spots. It is also wheelchair accessible, so anyone is able to enjoy this amenity. See the Chincoteague chamber's website for map and full schedule at [www.chincoteaguechamber.com/visiting/trolley-schedule](http://www.chincoteaguechamber.com/visiting/trolley-schedule)

Another popular mode of transportation is the bicycle. Maddox is home to numerous bike rental sites, offering options for everyone in the family. Traveling by bicycle gives visitors a chance to explore parts of the island that are off the beaten path, get a little exercise, enjoy the warm salty air, and maybe even see a pony.

There are over 15 miles of bike trails scattered around both Chincoteague and the National Wildlife Refuge. Each trail offers a different experience. The refuge offers scenic landscapes, wildlife, and fo-



Photo by Krystle Bono

**Mopeds, like the ones at Fun on Wheels on Maddox Boulevard, are available for rent.**

liage, while the trails on Chincoteague give views of historic buildings and other pieces of island history. Information, maps, and details on the refuge trails can be found on the refuge's website at [www.fws.gov/refuge/chincoteague/visit/trails.html](http://www.fws.gov/refuge/chincoteague/visit/trails.html) Maps and details on the Chincoteague trails can be found at [www.chincoteague.com/Chinco-biking-Brochure.pdf](http://www.chincoteague.com/Chinco-biking-Brochure.pdf)

Be sure to check to see if pets are permitted on certain trails—many, including parts of Chincoteague's pine forest trail, and the refuge trails, prohibit pets.

Bike rental options include Fun on Wheels ([www.funonwheelsci.com](http://www.funonwheelsci.com)), The Bike Depot ([www.refugebikes.com](http://www.refugebikes.com)), and Jus' Bikes ([www.jus-bikes.com](http://www.jus-bikes.com)). All three businesses are located along Maddox Boulevard. Some offer tandem bikes (built for two). Don't forget helmets—all accessories are also available for rent.

There are also other fun ways to get around on the island, including scooters, mopeds, buggies, golf carts, three-wheelers, and low-speed vehicles. Larger rentals have two- to six-person options avail-

able. Keep in mind that mopeds are not allowed on trails and will not be given free access to the refuge, as bicycles are.

Of course, there is always the option of walking, and there are beautifully situated walking paths for visitors to take advantage of, many of which are only allowed access by foot. Take a stroll down Main Street to check out the local shopping and dining options with a pit stop at the Robert Reed Waterfront Park, a hike to the refuge and Marsh Trail, or take the walk-only trek to the Assateague Lighthouse.

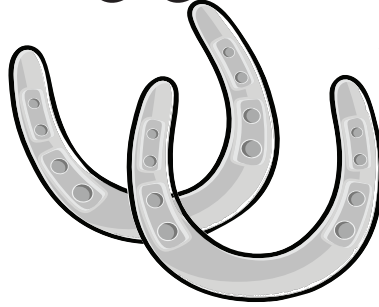
Not feeling the wheels but still want to be transported? Many boat and kayak tours are also available. Both offer different options depending on the experience, with many offering tours around the refuge for pony-spotting. Many locals have said this is the best—and most unique—way to get a look at the four-legged icons that live on the refuge. A full list of tours can be found at [www.chincoteaguechamber.com/category/boat-cruises-eco-tours/](http://www.chincoteaguechamber.com/category/boat-cruises-eco-tours/)

No matter what your final choice of transport may be while visiting this summer, every visitor is sure to experience an escape from the mainland and enjoy a little "island time" while vacationing on Chincoteague.

