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A show of hands, led by Lance Stitcher, manager of Captain's Cove Yacht and Golf Club, indicates opposition to extending Bay Act.

Boards Defer Action on Extending Bay Act to Seaside

Photo & Story by Linda Cicoira

The pros and cons of extending the Chesapeake Bay Preservation Act to Accomack's seaside were debated by county landowners for

nearly four hours Wednesday night.

About 250 people jammed the cafeteria at Metompkin Elementary School for a public hearing held jointly by county supervisors

and planning commissioners.

In the end, the commission postponed making a recommendation to the supervisors, choosing instead to wait until their work session at 7 p.m. Monday, also at the school, to render a decision.

Some taxpayers wondered if they should "scramble to sell" their lots before the value of their future retirement spot decreases.

A show of hands determined that the majority in attendance were opposed to extending the act. The showing was dismissed by conservationists who said it represented

only a small portion of the county.

Those in opposition came from Belle Haven to Chincoteague and complained of unpredictable and unnecessary costs to taxpayers when there is already economic turmoil. They alleged that the benefits are not proven, the regulations are too complicated and further assessment problems would occur. They said lawsuits will be filed based on vague vested rights. They further contended that the supervisors had no business adopting restrictions that the county

(Continued on Page 7)

Local Businesses Suffer Under Horrible Economy

By Candy Farlow

It's a vicious circle.

Suppliers face rising costs, which are passed on to retailers.

Retailers face cost increases, which are passed on to consumers.

Consumers can't afford the higher costs because they lost their jobs when suppliers and retailers couldn't afford to pay them.

Ultimately something has to give.

What gives first is the consumer. Who among us hasn't tightened his belt — given up a few meals out, passed on that new dress or delayed a home redecorating project?

All that helps the family budget. But in some instances, the newfound consumer frugality is a death knell for others.

Retailers are particularly hard hit in this tough economic envi-

ronment and among them, it's the small "mom and pop" operations that are least able to survive the drop in business. These smaller businesses don't have deep pockets to carry them through, or promises of government bailouts to provide hope.

In recent months, many local businesses have shut their doors and others have decided to consolidate. Stock Building Supply in Exmore and Hickman Lumber Company in Painter have given in to the downturn. Specialty shops such as B&B Meat Barn near Parksley could not survive the consumers' need to shop more for price than for quality or tradition.

It's hard to believe that after nearly 50 years, there will be no soft-serve ice cream at the Lunch Box in

(Continued on Page 3)

Machipongo Woman Will Be Tried in Death of Child

A Machipongo woman indicted by a Northampton County Grand Jury Monday on a charge of unintentionally causing the death of a child also faces her second charge of driving under the influence.

Nakia T. Upshur, 28, will now face trial in connection with the June 14 death of a 5-year-old as a result of a drunk-driving crash. At the time of the incident, State Police Sgt. Michelle Cotten said the 9:30 p.m. crash occurred when a

northbound Chrysler Sebring driven by Upshur left Lankford Highway just south of Route 625, Sylvan Scene Drive, near Birdsnest. As the vehicle crashed, overturning in the median, 5-year-old Kiaokus Lamont Upshur Jr., Upshur's nephew, was ejected. The boy died at the scene.

Also indicted Monday, according to Commonwealth's Attorney Bruce Jones, were:

(Continued on Page 6)

Northampton Zoning Amendments Considered

By Ron West

The Northampton County Board of Supervisors listened as a number of citizens voiced their concerns over the proposed zoning amendments that were recommended by the county's Planning Commission Monday following five hours of discussion.

Robert C. Richardson voiced concern over the strict interpretation of the Zoning Ordinance that has severely limited the products that may be sold at an area establishment. Richardson's comments were focused on the ongoing issue of the county v. John and Amy Richardson's produce and seafood market near Cheriton. "There's no reason for the county to restrict private businesses as it is doing," Richardson said.

Supervisor Spence Murray requested that expenses incurred by the Nottinghams be refunded due to the mixed signals given to them by various county officials. The supervisors voted 6-0 to refund permit fees in that the Nottinghams

would need to re-apply for a minor special-use permit once the new Zoning Ordinance goes into effect.

William Baines questioned policies regarding multi-family housing restrictions in Cheapside. Baines has sought to have an area near the hamlet of Cheapside rezoned from Agricultural to residential in order to provide affordable housing for low-income residents. The Planning Commission has recommended the rezoning.

"Northampton County is totally against single- and multi-family housing for blacks and low-income whites," he said. "The leaders seem to be only interested in helping themselves and their families."

Former Supervisor Tom Godwin

urged the supervisors to provide help to residents who are attempting to work their way through the Zoning Ordinance when trying to build or start a business. He urged the supervisors to contact the residents in their districts to keep them informed of regulations and changes.

The issue of dredging Nasawadox Creek resurfaced with a communication from the U.S. Army Corps of Engineers (COE) that the new cost estimate for dredging the channel would

be \$982,000. The county had previously refunded fees obtained from a special tax placed on property owners along the shores of Nasawadox Creek and its tributaries. The COE still does not have money budgeted for the dredging project.

In a related issue, the COE has announced that it will be dredging a portion of the Virginia Inside Passage near Magothy Bay, south of Oyster. The Virginia Inside Passage, also known as the Waterway on the Coast of Virginia (WCV), was created by the state, with a controlling depth of 6 feet at mean low water (MLW). Recent surveys of the waterway has shown depths as shallow as 1 foot at MLW along parts of the VIP in Northampton County, while some parts in Accomack County are actually closed to navigation in the vicinity of Gargathy Inlet. The work is slated to be completed by the spring of 2009.

Board Chairman Jeff Walker congratulated Northampton High School students for their recent success while competing against Camden High School in the WAVY-TV Battle of the Brains. The school was represented by Coaches Reuben Quanbeck and Bob Bisker, and students Nathan Ayersman, Kevin Edelman, Ben Fox, and Samantha Thomas.

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~ Economy ~

(Continued From Front Page)

Parksley and that the building which has for generations housed numerous incarnations of a bank in that town will soon be vacant as PNC closes the door in January.

Gone too are the Exmore Burger King, one of that town's antique shops, a gas station in Onancock, the local SLM financial office and the seafood operation in Mappsville, which once employed some 70 folks.

Interestingly enough, even with all these closings, unemployment rates on the Shore have remained fairly stable. Jack Bonniwell, who oversees the local Virginia Employment Commission (VEC) Office, says they are seeing a few people who have been laid off, but, "it's not such a change from last year."

Figures from the VEC indicate that September's unemployment rate in both Accomack and Northampton counties stood at 6 percent as opposed to 4.5 percent last year. However, as Bonniwell noted, the increase has been a gradual rise over the last 12 months, rather than a recent spike.

That's little comfort to those being laid off.

Jobs are available in several sectors, however, with the Shore's largest employers still in

the market for qualified workers. Perdue and Tysons, the two largest employers in Accomack County, remain strong. In Northampton County, Shore Memorial Hospital remains the largest employer, but even that organization is

on the auction block, looking for a larger health-care system to bail it out of economic distress.

Also in need of a bailout are the Shore's watermen. One estimate has Tangier Island's crabbing workforce down to about 35 — half of where it stood two years ago. Crabbers have been put out of work for the winter, thanks to new regulations. Fuel prices already had many leaving their boats at the pier. Now a ban on dredging has many Tangier watermen "going on the tug," leaving the island to work two-week shifts aboard one of the many tugs plying the Chesapeake Bay.

While there are some jobs to be had, no one need apply for a state position right now. A hiring freeze has some agencies working short-

staffed, with no indication when new help will be brought on board. Accomack County has a hiring freeze as well, with the exception of the Department of Public Safety and the Sheriff's Department.

Another area that's hurting, according to Bonniwell, is construction. Numerous contractors on the Shore are vying for the very few construction jobs out there.

The glut of homes available in the housing market, combined with the higher cost of raw materials, has

made new construction less economically feasible for many.

Still, some feel there is light at the end of the tunnel. After all, the economic downturn can, in part, be linked to exorbitant fuel costs which affected the price of almost all raw materials and goods.

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Proposal Centers on Oyster Restoration; Public Input Sought

By Angie H. Crutchley

The exponential loss of native Eastern oysters in the Chesapeake Bay has prompted action in various forms by many local, state and federal agencies.

Monday evening, at Nandua High School, the third of six statewide meetings was held to discuss the Programmatic Environmental Impact Statement (PEIS) regarding oyster decline and restoration, a 300-page document with an 800-page appendix, prepared by several agencies, including the U.S. Army Corps of Engineers, Maryland Department of Natural Resources, and Virginia Marine Resources Commission.

The opening presentation by Bill Richkus of Veser, Inc. contained an overview of oyster restoration efforts. The decline of the Chesapeake Bay oyster stock is attributed to overfishing, mechanical destruction of habitat, disease, siltation and water quality decline, according to Richkus. The current population of oysters is estimated to only be about 1 per-

cent of what it was in the 1880s, with 80 percent of the loss occurring in just the past 25 years.

The 60-day comment period for the PEIS, which was issued Oct. 17, is underway. Richkus estimated a final draft, which will include public suggestions, by April 2009. The purpose is to take the current population of 809 million oysters to around 12 billion.

The PEIS includes some controversial suggestions, as was evident during Monday's public participation. These include introduction of a non-native Asian oyster, the Suminoe oyster (*C. ariakensis*) to the Chesapeake Bay. Although studies on the Suminoe have been done for 10 years, there is no definitive way of knowing the effect it could have once introduced to the bay, and Richkus said the results will be irreversible.

Triploid Suminoe oysters grow faster than triploid native oysters, but can only be used in aquaculture because they don't reproduce and may be more costly for security.

"The Suminoe oyster has not been introduced anywhere else. They have been ... given to 10 growers annually."

A combination of alternatives offered in the PEIS was deemed the most desired outcome after the conclusion that "no single alternative was capable of achieving the desired outcome."

But various combinations are under consideration. If the public speakers at the meeting were an indication of overall public opinion, then the combination labeled Option 8A is the most popular. Option 8A includes enhanced efforts to restore Eastern oysters, a temporary harvest moratorium and compensation for the oyster industries.

Option 8B consists of all of the alternatives of 8A, with the addition of cultivation of triploid Suminoe oysters (which are sterile). The third option, Option 8C, includes all of 8B with the addition of introducing diploid Suminoe oysters.

Following the presentation by Richkus, the audience was given an opportunity to speak.

Bo Lusk commented on behalf of the Nature Conservancy, which supports Option 8A.

"We have had a lot of success (cultivating native oysters) in Cobb Island and Smith Island bays," Lusk said. "Most oysters grew to market size, despite Derma already in the bay. I also want to note that Asian oysters are more sensitive to oxidation and their thin shell lends itself to predation."

Marine scientist Laurie Sorabella noted that like the Chesapeake Bay, the Lynnhaven River was at 1 percent of the oyster population of

what it once was. "Over the last 10 years," she said, "over 2 million native oysters were transplanted to the Lynnhaven River. The oysters have increased tenfold in 10 years. It gives a real reason for hope and encouragement." Sorabella also noted that Suminoes pose potential human health risks.

Peter Nixon, who said he's spent years working on environmental issues similar to this one, said, "How many times are we going to learn from this lesson," in reference to the introduction of non-native species and eventual destruction of habitats.

Matt Richmond, who works with the Virginia Seafood Council and in non-native oyster projects, said, "Non-native oysters have grown well in the Potomac ... and in both higher and lower salinities. Today I checked some non-natives in waters on the Eastern Shore that had been in the water for only five months, and they were already market size. They were measured at six inches."

Richmond also said he supported Option 8C because watermen need it to support their families. "There has been no evidence of pathogens in the 10 years we've studied them," said Richmond.

Francis Porter, director of the Virginia Seafood Council, said, "The Virginia Seafood Council has never given up on native oysters. It has been successful in some areas, but not successful enough to re-establish the oyster population. We have had a complete loss of infrastructure, closed shucking houses, and importation. There are risks and benefits with the Asian oyster."

The entire PEIS may be read at www.nao.usace.army.mil/OysterEIS

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It would appear that a special local goose is on the loose, and her caregivers want her back.

It seems that Lucy, a Canada goose originally kept as a pet until neighbors complained, was taken to the Farmers' Market in Melfa about four years ago by a game warden who had rescued her. And she has been there ever since.

Lucy is unable to fly because her wings did not develop correctly during the time she spent in a crate at her first "home." According to Farmers' Market administrative assistant Lynn Prettyman, Lucy will run and flap, but her wings overlap, making liftoff impossible.

Lucy has become something of a fixture at the Farmers' Market during her four years there. She pretty much keeps to herself, though she is not afraid of people. When flocks of Canada geese visit, Lucy sits on the fringes and observes. A couple of times, prospective beaus even approached, according to Prettyman, but once Lucy's disability became apparent, interest waned since she would not be able to fly with them.

But on Monday, people began to realize they hadn't seen Lucy for awhile. Upon investigating, they discovered all the evidence of an abduction, right down to the scraps of stuff used to corral Lucy for capture.

If you have Lucy, or know where she is, her keepers want you to know there will be no questions if she is just dropped back at her pad at the Farmers' Market.

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1330 AM

Onancock Town Manager Kept on Paid Administrative Leave

By Linda Cicora

Onancock Mayor Bruce Paone broke Town Council's tie vote Wednesday night, allowing Town Manager Susan Scott to remain on paid administrative leave.

The vote came following a two-and-a-half hour closed session, during which a crowd waited for the town officials to come out from a back room and make a decision.

Council members Maphis Oswald, Fletcher Fosque and Travis Bradley voted to fire Scott in connection with an \$18.4 million sexual harassment lawsuit filed in October in Accomack Circuit Court.

