Eastern Shore CIRCULATION 14.000

THE SHORE'S ONLY LOCALLY OWNED NEWSPAPER Free **January 27, 2017**

As Trump Takes Office, Eastern Shore Reflects Nation's Hopes, Fears

By Connie Morrison

As Donald Trump was inaugurated as the nation's 45th president, the Eastern Shore in some ways mirrored the rest of the nation.

A group of about 75 stalwart supporters dressed in everything from blue jeans to tuxedos gathered in Nassawadox for what was billed as the Shore's



Carolyn Verteramo and son, Ralph, olyn Bright, of Wachapreague, were drove from Easton, Md., to at-enjoying Stanley's vocal selections tend the inaugural celebration in while they waited for their meal. Both Nassawadox on Jan. 20.

"first ever" inaugural ball; followed by a band of approximately 60 protesters lining U.S. Route 13 in front of Four Corner Plaza to protest Trump's presidency on Saturday morning (see related story and photos on page 13).

"My son is a big Trump supporter," said Carolyn Verteramo, who brought her son, Ralph, from Easton, Md., for the event. "When he heard about it, he had to come." She added that her father is Franco Nocera, owner of Little Italv.

Nocera, who conceived the idea for an Eastern Shore inaugural ball, and provided the venue at his restaurant.

Nocera said he had already booked entertainer Pamala Stanley for the third Friday of every month, so when he realized it coincided with the inauguration, "I thought, 'Why not?"

Under a criss-cross of red, white, Photo by Connie Morrison and blue streamers, David and Car-

(Continued on Page 19)



Photo Courtesy of Runninger's

Time Running Out at Runninger's

Runninger's Pharmacy, a downtown Parksley staple since 2003, is merging with CVS Pharmacy in Onley. The last day of operations for the local pharmacy will be March 1. See full story on page 2.

CRASH CLAIMS LIFE OF ONLEY WOMAN WEDNESDAY MORNING

By Linda Cicoira

An Onley woman died at the hospital Wednesday morning after being injured in a head-on collision.

Kristina J. Albrecht, 29, of Logan Road, was pronounced dead at Riverside Shore Memorial Hospital, according to 1st Sgt. Ben E. Jeffrey Jones of the state police.

The crash occurred at nearly 7:30 a.m. on the 26000 block of Locust-

ville Road north of the intersection of Stone House Road in Accomack County. The incident involved a 2005 Chrysler Town and Country van and a 2012 Nissan Altima.

Courtney L. Emanueli, 34, of Onley, was driving the van. She was also taken to the hospital for treatment of injuries. Her condition was not disclosed.

Jones and Sr. Trooper Tony Montross responded for the Crash Reconstruction Team. Trooper John Feryus and the others are continuing to investigate the incident. Jones said speed and alcohol were not a factor in the crash.

"There were two juvenile passengers in the vehicle with Ms. Emanueli and one iuvenile passenger with Ms. Albrecht," said Jones. "All were transported to Riverside Hospital. Only the children were properly restrained."

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Runninger's to Leave Parksley

By Connie Morrison

Like many small businesses, Runninger's Pharmacy, which has been a business staple in downtown Parksley since 2003, has endured many ups and downs in its 13 years. But in the end it was red tape that ran Runninger's out of town.

Government, drug company, and insurance rules and regulations was too much, said owners Kathyanne Parker Runninger and Peter Runninger in a statement posted to Facebook. "We don't get paid enough by insurance companies to cover the costs to replace drugs," Kathyanne Runninger later told the Post.

The store will close its doors at the end of the day March 1, and merge with CVS Pharmacy in Onley, effective March 2. she said. She hopes there will be a place for Runninger's employees at CVS.

"We are sad to go," she said. "We love

it here; we love our customers. Sometimes you just have to do it."

The landmark building at 18465 Dunne Ave. in Parksley is for sale. "I hope somebody decides to do something nice with it," she said.

Although all of the details of the merger have not been finalized, Runninger said the Virginia Board of Pharmacies requires a 30-day notice so that customers can choose another pharmacy, or learn what will happen to their prescriptions should they decline to take action.

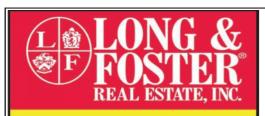
In this case, said Runninger, prescriptions will be confidentially transferred to CVS Pharmacy.

Once Runninger's closes, H&H pharmacies in Oak Hall and Chincoteague, Rayfield's pharmacies in Nassawadox and Cape Charles, and Shore Pharmacy in Exmore will be the Eastern Shore of Virginia's independent pharmacies remaining in operation.

Photo courtesy of 92.5 & 96.5 CTG and WRDE-TV

Round one of CTG's Delmarva Voice was held in Salisbury on Jan. 20. Pictured are the competitors selected to move to the final round on Feb. 3: McKay Shockley of Belle Haven, Shelby Taylor, Shane Beard, Aya Marie, Britni Cozzo, and Michele Raley. They're moving on to the final round at Headquarters Live in Salisbury on Feb. 3. Other Eastern Shore competitors included Megan Whinger and Scott Stitley, both of Saxis. A second preliminary round will be held Friday at the Mar-Va Theater in downtown Pocomoke at 7 p.m.

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Merry Cat Ln., Belle Haven

Competency Evaluation Set for Man Suspected in Hospital Stabbing

By Linda Cicoira

Psychiatric and competency evaluations are set for February for suspected killer Winston (PeeWee) Leroy Burton to determine if he was insane when he allegedly attacked a woman with a knife just outside the walls of Riverside Shore Memorial Hospital last November.

The 58-year-old Cheriton man showed up at the Eastern Shore Regional Jail in Eastville a short time after the incident occurred. He had an injured and bleeding hand and admitted to officers at the jail that he had stabbed Shelli Lou Crockett, 42, of Keller. He said he had been hearing voices.

Defense lawyer Carl Bundick might use the evaluations "to assist in the development of an insanity defense," according to court documents. The evaluations would include whether Burton "had a significant mental disease or defect, which rendered him insane at the time of the offense."

Crockett worked at the hospital for about 10 years. A member of the environmental services team, she arrived at the facility on Nov. 28, 2016, like she did most

mornings. Before she could get inside, she was apparently stopped by a man she didn't want to see anymore. Crockett was in the parking lot behind the hospital when she was stabbed multiple times. She tried to fend off the blows. The assailant fled. Crockett died a short time later.

Burton was brought back to the hospital for treatment of his injuries after showing up at the jail, where he is now being held without bond for first-degree murder. A preliminary hearing is set for March in Northampton General District Court. Initially, the case was filed in juvenile and domestic relations court. However, it was moved once authorities realized Burton and Crockett's relationship did not include children or the sharing of a home.

Bundick wants a judge to suppress evidence taken from Burton when he showed up at the jail. He says all evidence and items seized were "in violation of his fourth, fifth and sixth amendment rights." There was "no probable cause ... no voluntary consent ... any alleged consent would have been during the course and product of an illegal detention and seizure of the

defendant's person. No probable cause existed for the defendant's arrest."

Four officers who had contact with Burton immediately after the incident, say he talked about what happened. Their statements were filed in court records.

Deputy Kyle Martin said Burton came into the main lobby of the jail. He said he "had just stabbed somebody, that he was hurt and that he came to turn himself in." Martin called for assistance, other deputies and EMS arrived and he was "evaluated and transported off location in an ambulance."

Deputy C.M. Taylor was notified the suspect was at the jail so he went to the lobby. "I ... was talking to Winston Burton about what happened and he stated that he had stabbed his ex-girlfriend. I ... asked him who she was and he stated that her name was Shelli Crockett and she was an employee there. He told me that he had been hearing voices all night and that he had blacked out."

When Deputy Carl G. Allums arrived at the jail for roll call, he learned that the suspect was there. "I went to the front lob by and saw a black male sitting in a chair holding his severely lacerated and bleeding right hand. I asked him if he was involved in the incident that occurred at the hospital this morning and he said, 'Yeah, that's me.' I then asked him his name and he stated his name was Winston Burton."

Deputy C.L. Forbes went with Burton to the hospital. "When I walked by the red Toyota (Burton's vehicle) parked outside the front door of the jail, I noticed through the windows what appeared to be blood all around the driver area of the car ... while en-route to the hospital Mr. Burton appeared to be asleep on the stretcher. When he finally moved, he turned to me and asked where he was going and stated he didn't know what had happened to his hand."

A checklist for bail identified Burton as a life-long area resident who most recently was employed as a conch house and construction worker. Burton has a history of violence, beginning in 1976 when he was a juvenile. He once jumped out of a second story window in Accomack Circuit Court after a jury recommended a lengthy sentence.

The Town of Nassawadox, Inc., is currently soliciting contract proposals for Solid Waste Disposal collection for the Town. The starting date for a new contract begins June 1, 2017 and can be projected for a period for 3-5 years. Please submit proposals for consideration prior to March 15, 2017, addressed to The Town of Nassawadox, Inc., P.O. Box 904, Nassawadox, VA, 23413. Questions call: 757-442-2694

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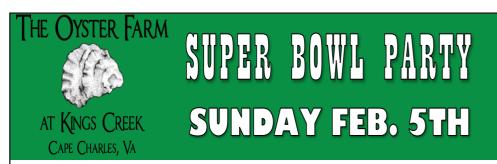


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More Zoning Changes in Northampton

By Ron West

Northampton supervisors reviewed changes to the county's 2016 Zoning Ordinance Tuesday night including three options for event venues based on property size and sent them to the Planning Commission for review.

Zoning Administrator Melissa Kellam explained that venues on lots at least 25 acres would be allowed on property zoned Agricultural/Residential. The activities would be allowed on 10-acre lots in Village and Waterfront Village zones and on 5-acre lots in Town Edge Commercial General Business zones.

The supervisors also discussed definitions regarding Conference and Retreat Centers. In general, Conference Centers would be designed to house meetings or conferences and offer on-site food and guest rooms. They would not be for general public use. A Retreat Center would be designed to handle small groups for short-term meetings or training sessions but not for overnight stays.

It was agreed that Home Occupations would include businesses that were generally owned and/or operated in a private residence with one full-time employee. The board briefly reviewed the Rt. 13 Corridor District but made no decision regarding modifying it, retaining or removing it. It was also referred to the commission.

A feasibility study on treatment needs for the well that provides water to the county complex in Eastville was discussed. Director of Public Works Chris Thomas reported the water tested positive for manganese, high levels of iron and lead. He said manganese is present in many wells in the county, as is iron, but do not generally pose a health hazard. The board agreed to the study, which will cost \$8,950.