For more information on different transportation options and visitor activities, check out [www.chincoteaguechamber.com/events/](http://www.chincoteaguechamber.com/events/) Visitor guides are also available on the Chincoteague chamber's website at [www.chincoteaguechamber.com/flipbook2019/index.html](http://www.chincoteaguechamber.com/flipbook2019/index.html)

# Kids' Corral

With Isabella Bono-Evans,  
Documented by Krystle Bono



Oh, the places you'll go! This week, we loaded up the bikes and headed to the Chincoteague Wildlife Refuge to do some exploring on two wheels. With all the beauty that lies on the refuge, we knew this would be an adventure—to be able to pedal through spots we haven't seen during drives through the refuge and hopefully spot some of the island's wildlife (and maybe even a pony, as Bella was hoping for) during our quest.

We parked and unloaded on Chincoteague, keeping in mind that the refuge's gate fees of \$20 weekly or \$40 for the season are waived if you walk or bicycle your way in. We are glad we did this, because as soon as we were almost to the refuge gates, we spotted a doe and her two tiny fawns grazing in the woods just off the bike path. You do have a little bit of a trek to the refuge, but there are plenty of places to stop if you need a break, like Bella, since the bridge goes uphill as you get closer. You can even bring your crabbing gear and stop at the little pier nestled on the left side of the bridge.

Once through the gates, the bike trail wraps through the trees and filters you to the trail parking lot. At one end of the parking lot, there is the hike-only, half-mile Marsh Trail. If you continue straight, you will hit the Wildlife Loop, which is what we took. You can also take a right and take the trail that leads towards the lighthouse and visitor center area, but we opted for the more scenic route.

Let me just say the loop is long. Make sure you give yourself plenty of time to relax and explore. There are plenty of benches located along the path to stop and take a break or picnic if you've brought snacks. I think Bella stopped at every one to either sit and break or to stand and look for ponies and other animals.

Speaking of what to bring, definitely bring bug spray! The mosquitos, especially through the wooded parts at the beginning of the trail, were terrible. We would also suggest bringing a bottle of water, as the trail is long, and depending on the time of day, you will want to hydrate. We went in the afternoon on a weekday, and it was a cloudy day with a nice breeze going, otherwise, we would have picked an evening time to go, as we were shooting for a cooler temperature option so we didn't have to bake in the sun.

About one-third of the way along the 3.2-mile loop there is a path that takes you up to Beach Road, called Black Duck Trail. It is a one-mile long biking and walking route only and goes through the woods to bring you to pony viewing areas. From the end of Black Duck, you can route left to head toward the beach or right to wrap back around toward the visitor center and lighthouse. If you

head left and travel the route it will take you to another 1.6-mile trail, Woodland, that wraps around another pony viewing area. We turned around and headed back to the loop, as we wanted to continue along there and avoid the heavy traffic that was on Beach Road. I will note that during the time we were on the loop, cars were also permitted, as it is a paved road. Pets are not permitted on the trails or refuge.

Heading back along the loop, a little ways down from Black Duck is another half-mile bike/hike trail called Swan Cove. This one takes you directly to the beach path. You will have to park your bike and walk just a little ways.

There are maps and signs along the loop that you can look to for help, as well as information on what wildlife you may see, such as whitetail deer, migratory waterfowl, great blue herons, bobwhite quail, river otters, and black rat snakes (we didn't run into any). We saw a lot of waterfowl and songbirds; otters and quail

were said to only be spotted depending on the season. The loop was incredibly peaceful. The ocean breeze bending the lush greenery, the lighthouse peeking over the tree line—it was a nice way to spend the afternoon. No pony sightings for Bella though. We will plan another day to just do the Woodland Trail and hopefully have a better chance of ponies.

Once back on the loop, it wraps all the way around Snow Goose Pool and back to the parking lot at the start. From here, take the trail back through the refuge gates, up the bridge, and back to Chincoteague. It took us about two hours, but I would add another hour or two if you opt to travel across Beach Road to the Woodland Trail. We biked to the refuge, but you can always drive and pay the fee, and park in the parking lots at the front of the refuge, or even park down at the beach and follow the maps to the bike trails. There are so many options, you can choose your own path and create your own family adventure!