Council members George E. Miles, Kris LaMontagne and Kathy-anne Runninger were opposed to that action. Paone only votes when the vote is tied.

The motion followed an investigation led by Phyllis Katz of the Richmond law firm Sands and Anderson. Katz, who specializes in

employment law, interviewed town employees Tuesday.

Paone said he made a motion to return laborers Dewey Bordstrom and Kevin Meindorf to work. The two are also on paid leave regarding the lawsuit. The motion died when there was no second.

Former Onancock town employee, Steven Key, is asking for \$17.4 million in compensatory damages and \$1 million in punitive damages after alleging that Key was "verbally abused, berated, taunted and teased" on a regular basis by Scott, Bordstrom and Meindorf. He also complained that he was detained and beaten on two occasions.

Key further claims that his complaints came to the attention of Town Council members who failed to correct the behavior. He said by ignoring the actions, the mayor and council "condoned, encouraged and further fostered the pattern of conduct."

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November 15, 2008 ~ at Exmore Moose Lodge
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Accomack & Northampton Court Postings

Accomack County Circuit Court Criminal Cases

Juan Vasquez, 24, of Willis Wharf and Tunisha Shield, 28, of Machipongo were found guilty Thursday in Accomack County Circuit Court of grand larceny, according to Commonwealth's Attorney Gary Agar.

Vasquez was sentenced to two years, all of which was suspended on the condition he make restitution and perform community service. Shield was given a two-year suspended sentence and ordered to perform 100 hours of community service.

Rhonda Moore, 35, of Horntown, was found guilty of receiving stolen property. Her sentencing was deferred until guidelines are prepared.

Mark Smith, 32, of Parksley was found guilty of receiving stolen property and sentenced to two years, all suspended except six months, provided he makes restitution.

Sentencing was deferred until a presentence report can be prepared for Joshua Bradshaw, 24, of Accomac, found guilty of breaking and entering.

Judgment on a charge of cocaine possession was withheld for Oscar Smith Jr., 37, of Birdsnest, who was given First Offender Status, whereby the charge will be dismissed if he maintains a good record. He was ordered to perform community service.

Shykeiford Ayres, 25, of Onley and Sherman Cropper, 34, of Atlantic were sentenced on previous convictions of distributing cocaine. Ayres was given five years, all suspended except 30 days, and Cropper was sentenced to 10 years, all suspended except one year and eight months.

Probation was revoked for Nolan Miller, 26, of Salisbury, Md., who now will have to serve his sentence on 10 counts of burglary, eight counts of grand larceny, five counts of vandalism, and petty larceny.

Northampton County Circuit Court Criminal Case

A Machipongo man was found not guilty in a trial held in Northampton County Circuit

Court Wednesday.

According to Commonwealth's Attorney Bruce Jones, Charles Leroy Johnson, 47, was cleared of a charge of grand larceny.

~ Grand Jury ~

- William Antonio Davis, 23, of Exmore, who is charged with possession of a firearm by a convicted felon and reckless handling of a firearm;

- Leroy Gale, 57, of Cheriton, who faces two counts of breaking and entering and one count of petty larceny;

- Gina L. Juhasz, 33, of Exmore, charged with unauthorized use of a vehicle;

- Amanda Sue Killmon, no age available, of Capeville, who faces two counts of embezzlement;

- Christopher Taylor McPherson, 36, of Hagerstown, Md., charged with entering in the nighttime and grand larceny;

- George Perry, 44, of Eastville, charged with breaking and entering, two counts of assaulting a po-

(Continued From Front Page)

- lice officer, obstruction of justice, assault and battery and violation of a protective order;

- Terrell Devon Ross, 22, of Cape Charles, charged with assault and battery of a volunteer rescue squad member;

- Ariene Joy Townsend, 28, of Eastville, charged with credit-card forgery and credit-card fraud;

- Craig Walter Turner, 30, of Wachapreague, charged with forgery and passing a forged document;

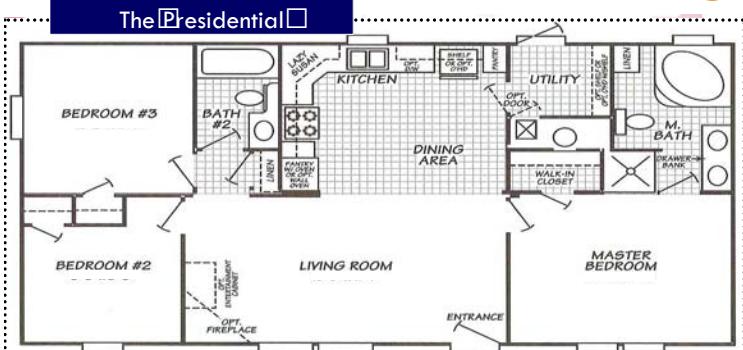
- Thomas Emmanuel Walker, 23, of Nassawadox, charged with shooting at an occupied motor vehicle and possession of a firearm by a convicted felon;

- Johnnie Walton, 66, of Cheriton, charged with possession of a firearm by a convicted felon;

- Lakisha W. Warner, 26, of Greenbush, charged with assault and battery of a police officer;

- Luis Bernardo Perez-Perez, 22, of Painter and Brian Terrell Walker, 23, of Nassawadox, charged with possession of cocaine.

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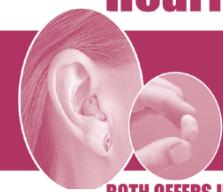
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Session To Feature WRP

Accomack County Supervisor Ron Wolff will hold a constituents' meeting on Monday, Nov. 17, at 7 p.m., at Wolff's Sandwich Shoppe in Atlantic.

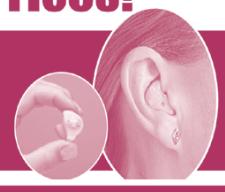
The gathering will feature a presentation by Amy Bull on the Wallops Research Park.

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~ Bay Act ~

(Continued From Front Page)

cannot afford to enforce.

"In light of the budget shortfalls and hiring freeze, one should question how you plan to implement the requirements," said Linda K. Smith of New Church. "This is difficult to read and leaves many questions unanswered. ... Unless farmers are held more accountable and incorporated towns are brought into the mix, I find the preservation draft woefully inadequate."

Two subdivision lawyers suggested that the county specify exemptions.

Former Sheriff Robert Crockett argued that extending the act would be "a taking of property rights ... without compensation. I lost 50 percent of my property," he said, referring to the effect to a lot he owns near Onancock when the Bay Act was implemented on bayside.

It is obvious the regulations are "an overreach" when one has to get "permission to prune a tree," Crockett said. "It's ridiculous." He complained of hurdles he had to jump just to clean up the site of tires and appliances that had been

dumped there.

"I think you're assuming that people will be unwise in the use of their land," said Peggy Riley of Quinby. "The numbers don't show successes. Vote it down."

"In our experience, developers will not create buffers if they are not required to do it," said county planner Jim McGowan. He referred to the 100-foot requirement aimed at preventing erosion, retarding runoff and filtering out pollutants.

"The Chesapeake Bay does not flush, period," said Richard Young, an Accomac lawyer. He compared the bay and sea to an "apple and orange" and blamed animal waste for water pollution.

Young also complained that Supervisor Steve Mallette has a "conflict of interest."

Prior to the hearing, Mallette addressed the allegation first made by Supervisor Wanda Thornton at a previous meeting. Thornton said Mallette, a land manager, should abstain from voting because of his business dealings.

Mallette said he submitted all disclosure forms required by law. He argued that if such a conflict

existed, state Sen. Ralph Northam, a pediatric neurologist, would not be able to vote on health issues and Del. Lynwood Lewis, an attorney, would be prohibited from voting on matters of law.

In a prepared statement, Mallette said his business deals are expansive and he is capable of participating "fairly, objectively and in the public's interest." He added that his "experience should be "an asset, not a liability."

McGowan contended that the Bay Act has not stopped development on bayside, where 35 major subdivisions have been approved since 2005. He also noted that lots that are nonconforming at the time the changes are adopted would be eligible for exceptions.

"The 100-foot buffer is not pulled out of the air," said Dr. Mark Luckenbach, professor of marine science and a representative of the Virginia Institute of Marine Science. "It's all from land-use studies. Development close to the shorelines causes higher levels of pollutants, he said, including more fecal bacteria and nitrogen.

Aquaculture growers, who are responsible for a \$50 million business, and conservationists touted the act and favored the extension.

"We do have something no one else on the East Coast has," said Thomas Walker, a Willis Wharf shellfish hatchery owner. "I'm warning ... I'm not going to be the one taken out."

Steve Parker of The Nature Conservancy also favored the extension. "Tonight is all about common sense," he said. "Protect now or wait until it is too late."

George Reiger of Locustville represented 152 members of a water preservation group that en-

dorses the act. "It's been (a) holding line," he said. "Without it, I shudder to think" what conditions would be.

"The Bay Act is designed so that building and development is done right," said Susan Mastell of Harborton.

"We may have to sacrifice a view," said Rachel Kellam of Mappsville. But "start cutting down nature, (the) nature goes away."

Board of Supervisors Chairman Ron Wolff said that last-minute written comments submitted to the board showed an even split on the issue. He adjourned the meeting immediately after the Planning commission Tabled action.

Thornton and Supervisor Jack Gray were absent from the session because of medical reasons. Wolff said the two asked that a vote not be taken until the full board could be present. Earlier this month, Gray asked his fellow supervisors to refrain from taking action on this issue until February to give citizens more time to understand the proposal.

The best-known provision of the Bay Act requires all onsite sewage disposal systems (not requiring a discharge permit) to be pumped at least once every five years. That requirement can be avoided if a plastic filter is installed and maintained in the tank's outflow pipe, officials have reported.

In addition, if a certified sewage handler documents that pumping is not necessary, an exception can be made.

Officials say that pumping can extend the life of drainfields which often fail because too much sludge escapes the tank and causes clogs. A drainfield is expected to last between 15 and 30 years.

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Community Notes

Tangier As the end of the season approaches, Tangier History Museum & Interpretive Cultural Center will be shifting to a winter schedule. It will be open on the weekends and by request and will resume Saturday matinee movies (volunteers needed) and bingo to raise funds for the town.

Onley's mayor and Town Council are inviting the public to save the date for the town's annual Christmas open house, scheduled for Tuesday, Dec. 16, from 5:30 to 7 p.m. at the Town Office.

Mr. and Mrs. Santa Claus will be on hand and refreshments will be served.

Betty Robbins of Willis Wharf is offering Thanksgiving dinner at her home at 3579 Willis Wharf Road. Turkey, ham, pie and all the trimmings will be served beginning about 2 p.m. Nov. 27. Call-ahead at 442-2047 is requested, but not required.

Robbins, 66, worked in the Pun- goteague school cafeteria for 18½ years. She explained, "I'm trying to pay back my thanks. ... God has been good to me." She has survived breast cancer, a burst brain aneurysm, and a blocked carotid artery. "I feel great to be alive," she said.

Cheriton Cheriton memories are depicted in a 2009 calendar with pictures dating back to the late 1800s.

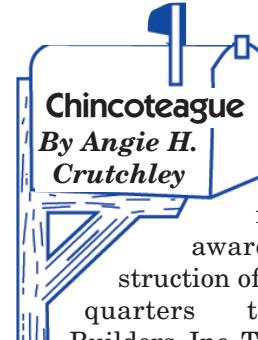
Orders will be accepted through Dec. 12 at Sunny Side Garden Center in Cheriton or by calling 331-3247 or 331-2675. A donation of \$10 is requested. Proceeds will go toward the Downtown Enhancement Grant 20 percent match.

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Chincoteague
By Angie H.
Crutchley

Chincoteague National Wildlife Refuge on Assateague recently awarded the construction of new residence quarters to Southern Builders, Inc. This project will serve as the temporary summer housing quarters for volunteers and seasonal staff for the U.S. Fish and Wildlife Service.

Consisting of over 3,200 square feet, this ranch-style residence will include multiple bedrooms and bathrooms, a laundry facility, kitchen, and living and dining space.

Construction is slated to begin this winter, with completion by the summer of 2009.

Southern Builders, Inc. is a General Contracting/Construction Management firm headquartered in Salisbury, Md.

Chincoteague Library Expanding

By Angie H. Crutchley

The quaint white building on Main Street in Chincoteague is now known as the Chincoteague Island Library.

But "The Little Library That Could," as it was referred to in recent fund-raising campaigns, started out as a pharmacy. The shelves from the pharmacy, which was built in 1887, remain. The building was also used for many years as a barbershop, before becoming a library on July 4, 1995.

Now the 700-foot waterfront library, which Board Vice President Carl Palmer said is the oldest framed commercial building on Chincoteague, is expanding.

The library board began planning for expansion in 2003. Architect Richard Vesely, donated the design, which adds 2,200 square feet. The octagon shape is reminiscent of the long-gone customs house.

The two-story design that is being built by Billy Reed Jr., will have a cupola and a porch facing Robert N. Reed Downtown Park. The first floor will have a literacy room, named for resident librarian Harriet Lonergan through a \$20,000 anonymous grant and a children's reading room, named for Katherine R. Smith.

Downstairs will contain the main collection. The second story will contain special collections, lo-

Town Meetings

MONDAY, NOVEMBER 17

- Exmore Town Council - 7 p.m., Council Chambers

TUESDAY, NOVEMBER 18

- Melfa Town Council - 7 p.m., Town Hall
- Onancock Planning Commission - 7 p.m., Council Chambers

WEDNESDAY, NOVEMBER 19

- Cheriton Town Council - 7 p.m., Firehouse



The Town of Exmore is in the market for a new town manager. Herbert Gilsdorf has notified Town Council that he will be leaving the position at the end of the month. Gilsdorf gave no reason for his resignation.

cal history and local authors. There also will be storage for the Oral History Project.