Thomas said the former middle school in Machipongo is leaking and needs roof repairs. Repair to the gymnasium roof is estimated at about \$28,000. Additional estimates for other areas will be made.

Additional bids will be required for the emergency medical services building in Machipongo and portions of the project could be handled separately. Although five companies attended a pre-bid meeting, only one bid was offered at \$544,150. The board agreed that was too high. Chairman Spencer Murray said the board wanted to pay half as much.

A proposed amendment to the supervisors' manual would allow the chairman to summarize written documents that attendees wanted read into the public record. Murray said some documents were extensive and took much longer to read than the three minutes speakers are allotted. Supervisor Robert Duer said reading the documents was unfair to the others limited by the three-minute rule. Murray said he was not attempting to restrict speakers and that their documents would still be placed into the record. He would just not read those that are excessively long or as he noted, "verbally abusive."

Historic District on Cape Charles Agenda

By Ron West

The Cape Charles Town Council voted 4-1 on Jan. 22 to allow a vinyl covering on a chimney in the historical district.

Resident Spencer Custis' request to construct a house at 204 Washington Ave. included the chimney plan. The Historic District Review Board opposed the concept advising the chimney needed to be finished with brick or brick veneer as vinyl-clad was not appropriate for the district.

Councilmen Chris Bannon and Andy Buchholz both noted that other structures in the area, including nearby condos, were constructed with similar materials thereby setting a precedent.

It was also noted construction requirements dictate the use of chimney liners,

which would prevent the outside covering of a chimney from being a safety issue.

Councilwoman Dora Sullivan was opposed to the request. Councilman Steve Bennett was absent.

The panel unanimously approved a request for a conditional use permit for 1 Fig St., which was a new car dealership. Owners Chad and Bev Petras got permission to put living space there.

Council voted unanimously to invest in the Virginia Investment Pool Trust Fund. Wachapreague and the cities of Chesapeake and Roanoke are among those that have already done so. Robert Lauterberg of the Virginia Association of Counties/Virginia Municipal League advised the panel to join the others.

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MLS#44806 \$129,900 Kathleen Thompson 757-442-2690



MLS#44442 \$65,000 Michelle Evans 757-710-5934



MLS#44820 \$129,000 Kathleen Thompson 757-442-2690



MLS#36966 \$115,000 Susan Rippon 757-999-8888



PUNGOTEAGUE: Well maintained 3BR/2BA Ranch on 1 acre lot. Large kitchen provides room for entertaining, updated baths, oak floors, back deck, new HVAC & 2 car garage w/bonus room. MLS#44746 \$199,000 Keith Koerner 757-999-4670



MLS#44793 \$179,000 George Ferguson 757-710-4770



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MLS#44795 \$159,000 George Ferguson 757-710-4770



Just a short drive to the new hospital location & boat ramp MLS#44368 \$138,000 Keith Koerner 757-999-4670



ACCOMAC: Brick office building with finished 2BR apartment on 2nd floor, 1st floor divided into office spaces and large entrance waiting room. Central heat/ air. Outside entrance to 2nd floor. MLS#42474 \$95,000 vacant lot. Being sold "as is". MLS#43493 \$130,000 Dave Griffith 757-647-2649/Randy Carlson 757-678-6395



CHERITON: Quaint 2BR/IBA Cottage in need of some CAPE CHARLES: Unique 3BR/2.5BA Ranch providing the EASTVILLE: Large 3-story 4BR/1.5BA home offers 3305 sq rehab sited on ½ acre would make a great starter perfect in-law suite or two-family home on 1.15 ac. 2079 sq ft ft on 1 acre. Quality in construction not found in most new home or investment. Fireplace with windows on floorplan provides 2 separate living areas w/separate exterior homes is evident in this one. This home, with an interesting each side, nice size dining room & great front porch. entrances&interior access to each side. MLS#42156 \$184,000 history, has been completely remodeled. MLS#44537\$199,900





Randy Carlson 757-678-6395/Dave Griffith 757-647-2649 Dave Griffith 757-647-2649/Randy Carlson 757-678-6395



MLS#44816 \$159 900 Sandy Daisey 757-894-2942



from Bay Creek Golf Resort. Large front porch, rear

deck & ample space in the back; along with the adjacent

Dave Griffith 757-647-2649/Randy Carlson 757-678-6395

CHINCOTEAGUE: Spacious 3BR/2BA double wide w/open floor CHINCOTEAGUE: Nice 3 bedroom 2 bath mobile home located CHINCOTEAGUE: Nice 3 bedroom 2 bath mobile home located CHINCOTEAGUE: Nice 3 bedroom 1 bath mobile home Perfect plan and plenty of room for entertaining. The master bedroom has a and panoramic views. This condo is combined living room/ walk in closet and new walk in shower. Close to town and short ride to sleeping room & kitchen. Nice sun porch and conveys fully makes this property anice starter homeor cozyvacation retreat. Great the beach. Makes a nice starter home or vacation retreat. SOLD AS IS. furnished & currently a vacation rental. MLS#22934 \$120,000



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PARKSLEY: Four contiguous in-town parcels being BELLE HAVEN: Excellent investment for recreational SEAVIEW: REDUCED...Pond front3aclotwith 4BR cert PEACEFUL BEACH: Chesapeake Bay Beach with 8 HENRY'S POINT: Cleared Lacre parcel in this peaceful

sold as one, totaling more than 1/2 acre. Level, mostly use; 35 acres of pulp Timber. If looking for privacy on file. Enjoy the large community dock, access to Cedar cleared and on a corner lot. Priced below assessment. this is a potential residential site. MLS#44802 \$85,000 Island and 2 man-made ponds in this gated community. MLS#44772 \$19.500 Gil York 757-710-2948

and build the home you've always dreamed of. MLS#44751 \$13,000 Shaun Sterling 757-854-8171

BAY HARBOR: Well elevated 2 acre waterfront lot on MACHIPONGO: Rare opportunity to build your BarlowCreekw/100'ofwaterfrontage.Clearedw/smallfringe home on a 2.75 ac seaside waterfront parcel. of trees; outboard boat & kayak friendly. MLS#43100 \$175,000 Randy Carlson 757-678-6395/Dave Griffith 757-647-2649

QUINBY: Back to nature with this wonderful mix of NEW CHURCH: Nice .68 acre building lot close to CHINCOTEAGUE: Great location off Ridge Road in a MLS#32137 \$199.000 Judy Williamson 757-894-2488

Anne Kyle Doughty 757-710-3824/Stella Rohde 757-710-2025

HALLWOOD: Within the town limits is where you'll PARKSLEY: Build your new home on this 15,000 PAINTER: Waterfront 2.5 acre building lot in the find this 1/3 acre building lot. Well and septic square foot building lot in historic railroad established.community of Nandua Bay. This lot features a already on the property, just bring your plans town. Enjoy the small town charm; town park, shopping, farmer's market, restaurants and more. MLS#39831 \$22,000 Terry Bowling 757-710-0914

> Private seaside access w/existing dock as well as an area to setup your boat ramp/launch area. MLS#44135 \$150,000 Jason Restein 757-620-1532

protected woods & usable waterfront. Minutes to the Chincoteague Island, NASA & Wallops Island. Very nice quiet neighborhood but close to it all. Just less than Barrier Islands and the Atlantic by boat. Build your neighborhood for you to build your dream home. It a 1/2 acre wooded on private road. Bring your house waterfront dream home on this site immediately. is just a short walk to fishing on Wallops Mill Pond. MLS#39699 \$39,000 Judy Williamson 757-894-2488

MLS#43421 \$39.000 Susan Rippon 757-999-8888

sandy beach for your enjoyment. Spend your leisure time at the community dock or biking around the neighborhood MLS#43037 \$149,900 Keith Koerner 757-999-4670

MACHIPONGO: Triangular shaped 1.86 acre parcel is partially cleared. Well and septic appear to be in place. Check out seaside living with easy access to public boat ramps. MLS#43973 \$19,000 Kathy Weiner 757-646-3199

plans and enjoy what the island life has to offer. MLS# 39912 \$54,000 Gladys Baczek 757-894-0098

acres allows for an exclusive location to build your waterfrontsubdivision. Minutes to Folly Creekboatramp dream home & 640 ft of sandy beachfront. Pond on the east side of property for canoeing /kayaking. MLS#42121 \$495,000 Linda Taylor 757-710-8672

HACKSNECK: Build you new home to take advantage of the HACKSNECK: Great location to build and enjoy viewing waterviews and natural surroundings on this 3.83 acre waterand viewing the waterfowl that pass through during the year MLS#44809 \$109,000 John Kluis 757-710-5249

CAPE CHARLES: Make an offer on these side by side MACHIPONGO: Partially cleared .38 ac lot located lots, sold individually. Possibilities are here to explore, on Lankford Hwy. Perc for 2BR and recent survey 2 homes or maybe a Duplex; with town permission. Walking distance to beach, shops, park & food. MLS#43986 \$49,900 Trina Veber 757-442-0797

is wetlands owned by inlands fisheries. Septic system installed. MLS#40622 \$49.900 Gladys Bazcek 757-894-0098

& the Barrier Islands. Relax and smell the ocean breeze MLS#43322 \$45,000 Michelle Evans 757-710-5934

nature. This 3.29 acre waterfront parcel can be purchased frontlot.Putinadockandenjoyfishing.crabbingorjustrelaxing separately or with MLS#44809 for a reduced price. Put in a dock and enjoy nature's bounty from Nandua Creek MLS#44810 \$78,000 John Kluis 757-710-5249

> completed. No extensive clearing needed for SFH or DW. Owner is highly motivated. MLS#43090 \$20,000 Randy Carlson 757-678-6395/Dave Griffith 757-647-2649

SAXIS: Unobstructed water views form this 1.8 ac. parcel in the CHINCOTEAGUE: Wildlife abounds everywhere and waterfront village of Saxis. Tucked away on private lane walking the views are spectacular with lush green marsh land distance to deep water harbor and fishing pier. Adjoining property and crab in your own back yard. 4 BR septic installed and ready to build your Chincoteague Island dream home MLS#40681 \$149,000 Anita Merritt 757-894-0108

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WHERE

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Light refreshments will be served.

When you RSVP, you'll be eligible to win gift certificates from local merchants!



CAPITAL LETTERS



By Sen. Lynwood Lewis

The 2017 Virginia Senate was gaveled into session at noon, Wednesday, Jan. 11, by Lt. Gov. Ralph Northam. This is a sixweek or "short" session, that ends Feb. 25.

so things go into high gear quickly! After an organizational session Wednesday, and a spirited State of the Commonwealth address by Gov. Terry McAuliffe that evening, committees began meeting early Thursday with a full docket of bills to consider. On Friday morning, 1,810 bills were filed in both the House and Senate with the possibility of more legislation to be filed before the deadline.