## Museum of Chincoteague Island

*Come visit Misty and explore Miles  
Hancock's carving workshop!*

**Hours: Tuesday-Sunday, 11-5**  
7125 Maddox Blvd.

**(757) 336-6117 • <http://chincoteaguemuseum.com/>**

*Photo by Krystle Bono*  
Isabella Bono-Evans, of Cape Charles, rides her bike along the trail at the Chincoteague National Wildlife Refuge.



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Happy Hour  
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2pm-6pm



**FRIDAY  
AUG. 9**

★1-3 p.m. - **Captain Timothy Hill House Tours** - 5122 Main St. - 914-589-7733 - free admission - [www.captaintimothyhillhouse.com](http://www.captaintimothyhillhouse.com)  
 ★1, 4, 7, and 9:30 p.m. - **Movie: "Dora and the Lost City of Gold"**  
 - The Island Theatre, 4074 Main St. - Call 757-336-6109 for other show times.  
 ★2 p.m. - **History Tours of the Island** - Museum of Chincoteague Island, 7125 Maddox Blvd. - \$5/adults, \$3/children 2-12 - 757-336-6117  
 ★2 p.m. - **Rocketry: Water Bottle Rockets** - NASA Wallops Flight Facility Visitors Center - free admission - 757-824-2298 - [www.nasa.gov/centers/wallops/visitorcenter](http://www.nasa.gov/centers/wallops/visitorcenter)  
 ★7:30-9:45 p.m. - **Astronomy and Night Sky Summer Series** - Herbert H. Bateman Education Center Auditorium - 757-336-6122

**SATURDAY  
AUG. 10**

★8-10 a.m. - **Mega Breakfast Buffet and Baked Goods Sale**  
 - American Legion Post 159, 4023 Main St. - \$8/all-you-can-eat - 757-336-9749  
 ★9 a.m.-1 p.m. - **Farmers and Artisans Market** - Chincoteague Cultural Alliance, 6309 Church St. - free admission and parking - [www.chincoteagueculturalalliance.org](http://www.chincoteagueculturalalliance.org) - Artful Flea 9 a.m.-2 p.m.  
 ★11 a.m.-1 p.m. - **Book Signing: Amy Schisler** - Sundial Books, 4065 Main St. - 757-336-5825  
 ★noon-3 p.m. - **Carving Demonstrations with Carroll Lee Marshall and John Walls** - Museum of Chincoteague Island, 7125 Maddox Blvd. - 757-336-6117  
 ★2 p.m. - **Tour of the Solar System** - NASA Wallops Flight Facility Visitors Center - free admission - 757-824-2298 - [www.nasa.gov/centers/wallops/visitorcenter](http://www.nasa.gov/centers/wallops/visitorcenter)  
 ★2 p.m. - **History Tours of the Island** - Museum of Chincoteague Island, 7125 Maddox Blvd. - \$5/adults, \$3/children 2-12 - 757-336-6117

**SUNDAY  
AUG. 11**

★8 a.m. - **Episcopal Church Service** - Emmanuel Episcopal Church, Chapel of Fox Holston Funeral Home, 5049 Chicken City Rd. - 757-894-7078 - [www.emmanuelchurchjb.com](http://www.emmanuelchurchjb.com)  
 ★2-4 p.m. - **Kitchen Gallery: Wings and Wildlife** - Community Center for the Arts, 6309 Church St.

**MONDAY  
AUG. 12**

★9 a.m.-4 p.m. - **Theater Day-Camp: Broadway... at the Beach (Aug. 12-16)** - Island Theatre Annex, 4076 Main St. - \$125/person - drinks and snacks will be provided - drop-off is at 8:30 a.m. with pick-up at 4 p.m. - final performance is on Aug. 17  
 ★11 a.m.-1 p.m. - **Manna Cafe** - Christ United Methodist Church Social Hall, 6253 Church St. - free hot lunch every Monday - @MannaCafeCI on Facebook  
 ★1-4 p.m. - **Board Games** - Island Theatre Annex, 4076 Main St., Chincoteague - free admission - [www.ciarts.org](http://www.ciarts.org)  
 ★7 p.m. - **Monday Nights at Main and Mumford: "A Musical Journey Through Americana"** - Island Theatre Annex, 4076 Main St.