The \$500,000 to complete the addition was raised as of this summer and later exceeded. Thirty percent of awarded grants came from foundations, and the other 70 percent was donated by private individuals and community and civic groups. The Town of Chincoteague donated the waterfront property on which the new addition will sit, along with a \$5,000 donation.

Mayor Jack Tarr and Town Council voted to start a memorial for Dr. Donald Amrien on the Naming Wall which faces the park.

"We are hoping that the grand opening will take place in July 2009, but there will be a transition period when we will be using only the new back room so that we can cut the back of the current building and rebuild the back room," said Palmer.

"It has to be said that the library is run almost entirely by volunteers," said Board President Linda Ryan. "We have 28 volunteers and only two part-time employees who are paid a combined 12 hours per week. It's been so heartwarming the way the community stepped forward to help us with this project. The new design will now achieve landmark status. It's ... will be there for generations to come."

MARRIAGES**AWARDS****PROMOTIONS****BIRTHS****Mile Posts**

Veterans' Day Truly Special for Byrd Family



In honor of Veterans' Day Nov. 11, Bill Byrd of Accomac offered this 1942 photograph of his military ancestors. At center is Byrd's grandfather, Navy Capt. G. Bentley Byrd, a physician who served in World War I, World War II and the Korean Conflict. He is flanked by his sons. On the left is Byrd's father, Navy 1st Lt. William E. Byrd, who had just graduated from University of Virginia Medical School. On the right is Navy 1st Lt. G. Bentley Byrd Jr., who died in combat about a month later aboard a PT boat in the Mariana Islands at the age of 22. Accomac resident Byrd is himself a veteran, having served in the U.S. Army from 1969-74, including three tours in Vietnam. The newest military Byrd is his son, Marine Bentley Yates Byrd, who is awaiting orders and hopes to be sent to fight in Iraq.

Karen Pruitt Painting Chosen for Calendar Cover

"Marsh Morning," painted by Karen C. Pruitt of Nassawadox, has been chosen by the American Diabetes Association to grace the cover of its 2009 calendar.

The calendar is offered exclusively by the ADA in its Gift of Hope catalog. All proceeds from catalog sales go directly to research for a cure for diabetes.

The 2009 calendar marks the eighth time the ADA has chosen to use Pruitt's artwork. In 2000 and 2001, her paintings were reproduced as Christmas cards and their sales raised more than \$40,000. Other Pruitt paintings have been chosen for ADA calendars, including the cover of its 2003 calendar, which was the first one produced.

Each year, Pruitt has dedicated her artwork in memory of her late

step-father, William S. Prettyman, who had Type II Diabetes.

To request a Gift of Hope catalog, contact the ADA at 1-800-608-4279 or www.diabetes.org/giftofhope

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- a daughter, born to Zaydy Maria Reyes of Cape Charles on Oct. 31
- a daughter, born to Jaclyn and Greg Allman of Onancock on Nov. 3
- twins — a son and a daughter — born to Ebony Collins and Benny Hatney of Tasley on Nov. 4
- a daughter, born to Isaura Vera-Ramirez of Cheriton on Nov. 4
- a son, born to Paula Garced of Hallwood on Nov. 5

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OBITUARIES

Franktown Resident Dies

Mr. Graham Powell "Skip" Davis of Franktown died at his home Saturday, Nov. 8, 2008.

He is survived by his wife, Fleet Gregory Davis; daughter, Holland Davis Braden of Richmond; son, Hugh Wheelwright Davis II of Raleigh, N.C.; step-daughter, Sarah Ambler Mangold of Kilauea, Hawaii; step-son, John Jaquelin Ambler III of Virginia Beach; grandsons, Peter and Christian Braden; and step-grandchildren, Asher, Jesse and Seth Mangold. He was predeceased by his parents, Hugh Wheelwright Davis and Florence Brookes Davis; a sister, Dana Davis Roeser; and two half-brothers, Walpole Davis and Horace Walpole Davis.

Mr. Davis graduated from Virginia Military Institute. He entered investment banking with Scott, Horner & Mason in Lynchburg and then moved to Willis, Kenny & Ayres, Inc. in Richmond. A native of Virginia Beach, he returned to the area in the mid-1950s to work for Investment Corporation of Virginia, where he became president and CEO. He was a member of the Norfolk German Club, an honorary member of the Princess Anne Country Club and a former member of the Virginia Club, Norfolk.

A graveside service will be held Saturday, Nov. 22, at noon at Mill Pond Point, Franktown, at the family cemetery.

Memorial donations may be made to the Robert H. Patterson Jr. Scholarship Fund, VMI Foundation, Lexington, VA 24450; Wood-

berry Forest School Amici Fund, 402 Woodberry Station, Woodberry Forest, VA 22989; or Hospice of the Eastern Shore, P.O. Box 316, Parksville, VA 23421. Online condolences may be sent to the family at www.doughtyfuneralhome.com

Arrangements were made by Doughty Funeral Home, Exmore.

Onancock Resident Dies

Mrs. Sharon Horn, 68, of Onancock succumbed to cancer Sunday morning, Nov. 9, 2008.

Born in Oahu, Territory of Hawaii, she was a long-time resident of York County. She lived in Onancock with her husband, O.J., since 1991.

In addition to her husband, survivors include her children, Mary Kay Edgar (and husband, Ed) of Chesapeake, Dana Kohlhorst (and husband, Daryl) of Gloucester, and Mark McPherson (and wife, Stephanie) of Gloucester; grandchildren, David, Kathryn, Alex, Michael, Erin, Kasey, Elizabeth and Fox; brothers, Marty and Gerry Fisher of Yorktown; and sister, Mary Ann Foell of Gloucester.

A memorial service will be held at St. Joan of Arc Church in Yorktown Wednesday, Nov. 26, at 11 a.m.

Memorial donations may be made to Hospice of the Eastern Shore, P.O. Box 316, Parksville, VA 23421.

Retired Waterman Dies

Mr. Floyd Woodlyn "Woodie" Zember, 81, of Onancock passed away Sunday, Nov. 9, 2008, at Shore Memorial Hospital.



Mrs. Horn

Born in Deep Creek, Mr. Zember was the son of the late Floyd White Zember and Gertrude Lewis Zember. He was a retired waterman, member of Leatherbury U.M. Church and past master of Chesapeake Lodge 158 AF&AM. He served in the U.S. Army during World War II.

Survivors include his wife, Hope Johnson Zember; daughter, Kathy Z. Hurst of Cashville; son, Woody Zember (and wife, Andrea) of Onley; brother, Richard B. Zember of Deep Creek; grandchildren, Aaron Z. and Patrick H. Hurst, Luke W. Woods, and Noah Zember; and one nephew.

Funeral services were conducted from Williams-Onancock Funeral Home Wednesday, Nov. 12, by Rev. Charles W. Parks III and Rev. Jon Woodburn. Interment was in Fairview Lawn Cemetery, Onancock.

Memorials may be made to Leatherbury U.M. Church, c/o Mrs. Linda Bradford, P.O. Box 36, Tasley, VA 23441; or Hospice of the Eastern Shore, P.O. Box 316, Parksville, VA 23421. Memory tributes may be sent to www.williamsfuneralhomes.com

Machipongo Farmer Dies

Mr. James Myers "Jappy" Ames, 82, of Machipongo died Tuesday, Nov. 11, 2008, at home.

Born and reared in Bridgetown, he was the son of the late Betty Grace Bell and James Patrick Ames and an Army veteran of World War II. Mr. Ames was a farmer and a member of Red Bank Baptist Church, where he was a deacon.

He is survived by his sisters, Elizabeth A. Acworth, Ruth W. Ames and Patricia Mapp (and husband, Pete); six nieces; six nephews; and several great-nieces and nephews. He was predeceased by a sister, Mary Bell Badger.

Funeral services will be conducted today, Nov. 14, at Red Bank

Baptist Church by Rev. Joe McKnight. Interment will be in Red Bank Cemetery in Marionville.

Memorial donations may be made to Red Bank Baptist Church Scholarship Fund, c/o Mrs. Kate Barban, Nassawadox, VA 23413; or Hospice of the Eastern Shore, P.O. Box 316, Parksville VA 23421.

Arrangements were made by Fox & James Funeral Home, Eastville.

Ex-Funeral Director Dies

Mrs. Jean Belle Nottingham Doughty, 79, of Exmore passed away Wednesday, Nov. 12, 2008.

A native of Belle Haven, Mrs. Doughty was the daughter of the late Jennings Wise and Lillian Mapp Nottingham. She was a retired funeral director and member of Belle Haven U.M. Church and Northampton Chapter 2 OES.

She was predeceased by her husband, R.C. "Jack" Doughty Jr. Survivors include her daughter, Mary Jennings Bell (and husband, Waymon) of Belle Haven; son, Guy J. Doughty (and wife, Joyce) of Concord Wharf; grandchildren, Ross W. Bell of Belle Haven, Jennifer B. Ross (and husband, P.G.) of Exmore, Megan B. Doughty of Richmond, and Morgan E. Doughty of Blacksburg; five great-grandchildren; and a pet, Casey.

Funeral services will be conducted Sunday, Nov. 16, at 2 p.m. at Doughty Funeral Home, Exmore, by Rev. Judith G.F. Worthington. Interment will be in Belle Haven Cemetery. Family will join friends Saturday evening from 7 to 8:30 at the funeral home.

Memorial donations may be made to Belle Haven U.M. Church, P.O. Box 37, Belle Haven, VA 23306; or Hospice of the Eastern Shore, P.O. Box 316, Parksville, VA 23421. Online condolences may be sent to www.doughtyfuneralhome.com

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Bennie L. Smith
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Rev. Lewis T. Brim
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Tamara T. Scott
Notary Public



Michael O. Kellam
Family Coordinator

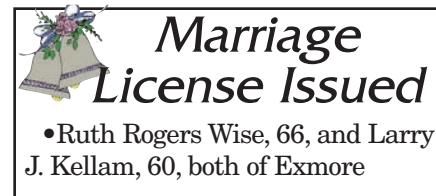


Deeds of Bargain & Sale

• From David, James & William Hicks
To Mary Myers
Lot 15, Hunting Creek
For \$3,000
• From Robin & Stephen Newswanger
To B. Cantrell and Douglas Estes
0.5 acre in Saxis
For \$23,500
• From Isabel Blanco
To Cathleen and Robert Bilodeau
Three acres, Lot 74, Corbin Hall
For \$108,000
• From Catholic Charities of Eastern Virginia, Inc.
To Denise and Harvey Brewer
Saxis property
For \$21,700
• From Gary and Ruth White
To Joanne and Samuel Khammer
Lot 2, Lighthouse Estates Townhouses, Chincoteague
For \$245,000
• From Greg Obier
To Glenn McDonough

0.25 acre in Franklin City
For \$750
• From Michael & Sheryl Kimberly
To Diego Lopez
2.87 acres in Rue
For \$84,000
• From Patricia & William Coffield
To JMS Bayside, LLC
Lot 379, Section 2, Captain's Cove
For \$22,000
• From Janet and Timothy Tull
To Gloria Alvarez
Lot 59, Unit 3, Trails End
For \$17,000
• From Daniel Fought
To Frederick & Janice Botterbusch
Unit 103, Wonderview, Chincoteague
For \$325,000
• From Charles & Eunice Thomas
To Robert Starr
Henry's Point parcel
For \$5,500
• From Vira Stavely
To Denman and Jo Rayne
Lot 102, Village H, Oceanside
For \$25,000
• From J., James and N. Fox
To Shawn Daugherty
Two Chincoteague lots
For \$235,000
• From Benny and Rhonda Annis

To Daniel and Wendy Broughton
Three lots near Parksley
For \$164,500
• From Robert Morgan
To Barbara Walker
Lot 55, Misty Meadows, Chincoteague
For \$58,000
• From New Church MHP, LLC
To C&G Investments of Virginia, LLC and C&G Investments, LLC
Lots 26-A-5C, 26-A-5B, 26-A-7B
near Oak Hall
For \$1.45 million
• From Island Property Enterprises, Inc., Island Property Builds, and Gail and Thomas Adams
To Cheryl Curtin
Chincoteague property
For \$418,000
• From Larry Small
To Douglas Estes & Ralph Walsh
Four Wattsville lots totaling
14.046 acres
For \$340,000
• From Gene and Stephanie Taylor
To Peggy Bowden
Property on Ridge Road, Chincoteague
For \$65,000
• From Vaughn Davis
To Christopher & Stanley Bennett
10 acres on Tarkill Road
For \$50,000



• From Donald Cherrix
To Arah, Catherine & George Fulton
Wattsville property
For \$120,000
• From Deborah and John Bogush
To Donald and Lisa Cherrix
Wattsville property
For \$60,000
• From Sandra and Theodore Wilz
To Kenneth and Maria Pruner
Lot 2, Watts Bay Subdivision
For \$124,000
• From Teressa Watson
To Darrin Custis
Painter lot
For \$9,000
• From Hospice of the Eastern Shore, Inc.
To Mendisadd, Inc.
Two Parksley lots
For \$399,000
• From J. Lang
To John and Lisa Parks
Two Accomac lots
For \$250,000

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Thursday, Nov. 20
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Parking Lot

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Car Care

"Ahh... Not another Check Engine Light..."

Do you drive a 1996 or newer vehicle? If so, you'll be glad to know that your vehicle is equipped with an early warning system that could save you time, money, and fuel, in addition to helping protect the environment!

How does it work?

All 1996 and newer cars and trucks have an advanced powertrain control computer that uses second-generation onboard diagnostics (OBD-II) technology to manage and monitor the operation of the engine, transmission, and emissions control components. OBD keeps your engine running at peak efficiency and will alert you when repairs are needed.