The most important task before this assembly, as with all assemblies, is the budget. This year we are adjusting the budget, having written a two-year \$100 billion spending plan in 2016. Revenues are less than anticipated, so the governor submitted suggested changes, which include

belt-tightening. Both the House and the Senate will produce versions of an adjusted budget. These will likely differ in varied degrees from the governor's, and with each other, and will have to be reconciled by a committee of conference later in the process. While there will still be belt-tightening required, improving revenues over the last few months leads us to believe that shortfall, at one point expected to be \$1.5 billion, will be considerably less. The state's Rainy Day Fund could temper this as it is intended for revenue shortfall emergencies. Virginia is constitutionally prohibited from operating on a running budget deficit, and this means revenue shortfalls must be dealt with head-on.

In addition to taking advantage of being in Richmond for an extended period to work with various state agencies on local issues, I will be carrying over a dozen proposed pieces of legislation as well as a few suggested amendments to the commonwealth's budget. Given our revenue stress, anything that requires new spending will be given strict scrutiny

and faces a very uncertain future.

My bill – SB1349 – establishes a cabinet-level secretary's position for coastal flooding and was reported unanimously from the Senate Agriculture and Conservation Committee, on which I serve. Because of its fiscal implications, it was referred to Finance for review within the context of our budget. An identical measure is being advanced by Del. Chris Stolle on the House side, and his bill also passed through subcommittee and was sent to House Appropriations. The enormity of the coastal flooding issue is becoming apparent to members of the General Assembly no matter their political party or the area they represent.

I also put in legislation a bill to encourage and promote economic activity on working waterfronts in Virginia. My hope is that this legislation, which is a result of a recent report on working waterfronts and their importance to Virginia's economy, will have some significant positive impact locally. I am asking for a Joint Legislative and Audit Revenue Committee study of working waterfronts and how we can best promote their economic viability and productivity. I think

these pieces of legislation may offer some real benefit for the Shore and other areas with working waterfront communities.

This session I will again be working with the Farm Bureau and Chesapeake Bay Foundation to get appropriate funding for our cost-share best-management agricultural practices program. This program has been tremendously successful and has resulted in Virginia meeting its mid-term Bay Cleanup goals. We still have a lot to do. Our Bay Cleanup obligations and significant reliable funding on cost-share and BMP program were a large part of our mid-term success and will be vital in meeting our final goals by 2025.

Many groups from the Shore have visited already, and I am looking forward to many more over the next month. Please visit the capital and stop by and see me while you're here! We will be in General Assembly Session until Saturday, Feb. 25. You can monitor the activities of the legislature on the General Assembly website www.virginiageneralassembly.gov I can be reached at our legislative e-mail, district06@senate.virginia.gov, and, while in Richmond, by telephone at 804-698-7506. Please do not hesitate to contact me.

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> Dining Menu: Served 4pm to 9pm

Appetizers:

House Salad

Fresh Romaine Lettuce, Tomatoes, Onions & Cucumbers with your choice of selected dressing - \$3.99

Blackened Tuna

Rare seared sashimi grade Tuna served on a Seaweed Salad with fresh Ginger & topped with Sirach Aoili - \$8.99

Steamed Shrimp

6 Large Shrimp steamed with Old-Bay Seasoning & served with melted butter - \$5.99

Main Menu:

Beef Stroganoff

Slow roasted beef top loin, topped with creamy muishroom sauce served over pasta - \$14.99 Chicken Marsala

Sauteed chicken breast topped with fresh mushroom sauce over pasta or brown rice - \$16.99

Pot Roast with Gravy

Tender pot roast slow cooked in gravy served w/ mashed potatoes & carrots - \$12.99

Southern Fried Chicken Steak

Breaded fried chicken breast topped with

brown gravy served with our vegetable of the day & mashed

potatoes - & 14.99

Stuffed Flounder

Broiled flounder stuffed with jumbo lump crab meat served with rice & our vegetable of the day- \$21.99

Crab Cake Dinner

2 Housemade jumbo lump all crab meat broiled, garnished with Briso Aoili sauce, served with our vegetable of the day & couscous \$19.99

ALL Dinners served with your choice of sweet potato biscuits or homemade yeast rolls

Dessert:

Black Forest Torte or Red Velvet Smith Island Cake - \$6.99



- From MF Olde Mill LLC To Robert and Janet Bloomfield 6276 Olde Mill Ln., Horntown For \$270,000
- From Larry Rantz and Lynette King To Cody Chance and Stephanie Bradshaw 10065 Jerusalem Rd., Temperanceville For \$29,000
- From John and Charlene Huh To Dylan Escalera, Robert Weeks and

Debra Garcia 31482 Nandua Dr., Painter For \$234.000

- From Damian and Angela Mehsling To Sean and Erin Warren 25404 Blue Heron Ln., Accomac For \$190,000
- From MF Olde Mill LLC To Derry and Donna Stufft 6723 Olde Mill Ln., New Church For \$235,000
- From Patrick Parker To Barri Krone Lot 7. Unit 3. Trails End For \$5,500
- From Evelyn Seymore To Jeffery and Connie Doughty 14105 Kia Ln., Pungoteague For \$2,000
- From Thomas and Florence Cardaci To BT Island Holdings LLC 4107 Main St., Chincoteague For \$400,000
- From Robert Halstead and trust To Anthony Butters 23090 Deep Creek Rd., Onancock For \$120,000

- From Inlet View Properties Inc. To Mark Giblin and Mark Giblin Jr. Lot 68, Bunker Hill Road, Chincoteague For \$15,000
- From Edward Lunn Tull To James Adams Jr. Lot 2, Bunker Hill Rd., Chincoteague For \$20,000
- From Mary Audet To Asher and Elizabeth Hammond 7463 East Side Dr., Chincoteague For \$169,100
- From Ernest and Adlonia Wood To Chincoteague Bay Trails End Assoc. Inc. 6066 Slipper Shell Dr., Horntown
- For \$1,407 • From James Burr
- To John and Judy Burr 20204 Sunnyside Dr., Melfa For \$177,000
- From Douglas and Lisa Zahl To Jeffrey Jump Lot 73, Unit 3, Trails End For \$8,600
- From John and Patricia Hunt To Donald and Deborah Chrobot

Lot 29, Unit 2, Sheet 9, Trails End For \$5,500

- From Jacqueline Mills To Dennis and Beth Myers Lot 499, Unit 1, Trails End For \$21.900
- From the Estate of Janet Guy To Bonnie Powell Property near Accomac For \$185,000
- From Farley and Joyce Fuller To Marc and Rebecca Wetherhorn 36158 Upshurs Neck Rd., Quinby For \$180,000
- From Ronald and Sharon Clark To Christine Murphy Lot 226 at Vaucluse Shores For \$360,000
- From Rebecca and Warren Bushey Jr. To Marie and Peter Cotier 17 East Bay Dr. in Bay Creek For \$425,000
- From Sandra Hurst, Gunther Degen and Lore Degen To Juan Cortez Property in Exmore For \$19,800





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Attractive home on corner lot w/ blown in insulation & a nice screened porch. Property is landscaped with mature trees, dogwoods & azaleas.



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43221 \$69,000 5.08 Acres 43374 \$69,700 3.15 Acres **NON-WATER** 32679 \$4.500 0.25 Acres 38458 \$18,500 16 Acres

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40059



EXMORE, VA MLS 44210 \$138,500- PRICE CHANGE-Great starter or retirement home with NEW replacement windows, heat pump, hot water heater, bathroom, kitchen & carpeting.



EXMORE, VA MLS 42773 \$575,000- PRICE CHANGE-Commercial-3-story brick building on corner lot. Completely renovated in 2009 w/new roof, double insulated

windows, new central heat & air.



BELLE HAVEN, VA MLS 44813/44815- NEW LISTING-Buy-\$469,000 or Rent-\$1800 mo. Spacious WATERFRONT home overlooking Occohannock Creek w/4 br, 4 baths & an in-law suite.



HARBORTON, VA MLS 37616 **\$95,000-** 2 blocks from the water in this bayside waterfront town is a sweet little home within walking distance of the public dock for crabbing & fishing. all the perks w/o the big price tag.

Court Postings

By Linda Cicoira

Accomack Circuit Court

A 20-vear-old Modest Town man was accused in records filed in Accomack Circuit Court of a sex crime with a child.

Probable cause was found in the county's juvenile and domestic relations court to certify a charge of sexual battery of a child younger than 13 against Marcos Perez-Morales of Hopeland Road. The crime allegedly occurred between Sept. 1, 2015, and June 30, 2016.

Sgt. Anthony Bright investigated. Perez-Morales is being held without bond. He waived a preliminary hearing in December.

Accomack General District

Three men were arrested in the past week and charged with felonies, according to records filed in Accomack General District Court.

Daniel Allen Newman, 50, of El Rancho Lane on Chincoteague, was charged with six counts of grand larceny and a count of burglary in connection with incidents that occurred on the island last year.

Newman is accused of breaking into Carlah Hatt's home and two counts of stealing property belonging to her between Nov. 1 and 30, 2016. He is also charged with four counts of grand theft of property belonging to Marie Wilpan between May 1 and Nov. 1, 2016.

Records state he made a "full confession." Unsecured bond was set at \$10,000. A preliminary hearing was set for March 20. Pfc. T.J. Adams of the Chincoteague Police Department investigated.

Luis Alberto Cardona, 31, of Lankford Highway in Hallwood, was charged with assault and battery of Deputy Julian Sharp of the Accomack County Sheriff's Office (ACSO) on Jan. 21, 2017. Secured bond was set at \$5,000.

Lawrence Walter Nalls III, 26, of Nancock Gardens Road in Onancock, was arrested in connection with a Nov. 29, 2016, petty theft. Because it is a third misdemeanor offense for Nalls, the charge is considered a felony. Cpl. E.J. Nottingham of the ACSO investigated. Nalls is being held without bond. A preliminary hearing is set for March 27.

Northampton Grand Jury Indictments

Frederick Wayne Baker, the 17-yearold who is awaiting sentencing for rape, sodomy, abduction, theft and related gun crimes that occurred in Cape Charles in 2015, was accused Monday of felony misconduct at the Eastern Shore Regional Jail.

The Plantation Drive resident was indicted by a Northampton Grand Jury on five counts of assault and battery of law enforcement officers and two counts of threatening to kill them between July and August 2016.