## Day Trips and Side Trips Around the Eastern Shore

**SATURDAY  
AUG. 10**

★8 a.m.-1 p.m. - **American Legion Post 56 Yard Sale Fundraiser** - 21210 N. Bayside Rd., Cheriton  
 ★11 a.m.-3 p.m. - **46th Annual ARC of the E.S. Fish Fry and Chicken BBQ** - Edward's Seafood, 26177 Lankford Hwy., Onley - \$10 donation  
 ★7 p.m. - **Harbor for the Arts Performance: Josh Grigsby and County Line** - Central Park, 301 Plum St., Cape Charles - 757-331-2087

**TUESDAY  
AUG. 13**

★10:30 a.m.-2 p.m. - **Wacky World of Bugs** - Delmarva Discovery Center, 2 Market St., Pocomoke, Md. - 410-957-9933 (call to register) - bring a lunch

**WEDNESDAY  
AUG. 14**

★10:30-11:30 a.m. - **Pre-school Discovery Club** - Delmarva Discovery Center, 2 Market St., Pocomoke, Md. - ages 3 to 5 - 410-957-9933  
 ★6-8 p.m. - **Line Dance Party** - Little Italy, 10227 Rogers Dr., Nassawadox - 5:30 p.m. is instruction - 757-442-7831

*Hitching Times, Aug. 9-15:  
What to do this week on and  
around Chincoteague Island*

**TUESDAY  
AUG. 13**

★7-8 p.m. - **Tuesday Nights at the Museum** - Museum of Chincoteague, 7125 Maddox Blvd. - \$4 adults, free/12 years old and under

**WEDNESDAY  
AUG. 14**

★9 a.m.-1 p.m. - **Farmers and Artisans Market** - Chincoteague Cultural Alliance, 6309 Church St. - free admission/parking - [www.chincoteagueculturalalliance.org](http://www.chincoteagueculturalalliance.org)  
 ★2 p.m. - **Exploration Station** - NASA Wallops Flight Facility Visitors Center - free admission - 757-824-2298 - [www.nasa.gov/centers/wallops/visitorcenter](http://www.nasa.gov/centers/wallops/visitorcenter)

**THURSDAY  
AUG. 15**

★10-11 a.m. - **Young Explorers Prgm. and Tales for Tots** - Chincoteague Island Library, 4076 Main St.  
 ★2 p.m. - **History Tours of the Island** - Museum of Chincoteague Island, 7125 Maddox Blvd. - \$5/adults, \$3/children 2-12 - 757-336-6117  
 ★2 p.m. - **What's Up At Wallops: International Space Station Resupply Mission** - NASA Wallops Flight Facility Visitors Center - free admission - 757-824-2298 - [www.nasa.gov/centers/wallops/visitorcenter](http://www.nasa.gov/centers/wallops/visitorcenter)

All listings are provided for information only; call or check websites for updates and confirmation.

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NAMEPLATE PHOTOGRAPH BY SOLID ROCK PHOTOGRAPHY, CHINCOTEAGUE.

# Ecopsychology Series Gathering at Maryland's Assateague Shore

## Submitted Article

Assateague Coastal Trust (ACT) and the Delmarva Free School (DFS) will host their second Ecopsychology Series Gathering that will take place North Ocean Beach at Assateague Island National Seashore on Saturday, Aug. 17, from 7 to 8:30 p.m. Meet at the pavilion at the south end of North Ocean Beach parking lot. The gatherings are open to the public, initiate around a bonfire, and are an extension of ACT's Trash Free

Assateague (TFA) program. The TFA program has seen a gradual increase in followers since it was first developed in February 2018 as an effort to bring awareness to the ever increasing waste and plastic consumption problem that challenges countries across the globe.