How do I know the OBD system is working correctly?

When you turn on the ignition, the "Service Engine Soon" or "Check Engine" light should flash briefly, indicating that the OBD system is ready to scan your vehicle for any malfunctions. After this brief flash, the light should stay off while you drive, as long as no problems are detected.

What does it mean if the light turns on while I'm driving?

If the light comes on and stays on, the OBD system has detected a problem. Your vehicle might have a condition that wastes fuel, shortens engine life, or causes excessive air pollution.

If left unaddressed, these conditions also could damage



your vehicle and lead to increasingly expensive repairs. For example, OBD can identify a loose or missing gas cap (which wastes fuel and contributes to smog) or engine misfire (which can lead to severe or permanent engine damage).

What should I do if the light stays on?

- There is no cause for panic. The vehicle is just telling you to seek attention soon.
- When you reach your destination, make sure the gas cap is not loose or missing. Always turn off your engine when refueling.

- If the light does not go out after a few short trips following gas cap replacement or tightening, have your vehicle serviced by a qualified repair technician soon. Delaying assistance could lead to more expensive damage.

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What does it mean if the light is blinking?

If the light is blinking, a severe engine problem, such as a catalyst-damaging misfire, is occurring and should be addressed as soon as possible. You can still drive safely, but should minimize your time on the road. Try not to drive the vehicle at high speed or with excess weight (such as towing or carrying heavy equipment).

What will my technician do when I take my vehicle into the shop?

Ask those at your repair shop if they employ trained OBD technicians. A modern repair shop or dealership should have an OBD scan tool to diagnose the cause of your vehicle's problem. These technicians will have the proper tools and will

Dear Eastern Shore Auto Body Staff,
I just had to sit down and try to conduct a letter thanking all of you for the great work that everyone is doing in this shop. It is a great peace of mind not to have to worry about anything when you have an accident, all of you think of every detail and made things so easy for me at such a bad time.

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Thanks Again
Kathy Meadows

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know best how to diagnose your vehicle.

The technician will connect a small, hand-held scanning device to your vehicle's computer (usually through a connector under the dashboard) and download information that can pinpoint the problem. The technician can then repair the vehicle based on manufacturer recommendations.

OBD actually helps repair technicians do their job more quickly and reliably, helping you avoid unnecessary repairs and trips back to the shop.

What should I do if the light goes out before I take the vehicle to the shop?

Usually, nothing. If the problem that caused the light to come on is addressed, the OBD computer will turn the light off. This is not an indication of a faulty OBD system. In fact, the system is doing its job by verifying that a problem tem-

porarily existed but has since been corrected; perhaps a loose gas cap was tightened or fouled spark plug was cleared. Your vehicle needs no special attention unless the light comes on again.

What else can I do to make sure my vehicle is running well?

Today's vehicles are highly sophisticated and efficient. OBD helps to ensure these vehicles are running in top shape, but you still need to maintain your vehicle according to the manufacturer's recommended schedule.

Keep up with routine maintenance and keep an eye out for your check engine light. Always turn off the engine before refueling and always make sure the gas cap is securely tightened. You'll save money on fuel and repairs while helping to do your part to protect the air you breathe.

In addition, driving as little

as possible by combining trips, carpooling, walking, biking, or using public transit, are all things you can do to help minimize vehicle pollution.

For more information on OBD and vehicle inspection

and maintenance programs, visit www.epa.gov/otaq/obd.htm or e-mail obd@epa.gov

- Information Courtesy of Office of Transportation and Air Quality

FALL AUTO SPECIALS

Trust your vehicle to our service professionals. It's the perfect season for auto repair, especially with these valuable coupons.

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EXTRA 10% OFF
Any services**

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NEED A CAR? WE FINANCE!



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NEW CHURCH, VA. Inc.

824-5611

davisautocenter.com

5007 Lankford Hwy., New Church, VA

P
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Saturday's unlisted clue: DETROIT

Find the listed words in the diagram. They run in all directions - forward, backward, up, down and diagonally.

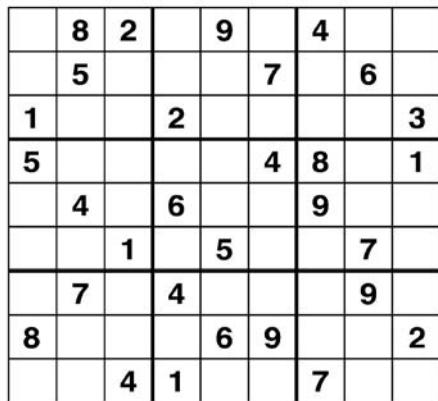
Monday's unlisted clue hint: BAKING APPLIANCE

Boiler	Defroster	Griddle	Range
Burner	Dryer	Grill	Steamer
Campfire	Fireplace	Heater	Stove
Cooker	Furnace	Kiln	

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Weekly SUDOKU

by Linda Thistle

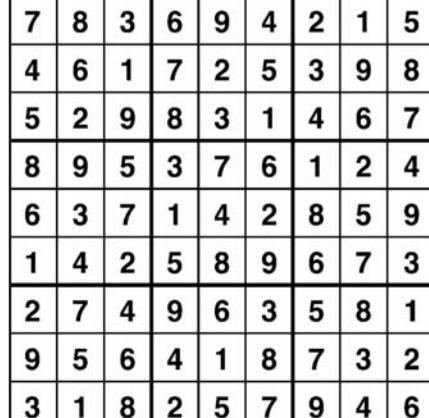


Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ★★

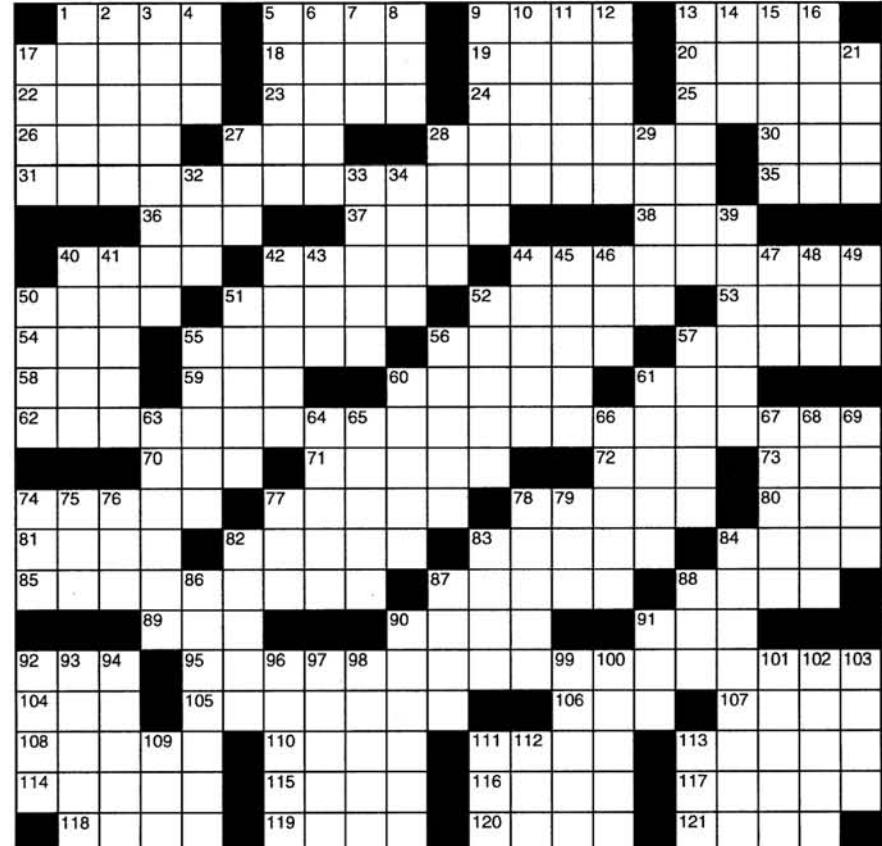
★ Moderate ★★ Challenging
★★★ HOO BOY!

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Last Week's Answers**Super Crossword****NO WHEY!**

ACROSS

- 52 Yesterday's thresher
- 87 Pianist Jorge
- 3 Stiffened a shirt
- 1 TV host John
- 53 Lillian or Dorothy
- 88 "Old Cow Hand" ('36 song)
- 5 Full of oneself
- 54 Ivy Leaguer
- 89 Objective
- 9 Amontillado container
- 90 Counter change
- 13 Beseeched
- 56 First dog in space
- 91 Botanist Gray
- 17 Nile feature
- 57 Where cats congregate
- 92 Age
- 18 In good health
- 58 Pie mode
- 93 End of remark
- 19 "Without Love" ('68 hit)
- 59 Lofty peak
- 104 Road to enlightenment
- 20 Sanctuary
- 60 Distribute the donuts
- 105 Generally
- 22 Hood's handle
- 61 Keats composition
- 106 — choy
- 23 Admiral Zumwalt
- 62 Middle of remark
- 107 Rocker Billy
- 24 Tiny part of a second
- 70 Born
- 108 Tracking tool
- 25 Wagner work
- 71 '87 Peace Prize winner
- 110 Manuscript enc.
- 26 Annealing oven
- 72 Solidify
- 111 "Surely you —"
- 27 Flagon filler
- 73 "— Shock Up" ('57 smash)
- 113 Lowliest cadet
- 28 Newspaper
- 74 Corny goddess?
- 114 Caustic
- 30 Take-home
- 75 Yemeni port
- 115 Tevye's portrayer
- 31 Start of a remark
- 77 Colossal commotion
- 116 "New Jack City" actor
- 35 Ring stat
- 78 Malicious to the max
- 117 Beast of Borden
- 36 Thwack
- 80 Where rams romp
- 118 Long lunch?
- 37 Compact cotton
- 81 Bus starter? a baker
- 119 For fear that
- 40 Cad
- 82 Thirteen, to a baker
- 120 Non-stereo
- 42 Mythical being
- 83 Soprano Fleming
- 121 Little ones
- 44 Hateful
- 84 — impasse
- DOWN
- 50 Give a little Green
- 85 Dachshund or donkey
- 1 Word form for "end"
- 51
- 1 Word form for "end"
- 2 Nobelist Root
- 40 "Greetings!"
- 41 Early computer
- 42 Buccaneers' head-quarters
- 43 Spare part?
- 44 With 47 Down, Italian export
- 45 Produces pies
- 46 Actress Long
- 47 See 44 Down
- 48 Manipulate
- 49 Diffident
- 50 Drum din
- 51 Nick of "Q&A"
- 52 Gets on Perkins role
- 53 "Frederica"
- 54 Infirmary item
- 55 Went wrong
- 56 Snowy bird
- 57 Mature
- 58 Descendant
- 59 Silverware city
- 60 Tevye's portrayer
- 61 Ready to reduce
- 62 Coldest cont.
- 63 Audacity
- 64 Bator
- 65 Walker
- 66 "Big Three" site
- 67 New York city
- 68 Chip's chum
- 69 Infant oinker
- 70 — au vin
- 71 "Cagney & Lacey"
- 72 West alliance
- 73 Coldest cont.
- 74 "Audacity"
- 75 "Big Three" site
- 76 "Cell stuff"
- 77 "Dandy"
- 78 "Hailing from Aberystwyth"
- 79 "In accord"
- 80 "Ora pro —"
- 81 "What i.e. stands for"
- 82 "Ora pro —"
- 83 "Painter Paul"
- 84 "Word on a pump"
- 85 "Bowie or Bakker"
- 86 "Author Umberto"
- 87 "Cosset a corgi"



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**Idle Hour Theater****Belle Haven***"High School Musical 3" - G***Roseland Theater****Onancock***"Nick & Norah's Infinite Playlist" - PG - 13*

Classified Ads, Real Estate Ads, & Legal Notices

Call 757-789-POST (7678) or Fax us: 757-789-7681 Published every Friday. Deadline: Wednesdays at 5 p.m.
\$1.60 per line, \$8 minimum; Birthdays, Thank You Notes and Announcements \$25, \$40 with picture.

Eastern Shore Trading POST**Announcements**

Use Hypnosis
to stop smoking,
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Hypnosis
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**Happy Birthday
to a
Virtuous Woman!**

**Luellen Pettit**

11-12-32 03-15-04
You are always in our hearts and everyday it's a remembrance of you which was a work of art!

Each day go by I give thanks to God for allowing me to have someone as special as you in my life. There's only one word that describes you that's VIRTUOUS!

Proverbs 31:10-31
We love and miss you much!

Family

Celebrate Your Special Events ~ Births, Anniversaries Graduations, Birthdays, Say 'Thank You' or Memorialize a Loved One
Place an Announcement in the Eastern Shore Post. Call 789-7678 Fax 789-7681 e-mail ads@esternshorepost.com

Thank You

To everyone who helped Allen after his accident – there's no way to express our gratitude for all the prayers, love and support we have received and continue to receive.

We're giving thanks and praising our Lord for the many blessings He has given us through this.

God bless each and everyone of you with special blessings for David and Tammy Hudson.

Please continue to keep Allen in your prayers as he continues his physical therapy.

Lillian, Allen,
& Megan Bull

Thank You

The Family Of

Emily Ann (Ewell) Justis
Express a Special Thank You To:

Hospice of the Eastern Shore
Their love and care for our mother and comfort to us was immeasurable.

Personal Caregivers
Their caring, love and friendship was reassuring.

Friends and Neighbors
Their prayers, visits and comforting words and cards were amazing.

Mama, we love you and miss you.