On July 30, he is accused of assault and battery of Valerie Thomas, an employee "responsible for the care and treatment of inmates." On Aug. 3, indictments say he assaulted officers Jacob Foisey and Jeffery Smith. On Aug. 15, he is accused of assault and battery of Clark Lovelady, another officer at the facility. He was indicted on a count of assault and battery of officer Montego Johnson, On Aug. 15 and 16 respectively, he threatened to kill officers Johnson and Willie Stevens.

Information about the cases was given to the grand jury by Capt. Roger Kennedy, who runs the jail. Baker is also awaiting sentencing for escape and property damage at the jail in February 2016. He pleaded guilty to those and the Cape Charles incidents.

In the latter offenses, he pointed a gun at a bicyclist and forced her to go to a bathroom at the southeast area of the Cape Charles Central Park where he sexually attacked her.

In another case, Brandon Tankard, 30, of Church Road in Nassawadox, was indicted on 26 counts of forging more than \$2,700 worth of checks, and a count of burglarizing a home on Bayside Road in Machipongo that occurred between August and November 2016. Information about the cases was given to grand jury by Investigator Tara Leckel of the Northampton County Sheriff's Office (NCSO).

Frederick J. James, 40, of Vanessa Drive in Dover, Del., was indicted on counts of malicious wounding and abduction in connection with incidents that occurred Dec. 24, 2015. The victim was Nehshawae Nicole James, 39, of Willis Wharf Road in Exmore. She was severely injured and was caused to suffer permanent and significant physical impairment, the court record stated.

Officer J.K. Brady of the Exmore Police Department investigated. James was arrested on Dec. 28, 2016. Records from Delaware show James has been convicted of conspiracy, burglary, robbery, delivery of illegal drugs, unlawful sexual contact and failure to register as a sex offender since 1992.

Nicholas Ralph Tremaglio, 20, of Red Setter Lane in Moseley, Va., was indicted on four counts of possessing drugs illegally on July 28, 2016. The drugs included Psilocin, or psychedelic mushrooms, a Schedule I drug; the amphetamine lisdezamfetamine, a Schedule II drug; hydrocodone, a Schedule II drug; and methylphenidate, a Schedule I drug. Officer Keith Brady of the NCSO investigated.

Daquan Julius Hardwick, 27, of Hollies Church Road in Melfa, was indicted on a count of knowingly failing to register as a sex offender on Sept. 2, 2016. Trooper T.M. Albright investigated.

Cassandra Rose Mosher, 35, of Sherman Avenue, in Glen Falls, N.Y., was charged with possessing cocaine on Sept. 17, 2016. Officer Shelly Beasley of the Chesapeake Bay Bridge Tunnel Police Department investigated. A car in which Mosher was riding was stopped for going 83 miles per hour in a 55 zone, according to court records. Mosher told the officer the cocaine belonged to her.

Northampton Circuit Court

A Willis Wharf man, who robbed a nine-year-old girl at gunpoint in 2015, was sentenced Monday in Northampton Circuit Court to 15 years via a youthful offender program.

Jabias (Nika) Keandre Kellam, 19, of Willis Wharf was given 15 years each for robbery and burglary with a deadly weapon at El Ranchito store in Cheriton on Aug. 7, 2015. Supervised probation was ordered for five years with good behavior for a decade. The terms were set to run concurrently. The defendant used a semi-automatic pistol to commit the crimes.

Kellam also got four years each for two counts of possession with intent to distribute cocaine on Jan. 4 and 26, 2016, with all but time served suspended.

In another case, Earl Leon Pryor, also known as Buddy Prior, 67, of Main Street in Exmore, pleaded guilty to two counts of aggravated sexual battery involving a girl between the ages of 13 and 17. The offenses occurred June 1 and Aug. 1, 2016. The case was continued pending completion of a pre-sentence report.





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OBITUARIES

Greenbackville Woman Remembered

Ms. Susan "Sue" Marie Lynch, 59, of Greenbackville, passed away at her home on Saturday, Dec. 3, 2016.

Born on Oct. 31, 1957, in Baltimore,

she was the daughter of the late Barton Lynch and Molly (Nichols) Lynch, also of Greenbackville.

Ms. Lynch formerly worked as an administrative assistant at Captain's Cove Golf and Yacht Club, and previously worked as a floral



Ms. Lynch

designer at Country Blossoms by Lee in Pocomoke City.

In addition to her mother and father, she was preceded in death by a brother, James Lynch, and a nephew, Jeremy Bodley, both of Greenbackville. She is survived by a sister, Debra Bodley, and her husband, Kevin, of Greenbackville; three brothers, John Lynch, of Cocoa Beach, Fla., Eddie Lynch, of Greenbackville, and Chris Parezo, and wife Donna, of Kingston, Mass.; three nephews, three nieces, three great-nephews, and two great-nieces.

Private arrangements were made by the family. Condolences and memories may be shared at <u>www.foxfuneralhomes.com</u>

In lieu of flowers, donations may be sent to Eastern Shore Regional Animal Control facility in Melfa.

She Was Youngest of 10 Children

Miss Phyllis Deloris Wynder, 72, was born July 31, 1944, the 10th child of the late Nimord and Rosa Wynder. She departed this life on Tuesday, Nov. 29, 2016, at Riverside Shore Memorial Hospital. She could not hold on as God was eagerly waiting.

She received her education from the Northampton County School System and worked many years at H. Allen Smith Seafood and C & D Seafood. At an early age she decided to make Jesus her choice

and joined the African Baptist Church.

Known to her family and friends as "Lois" or "Deloris," Miss Wynder will be greatly missed by everyone who came in contact with her as she was like a bottle of wine - she got better over time. She was usually abrupt and outspoken, but you soon realized that this was a notion. She was gentle and kind and always thinking of others' needs before her own.

Miss Wynder leaves to cherish her memories four sisters, Georgia Shockley of Lincoln, Del., Dorothy Wynder, of Cheriton, Maggie Wynder, of Nassawadox, and her devoted baby sister who was her legs, Rosa Wynder, of Cheriton; sister-inlaw, Odessa Wynder, of Cheriton; brotherin-law, Vernon Shockley, of Lincoln, Del.; a close niece, Nicole Wynder; and numerous nieces, nephews, family and special friends, Renee Gattis, Marva Stratton and Katherine Davis. In addition to her parents, she was preceded in death by two sisters, Eva W. Turner and Nellie Birch; and five brothers, Clifton Wynder, Luther Wynder, Roosevelt Wynder, Clinton Wynder and Severn Wynder.

Arrangements were by the Cornish and Holland Funeral Home.

Woman Remembered For Kindness

Miss Gloria Ann Graves, 56, daughter of Gloria and Theodore Graves, passed away Dec. 8, 2016. Born on Oct. 31, 1960, Miss Graves was educated in the Northampton County Public School system, graduating in 1979.

Miss Graves was a true inspiration and testimony to so many as she displayed a jovial and kind spirit toward all that she encountered. Although she was not a mother, she exemplified a loving and nurturing compassion for children. She had a big heart and demonstrated a sincere passion for assisting her nieces and nephews with completing homework assignments. Miss Graves enjoyed watching soap operas and other drama filled television shows. She also showed a love for reading various types of novels and fictional stories. She was a kind and gentle person who loved spending time with family and friends and will truly be missed but not forgotten.

In addition to her parents, Miss Graves leaves to cherish her memories siblings, Annette White, Doris Nottingham, James Ellis (April), Quadrina Ellis, Rownite Stevens, Tammy Dennis and Bryant Dennis; aunts, Edith Mae Waters, Evelena Gunter, Ethel Mae Graves and Beverly Davis; uncles, Robert Burton, Edward Graves and Thomas Graces as well as a host of nieces, nephews and cousins.

She was predeceased by her grandparents, Edith and Edward Burton, and Maybelle and Edward Graves; aunt, Mildred Burton; uncles, James Graves, William, Thomas, James, Edward and Solomon Burton.

Arrangements were by the Cornish and Holland Funeral Home.

Beloved Grandmother Passes Away

Ms. Doretha Morris Evans, 86, passed away on Dec. 12, 2016. Ms. Evans was born Oct. 10, 1932, and was a graduate of Girls' High in Brooklyn, N.Y. She worked at and retired from Perdue and later became a stay-at-home grandmother. A loving mother and grandmother, she enjoyed traveling, doing crossword puzzles, reading her Bible and was member of Alzheimers Association and the NAACP.

Ms. Evans was predeceased by her parents, Elbert W. Morris Sr. and Mamie Moore; siblings, Elbert W. Morris Jr., Edward Ellis, Walter Scott Sr., and Clora Andrews; and children Eric L. Morris and Ronnie Earl West.

She leaves to cherish her memories her children, Charles Morris (Judy), Evonia Hogan, and Mamie Collins (Phillip); cousins, Gene (Carla) and Bernice Reed; grandchildren Kimberley Bennett, Ericka Attmore-Lewis, Samantha Pitts, Monifa Williams (Kevin), Sherice Barnes (Eddiei), Candice Hartfield (Shawn), Damon Hogan (Jeanette), Phillip Collins Jr. and

Matthew Collins; nieces and nephews, Hattie Andrews, Geraldine Reckas, Darlene Morris, Crystal Angew, Kurt Morris, Walter J. Sills and Walter Scott Jr.; a life-long special friend, James Gardner, and a host of great-grandchildren and great-great-grandchildren.

Arrangements were by the Cornish and Holland Funeral Home.

Newport News Man Missed by Many

Mr. Sean Tremayne Clinton, 33, was sadly called home to rest Sunday, Dec. 18, 2016, in Newport News.

Mr. Clinton was a loving father, son, brother and uncle. He was employed as a maintenance technician in several living communities throughout the Hampton Roads area. He served and knew God while attending St. James United Methodist Church of Hampton Roads.

He was preceded in death by his loving son, Sean Tremayne Clinton Jr., and grandparents, Emma L. Todd, Richard Clinton Sr., and John E. and Lillie Mae Parker Jr. He leaves behind to cherish his memories three daughters. Ivana. Lilya, and Giya Clinton; longtime girlfriend and the mother of his children, Jena George; loving and devoted mother and stepfather, William and Rosebud E. Parker Whitfield Jr.; father, John E. Parker Jr.: siblings, including oldest brother, John E. Parker III, and brother, Detric E. Clinton (Big Bro), and two sisters, Shakia and Sheena C. Parker. He also leaves three wonderful nieces, Shacoria, Rosie, and Nicolet; three nephews, DeSean, William (Fat Daddy), and John Rickv.

Arrangements were by the Cornish and Holland Funeral Home.