Edward McMullen, an archaeologist, will be the featured guest speaker at the gathering. McMullen's area of interest and expertise lies in the Chesapeake Bay and its archaeology and environ-

mental history. He will bring a new element to the upcoming gathering, with a focus on learning from past cultural environments and how those lessons will shape our future along our coasts.

Detailed directions, and further event information are available at [www.ActForBays.org/TFA-Summer-Series-Gathering](http://www.ActForBays.org/TFA-Summer-Series-Gathering)

Those interested in attending the gathering should contact Billy Weiland at [billy@actforbays.org](mailto:billy@actforbays.org) or Kelly McMullen at [thedelmarvafreeschool@gmail.com](mailto:thedelmarvafreeschool@gmail.com)

# Apollo 11 Student Art Work on Display

## Submitted Article

Art work from students across the country depicting the Apollo missions are on display through Sept. 7, at the NASA Wallops Flight Facility Visitor Center.

The works are from students in pre-K through grade 12 as part of the visitor center's Apollo 11 50th Anniversary Youth Art Exhibit.

While the winners in the various grade categories have been selected, the public has the opportunity to participate in the People's Choice Award. Visitors viewing the exhibit may submit their vote for the award through Saturday, Aug. 17.

"More than 650 items were submitted for the contest. It was just amazing the number of students that participated in the contest. Visitors will be impressed with the works of art the students entered," said Kim Check, director of the visitor center.

The winners are:

### Grand Prize Winner

Laura Song, Fullerton Union High School, Buena Park, Calif.

### Grades 9-12

1st Place: Laura Song, Fullerton Union High School, Buena Park, Calif.

2nd Place: Alice Dragnea, Amesbury High School, Amesbury, Mass.

3rd Place: Kelly Lu, Saint Francis High School, Santa Clara, Calif.

### Grades 6-8

1st Place: Lindsay Qin, Cupertino Middle School, Sunnyvale, Calif.

2nd Place: Irene Ko, Dodson Middle School, Torrance, Calif.

3rd Place: Daniel Jeon, BASIS Chandler, Chandler, Ariz.

### Grades 3-5

1st Place: Alicia Hough, Cornerstone Elementary, Rancho Palos Verdes, Calif.

2nd Place: Eesha Chandu, Hawk Ridge Elementary, Charlotte, N.C.

3rd Place: Kylie Kim, Frank Vessels Elementary, Cypress, Calif.

### Grades preK-2

1st Place: Yohanna Lee, Carpenter Community Charter School, Studio

City, Calif.

2nd Place: Pavika Sathishkumar, Light Farms Elementary, McKinney, Texas

3rd Place: Makayla Huntsman, Huntsman Homeschool Academy, Stonewall, Okla.

The NASA Visitor Center, located on Va. Rt. 175 about six miles from Rt. 13 and five miles from Chincoteague, is open daily in July and August, from 10 a.m. to 4 p.m. Admission is free.

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**Sun, Aug 11, 2-4 pm** Kitchen Gallery  
Opening of "Wings & Wildlife" show

**Aug 15, 8 pm** 3rd Thursday Theatre  
Staged reading of short plays by David Ives • \$5 suggested donation

**Sat Aug 17, 7 pm** Island Coffeehouse  
Sonic Ukes and **DALTON ELLIOTT**  
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more info at [Chincoteagueca.org](http://Chincoteagueca.org)

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## Fishing from the Shore

By Bill Hall



The 3rd Annual Croaker Classic Fishing Tournament to benefit the Onancock Volunteer Fire Department will be held Saturday, August 10, out of the Onancock Town Wharf. For information, call 757-710-2050 or 757-710-2731.