Your loving children,
Betty, Steve, and Margie

Help Wanted

Avon
Start your Avon Business! \$10 start up fee. 757-710-2075 or 757-442-2698

Now Hiring

Therapeutic Interventions, Inc. is seeking qualified individuals for their School-Based Day Treatment Program. Applicants with experience in:

- Special Education
- Juvenile Probation
- Social Work
- Juvenile Residential centers
- Juvenile Group Homes
- Juvenile Detention Centers
- Guidance Counseling
- In-Home Counseling
- Mental Health Support Counseling

will be considered strong candidates for this program. Excellent salary and benefit package available.

Currently hiring for several positions offering a teacher's work schedule and summers off with pay. To apply send resume to:
mlong@therapeuticinterventions.com
OR Mail to: 3100 Main St., Exmore, VA 23350.



2001 Carman 27' Bay Boat with full cabin and v-berth. Volvo 5.0 liter duoprop, hardtop aft, cherry cabinets, dual steering stations. Great boat in very good condition. \$36,000. 710-0438 day, 787-1429 night.



Boston Whaler – Model Outrage 21
261 hrs – 2001 Merc Optimax Engine SS Mirage Prop & Smartcraft gauges Furuno 600L 350W color sounder New Lowrance Color Chartplotter w/WASS Garmin GPS 128 Many Extras \$20,000 or best offer 854-1313/894-0083



30' Bay Skiff w/115 Mercury. 350 peeler pots, 300 are new & on trailers. 18 crab floats and all rigging for them including new pool heater, tanks, 2 pumps – one is new. 665-7240 - if nobody home, leave message.

1999 SEARAY 21' walk around. 200 hp. Johnson, Tandem trailer, new electronics. Pics available. \$12,000 OBO. 757-710-6942 or uscgk9@verizon.net

TWO - 7FT INFLATABLE BOATS for sale. One is good. One needs a patch. Also a **2 HP YAMAHA** outboard. \$300 for all - 757-710-9824

8' WEST MARINE INFLATABLE SPORT DINGHY - rigid floor w/stringers for support, bellow pump, paddle, 4 hp mercury outboard motor. \$1,000, please call 757-787-3454

WORK BOAT w/cabin. Built by Ronnie Carmen. 453 Detroit Diesel along w/ VA Waterman's Card, peeler pot & scraping license. For more info call 757-891-2520

10' x 30' Wood hall PILE DRIVER 25' Leads w/ drop hammer. 3 drum air cooled wench, 6 cylinder 4" pump w/ suction sleeve. \$6,500 OBO. 410-251-2446

1988 TROPHY HARD TOP - 24', 350 I/O & 2001 Galvanized trailer. good condition. \$8,000. For more info call 336-3528 or 894-1051.

1990 BOSTON WHALER 22' Guardian w/ 1998 Yamaha 225 Saltwater Series. 400 hrs. on motor, stainless prop, leaning post, heavy-duty rails, dual-axle trailer w/ elec. winch. stainless disc brakes. \$14,900 757-617-5824

Boats, Motors, Trailers, Jet Skis, Dockage

1986 BAYLINER CAPRI Enclosed bow. Includes sunroof, bed, porta-potty etc. Volvo V8 inboard/outboard motor. Galvanized double-axle trailer w. elec. winch & trailer brake system. \$1,500 OBO. 757-709-2123

2008 YAMAHA BOAT MOTOR - 90 hp. 4 stroke. 15 hours of use. Controls, tach, steel prop included. \$6,500. Call 757-331-3623

30' FIBERGLASS WORKBOAT. 3208 National Caterpillar engine. Charles Dise - 757-891-2223

453 DETROIT DIESEL. REBUILT MARCH 2007. \$2,000 OBO. 757-891-2411.

REDUCED! 1985 GRADY WHITE - 20' overnighter. 200 Mercury and galvanized trailer. \$9,000. 710-4501

LARGE BOATHOUSE FOR RENT ALSO 2 DOCKS LOCATED ON CHESAPEAKE BAY 1 MI. FROM HISTORIC ONANCOCK. ALSO ANTIQUES. 757-710-1377 OR 757-787-1598.

1991 SEARAY SUNDANCER - 28', 10'6" Beam, Twin Mercruiser I/O 5.0LX Engines; A/C w/reverse cycle heat, nice galley, head w/shower, sleeps 6, 2 custom canvasses, much more. \$35,000, please call 757-787-3454

1977 20' PENNYAN Boat. Hard top. Tunnel drive. No trailer. Needs motor repair. Transmission OK. \$1,295 or trade. 787-4136

'91 FLYING SCOTT SAILBOAT, 19 ft. galvanized trailer, 4hp Yamaha motor, fully equipped, \$4,500. Call 757-824-3991.

REDUCED ! ! ! BERTRAM 33' - Flying Bridge. Twin 300 hp Cats. Low hrs. Cruise and fish ready. Full electronics. 710-1750. \$49,000. Call for more info.

8' WEST MARINE INFLATABLE SPORT DINGHY - rigid floor w/stringers for support, bellow pump, paddle, 4 hp mercury outboard motor. \$1,000, please call 757-787-3454

REDUCED - TOPAZ 28' - '76. Good winter project for next season. \$2,500 OBO. 757-787-8411 or 239-896-6925.

1998 WELLCRAFT 21SL ExceL. 4.3 190hp Volvo 1/0 engine. Low hours, good condition. VHF, DS, Stereo, Trailer. \$11,200 - 302-1108 ask for John. Boat can be seen at East Point.

1985 BENETEAU First - 26' fin keel Sloop - 2 sets of sails, Yanmar 8hp diesel inboard, auto pilot. Curtis Jones - 757-442-7734 or 442-7718

Camping

Private camping available on five acres. Small groups. Wooded area in Sanford. Call 757-894-0551

Collectibles

J.W. LONGABERGER BASKETS - RARE - SEE THEM AT FALL FESTIVAL AT PAINTER-GARRISON UMC. NOV. 15

CHINA CLOSET w/3 doors. \$200- 1900s **BLANKET CHEST**. Floral carved top made from an old pump organ. \$500. **ANTIQUE FURNITURE** - Chairs & Tables - for sale - also **GLASSWARE** & milk glass. Call 787-3635

Daycare

CHILDCARE available birth to age 4. Wattsville area. Monday - Friday, 7 to 5:30. Clean, safe environment. 757-894-8395.

Farm Products & Equipment

LONG 2510 99-Z001 - w/bucket. 4WD, Diesel. 65 hp. \$10,000. 999-2606

Lost & Found

TWO LOST CATS - Tori is brown, black tan and orange and is a new mother who escaped from house. Cookie is black and tan with a white patch under chin. Lost in Oakland Park, Exmore. Call 442-6066 or 678-7227.

LOST PUPPY - Dachshound/Chow mix - one month old - about 3 to 4 pounds - ran away from accident on Mini Road in Daugherty 2 weeks ago. Name is Taz - black and white. Wearing black collar with diamonds & paw prints. Call 789-5119 or 710-470

Miscellaneous

36' Warner **FIBER-GLASS LADDER**. \$275 OBO. 757-331-4372

SEASONE D HARDWOOD - 442-7540

HARDWOOD OR PINE MULCH - You pick up or we deliver 442-7540

DEBREZE BEAUTY SUPPLY PARKSLEY, VA ONE TIME BLOW-OUT SALE!

Wigs - Buy 1 Get 1 50% Off

40% - 50% off Selected Items

40% - 50% off Selected Hum & Syn Hair

While Supplies Last Sale Ends 12/04/08

Round oak-top **TABLE** - 45 1/2", 4 **CHAIRS** & cushions - \$300; **SOFA** - like new - \$500 - 2 **TWIN BEDS** w/ Box Springs & Frames - \$50 ea. - **FOLDING UTILITY TRAILER**, 4' x 8' - \$300; Drexel Heritage **DISPLAY CASE** - 75" wide, 85" tall, \$2,000. 757-678-7767.

WHIRLPOOL GAS DRYER in working condition - \$125 - Call Charles 336-3558

SOFT SHELL CRABS - Cleaned and individually wrapped - \$10 doz. packed 4 doz. to box - **SHRIMP** - \$6 a lb. 5lb bags - \$30 - Exmore - 442-2750.

REDUCED! E.S. Mini-storage: **FRONT-END LOADER FOR TRACTOR** \$1000. call 710-1166.

ELECTRIC CHAIR LIFT - to go into a standard vehicle. \$3,000 - 787-3040

FOR SALE - 5 FOOT GRAND PIANO. FOR INFORMATION CALL 710-3113.

Rockwell 10" **RADIAL SAW**. \$275 OBO. 757-331-4372

Listen to radio stations all around the world. **SHORT WAVE RADIO** Grunding 800 Millennium World Receiver. New. Reduced to \$450. Call Reed (757)787-8112. Leave message

DINING ROOM TABLE w/6 upholstered chairs. Dark wood. Plus 2 leaves & custom pad for table. \$500. 757-695-4238

SEASONED FIREWOOD FOR SALE - OAK, CHERRY - CALL 442-3576

CONTRACTORS SPECIAL - NEW PRE-HUNG SOLID TWO PANEL INTERIOR DOORS 3@ 3/0 x 6/8 & 1 @ 2/6 x 6/8 - ALL R/H. LIST PRICE WAS \$255

@. \$500 TAKES ALL FOUR. 302-1325

Mobile Homes

WATTSVILLE - 14x70 mobile home for sale. All set up. 2 BR, 2 BA. \$10,500 OBO. Call 757-894-0551.

R E D M A N D O U B L E W I D E MOBILE HOME - 3 Bedroom and 2 bathrooms. 2"x6" exterior walls. Double hung windows. All appliances convey. Assessed @ \$77,000. must move. \$40,000. (757) 678-5910 and leave a message.

MELFA - 1997 mobile home. 2 BR, 1BA, ref, stove, washer & dryer. In trailer park in Pine Ridge. \$17,000. Can be moved. 757-787-3332

Mobile Home **PARTS** for sale - Dreamland Homes, Rt. 13, Accomac, VA. 787-2823

Real Estate

FOR SALE - 3 Bedroom/2 Bath 1128 sq. ft., central a/c \$500 monthly payment, owner financed. 757-787-8977

WATERFRONT - 4.69 acs. Secluded wooded parcel. 3 mi. to Harborton Boat Ramp. Septic installed. Owner financing available. \$110,000 - 757-442-5106

Rentals

Commercial

ONLEY - Commercial/Office space. 600 sq. ft. Central heat & AC. \$400 per month. 757-710-1750

MELFA - RT. 13. Like new 900 sq. ft. retail/office space - \$700 mo. 900 sq. foot warehouse - \$600 per month. Rent with option to buy at \$160,000 for both. Parking. Financing. 757-710-0070

PARKSLEY - 1,200 sq. ft. storefront - public parking - \$660/mo. includes water & sewer. 757-665-4466

ONANCOCK - New retail/office. Market Street. 800 sq. ft. w/parking. \$700 a month. 757-710-0070

COMMERCIAL BUILDING for Lease - 10,200+sq foot; Central Accomack County, Large Parking Area, Heating & A/C, Retail/Factory/Multiple Use Building; Great Potential at an Affordable Rate, Please Call 757-787-3454

OFFICE SPACE FOR RENT - 1100 to 3000 sq ft. totally renovated, great location in front, courthouse in Accomac. Call 410-707-7080.

Residential

RENTERS CALL TODAY - 3 Bedroom/2 Bath w/GE appliances and central a/c - Melfa area. 757-787-8768

HALLWOOD - Available Nov. 1st - \$650 mo - 2BR-1Bath-Ofc-Scr. Porch-Nice Yard-No programs - Sec. dep. & 1st mo. Rent. 757-894-1095

CAPTAIN'S COVE - 2 R, 1 BA. Furnished. \$650 month. Available immediately. References required. 301-514-5866.

Rental Home Available in **CAPE CHARLES** area: 3 bedroom, 2.5 bath home, appliances included built in 2005 in lovely subdivision, 1t floor master, 2 car garage, beautiful deck. Rent \$1,200/month. Available as of January 1st. Call 757-695-3696 if interested.

Mobile home for rent - **MELFA** - 2BR, Central heat & AC. \$500 sec. deposit. \$500 mo. - 757-710-1750

House for Rent - **EXMORE** - in town. 2 BR, Kit, LR, VA, fenced backyard. Storage shed. \$575/mo. Sec. Dep. Req. 804-746-0998.

HARBORTON - luxury new 1 BR waterfront apt. Beautiful view. Beach & dock rights. \$725 per month. 757-442-3375

CAPE CHARLES DUPLEX 3Blks. from beach. 1 BR, furnished. \$550 mo. + utilities. Sec. Dep & Credit check. Short term rentals okay. 757-387-9241

NEWTOWNE APTS POCOMOKE

Community for 61+ yrs. young 1-BR or Efficiency Now Accepting Applications

Very reasonable rates

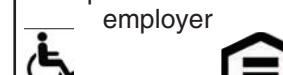
Warm, friendly community

Call (410)957-1562

Mon-Fri 9am-2pm

(TTY) 1-800-855-1155

This institution is an equal opportunity provider and employer



Apartments for rent - Poplar Cove, ONANCOCK. Avail. Jan. 1 Taking applications. 757-665-4161

CAPE CHARLES - renovated apartment, lr, dr, remodeled kt & BA, 2 br. 3 blks to bch \$550.00 deposit/credit check 757-331-2207

CAPE CHARLES: House, renovated, lr, dr, kt, 2br, 2bth, cent heat/air, wash/dryer, 2 blocks to beach. \$595. credit check 757-331-2207

PETER CARTWRIGHT MANOR in Exmore is taking applications for its waiting list. You must be 62 or older. Rent is based on your income. Call 757-414-0020.