Chincoteague Marine Veteran Passes

Mr. Harold William Deuter II, of Atlantic, passed away at Peninsula Regional Medical Center, on Wednesday, Jan. 18, 2017, at the age of 57. He was the husband of Geraldine Deuter, of Atlantic. Born in Illinois on March 2, 1959, and the son of Dorothy Lee Grabowski East and the late Harold William Deuter Sr., he worked in maintenance and delivery at Lowe's and was a U. S. Marine.

He is survived by his loving wife, and his children, Karen Marie Deuter, of Portsmouth, Harold William Deuter III "Will" and wife, Erica Lynn Deuter, of Crete, Ill, Frank Harold Deuter, of Pocomoke City; stepchildren, Eric Tatem of Atlantic, and Lindsay Clark, of Chincoteague; his mother, Dorothy Lee Grabowski East and husband, Rogers East, of Bloxom; two sisters, Karen Marie Dempsey and companion, Larry Conser, of Parksley, and Lynn Dorothy Reiss and husband, Donald Allen Reiss, of Madison, Va.; one brother, Thomas Joseph Deuter and wife, Patsy Lu Deuter, of Oak Forest, Ill.; one grandson, Harold William "Liam" Deuter IV, of Crete, Ill.; two stepgrandsons, Trenton Clark and Tate Clark, both of Chincoteague; one stepgranddaughter, Aly Clark, of Chincoteague; Tyler Holland, of Onancock, and Tallon Smith, of Delmar; five nieces and nephews, William Timothy Reiss and wife, Arlene Reiss, of Fresno, Calif., Randy Steven Reiss and wife, Shannon Reiss, of Blaine, Wash., Danielle Elizabeth (Deuter) Bettinardi and husband, Jon Bettinardi, of Oak Forest, Ill., Miranda Nell Deuter, of Oak Forest, Ill., and Thomas Albert Deuter, of Oak Forest, Ill.

A funeral service was held on Saturday, Jan. 21, 2017, at United Christian Church in Parksley, with Rev. William Cathell officiating. Interment was at United Christian Church Cemetery.

Memorial contributions may be made to ALS or United Christian Church, 26020 Parksley Rd., Parksley, VA 23421

Online condolences may be sent to www.foxfuneralhomes.com

Local arrangements were made by the Fox & Holston Funeral Home, Chincoteague.

Service Scheduled for Onancock Man

Mr. Desiderio "Dario" William DiDaniele, 74, husband of Jean Komor DiDaniele and a resident of Onancock, passed away at his residence on Tuesday, Jan. 17, 2017.

Born July 1, 1942, in Philadelphia, Mr. DiDaniele was a son of the late

Querino "Woody" P. DiDaniele and Julia Taraborelli DiDaniele. He served his country in the U. S. Navy, and was a professional baker and commercial fisherman. He loved fishing and crab-



Mr. DiDaniele

bing, and especially enjoyed the wonderful life he had here on the Eastern Shore.

In addition to his loving wife, survivors include his children, Linda Rousell and husband, Ken, of East Quogue, N.Y., Vincent DiDaniele and husband, Frank Monteleone,, of East Northport, N.Y., and Paul DiDaniele, of Patchogue,

N.Y.; stepdaughter, Amy Dacus and husband, Scott, of Forked River, N.J.; a sister, Diana Pappas and husband, Frank, of Drexel Hill, Pa.; seven grandchildren; and several nieces and nephews. Accompanying his predeceased parents is his brother. David DiDaniele.

A Celebration of Life service will be held on Saturday, Feb. 4, 2017, at 11 a.m., from the Market Street United Methodist Church in Onancock, with Rev. J. Barton Weakley officiating.

Memorial donations may be made to the American Cancer Society, P.O. Box 22478, Oklahoma City, OK 73123, (www.cancer.org), or to the Riverside Shore Cancer Center, P.O. Box 17, Nassawadox, VA 23413.

Memory tributes may be shared with the family at <u>www.williamsfuneralhomes.com</u>

Arrangements were made by the Williams-Onancock Funeral Home.

Services Held for Belle Haven Lady

Mrs. Virginia Dunton Duer, 93, wife of the late Joe Anderson Duer Sr. and a resident of Belle Haven, passed

away Wednesday, Jan. 18, 2017, at Hermitage on the Eastern Shore in Onancock. A native of Franktown, she was the daughter of the late Ernest Mapp Dunton and the late Maggie Lankford Dunton.



Mrs. Duer

She was a member of Belle Haven Presbyterian Church.

Mrs. Duer is survived by two sons, Joe Anderson Duer Jr. and his wife, Susan, of Belle Haven, and Ted Dunton Duer and his wife, Jane, of Onley; four grandchildren, Joe Anderson Duer III of Ft. Myers, Fla., Cindy Duer Case and her husband, Chris, of Henrico; Peter Copes Duer and his wife, Brook, of Quinby, and Lee Dunton Duer and his wife, Kelly, of Fairfax; and six great-grandchildren, Ben Duer, Annie Duer, Luke Duer, Logan Duer, Reese Case and Caroline Case.

Funeral services were conducted Jan. 22, 2017, at Doughty Funeral Home with Rev. Mary Jimenez officiating. Interment was in Belle Haven Cemetery.

Memorial contributions may be made to Riverside Shore Hospice, P.O. Box 615, Onley, VA 23418 or Riverside Shore Cancer Center, P.O. Box 17, Nassawadox, VA 23413.

Online condolences may be sent to the family at www.doughtyfuneralhome.com

Arrangements were made by Doughty Funeral Home in Exmore.

Saturday Service for Cheriton Woman

Ms. Ellen Hannah Tazewell 81, passed away Thursday, Jan. 19, 2017, at Riverside Shore Memorial Hospital. She was the daughter of the late Harry and Mable Wilkins Tazewell and the mother of Larry (Teresa) Tazewell, of Cheriton, and Roosevelt (Sharon) Tazewell, of Ludowici, Georgia.

Funeral services will be held at 2 p.m., Saturday, Jan. 28, 2017, from African Baptist Church in Cheriton, with Rev. James Tazewell delivering the eulogy. A viewing will be held from 1 p.m. until the funeral service time. The interment will be in the church cemetery.

Arrangements have been entrusted to Gray's Funeral Home in Cape Charles.

Services Held for Church Organist

Mrs. Anna Ruth Heath, 92, wife of the late William A. Heath Sr. and a resident of Townsend, passed away Friday, Jan. 20, 2017, at Riverside Shore Memori-

al Hospital. A native of Birdsnest, she was the daughter of the late Herman Richardson and the late Myrtis Gladden Richardson. She was a member of Cape Charles Baptist Church where she served as organ-



Mrs. Heath

ist for more than 40 years.

She is survived by two children, William A. Heath Jr. and his wife, Cynthia, of Townsend, Jo Anne Heath Vass and her husband, Stephen, of Saltworks, Va.; six grandchildren, Keron Orsinger and her husband, Chuck, of Cheriton, William A. Heath III and his wife, Amanda, of Townsend, Virginia Downing and her husband, Barron, of Arlington, Roger W. Martin Jr. of Townsend, Amanda

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Heath, of Townsend, and Melissa Heath of Townsend; and eight great-grandchildren, Taylor Heath, William Heath IV, Brayden Downing, Landon Heath, Isabella Jordan, D.J. Jordan, Ashton Downing and Jaxx Orsinger.

A graveside service was conducted Tuesday, Jan. 24, 2017, at Capeville Masonic Cemetery with Revs. William H. Haley and Russell Goodrich officiating. Memorials may be made to Cheriton Volunteer Fire Company, P.O. Box 41, Cheriton, VA 23316.

Online condolences may be sent to the family at <u>www.doughtyfuneralhome.com</u>

Arrangements were made by Wilkins-Doughty Funeral Home in Cape Charles.

Funeral Today for Nassawadox Woman

Mrs. Oneida Lillian Ward Smith, 98, passed away on Sunday, Jan. 22, 2017, at Heritage Hall Nursing Home in Nassawadox. Her parents were the late Oscar Ward and the late Lillian Colonna Ward.

She is survived by two daughters; Fay Webb and her husband, Kenneth, of

Machipongo, and Bonnie McLellan and her husband, Denny, of Norfolk: four grandchildren; and eight great-grandchildren. She was predeceased by her husband, Arnold Vincent Smith.

Funeral services will be held Friday, Jan. 27, 2017, at 2 p.m., from the Belle Haven Cemetery with the Rev. Clarence Bowen officiating.

Memorial donations may be made to the charity of one's choice.

Family and friends may sign the guest book at www.hollandfuneralhome.net

Arrangements were made by the Holland Funeral Home in Nassawadox.

Painter Woman Remembered

Mrs. Patsy Warren Gladden, 84, wife of Bob C. Gladden and a resident of Painter, passed away peacefully Monday, Jan. 23, 2017, at her residence surrounded by her loving family. A native of Quinby, she was the daughter of the late Lawrence H. Warren and Elizabeth Eichelberger Warren. She was a member of Painter-Garrison United Methodist Church and Eastern Shore Emmaus.

In addition to her husband, she is survived by a daughter, Nancy Gladden Henderson and her husband, John Mapp, of Painter; a son, Robert Clark Gladden and his wife, Teresa, of Mel-

fa; four grandchildren, Jason Lewis Hopkins, Douglas Gladden Hopkins, Michelle Gladden Killmon, and Christina Lindquist Ward; and seven great-grandchildren, Gavin Lewis Hopkins, Kaylie Paige Hopkins,



Mrs. Gladden

Cameron Gladden Hopkins, Parker Jackson Ward Jr., Kinley Bennett Ward, Kyler James Killmon and Madison Paige Killmon.

Funeral services were conducted Jan. 26, 2017, at Painter-Garrison United Methodist Church with Revs. Curtis Lucy, Charlene Harris, and Clarence Bowen officiating. Private interment followed in Belle Haven Cemetery. Memorials may be made to Painter-Garrison United Method-

ist Church, P. O. Box 522, Painter, VA 23420 or Riverside Shore Hospice, P.O. Box 615, Onley, VA 23418.

Online condolences may be sent to the family at <u>www.doughtyfuneral-home.com</u>

Arrangements were made by Doughty Funeral Home in Exmore.

Service Saturday for Eastville Woman

A funeral service for **Ms. Elizabeth Jarvis** of Eastville will be conducted from the Bethel A.M.E. Church in Eastville on Saturday, Jan. 28, 2017, at noon, with Rev. Horace Cross officiating.

Interment will be in Bethel A.M.E. Church Cemetery.

Relatives and friends may call at the John O. Morris Funeral Home in Nassawadox on Friday from 4 to 6 p.m., and Saturday at the church, from 10 a.m. to noon.