**Lower Shore** – Jeb Brady, at Bailey's Tackle Shop, reported that cobia fishing has been great with fish up to 50 inches long coming from the buoy 36A area. Anglers targeting cobia in the evenings have also recorded releases of large red drum. Spanish mackerel schools with some bluefish mixed in are still roaming the lower bay. Flounder catches were reported from inside the Ditch. The Cape Charles pier has produced some decent sized spot as well as gray trout catches.

Chris Snook, of Chris' Bait & Tackle, reported spadefish are still concentrated around the fourth island of the Chesapeake Bay Bridge-Tunnel. Anglers targeting flounder are drifting around the fourth island and jigging the bridge pilings. Snook said that Spanish mackerel fishing has been good from off Cape Charles south to the ocean side of the bridge. Red drum are showing up in increasing numbers in the evenings, just as spot numbers are on the rise. Croakers are still on

the small side out of Oyster, though one boat kept 230 fish on Saturday. Cobia anglers who are bait fishing are having to deal with sharks.

**Wachapreague** – Captain Lindsay Paul, at Trident Tackle, reported that “there is a little something going on” for the anglers fishing out of Wachapreague. Flounder are being caught both inside the inlet and out on the wrecks. Inside, kingfish (whiting) some “decent” sized spot, and croakers of various sizes have been hitting. Spanish mackerel are being caught from outside the inlet. Offshore, dolphin and billfish are being caught, but tuna catches have been scarce.

**Chincoteague** – Donna Rae Roeske, at Captain Bob's Marina, reported flounder action continues to be good on both sides of the Queen Sound Bridge, as well as inside the Chincoteague Channel, where the area around buoy 17 has been particularly productive. Other locations that have produced keeper-sized flounder include the town pier, the areas off Memorial Park, Tom's Cove, and inside of Asateague Channel. Cobia have made an appearance and Roeske wants to remind everyone that a VMRC permit with mandatory reporting is required to target cobia and the minimum legal length for the one fish per person limit is 40 inches. From buoy 15 all the way outside the inlet, anglers have encountered a mixed bag, including Spanish mackerel, kingfish (whiting), and sharks. Surf fishermen are finding the usual summertime species, including spot, kingfish, bluefish, sharks, rays, and the occasional Spanish mackerel. A little farther offshore, flounder, spadefish, triggerfish, and sea bass are still hanging around the subway cars. Tuna, dolphin, and billfish are being encountered in the blue water.

Pete Vasiliou, at Captain Steve's Bait

& Tackle, reports that flounder fishing continues to be productive inside Chincoteague Bay as well as out on the wrecks. Schools of croaker have also moved into the bay. Chincoteague continues to have a banner year on Spanish mackerel, the best in recent memory, according to Vasiliou. The Spanish mackerel's larger cousin, the king mackerel have been caught as close in as just three miles off the inlet. Spadefish and triggers continue to provide action on the inshore wrecks, while gaffer dolphin and the occasional yellowfin tuna are being encountered farther offshore.

**Upper Shore** – Allan Ring, of the Sea Hawk Sports Center, reported flounder fishing was spotty, with some of the best action still being found around the seaside inlets. The “normal” baits have all been effective such as combinations of live minnows or frozen silversides with Berkley Gulps, Bob's Your Uncles, and Fish Bites. Over on the Chesapeake, Allan said that Spanish mackerel are now being caught as far north as Hoopers Island in the middle bay. The best action is occurring on Clark Spoons pulled behind inline weights or small planers.

Speckled trout and rockfish are in the shallows and have been hitting Bass Assassin paddletail baits on jigheads. In the deeper water, small bottom dwellers such as spot, kingfish (whiting), and croakers are being caught over the oyster rocks and along ledges on bloodworms, Fish Bites, and peeler crab baits. A little farther to our north, 403 boats are competing for a portion of the approximately \$6.1 million purse in the 46th Annual White Marlin Open, out of Ocean City, Md. Fishing wraps up on Friday and we hope to have the winners listed in next week's edition.