TRAILER HOMES ON METOMPINK RD. UNDER NEW MANAGEMENT. SPECIAL - **FIRST MONTH RENT FREE** - Newly renovated 2 and 3 BR w/ was./dry. hook-up. Call 410-262-3070.

Services

To have your **OFFICE CLEANED**, call 757-709-0310. References provided.

MARSHALL'S TREE SERVICE - Capable, Dependable, Affordable. 4 yr. degree certified arborist on staff. 442-7540 or Cell # 678-6152.

KC INTERIORS - All phases of home improvement and repair. 30 years. experience. References. Joe Beacon 757-990-1890

JOHN ROSS SMITH JR. CONSTRUCTION, Class A General Contractor. New construction & home improvements. Mobile 709-2123, Office 787-7863

R.W. Harlow & Associates, Inc. - **CONSTRUCTION**, Remodeling & Repairs. Over 20 yrs. experience. 703-409-5764 or 757-678-7832

SIMPSON TREE & BOBCAT SERVICE - Tree trimming, removal and stump grinding. 787-2100 or 710-8477. FREE ESTIMATES.

COPYWRITING EDITING PRESS RELEASES RESUMES

If you need words written, call 757-894-8097 and leave a message. More than 30 years' experience.



Affordable Rates
Call 894-3151

FURNITURE REFINISHING & cleaning. Brass and silver polishing, lamp repair and rewiring. Reasonable rates. 710-2160. 8 a.m. - 5 p.m.

CUSTOM SEWING & alterations, clothes, miscellaneous items - Judie Gibbs - 442-6836 or 442-6832

KELLAM'S TREE SERVICE - Complete tree and stump removal, 57 ft. bucket truck service with operator. Over 30 yrs. experience. We are insured. Free estimates anywhere on the Shore. Phone 757-787-4380 or Cell 757-999-4380

HOME REPAIR HANDYMAN-All small home repair jobs. Replace or repair plumbing, light fixtures, tile, trim, doors, windows, and wind turbines. Call Larry Baines 665-5221

Vehicles and Parts

Automobiles

CADILLAC 2000 DEVILLE- Exc. condition. Garage kept, 68,500 mi. Asking price \$10,500 obo. 331-1307

2000 MALIBU LS - elec. windows, 6 cyl, 4door, cruise control, auto, gray, AC. \$5,200 - possible financing. 757-709-0624. Call anytime

2002 BLACK MERCURY SABLE LS - Ex. Condition - Leather, elec. sun roof, 6 cyl, 4dr, AC -\$6,200 - financing may be available - 709-0624

1990 FORD MUSTANG GT Convertible, \$2,600.

1997 MERCURY MOUNTAINEER SUV V8, Tow Pack. \$2,800. Good condition. Cell 757-894-1111 - home 757-824-6367

1997 FORD TAURUS wagon. Good condition. 137,800 miles. \$3,500. For more info 757-650-4206 or DPhillips90@earthlink.net

1976 CHEVY IMPALA 2 Dr Sedan. \$1,800 firm. 757-709-8288 until 5. 442-2263 after 5.

1996 FORD THUNDERBIRD - Call for more details before 2 p.m. 757-824-3301

86 TOYOTA MRZ, excellent running condition. New engine, clutch, vacuum hoses, battery & cables, Michelin Tires & exhaust system. Have paperwork. \$2,600. Call 757-824-6368. Leave message

1981 CADILLAC EL DORADO Diesel. Very good condition. Low Mileage. Asking \$4,850. Call Rodney. 757-665-4639

2000 JEEP CHEROKEE SPORT 4X4 149,000mi \$5500. To view go to 23578 Front St. Accomack (near library). Call 787-2623 for more info.

Motorcycles, ATVs. Carts

NEW GOLF CART - STREET READY. FULLY ENCLOSED. CALL 442-2750

HONDA ELITE SCOOTER - '07 - less than 70 miles. \$2,000. 442-9274

2002 HONDA- 4 Wheeler -300 EX. Good Condition. \$2,400. 757-787-4190. Leave a message.

Parts

INTAKE MANIFOLD - Ford - Complete for 4.6 engine. 757-824-0309 or 894-3952.

ENGINE PARTS for 3.8 GM including intake manifold, heads, starter & alternator. Call 824-0309 or 894-3952

2000 Dodge Ram 318 MOTOR and 5 speed transmission from 1500 pickup. 1994 Plymouth 3.3 V6 and auto transmission from Voyager. 787-4136.

R.V.s

27' NOMAD 5th Wheel Camper. 1993, very clean condition. must sell \$4600. 442-7510

28' SUNLINE CAMPER. Excellent condition. Awning, portable screen rm., new tires, tow package, state-of-the-art smoke/fire alarm system. Everything works. \$3800 call 757-824-5488.

1993 FLEETWOOD FLAIR - 5K generator. 25 ft. 46,000 mi., Sleeps 4 nicely. Chev. 454 engine. All new tires. \$12,500. 787-4726 or 710-3723



2006 FLEETWOOD EXCURSION, 308 CAT, Allison Auto Trans., 39 feet long, 3 slides, 5,000 miles. Asking \$150,000.

Trucks/SUVs

1997 FORD F150 Pickup. 125,000 Miles, AC. \$5,000 OBO. Call 787-4141

2003 FORD VAN - 11 passenger. Towing pkg. \$8,500. 757-787-2077.

2007 CHRYSLER STOW-N-GO VAN - 16,500 miles. \$14,995. Excellent condition. Garage kept. Call 757-336-6679. Leave message.

REDUCED- 1998 LINCOLN NAVIGATOR, Red, 135K miles, excellent condition, \$5,850. 787-8255

1988 CHEVY SILVERADO 1500. \$2900. Many new parts: new tires, and brakes Runs great. 710-6471 or 442-2772

1996 RAM 1500 PICKUP - V8 - 4WD - AC, CD Player - Short Bed, Bed Liner. Club Cab. Dual Exhaust. Great Work Truck - Burgundy. \$5,800. Financing may be available. 709-0624

TRUCK FOR SALE - 1992 GMC Scottsdale Short Bed; V8 Custom 327 engine; 327 turbo glide transmission, ceramic headers, 4-shift. \$3,000 OBO. 757-331-4605

2001 Dodge Conversion Van; Loaded!!!



47,000 miles and in perfect condition. Great for family vacations with the kids. Maroon exterior with light gray leather interior seats and carpet; wood trim. TV, VCR, 2 stereo systems and 5 headsets for individual passenger listening preferences. Automatic transmission, dual zone h/ac, cruise control, custom blinds, screened rear windows, back seat converts to bed. Plenty of headroom to walk around in. (757) 787-4175

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Paying Top Dollar
for all
U.S. & World Coins
& Paper Money
Call 757-854-0667

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and
GOLD
sterling, class rings,
coins,

broken jewelry,
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dental gold, diamonds,
antiques,
estates and more.
Call Jerry @
442-CASH (2274)
Open wed.-fri.
noon-5pm

PAYING CASH FOR JUNK CARS



QUICK REMOVAL

665-5000

1999 Red DODGE DURANGO - V8, leather, CD/tape, running boards, 3rd seat. 140k - \$6,000. 757-894-5873

1989 FORD Super-duty diesel 6 wheeler s/15 ft. body and cooling unit. Call (757) 787-7539. Low mileage for a diesel truck.

REDUCED - 1997 FORD 250 DIESEL PICKUP w/ refrigerated body. works great, \$8,500. Call 665-6568

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Yard Sales & Thrift Shops

FAILY YARD SALE - NANCOCK GARDENS - #50 BEVERLY BRADLEY - COME EARLY - GOOD BUYS

SMITH THRIFT SHOP - Quinby. Open Sat., Nov. 15 - 8 a.m. - noon. Bake Table.

BIG YARD SALE - Nov. 8, 23382 Sand Cove Rd., Accomac, VA - Follow signs. Rain date, Nov. 15.

BLOXOM - 2 family garage sale. Collectibles, different old antiques, lots of games & toys just in time for Christmas - 26106 Circle Drive. 8 a.m. - 3 p.m. Nov. 14 & 15.

YARD SALE - Onancock - 18346 Cashville Rd., Sat. 15th & Sun 16th. 10 a.m. - 4 p.m. Handcrafted seasonal items.

Yard Sale - Saturday, Nov. 15 at **COUNTY LINE IN EXMORE**. 8 a.m. - 1 p.m. Longaberger baskets, baby items, men's & women's clothes furniture, toys and more. Call 442-7577 for ore info. Raindate: Dec. 6th



Advertise Your
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For As Little As
\$8

Not the Work of Sportsmen



These deer carcasses were strewn about near Wachapreague after some so-called-hunters took the prime cuts from the bodies, leaving rest of the meat to spoil. This is the second time in two weeks such an incident has occurred in the area, disturbing local hunt clubs and more civilized sportsmen who say such actions give hunters a bad name. Check out the story on page 18 to learn how one group of hunters is trying to see that their extra game gets to where its needed most.

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Saturdays: Accomac Elks: 8:15-9:15 am

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Hunters for the Hungry Up and Running Again

The Eastern Shore Hunters for the Hungry has begun its twelfth season of processing deer. The program was started locally in 1997, growing each year with support. Last year 443 deer were donated bringing the all time total to over 3200 deer. This amounts to over 112,000 pounds or 448,000 four ounce servings that have been distributed locally to Shore residents by the Food Bank and other agencies.

The goal this year is 400 deer. The processing cost per deer is \$45 and yields about 35 pounds of nutritious meat. With the program paying a per deer processing charge, it is encouraged to donate larger deer to maximize processing funds.

As always there is no charge to the hunter donating the deer for processing. The program will require \$18,000 to cover the processing cost this year. Financial contributions are encouraged and greatly needed this year. There is a standing dollar for dollar match for Ruritan clubs and current matching money for business, church, and civic club donations.

The deer may be taken to collection coolers at the Food Bank in Tasley and B&B Market in Machipongo. The processors, who also accept deer donations, are Bill Custis at B&B Meat Barn in Parksley (RT13) and Brent Powell in Wachapreague.

The program is 501c3 non profit organization. Donations may be sent to "Hunters for the Hungry" PO Box 1702 Parksley VA 23421. Questions contact Worth Saunders, Chairman at 757-665-4517 or eshunt4hungry@verizon.net.

Writing Cabaret Tuesday

The ESO will hold a special Cabaret Night featuring students from the class, Creative Writing with David Poyer. The cabaret will offer performances of the written word by some of the Shore's own aspiring wordsmiths. Local writers have been preparing for this evening for 10 weeks and will give dramatic readings of their finished works. Featured will be short stories, poetry and nostalgic essays.

The event will take place at ESO in Belle Haven on Tuesday, Nov. 18 at 7 p.m.

Admission is free and light snacks will be served. There will be a cash bar for beverages. For more information call 442-3226 or e-mail eso@esoartscenter.org.

New Seafood Selection Guide Has Some Seeing Red

A new program developed by the Virginia Aquarium and Marine Science Center has at least one Shore resident up in arms. According to aquarium officials, the program, "Sensible Seafoods" was designed to help consumers make sustainable seafood choices in stores and restaurants. It provides seafood lovers with a reference guide that rates the most popular seafood into green, yellow or red categories.

Green-listed fish and shellfish are harvested or grown in an environmentally-friendly manner. Yellow indicates that there may be some issues regarding a species, such as accidental catch of turtles or other marine animals. And the red items, they say, are best avoided – at least for the time being.

One of the "red" items listed in the reference guide is flounder, and that has Randy Lewis of Wachapreague upset.

"This 'Sustainable Seafood list', is a serious concern for flounder fisherman and all the businesses that cater to & rely on their support for their livelihood," Lewis said. And he claims that the inclusion of flounder on the list is unwarranted.

Writes Lewis, "The latest scientific review of the summer flounder stock revealed that the stock is not over fished nor is over fishing occurring. According to a study released by the (RFA), "Fishing mortality has decreased over 80%, total harvest has decreased over 96%, and both total stock biomass and spawning

biomass have increased 251% and 280% respectively". Ironically, the summer flounder have experienced similar rebuilding success as the striped bass, which the Aquarium says is OK. The Summer flounder are one of the most popular species. They are sought after by recreational anglers in the entire mid-Atlantic and are extremely important to the local economies and communities of Virginia. "The current status of the summer flounder Spawning Stock Biomass, (SSB), which has grown from a low of 15.5 million pounds in 1989 to a high of 97.2 million pounds in 2005", makes me wonder why flounder is considered out. If the current stock has grown to more than six times its lowest value

and currently hovers around the highest (SSB) ever recorded in this fishery, why would it be considered a fish to avoid on this Sustainable Seafood list? Furthermore, fishing methods for summer flounder are as environmentally safe as those for any wild species."

For its part, the aquarium website notes that criteria for the list was developed with the assistance of the Sustainable Seafood Advisory Panel. The panel will meet annually to discuss new information on mid-Atlantic species and revise the guide accordingly.

Lewis is now working to make sure the information he has garnered will result in at least one revision, putting flounder back in the "green list".

Legal Notices & Auctions

PUBLIC NOTICE

In accordance with the Northampton County Board of Supervisors' policy, please be advised that there will be appointment vacancies, effective December 31, 2008, on the following commissions and boards:

BOARD OF APPEALS FOR THE BUILDING INSPECTOR

DISABILITY SERVICES BOARD

INDUSTRIAL DEVELOPMENT AUTHORITY OF CAPE CHARLES-NORTHHAMPTON COUNTY

EASTERN SHORE COMMUNITY SERVICES BOARD

NORTHAMPTON COUNTY JOINT PLANNING COMMISSION

PURCHASE OF DEVELOPMENT RIGHTS COMMITTEE

NORTHAMPTON COUNTY RECREATION BOARD

If citizens are interested in serving on any of these boards or commissions, they should contact the County Administrator's Office and complete a Board Bank Application.