Obituaries can be faxed to the Post at 789-7681 or e-mailed to editor@easternshorepost.com

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Standing Up at Home for Women's Rights

By Linda Cicoira

Make a woman feel threatened and her dander is sure to be up. Multiply that over and over and you get last Saturday, a march and demonstration of tens of thousands of women united to spread the word that "women's rights are human rights."

Men stepped up, too. They were among the protestors.

Across the country, the marches were said to be the largest ever. About 60 people from Accomack and Northampton counties, who couldn't travel hours to voice their dismay in Washington, gathered at Four Corner Plaza in Onley where they stood on the side of Lankford Highway, waved to passersby and held up their hand-made signs.

They said they wanted to spread awareness for the environment, equal rights, local economics and poverty and they wanted the assurance of healthcare for the future.

For some it was like taking a trip back to the 1960s when protests seemed comlot further. Try 1913 when women were looking for the right to vote and 5,000 took to the streets of D.C.

"I think it's fabulous," Malaika Mitchell said Saturday as she stood with the others. The unintentional organizer initially planned to show her solidarity alone with a sign locally because her health wouldn't allow her to do the city march.

Later, she said, "Several people went out to eat in groups after the demonstration; some of them I believe having met for the first time ... I just thought that was an interesting tidbit. Also people seemed interested in doing something to follow up.

It was a good day." "I'm here in support of women's rights, miniority's rights ... and not so much hate," said Robin Patte-

"I think the econ-

monplace. But the tradition goes back a omy is in for trouble with this president," said Tom Wilkins, who stood in the protest line. "I think we need to be reminded there are a whole lot of other people out there than the people he represents. It's going to be a hard time for them. Let's not lose sight of all America."

"Trump makes it sound like this country is in such a bad state," said Laura Marsh of Greenbackville. "Like a third world country, and it really isn't."

A bus filled with local residents left early Saturday from the same parking lot to march on the capital. They are seen in the photo below. Above is a picture of the March on Onley.



EASTERN SHORE SPORTS

Eastern Shore All-District Varsity Football First and Second Teams Announced

By Krystle Bono

The Eastern Shore All-District first and second football teams were chosen at the conclusion of the 2016 season.

Nandua's Kelly Reagan was named to the first team as quarterback. First team offensive linemen titles went to Quinyon Williams of Northampton, Tevin Custis of Nandua and Firebirds Quazon Davis and Quinton Taylor.

Contrel Brown of Arcadia was chosen for the first team runningback alongside Northampton's Frederick Williams and Nandua's Daquan Bailey.

Tight end/wide receivers for the first team went to Warrior Waylon White and Yellow Jacket Tamaze Brisco.

Northampton's Quinyon Williams, Arcadia's Jashawn Ross, Arcadia's Contrel Brown and Nandua's Tevin Custis and Traquon Hickman were all chosen for the first team defensive lineman titles.

First team linebacker went to Warrior Edward Stratton, Firebird Kerric Hickman and Yellow Jacket Michael Jones.

Defensive back spots on the first team were given to William Gunter of Nandua, Trey Ballard of Arcadia and Cody Goller of Northampton.

Yellow Jacket Tamaze Brisco was chosen as first team return specialist and first team kicker went to Firebird Logan Godwin.

Top honors of District Athletes of the Year went to Arcadia's Contrel Brown, Northampton's Frederick Wil-

Contrel Brown and Nandua's Tevin liams and Nandua's Daguan Bailey.

Second team All-District quarterback went to Northampton's Devin Hill. Yellow Jacket Devin Taylor, Firebird Rashard Shrieves and Warriors Jacob Lloyd and Caleb Ferry were picked for as the second team offensive linemen.

Trey Ballard and Kerric Hickman of Arcadia were both chosen for the second team as runningbacks.

Tight end/wide receiver second team went to Arcadia's Jakori Dickerson, Nandua's Chris Locklear and Northampton's Javon Thomas.

Second team defensive lineman picks were Yellow Jacket Jaquan Johnson and Firebirds Jakori Dickerson and Will Bagwell. Jayden Davis of Nandua, Corey Smith of Northampton and Shykeem Jacobs of Arcadia were chosen as the second team linebackers.

Defensive backs picks for the Eastern Shore All-District second team were Warrior Waylon White, Yellow Jacket Kasai Clark and Firebird Logan Godwin.

Second team return specialist went to Nandua's Waylon White and Yellow Jacket Kevin Ortiz was named second team kicker.

The Nandua Warriors finished the season with a 7-4 record, followed by the Northampton Yellow Jackets, who ended 6-4. The Arcadia Firebirds wrapped up the year with an overall record of 4-6.



Photo by Krystle Bono

Northampton's Frederick Williams (3) earned a spot as Runningback on the Eastern Shore All-District First Team and was named one of three District Athletes of the Year.



Photo by Krystle Bono

Warrior Daquan Bailey (21) was named to the All-District first team as a runningback and earned one of three top honors as District Athletes of the Year.

Northampton Places Third in Rural Retreat Invitational

By Krystle Bono

The Northampton Yellow Jackets wrestling team added a third place finish to their list of this season's accolades last weekend at the Rural Retreat Invitational. Myles Lewis and Durell Robinson each earned first place individual medals during the tournament.

Robinson battled his way to the top of the podium in the 182 weight class by defeating Zachary Robinson of Marion Senior by major decision, 16-8. He went on to top Devan Meredith of Rural Retreat by decision of 7-2 in the semi-finals before moving on to lock in another win over Cumberland's Raheem Rumsey in the finals by decision,

Lewis also did not give up a match to any of his two opponents he faced in his 106 weight class bracket. He received byes the first two rounds, but came out in the semi-finals to pin Juan Ponce of Galax in just one minute and six seconds. The finals notched another



weight brackets during the Rural Retreat Invitational last weekend.

Photo by Jennifer Lewis (L-R) Myles Lewis and Durell Robinson finished at the top of their

pin for the Yellow Jacket, by a fall time of 3:37 over George Wythe's Sebastian Lamrouex.

Gary Peart III grabbed a second place finish at 160 after falling to Brady Stiltner of Patrick Henry in their finals match. Peart III won both his quarterfinal and semi-final matches over Shepherd Jonathan of Marion Senior by fall, 1:34, and Terence Maloney of Glenvar by major decision, 9-1.

Taylor Shreaves (132) and Garrett Marsh (145) each earned third place; Cody Goller (138), Aiden McNeal (160) and Masen Ingram (220) ended with fourth place finishes.

Shreaves pinned David Marable of George Wythe with a time of 4:03 to earn his third place spot. Marsh won his third place matchup after defeating Micah Dunford of George Wythe by an 8-2 decision.

The Yellow Jackets will see Eastern Shore District rivals, the Nandua Warriors and the Arcadia Firebirds, Saturday in Onley for the Nandua Duels.



Photo by Jennifer Lewis

The Northampton Yellow Jackets brought home a third place finish during the Rural Retreat Invitational last weekend.



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Photo by Jacque Derrickson Chincoteague's Trevon Christopher (4) attempts a shot during their battle against Northampton Wednesday night.

artsenter.com

BASKETBALL AGTION

Yellow Jackets Claim Fourth Straight Win; Three-Game Streak Comes to Halt for the Warriors

By Krystle Bono

The Northampton Yellow Jackets boys' varsity club added three wins to their record this week as the team topped the Nandua Warriors Friday night, 72-53, in Onley, before claiming another win over the Arcadia Firebirds Tuesday night in Eastville, 74-50. The team then moved on to defeat the Chincoteague Ponies on Wednesday night, 74-70, in Chincoteague. This marks four-in-a-row for Northampton, who now own an 11-4 record for the season.

Aiding in the win for the Yellow Jackets' over the Warriors was Jawaun Bell, who swished 18 total points. Tamaze Brisco totaled 11 and Reginald Bailey had 10. Rebounds were led by Brisco, who grabbed six. Bell nabbed the most

757-331-2787

assists with eight and James Braxton had the team-high in steals with four.

Bell also led his team against their victory over the Firebirds, netting 16 points. Brisco followed his lead with 15 points and Sheldon Payne threw 12 points. Brisco led the squad in rebounds with 10. The most assists were handed off by Bell, who tallied 10 and Payne seized the most steals with three, alongside teammate Quai'zal Kellam, who also stole three.

The Yellow Jackets will meet again on Monday as they travel for a make-up game to Essex High School.

Nandua's three-game win streak was shattered by the Yellow Jackets last Friday night when they fell to their rivals in Eastville. The Warriors dropped the ball again to the Bulldogs, 71-59, Tuesday night when they hosted Laurel. Monday night will mark their next matchup in Onley against Norfolk Christian.

The Broadwater Vikings won their away contest on Monday night against the Denbigh Baptist Minutemen, 65-25. On Tuesday night, they suffered a loss to the Portsmouth Christian Patriots, 87-51, in Exmore. Broadwater's next scheduled court battle is set for Friday, Feb. 3, at Atlantic Shores Christian.

Chincoteague will face Charles City County tonight (Friday) at 7.

The Eastern Shore Distict Tournament will begin Wednesday, Feb. 1, at Northampton High School.

THE PALACE Cape Charles, VA *Classes * *Arts* *Community Band* ~ Valentine's Day Fun ~ ballet & tap The Palace is proud to house Feb 11, 10 - 2:30. ~ modern & creative a community band. Come and Come make your ~ jazz & hip-hop join in Sundays 3-5 PM! Don't Valentine Cards! play? Come listen and support ~ theatre ~ 3rd - 5th and 6th - 8th ~ technical (lights, camera, the band. Open practice to the public most Sundays 3-5 PM. props) * Choir * *Auditions* The Palace is proud to house a children's choir. 1 ~ Clam Digger's Daughter ~ Ages 5 - 17 who enjoy singing! Jan 28 - 1:30 PM ~ Voicing & placement 2 ~ Emperors New Clothes February 12 ~ 12:30 ~ 2:30 PM Feb 1 & 2 ~ 6-8 PM ~ Check website or call for more information 3 ~ Hansel & Gretel Adult Choir? Interested persons please call. April 26 & 27 ~ 6-8 PM *Movies* ~ Feb 3 ~ 7 PM ~ \$5.00 ~ Quartet ~ Feb 14 ~ 8 PM ~ \$5.00 ~ Love Actually ~ Feb 17 ~ 7 PM ~ \$5.00 ~ Pete's Dragon - Sat and Sun showes too! OPEN House @ 10 Strawberry Street Feb 4 10-2 PM. Come meet new instructors, choir and band directors and the Executive Director. Save the Date Save the Date BIRTHDAY Saturday June 3, 2017 ~ 6 - 11 PM sored by: The Oyster Farm at Kings Creek The Palace turns 75 ~ March 18, 2017

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NOTICE FOR DBE/WBE SUBCONTRACTORS & MATERIAL SUPPLIERS

Branscome Eastern Shore is currently soliciting subcontractor and material proposals on the following project:

VDOT Order 522 – 2017 Plant Mix Bid Date: February 22, 2017 at 10:00 AM

We request quotes by **5:00 PM on February 10, 2017** on the following bid items:

Pavement Marking, Pavement Planning, Saw Cutting, Trucking, Signalization, Maintenance of Traffic

We encourage minority and/or female subcontractors and suppliers to contact **Wes Parks** at **757-787-4801** or fax a quote to **757-787-8149**.