*Bill Hall was the first Eastern Shore resident to achieve Virginia Salt Water Master Angler Status. He has been named Virginia Saltwater Angler of the Year and Virginia Saltwater Release Angler of the Year. Bill is an I.G.F.A. International Committee Representative and a longtime member of the Virginia Saltwater Fishing Tournament Committee. He is the Virginia Recreation Fishing representative on the ASMFC Striped Bass Management Panel and is a past recipient of the CCAVA Virginia Outdoor Writer Conservation Leadership Award.*

## Rolling Back the Tide . . .



From the collection of Dino Johnson and the Museum of Chincoteague Island Diane Reed, Billie Rae Mason, and Amy Faye Merritt ride in a convertible during the Clean Up, Paint Up, Fix Up Parade in the early '60s.

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		Friday Aug. 9		Saturday Aug. 10		Sunday Aug. 11		Monday Aug. 12		Tuesday Aug. 13		Wednesday Aug. 14		Thursday Aug. 15
<b>Seaside</b>	Assateague Beach	H 4:25 p.m. L 10:03 a.m.	H 5:25 p.m. L 11:00 a.m.	H 6:18 p.m. L 11:56 a.m.	H 6:31 a.m. L 12:48 p.m.	H 7:16 a.m. L 1:35 p.m.	H 7:59 a.m. L 2:18 p.m.	H 8:40 a.m. L 2:59 p.m.						
	Chinco. Channel	H 4:29 p.m. L 10:02 a.m.	H 5:29 p.m. L 10:59 a.m.	H 6:22 p.m. L 11:55 a.m.	H 6:35 a.m. L 12:47 p.m.	H 7:20 a.m. L 1:34 p.m.	H 8:03 a.m. L 2:17 p.m.	H 8:44 a.m. L 2:58 p.m.						
	Gargatha Neck	H 5:21 p.m. L 10:42 a.m.	H 6:21 p.m. L 11:39 a.m.	H 6:36 a.m. L 12:35 p.m.	H 7:27 a.m. L 1:27 p.m.	H 8:12 a.m. L 2:14 p.m.	H 8:55 a.m. L 2:57 p.m.	H 9:36 a.m. L 3:38 p.m.						
	Folly Creek	H 5:14 p.m. L 10:27 a.m.	H 6:14 p.m. L 11:24 a.m.	H 6:29 a.m. L 12:20 p.m.	H 7:20 a.m. L 1:12 p.m.	H 8:05 a.m. L 1:59 p.m.	H 8:48 a.m. L 2:42 p.m.	H 9:29 a.m. L 3:23 p.m.						
	Wachapreague	H 5:00 p.m. L 10:11 a.m.	H 6:00 p.m. L 11:08 a.m.	H 6:53 p.m. L 12:04 p.m.	H 7:06 a.m. L 12:56 p.m.	H 7:51 a.m. L 1:43 p.m.	H 8:34 a.m. L 2:26 p.m.	H 9:15 a.m. L 3:07 p.m.						
	Quinby Inlet	H 4:25 p.m. L 9:42 a.m.	H 5:25 p.m. L 10:39 a.m.	H 6:18 p.m. L 11:35 a.m.	H 6:31 a.m. L 12:27 p.m.	H 7:16 a.m. L 1:14 p.m.	H 7:59 a.m. L 1:57 p.m.	H 8:40 a.m. L 2:38 p.m.						