Eastern Shore Mini Storage - Auction

Saturday, Nov. 22, 2008

21012 Fairgrounds Rd., Onancock VA

Location at 10 A.M.

#0337 in the name of Jennifer Paskill
Cash & Carry

REAL ESTATE & PERSONAL PROPERTY AUCTION

Selling from the Home of Emmet & Alma Michaels ~ Accomac, VA

Saturday, Nov. 15, 2008 @ 10:00 am

RAIN DATE: November 15, 2008 @ 10:00 a.m.

Directions: Located on Business Rt. 13 in Accomac, VA, approx. 60 mi. North of Chesapeake Bay Bridge Tunnel & 60 mi. South of Salisbury, MD. Turn East off Ret. 13 at Traffic light by Shore Stop onto Court House Ave., follow into Accomac, turn North on Business Rt. 13, approx. 1/2 mi. on left. Signs will be posted from Rt. 13.

RAINED OUT SATURDAY
WILL SELL REMAINDER THIS WEEK BEGINNING AT 10 A.M.

Real Estate is to be sold as is with a 3% buyer's premium. Closing costs and inspections are the responsibility of the purchaser. \$20,000 down day of sale, balance in 30 days, to be paid by cashier's check, or personal check with an approved bank note. Any announcements made day of sale will take preference over any other terms listed prior.

REAL ESTATE WILL BE SOLD AT 12:00 NOON

Piano • Lg. Corner Cupboard (Painted Red) • Lg. Oak Roll Top Desk • 3 Piece Iron Yard Set • 5 Piece Iron Patio Set • 6 Pieces Wicker Furniture • Cement Yard Ornaments • Elephant Garden Seat • Several Blue & Gray Stoneware Crocks (including Hamilton & Jones, Hawthorne, PA, Harrisburg, PA & Others) • Set Thomas Brass Ships Clock • Victorian Hanging Lamp with Prisms • Victorian hanging Double Globe Lamp • Braided Rug • Lot of Agateware, Baskets, & County Tin ware • Pressed Glass & Cut Glass • Souvenir Glass (1- Thomas Hinman Bloxom Va.) • Iron Trivets • Pewter • Fish Platter • Cobalt Blue Glass • Flying Phoenix China • Mirrored Plateau • Oriental Charger Plates • Blue & White German Spice Set • glass Bread Trays • Sleigh Bells • Lot of Cast Iron Fireplace Cookware &

Utensils • Double Barrel Shotgun with Hammers • 2- Cranberry Hobnail Bracket Lamps • Banquet Lamps • Oil Lamps • Bracket Lamps • Floor Lamps • Betty Lamps (Iron & Brass) • Iron Stone Wash Bowl & Pitcher • Brass Lamps • Fostoria Candle Holders • Quilts • Hooked Rugs (including stairway runner for 14 steps, each step different scene) • Guilted Gold Eagle Mirror • Mustache Cups • Brass Candle Holders • Banjo Clock • Brass Buckets • Lot of Old Books • Copper & Brass Tea Kettles • Iron Kitchen Utensils • Brass & Iron Dippers • Pr. Foo Dogs • Several Decoys (including 2-Bob Birch, Roe Terry, Chincoteague, VA & Others) • Fruit Plates • Oyster Plates • Blue Collector Plates • Lt. Ginger Jar • Lg. Delth Blue Bowl • Lots of Box Lots & Other Items too numerous to mention.

5% Buyers Premium Applies to All Transactions.

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Check for pictures on website: countrysideauctions.com



PUBLISHER'S NOTICE ~ FAIR HOUSING

We are pledged to the letter and spirit of Virginia's policy for achieving equal housing opportunity throughout the Commonwealth. We encourage and support advertising and marketing programs in which there are no barriers to obtaining housing because of race, color, religion, national origin, sex, elderliness, familial status or handicap. All real estate advertised herein is subject to Virginia's fair housing law which makes it illegal to advertise "any preference, limitation or discrimination because of race, color, religion, national origin, sex, elderliness, familial status or handicap, or intention to make any such preference, limitation or discrimination." This newspaper will not knowingly accept advertising for real estate that violates the fair housing law. Our readers are hereby informed that all dwellings advertised in this newspaper are available on an equal opportunity basis.

For more information or to file a housing complaint, call the Virginia Fair Housing Office at (804) 367-8530. Toll-free call (888) 551-3247. For the hearing-impaired, call (804) 367-9753. E-mail: fairhousing@dpor.virginia.gov. Website: www.fairhousing.vipnet.org

Post

TIMES

Nov. 14~ Nov. 20

SUN. Nov. 16 »11:30 a.m. & 4 p.m. - **Women's Day Services** - Living Word Church of Deliverance, Parksley
 »2 p.m. - **Bingo** - VFW Post 2296, Tasley
 »3 p.m. - **The Heavenly Lights in Concert** - Bethel A.M.E. Church, Onancock
 »3 p.m. - **First Pool Baptismal** - St. Luke A.M.E. Church
 »3 p.m. - **Diconate Ordination** - Emmanuel Episcopal Church, Jenkins Bridge - 824-5043
 »3 p.m. - **131st Church Anniversary** - First Baptist Church, Mappsville
 »7 p.m. - **AA mtg.** - Christ Episcopal Church, Eastville
 »7 p.m. - **Andrews Family in Concert** - United Christian Church, Parksley
 »7 p.m. - **Calling Levi in Concert** - Onancock Baptist Church Worship Center

FRI., Nov. 14

»6 p.m. - **Celebrate Recovery group mtg.** - Family Life Center of Onancock Baptist Church, on Market St. - includes a simple meal - \$6/person or \$10/family.
 »7 p.m. - **"Life Teach" Series** - Rachel/ Leah Covenant Ministries - 787-2486
 »7 p.m. - **Narcotics Anonymous mtg.** - Adventist Comm. Center, Exmore
 »7:30 p.m. - **Pre-Women's Day Fellowship Service** - Living Word Church of Deliverance, Parksley
 »7:30 p.m. - **AA mtg.** - Downing UMC, Oak Hall
 »7:30 p.m. - **Texas Hold 'Em Tournament** - Parksley VFC - Downing UMC, Oak Hall

SAT., Nov. 15

»8:30 a.m. - **Men's Encouragement Service** - Breakfast available prior to service, lunch afterward - Pungoteague Community Church - 442-9596
 »9 a.m. - **Annual Turkey Shoot** - New Church Vol. Fire & Rescue - 824-9724
 »9a.m. - noon- **Farmer's Market** - Main St., Chincoteague
 »noon- 2 p.m.- **Harvest Festival**- Woodberry UMC, Gargatha - Lots of food, silent auction, white elephant - lunch and more
 »6 p.m. - **Bingo**- American Legion Post 159, Chincoteague - 336-9747
 »6 p.m. - **Pastor's Aid Service** - St. Luke A.M.E. Church

TUE., Nov. 18

»10 a.m. - **Bingo** - Accomack Sr. Village, Onancock
 »11 a.m. - **Church Women United mtg.** - St. Paul on the Shore, Hallwood - bring covered dish
 »1 p.m. - **AA mtg.** -Christ Episcopal Church, Eastville
 »1 p.m. - **Surviving the Holidays when caregiving or after a loss** - Cape Charles Baptist Church
 »5:15-6 p.m. - **TOPS weigh-in (program @ 6)** - Belle Haven Presbyterian Church - 442-9776
 »6 p.m. - **Multiple Sclerosis Support Group mtg.** - Captain's Deck Restaurant, Nassawadox
 »6 p.m. - **Rachel Leah Ministries** - Call 787-2486 for info
 »6 p.m. - **Bingo** - Pocomoke Elks, Rt. 113
 »6:30-8:30 p.m. - **GED Class** - Classroom A-51, ESCC
 »7 p.m. - **Northampton County Democratic Committee mtg.** - America Legion Post 400, Eastville
 »7 p.m. - **Narcotics Anonymous mtg.** - Jerusalem Baptist Church, Temperanceville
 »7:30 p.m. - **Bingo** - Smoke Free - Cheriton Vol. Fire Co.
 »7:30 p.m. - **Al-Anon mtg.** - Atlantic UMC

The Operation Christmas Child Relay Collection Center will be open Nov. 16 through 23 at Exmore Baptist Church in Exmore. The hours will be Sundays from 2 to 5 p.m. and Monday through Saturday from 10 a.m. to 5 p.m. For more information call 442-5645



Evangelist Randy Hogue will speak at three special events at Exmore Baptist Church this week. Recognized as a powerful evangelist, especially in ministering to youth, Hogue will speak twice on Sunday, Nov. 16, first at 11 a.m. and again at 7 p.m. The third event will be Monday, Nov. 17 at 6:30 p.m. when Hogue will hold a "Youth Rally and Pizza Blast. For more information call 442-9491

WED., Nov. 19

»7:45 a.m. - **Kiwanis Club of Accomack mtg.** -Sunrise Restaurant, Onley
 »9 a.m.-noon - **Farmers' Market** - Downtown Park, Main St., Chincoteague
 »9:30-11:30 a.m. - **GED Class** - Head Start Center, Accomac - 787-1760
 »10 a.m. - **MOPS Zoo Playgroup** - Christ UMC, Chincoteague
 »10 a.m. - **Accomack AARP mtg.** - Sunrise Restaurant, Onley - Althea Pittman of E.S. Center for Independent Living will speak
 »11:30 a.m. - **Debedeavon Toastmasters mtg.** - Navy/MWR Cropper Center, Wallops - 824-2126
 »2 p.m. -**Surviving the Holidays when caregiving or after a loss** - Accomack Head Start, Accomac
 »2 p.m. - **E.S. Brain Injury Survivors Support Group mtg.** - Belle Haven- 442-9334
 »7 p.m. - **Prostate Cancer Support Group mtg.** - Onley UMC
 »7 p.m. - **AA & Al-Anon mtgs.**- Shore Memorial Hospital
 »7 p.m. - **Bingo** - Nelsonia Moose Lodge
 »8 p.m. - **AA beginners mtg.**- Downing UMC, Oak Hall

THURS., Nov. 20

»10:30 a.m. - **Surviving the Holidays when caregiving or after a loss** - Swain UMC, Tangier
 »5 p.m. - **TOPS # VA 550 mtg.** - Bible Baptist Church, Accomac - 387-9016
 »6 p.m. - **TOPS mtg.** - Cape Charles Rescue Bldg., Cheriton
 »6:30 p.m. - **Kiwanis of Chincoteague mtg.** - St. Andrew's Catholic Church
 »6:30-7:30 p.m. - **Al-Anon mtg.** - Trinity UMC, Cape Charles
 »6:30-8:30 p.m. - **GED Class** - ESCC, Rm. A-51
 »7 p.m. - **Narcotics Anony. mtg.** - Painter-Garrisons UM Church
 »7 p.m. - **Compassionate Friends of the Eastern Shore Support Group mtg.** - Onancock Baptist Family Life Center, Onancock
 »7 p.m. - **Moms in Touch prayer group mtg.** - Cape Charles Baptist Church
 »8 p.m. - **AA mtg.** - Fellowship House, 6263 Church St., Chincoteague



By J.J. and Troy Justis

Postings

With another dominant performance Sunday at Phoenix, Jimmie Johnson can taste his third championship. The only one left that can mathematically stop this is Carl Edwards. Johnson only needs to finish 36th or better in Florida.

Backseat Drivers:

His View: Finally – Down to the last one. This has been a loooooooong season. Make that a looooooooooog and winless season.

Her View: Now Hamlin gets warmed up – with only one race to go! Better luck for him next year. Jeffie is hoping for better luck next year, too. With an engine failure on Sunday, it looks as if he will be winless in 2008. It seems to be Jimmie Johnson's decade.

Next Race:

Nov. 16 – Ford 400 Homestead – Miami Speedway on ABC at 3 p.m., MRN/WESR FM 103 at 3 p.m.

RACE RESULTS

- | | | |
|----|------|--------------------|
| 1 | # 48 | Jimmie Johnson |
| 2 | # 2 | Kurt Busch |
| 3 | # 26 | Jamie McMurray |
| 4 | # 99 | Carl Edwards |
| 5 | # 11 | Denny Hamlin |
| 6 | # 88 | Dale Earnhardt Jr. |
| 7 | # 29 | Kevin Harvick |
| 8 | # 18 | Kyle Busch |
| 9 | # 31 | Jeff Burton |
| 10 | # 6 | David Ragan |

DRIVER STANDINGS

1	Jimmie Johnson	Leader
2	Carl Edwards	-141
3	Greg Biffle	-203
4	Jeff Burton	-269
5	Kevin Harvick	-328
6	Clint Bowyer	-335
7	Jeff Gordon	-410
8	Matt Kenseth	-470
9	Denny Hamlin	-471
10	Dale Earnhardt Jr.	-474
11	Kyle Busch	-481
12	Tony Stewart	-502

Here's What Else Is Happening on the Shore

Children's Voice & Drama Classes at ESO

The ESO is adding two new children's classes to their schedule.

The first class is Children's Individual Voice Lessons for ages 8-12. The lessons will help the student learn the mechanics of voice, musical styles, and techniques to help develop children's ability and interest in singing. This class will be offered on Tuesday afternoons starting Nov. 18. Individual lessons

are scheduled on a first come, first served basis. The cost is \$20 per lesson.

The second class is Group Drama for Children. This class is for children from pre-school age through 15 years. The emphasis of this class will be to help the student learn to create and be creative. This class will be offered on Tuesdays from 4:30 to 5:30. This five week class will begin on Nov. 18.

The cost of the class is \$50. To register, please contact the ESO at 442-3226 or visit their web site at www.esoartscenter.org.