Proposal and specifications may be reviewed at our office, Branscome Eastern Shore, 21266 Fairgrounds Road, Tasley, VA 23441 or may be purchased from the owner (VDOT). Branscome, Inc is an EEO Employer.



ACROSS THE SHORE

Warriors Cruise to Five-Game Streak; Vikings Notch Back-to-Back Wins

By Krystle Bono

The Nandua Warriors girls' varsity team extended their streak to four last Friday night as they fueled past the Northampton Yellow Jackets in Eastville, 71-35.

Warrior Kyteia Smaw led the hoops squad with 22 points and a gamehigh of six steals. Her teammates Angelique Taylor and Shacoria Baines also helped lead the team with 15 and 14 points, respectively. Taylor also tallied nine assists and five steals. Jada Locklear grabbed the most rebounds with five and Shabria Nock blocked the most for the club with two.

Nandua stretched its winning record to five with a victory over the Laurel Bulldogs Wednesday night in

Onley. The girls will head to Norfolk Christian on Monday for their next

The Broadwater Vikings defeated the Denbigh Baptist Minutemen on Monday, 54-31, in Newport News.

Dominating the first, the Vikings netted 20 points to the Minutemen's mere four. Broadwater fell behind in the second, posting only six points as Denbigh threw eight to make the score, 26-12, by halftime.

The second half of the game went in favor of the Vikings all the way to the final buzzer, as the girls split 28 points evenly over the last two periods and the Minutemen were only able to post 11 and eight to bring the scoreboard to rest, 54-31.

Broadwater earned their second win in-a-row Tuesday night when they hosted Portsmouth Christian in Exmore. The Vikings will play again on Tuesday, Jan. 31, at Stonebridge School.

Wednesday night, the Chincoteague Ponies defeated the Northampton Yellow Jackets in Eastville, 48-44. The Ponies will battle Charles City County tonight (Friday) in Chincoteague.

Northampton will make-up a game that was previously rescheduled against the Essex Trojans on Monday, Jan. 30 in Eastville.

The girls' varsity Eastern Shore District Tournament will begin on Tuesday, Jan. 31, at Arcadia High School.

If you would like your ad to run in the Post's **Sports Section,** call 789-7678.



- 1. Name the last pitchers before the Los Angeles Dodgers' Clayton Kershaw in 2015 to record at least 300 strikeouts in a season.
- 2. Who was the last St. Louis Cardinal to lead the National League in RBIs for a season?
- 3. How many consecutive seasons have the Clemson Tigers football team won at least 10 games?
- 4. Dwane Casey is the Toronto Raptors' all-time leader in regular-season coaching victories (210 entering the 2016-17 season). Who is No. 2 on the team's list?
- 5. In 2016, Connor McDavid tallied five points in an NHL game, becoming the third rookie player in Edmonton Oilers history to do such. Name either of the other two.
- 6. Who was the last NASCAR Cup driver before Carl Edwards (2015) and Martin Truex Jr. (2016) to win the Charlotte 600 race and Darlington 500 race in the same year?
- 7. In 2016, Serena Williams set the record for most Grand Slam singles victories in the Open Era. Who had held the mark?

STAN SMITH'S TENNIS CLASS

HITTING WITH AN **OPEN STANCE**

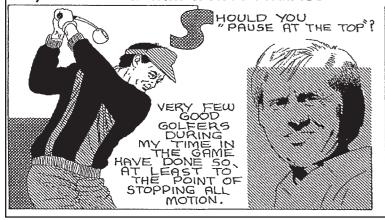
In recent years players now use an "open stance" when hitting a forehand. They hit the ball with their weight on their back foot, without stepping into the shot and transfering their weight to the front foot. They spin their torso to generate power.





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Grand Slam singles wins. 7. Martina Navratilova, with 306 6. Jimmie Johnson, in 2004. Nugent-Hopkins (2011).

5. Dave Lumley (1980) and Ryan

lar-season coaching victories (2004-4. Sam Mitchell had 156 regu-3. Six seasons.

2. Albert Pujols, with 118 RBIs in in Arizona in 2002. and Curt Schilling (316), teammates 1. Randy Johnson (334 strikeouts)

Answers

SPORTS SHORTS

Annual Nandua High School Softball Camp

The Nandua softball team will hold its annual softball camp at Nandua High School on Saturday, Feb. 25, for players aged 8-12. All ability and skill levels are welcome. There will be a morning session from 9 a.m. to 12 p.m., and an afternoon session from 1 to 4 p.m. Players can attend both sessions for \$35, or either the morning or afternoon session for \$20.

Flyers and sign-up forms with more

details are available by calling Lynn Williams at 757-710-4242. All proceeds will benefit the Nandua Softball Program. This will be a great way to shake off those rusty skills and get ready for spring!

Accomack Parks and Recreation Cheerleaders

Accomack County Parks and Recreation Cheerleaders will practice Saturday, Jan. 28, 9:30 a.m. - 10:30 a.m.,

and cheer from 10:30 a.m - 11:30 at Arcadia High School. Contact 757-787-3900, 757-824-0314 or 757-678-2137 for additional information.

Accomack Parks and Recreation Youth Basketball

Accomack County Parks and Recreation Youth Basketball games will be held at Arcadia High School on Saturday, Jan. 28, beginning at 9:30 a.m. Donations for Saturday's games are \$1.

The schedule is as follows:

9:30 a.m. - Wizards vs. ACPR Lakers 1 (ages 5-8)

10:30 a.m. - Hornets vs. Celtics 1 (ages 5-8)

11:30 a.m. - Knights 1 vs. ACPR Heat (ages 5-8)

12:30 p.m. - Braves vs. Horntown (ages 13-15)

1:30 p.m. - Knights vs. Chincoteague (ages 9-12)

2:30 p.m. - Horntown vs. Chincoteague

For additional information, contact the Parks and Recreation office at 757-787-3900 or 757-824-0314.

SPORTS SHORTS

can be emailed to sports@easternshorepost.com



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CAPITAL LETTERS

Bright.

By Del. Rob Bloxom

The second week of the fast-paced 2017 short session is finished. Many topics are being discussed, but the most popular email topic to date is the salt water

fishing license fund. It is being moved away from its intended purpose of the citation program and improvement of public access and fishing habitat to cover the shortfall within the VMRC. The emails are

on Fox News, and he, at work. Their rea-

son for turning out for the event was sim-

ple. "It sounded like fun - the first inaugu-

ral ball on the Eastern Shore," said David

just a feel-good time." She, too, watched

the inauguration. "I was very excited to

see a president coming in that truly loves

America." She believes he is different

CTGVariety.com/vacation

Peggy Keating, of Chincoteague, found the evening to be "uplifting, patriotic, and

being sent to me because I serve on the finance committee. The fund was moved by the governor in his budget so the decision really rests with the appropriations committee. There are amendments to move the money back, as well as a few amendments to put in new money. As was reported last week, money (and the lack of it), is the central theme this year. Also of concern to us on the Eastern Shore is that money was moved from the surveying department in the VMRC. There is a move to privatize this department but caution

(Continued From Front Page)

~ Inauguration ~ watched the inauguration: she, at home, reer politician," she said, and is "a change that will be good for America."



Carolyn and David Bright

Sleep Cheap! - Easton, Laurel & Business 13 across from SU

is the envy of the East Coast and one of the reasons for the success aquaculture industry's success.

The next topic that I received the most emails are what I refer to as the "cat and dog bills," and where the difference between urban and rural Virginia is so clearly seen. Animal groups are well organized on both sides of an issue and my inbox will receive more than 100 messages within

needs to be taken, as our leasing program

an hour. They are usually the same letter with addresses from all over the state and even some from outside the state. As always, I look at the bill doing what I think is best for the 100th district.

I welcome your comments and concerns. Please do not hesitate to contact my Richmond office at (804) 698-1000 or email me at delrbloxom@house.virginia.gov. You can also call my district office in Mappsville at (757) 824-3456.

Healthy Communities Scholars Sought

Eastern Shore Healthy Communities and Eastern Shore Community College (ESCC) are searching for applicants or nominees for their 2017 Leadership Academy.

The goal of the academy is to contribute to a healthier, more robust Eastern Shore community by providing motivated youth with confidence and experiences that strengthen their ability to model leadership behaviors, inspire shared vision, challenge processes, enable others to act, and encourage progress in his or her community with heart and conviction.

Classes will be held at ESCC on Saturdays from 9 a.m. until 2 p.m. on Feb. 4, 18, March 4, 18, and 25, and April 1. This program is funded in part by the Virginia Foundation for Healthy Youth and Eastern Shore Community College. Each Leadership Scholar accepted into the 2017 program receives a full scholarship for tuition, fees and materials. Lunch is provided each class day for participants.

Deadline for applications is Feb. 1. For more information or to submit applications, contact Rochelle Brown, administrative assistant to the president, Eastern Shore Community College, 29300 Lankford Hwy., Melfa, VA 23410, or email to rbrown@es.vccs.edu and ask for a return receipt.

Contact Joani Donohoe at 301-807-9360 or email joanidonohoe@gmail.com for more information.