	Machipongo	H 4:55 p.m. L 10:11 a.m.	H 5:55 p.m. L 11:08 a.m.	H 6:48 p.m. L 12:04 p.m.	H 7:01 a.m. L 12:56 p.m.	H 7:46 a.m. L 1:43 p.m.	H 8:29 a.m. L 2:26 p.m.	H 9:10 a.m. L 3:07 p.m.						
<b>Bayside</b>	Tangier Sound Light	H 7:59 a.m. L 2:19 p.m.	H 9:08 a.m. L 3:18 p.m.	H 10:09 a.m. L 4:15 p.m.	H 11:02 a.m. L 5:06 p.m.	H 11:47 a.m. L 5:53 p.m.	H 12:27 p.m. L 6:39 a.m.	H 1:04 p.m. L 7:15 a.m.						
	Muddy Creek	H 8:15 a.m. L 2:54 p.m.	H 9:24 a.m. L 3:53 p.m.	H 10:25 a.m. L 4:50 p.m.	H 11:18 a.m. L 5:41 p.m.	H 12:03 p.m. L 6:28 p.m.	H 12:43 p.m. L 7:14 a.m.	H 1:20 p.m. L 7:50 a.m.						
	Guard Shore	H 8:07 a.m. L 2:50 p.m.	H 9:16 a.m. L 3:49 p.m.	H 10:17 a.m. L 4:46 p.m.	H 11:10 a.m. L 5:37 p.m.	H 11:55 a.m. L 6:24 p.m.	H 12:35 p.m. L 7:10 a.m.	H 1:12 p.m. L 7:46 a.m.						
	Chescon. Creek	H 7:42 a.m. L 2:02 p.m.	H 8:51 a.m. L 3:01 p.m.	H 9:52 a.m. L 3:58 p.m.	H 10:45 a.m. L 4:49 p.m.	H 11:30 a.m. L 5:36 p.m.	H 12:10 p.m. L 6:18 p.m.	H 12:47 p.m. L 6:58 p.m.						
	Onancock Creek	H 7:56 a.m. L 2:22 p.m.	H 9:05 a.m. L 3:21 p.m.	H 10:06 a.m. L 4:18 p.m.	H 10:59 a.m. L 5:09 p.m.	H 11:44 a.m. L 5:56 p.m.	H 12:24 p.m. L 6:38 p.m.	H 1:01 p.m. L 7:18 a.m.						
	Pungoteague Creek	H 7:12 a.m. L 1:36 p.m.	H 8:21 a.m. L 2:35 p.m.	H 9:22 a.m. L 3:32 p.m.	H 10:15 a.m. L 4:23 p.m.	H 11:00 a.m. L 5:10 p.m.	H 11:40 a.m. L 5:52 p.m.	H 12:17 p.m. L 6:32 p.m.						
	Nassawadox	H 6:39 p.m. L 11:58 a.m.	H 7:06 a.m. L 12:57 p.m.	H 8:07 a.m. L 1:54 p.m.	H 9:00 a.m. L 2:45 p.m.	H 9:45 a.m. L 3:32 p.m.	H 10:25 a.m. L 4:14 p.m.	H 11:02 a.m. L 4:54 p.m.						
	Occhohan. Creek	H 6:36 a.m. L 1:16 p.m.	H 7:45 a.m. L 2:15 p.m.	H 8:46 a.m. L 3:12 p.m.	H 9:39 a.m. L 4:03 p.m.	H 10:24 a.m. L 4:50 p.m.	H 11:04 a.m. L 5:32 p.m.	H 11:41 a.m. L 6:12 p.m.						
	Cape Charles	H 5:28 p.m. L 11:06 a.m.	H 6:28 p.m. L 12:05 p.m.	H 6:56 a.m. L 1:02 p.m.	H 7:49 a.m. L 1:53 p.m.	H 8:34 a.m. L 2:40 p.m.	H 9:14 a.m. L 3:22 p.m.	H 9:51 a.m. L 4:02 p.m.						
	Kiptopeke Beach	H 5:06 p.m. L 10:35 a.m.	H 6:06 p.m. L 11:34 a.m.	H 6:34 a.m. L 12:31 p.m.	H 7:27 a.m. L 1:22 p.m.	H 8:12 a.m. L 2:09 p.m.	H 8:52 a.m. L 2:51 p.m.	H 9:29 a.m. L 3:31 p.m.						

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