School Friends to Meet

Church Women United will observe World Community Day on Tuesday, Nov. 18 at 11 a.m.

The event will be held at St. Paul on the Shore on Main St. in Hallwood.

All church women on the shore are urged to attend the service which will be followed by a covered dish lunch.

Gifts of socks, children's underwear and art supplies will be collected following the meeting for distribution to needy children and schools.

For more information call Lynn Hiltz at 824-0863.

The Fall-Winter General Meeting of the Friends of Onancock School will be held Thursday, Nov. 20 at 7 p.m. with an open house beginning at 6:30 p.m.

The featured speaker will be local historian Miles Barnes. There will also be an opportunity for the public to make comments and offer suggestions.

You'll Love The Classified

Real Estate Postings



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TIDE TABLES

	Fri. Nov. 14	Sat. Nov. 15	Sun. Nov. 16	Mon. Nov. 17	Tues. Nov. 18	Wed. Nov. 19	Th. Nov. 20
Seaside Assateague Beach	H 8:12 a.m. L 2:59 p.m.	H 9:05 a.m. L 3:52 p.m.	H 9:59 a.m. L 4:49 p.m.	H 10:55 a.m. L 5:48 p.m.	H 11:52 a.m. L 5:42 a.m.	H 12:53 p.m. L 6:48 a.m.	H 1:57 p.m. L 7:55 a.m.
Chincoteague Channel	H 8:21 a.m. L 2:33 p.m.	H 9:14 a.m. L 3:26 p.m.	H 10:08 a.m. L 4:23 p.m.	H 11:03 a.m. L 5:22 p.m.	H 12:01 p.m. L 5:16 a.m.	H 1:02 p.m. L 6:22 a.m.	H 2:06 p.m. L 7:29 a.m.
Gargatha	H 9:11 a.m. L 3:39 p.m.	H 10:04 a.m. L 4:32 p.m.	H 10:58 a.m. L 5:29 p.m.	H 11:54 a.m. L 5:21 a.m.	H 12:51 p.m. L 6:22 a.m.	H 1:52 p.m. L 7:28 a.m.	H 2:56 p.m. L 8:35 a.m.
Folly Creek	H 9:04 a.m. L 3:24 p.m.	H 9:57 a.m. L 4:17 p.m.	H 10:51 a.m. L 5:14 p.m.	H 11:47 a.m. L 5:06 a.m.	H 12:44 p.m. L 6:07 a.m.	H 1:45 p.m. L 7:13 a.m.	H 2:49 p.m. L 8:20 a.m.
Wachapreague Inlet	H 8:14 a.m. L 2:43 p.m.	H 9:07 a.m. L 3:36 p.m.	H 10:01 a.m. L 4:33 p.m.	H 10:57 a.m. L 5:32 p.m.	H 11:54 p.m. L 5:26 a.m.	H 12:55 p.m. L 6:32 a.m.	H 1:59 p.m. L 7:39 a.m.
Quinby Inlet	H 8:09 a.m. L 2:28 p.m.	H 9:02 a.m. L 3:21 p.m.	H 9:56 a.m. L 4:18 p.m.	H 10:52 a.m. L 5:17 p.m.	H 11:49 a.m. L 5:11 a.m.	H 12:50 p.m. L 6:17 a.m.	H 1:54 p.m. L 7:24 a.m.
Machipongo Inlet	H 8:41 a.m. L 3:03 p.m.	H 9:34 a.m. L 3:56 p.m.	H 10:28 a.m. L 4:53 p.m.	H 11:23 a.m. L 5:52 p.m.	H 12:21 p.m. L 5:46 a.m.	H 1:22 p.m. L 6:52 a.m.	H 2:26 p.m. L 7:59 a.m.
Bayside Tangier Light	H 12:19 p.m. L 5:50 a.m.	H 1:12 p.m. L 6:40 a.m.	H 2:06 p.m. L 7:32 a.m.	H 3:01 p.m. L 8:29 a.m.	H 3:57 p.m. L 9:33 a.m.	H 4:58 p.m. L 10:44 a.m.	H 5:43 a.m. L 11:56 a.m.
Saxis	H 12:31 p.m. L 6:39 a.m.	H 1:24 p.m. L 7:29 a.m.	H 2:18 p.m. L 8:21 a.m.	H 3:13 p.m. L 9:18 a.m.	H 4:09 p.m. L 10:22 a.m.	H 4:46 p.m. L 11:33 a.m.	H 5:55 a.m. L 12:45 p.m.
Hunting Creek	H 12:42 p.m. L 6:45 a.m.	H 1:35 p.m. L 7:35 a.m.	H 2:29 p.m. L 8:27 a.m.	H 3:24 p.m. L 9:24 a.m.	H 4:20 p.m. L 10:28 a.m.	H 5:21 p.m. L 11:39 a.m.	H 6:06 a.m. L 12:51 p.m.
Chesconnessex Creek	H 12:11 p.m. L 5:56 a.m.	H 1:04 p.m. L 6:46 a.m.	H 1:58 p.m. L 7:38 a.m.	H 2:53 p.m. L 8:35 a.m.	H 3:49 p.m. L 9:39 a.m.	H 4:50 p.m. L 10:50 a.m.	H 5:56 p.m. L 12:02 p.m.
Onancock Creek	H 12:20 p.m. L 6:10 a.m.	H 1:13 p.m. L 7:00 a.m.	H 2:07 p.m. L 7:52 a.m.	H 3:02 p.m. L 8:49 a.m.	H 3:58 p.m. L 9:53 a.m.	H 4:59 p.m. L 11:04 a.m.	H 5:44 a.m. L 12:16 p.m.
Pungoteague Creek	H 11:50 p.m. L 5:39 a.m.	H 12:43 p.m. L 6:29 a.m.	H 1:37 p.m. L 7:21 a.m.	H 2:32 p.m. L 8:18 a.m.	H 3:28 p.m. L 9:22 a.m.	H 4:29 p.m. L 10:33 a.m.	H 5:35 p.m. L 11:45 a.m.
Occohannock Creek	H 11:00 a.m. L 5:05 a.m.	H 11:53 a.m. L 5:55 a.m.	H 12:47 p.m. L 6:47 a.m.	H 1:42 p.m. L 7:44 a.m.	H 2:38 p.m. L 8:48 a.m.	H 3:39 p.m. L 9:59 a.m.	H 4:45 p.m. L 11:11 a.m.
Nassawadox Creek	H 10:24 a.m. L 4:46 p.m.	H 11:17 p.m. L 5:37 p.m.	H 12:11 p.m. L 5:32 a.m.	H 1:06 p.m. L 6:29 a.m.	H 2:02 p.m. L 7:33 a.m.	H 3:03 p.m. L 8:44 a.m.	H 4:09 p.m. L 9:56 a.m.
Cape Charles Harbor	H 9:13 a.m. L 3:54 p.m.	H 10:06 a.m. L 4:45 p.m.	H 11:00 a.m. L 5:41 p.m.	H 11:55 a.m. L 5:37 a.m.	H 12:51 p.m. L 6:41 a.m.	H 1:52 p.m. L 7:52 a.m.	H 2:58 p.m. L 9:04 a.m.
Kiptopeke Park	H 8:51 a.m. L 3:23 p.m.	H 9:44 a.m. L 4:14 p.m.	H 10:38 a.m. L 5:10 p.m.	H 11:33 a.m. L 5:06 a.m.	H 12:29 p.m. L 6:10 a.m.	H 1:30 p.m. L 7:21 a.m.	H 2:36 p.m. L 8:33 a.m.

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Posted at Sea Level

By Linda Cicoira

Tomorrow is National Spicy Hermit Day.

No, that doesn't mean that a trip to your neighbor's house to sprinkle Old Bay seasoning on the head of a middle-aged man is in order.

Nor is this recluse a hummingbird found in the shady lower layers of tropical forests.

The Spicy Hermit can be found in the homes of fortunate Eastern Shore residents who appreciate good cooking.

Yippee! A spicy hermit is a cookie bar! I can't think of a better way to celebrate fall.

And there are a handful of other

food-related holidays in November, not including Thanksgiving. Could that have something to do with why this is my favorite time of year?

November is National Fun with Fondue Month, National Georgia Pecan Month, National Peanut Butter Lover's Month, National Pepper Month and National Raisin Bread Month.

There are 29 individual food days in November. You know you went to the store and got a deal on the leftover candy from Halloween. Perhaps you didn't realize that meant you were, in your unique way, celebrating National Candy Day. (That holiday also honors the Post's publisher, CANDY Farlow.)

Deviled Eggs Day on Nov. 2 had to be started on the Shore since any local event will include them.

I learned that National Donut Day was Nov. 5. Hmm. I thought

that was every day. Today is also National Guacamole Day. Bring on the tortilla chips! Fast Food Day is Nov. 16. Homemade bread is celebrated on Nov. 17.

There is also National Sardines Day on Nov. 24, National Parfait Day on Nov. 25, and National Cake Day on Nov. 26 (I think a Smith Island 14-layer chocolate version is in order). Thanksgiving this year coincides with National Bavarian Cream Pie Day. There's a new tradition in the making.

Let's end the month with National French Toast Day on Nov. 28, National Lemon Creme Pie Day on Nov. 29 and, last but hardly least, National Mousse Day on Nov. 30.

Here's the recipe for the Spicy Hermit Cookies. We won't object if anyone wants to drop some off at our office at Four Corner Plaza.

Spicy Hermits

$\frac{1}{2}$ cup shortening
 $\frac{3}{4}$ cup packed brown sugar
2 eggs
 $\frac{1}{2}$ cup molasses
1½ cups sifted flour
¾ tsp. cinnamon
½ tsp. baking soda
½ tsp. nutmeg
½ tsp. ground cloves
½ tsp. salt
1½ cup raisins
½ cup chopped walnuts

Cream shortening and brown sugar until fluffy. Blend in eggs one at a time. Add molasses. Beat well. Combine flour, cinnamon, soda, nutmeg, cloves and salt. Stir into creamed mixture. Stir in raisins and nuts. Spread into greased 13"x 9" baking pan. Bake at 350° for 25 to 30 minutes. Cool, sift confectioner's sugar over top, then cut into bars.

Post Office Mail

What's With ESCC Lights?

Dear Editor:

The recent letter from Terry Malarkey brought welcome attention to the gradual loss of our great night-time dark-skies star-show here on the Eastern Shore, and what A&N Electrical Cooperative is doing to help reduce light pollution. He also mentioned, in passing, the problem of poorly chosen parking area lighting.

However, a recently installed parking area at Eastern Shore Community College is apparently trying to signal its presence to the moon. What were the architects thinking? Why is the college tolerating the extravagant use of electricity with lighting almost bright enough at night to assemble a space shuttle in the parking lot? This is certainly not a frugal use of the citizens' tax money that forms the financial backbone of the college.

I hope it's not too late to add lampshades to these new lights. The extra light reflected down will allow a reduction either in the number or intensity of lights needed and in the hours they are lighted. Unnecessary sky glow would be prevented, the parking lot will still be adequately lighted for safety, and there will be a significant cost saving over time. Everyone benefits. Please help make it happen.

RH Meyers, Exmore

Library Thanks Community

Dear Editor:

The Board of Directors of Chincoteague Island Library is pleased to announce that we have met our initial fund-raising goal, thanks to the support of the entire Chincoteague community as well as our Eastern Shore neighbors. Through the efforts and contributions of the Town of Chincoteague, Accomack County, full-time and part-time resi-

dents, visitors, local businesses, service organizations, and grant-makers, our "Little Library That Could" has shown that it could and did.

At long last, construction has begun on the library addition. The Library Board has installed a Web cam to track the building progress. Simply log on to www.chincoteagueislandlibrary.org. Scroll down under "Expansion Plans" and watch our little library grow.

Because of material price increases, we continue to need donations to furnish the new building and restore our original building. There are many ways you can help. Our annual fund-raising appeal, Friends of the Island Library, supports ongoing operational expenses, maintenance and programs. Naming rights for several areas in the new building are still available. Major contributors and businesses can have their name, or that of a loved one, engraved on a plaque on our "Honor Wall." And the Library Board has established an endowment fund to help ensure our library has an ongoing source of

**Post Op-
Ed Page**

**'They're
at the Post ...'**
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revenue for operations and maintenance.

Our dedicated staff of volunteers has continued to expand our summer reading programs, book clubs, Internet usage, and circulation. The Oral History Committee has been busy interviewing residents and transcribing and digitizing the interviews so you can log on to any library computer to listen to the voices of early Chincoteague residents.

We want to express our utmost gratitude to the entire community for its help in bringing library services to the island.

Linda J. Ryan, Board President

Rural Health Grateful

Dear Editor:

I wanted to express my deepest thanks to the community and patients of Eastern Shore Rural Health System, Inc. (ESRHS) for their support and patience during our transition to an Electronic Medical Record System.

ESRHS is committed to the community, and has invested a large amount of capital and human resources into this project, knowing the cost would be far exceeded by the benefits, from improved quality of patient care to improved patient safety. Features such as a unified medical record that spans across office boundaries; increased efficiencies; improved communication with hospitals, providers and labs; improved medication management, health registries, and alert reminders; and compliance with state and federal regulatory requirements are a few of the ways ESRHS has improved. This process has been long and tedious, but correct implementation is key.

ESRHS values patients' time, and wants them to know the inconveniences of the past few months will result in a healthier community, with a more efficient ESRHS.

Nancy J. Stern, CEO
Eastern Shore Rural Health System, Inc.



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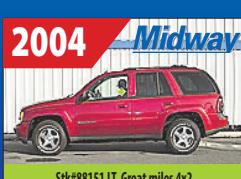
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