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		Chinco.Channel	L	2:04 p.m.	L	2:44 p.m.		3:25 p.m.	L	4:07 p.m.	L	4:51 p.m.	L	5:38 p.m.	L	6:00 a.m.
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	a	Gargathy Neck	L	2:44 p.m.	L	3:24 p.m.	L	4:05 p.m.	L	4:47 p.m.	L	5:31 p.m.	L	5:45 a.m.	L	6:40 a.m.
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		Wachapreague	L	2:13 p.m.	L	2:53 p.m.	L	3:34 p.m.	L	4:16 p.m.	L	5:00 p.m.	L	5:47 p.m.	L	6:09 a.m.
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			Н	11:41 a.m.	Н	12:19 p.m.	Н	12:57 p.m.	Н	1:36 p.m.	Н	2:17 p.m.	Н	3:01 p.m.	Н	3:50 p.m.
		Tangier Sound Light	L	5:26 a.m.	L	6:07 a.m.	L	6:49 a.m.	L	7:33 a.m.	L	8:19 a.m.	L	9:08 a.m.	L	10:02 a.m.
4			Η	11:57 a.m.	Η	12:35 p.m.	Η	1:13 p.m.	Η	1:52 p.m.	Η	2:33 p.m.	Η	3:17 p.m.	Н	4:06 p.m.
		Muddy Creek	L	6:01 a.m.	L	6:42 a.m.	L	7:24 a.m.	L	8:08 a.m.	L	8:54 a.m.	L	9:43 a.m.	L	10:37 a.m.
			Н	11:49 a.m.	Н	12:27 p.m.	Н	1:05 p.m.	Н	1:44 p.m.	Н	2:25 p.m.	Н	3:09 p.m.	Н	3:58 p.m.
		Guard Shore	L	6:40 p.m.	L	6:38 a.m.	L	7:20 a.m.	L	8:04 a.m.	L	8:50 a.m.		9:39 a.m.	L	10:33 a.m.
			Н	11:24 a.m.	Η	12:02 p.m.	Н	12:40 p.m.	Η	1:19 p.m.	Н	2:00 p.m.	Н	2:44 p.m.	H	3:33 p.m.
		Chescon. Creek	L	5:52 p.m.	L	5:50 a.m.	L	6:32 a.m.	L	7:16 a.m.	L	8:02 a.m.	L	8:51 a.m.	L	9:45 a.m.
7 -	<u>o</u>		Н	11:38 a.m.	Н	12:16 p.m.	Н	12:54 p.m.	Η	1:33 p.m.	Н	2:14 p.m.	Н	2:58 p.m.	Н	3:47 p.m.
	Şi	Onancock Creek	L	5:29 a.m.	L	6:10 a.m.	L	6:52 a.m.	L	7:36 a.m.	L	8:22 a.m.	L	9:11 a.m.	L	10:05 a.m.
R	Bayside	n	Н	10:54 a.m.	Н	11:32 a.m.	H	12:10 p.m.	Η	12:49 p.m.	Н	1:30 p.m.	Н	2:14 p.m.	H	3:03 p.m.
	-	Pungoteague Creek	L	5:26 p.m.	L	6:04 p.m.	L	6:06 a.m.	L	6:50 a.m.	L	7:36 a.m.	L	8:25 a.m.	L	9:19 a.m.
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			Н	10:18 a.m.	Н	10:56 a.m.	Н	11:34 a.m.	Н	12:13 p.m.	Н	12:54 p.m.	Н	1:38 p.m.	Н	2:27 p.m.
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		Kiptopeke Beach	L	2:25 p.m.	L	3:03 p.m.	L	3:42 p.m.	L	4:23 p.m.	JL	5:05 p.m.	L	5:24 a.m.	L	6:18 a.m.

Disclaimer: Tides are provided for information only and are not guaranteed for accuracy.





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Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally

Applause Cheer Clap Heckle Hiss Laughter Outcry

Ovation

Razz Roar Scream Shout

Taunt Whistle Yell

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Last Week's Answers

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Weekly **SUDOKU**

by Linda Thistle

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Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ◆◆

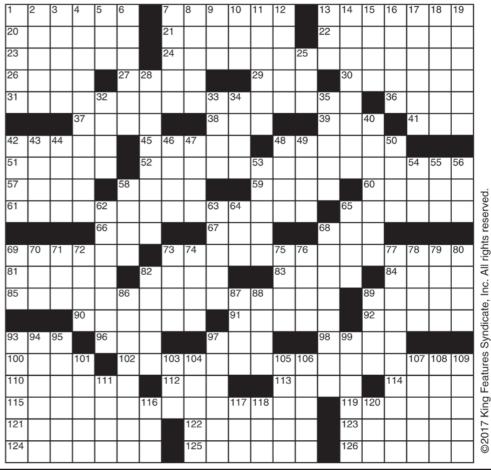
♦ Moderate ♦ Challenging ♦ ♦ HOO BOY!

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Super Crossword

THE SCIENCE OF TRUMPETERS

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Arts Enter Board Considers Proposals for Juture of Historic Palace Theatre

Submitted Article

Over the past year, the board of directors of Arts Enter Cape Charles has been approached by several individuals interested in either purchasing or leasing the Historic Palace Theatre to ex-

pand its use as an entertainment and community arts venue.

One proposal being considered would install new digital projection and sound equipment in the Palace Theatre to offer first-run movies. If such a plan were to move forward, Arts Enter would continue to use the facility for its dance and theatre arts classes, summer theatre camps, music lessons, plays, and various other performing and visual arts events.

"We are committed to maintaining the Palace Theater as a cultural hub for our community," said Arts Enter Board Chairman Henry "Hank" Mayer. "To strengthen our mission as a catalyst for those programs, we're exploring various proposals that would more fully utilize the Palace complex."

Mayer said that running the 75-year-old facility is expensive. Although the building is in good condition overall, the Palace complex will need some expensive structural upgrades in the near future.

"Ideally, we would like to find partners to share in the increasing costs of operating and maintaining this beautiful facility," Mayer said.

The Arts Enter is a non-profit organization that owns and operates the Palace Theatre complex, which includes the theater, stage, dressing rooms, storage build-

ings, a dance studio and a small storefront used for arts classes. Arts Enter has an executive director, Sue Anglim, who runs day-to-day operations and reports to Mayer and the board. Arts Enter's mission is to offer arts-oriented classes for all age groups, stage-quality performances at affordable prices, and strengthen its outreach into the community.

"We believe that to enhance our mission and to preserve the Palace as an arts venue, requires an infusion of new capital and income streams," Mayer said.

The Arts Enter board will spend the next three to six months studying proposals from potential partners or investors and considering other income-producing possibilities, Mayer said.

"We're not rushing into anything," Mayer said. "We're being very methodical and will carefully analyze all proposals that seem fair, feasible and make sense for our mission, the Palace and the community. Meanwhile, we will be running existing programs as scheduled and adding new ones. We have a lot of exciting events already scheduled for 2017."

Parksley DMV Open for Business

By Linda Cicoira

The new DMV Select office in Parksley opened Monday.

"We have worked very hard to find a suitable partner to restore this popular service," said Richard D. Holcomb, the state agency's commissioner. "We are delighted that the Town of Parksley offered to partner with us and look forward to working with them for years to come."

Parksley Mayor Jim Eichelberger will serve as the office's agent and the services will be offered at the town office. The Oak Hall DMV closed in December 2015 with the promise that a new service office would be found.

"We will be happy to assist our Northern Accomack neighbors by offering this convenient, helpful service right here in Parksley," said Eichelberger. "We hope folks will stop by to visit us and check out all our town has to offer."

The town office is at 18444 Dunne Ave. It is open from 9:30 a.m. to 4:30 p.m., Monday through Friday.

DMV has 51 Select offices in the state. On the Eastern Shore customers also can visit the full-service Onancock DMV Customer Service Center, 20 North Street, or the Cheriton DMV Select office, 21314 South Bayside Road. In addition, many transactions can be conducted by mail or online at dmvnow.com

The Town of Exmore will hold a public hearing on February 6, 2017 at 7 pm at 3305 Main Street Exmore, VA 23350 to solicit public input on local community development and housing needs in relation to the Community Development Block Grant (CDBG) funding for a project in our community.

Information on the amount of funding available, the requirements of benefit to low-and moderate-income persons, eligible activities, and plans to minimize displacement and provide displacement assistance as necessary will be available.

Citizens will also be given the opportunity to comment on the Town of Exmore past use of CDBG funds. All interested citizens are urged to attend. For additional information,

contact **Taylor Dukes-Public Utilities Director** at **757-607-7188 or tdukes@exmore.org**.

Comments and grievances can be submitted in writing to Town of Exmore at 3305 Main Street Exmore, VA 23350, by mail at P. O. Box 647 Exmore, VA 23350 or by phone at 757-442- 2476 until March 15, 2017.

The Town of Exmore is an equal opportunity provider and employer and employer.

PUBLIC HEARING

Pursuant to the Code of Virginia Section 15.2-2507, the Northampton County Board of Supervisors will hear public comments on the following proposed amendment to its Fiscal Year 2017 County Budget on Tuesday, February 14, 2017 at 7:00 p.m. in the Board Room of the County Administration Building, 16404 Courthouse Road, Eastville, Virginia. The proposed amendment is a request from the Northampton County School Board for an increase of \$640,092.20, in order to appropriate the balances remaining in the Federal awards listed below after all Fiscal Year 2016 reimbursements were processed:

Account Description	Funds Remaining From Prior Year Awards
Title I, Part A (Basic Programs	\$266,520.54
Title I, Part C (Migrant)	\$248,746.48
Title VI-B, Special Education	(Sect. 611) \$ 19,635.79
Learn-2- Suceed CIG	\$ 22,848.32
Title VI-B Sped Pk (Sect. 619)	\$ 22,282.84
Title VI-B Rural and Low Inco	ome Schools \$ 35,785.61
Title III, Part A (Language Aco	quisition) \$ 11,846.54
Title II, Part A (Teacher Qualit	(sy) <u>\$ 12,426.08</u>
	\$640,092.20
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Persons interested in their matter should attend the public hearing in order to express their views. Handicapped assistance available: 757-678-0440.

John J. Andrzejewski Acting Country Administrator

Fried Oreos, Waffle Sandwiches & Chocolate Crepes

Story and Photos by Linda Cicoira

Seventh Graders at Nandua Middle School took tape, cardboard and paint and designed food truck props and then cooked up the fuel for a compeition this week that wowed three judges including two local chefs.

The stripes symbolize bacon, 13-year-old Joseph Prendergast (right) of Harborton explained when asked about his team's design. "We're chefs, not artists," he told the judges.

He was speaking of the black and red stripes on the Waffle Wheels. The group took "Best Truck Food" with their bacon-infused waffle shell stuffed with sausage and scrambled eggs.

"Best Food Truck" was team Oreolicious (middle photo) with fried Oreos. The vehicle was built on two desks and had a movie screen on one side.

"They don't sell those (fried Oreos) all the time," said Kara Chapman, 12, of Painter.

"We used cardboard and (three rolls of) duct tape" to build the truck, said Daniel Lang, 12, of Onley.

"Brunch in Paris" participants made chocolate mousse-filled crepes with homemade chocolate sauce (see photo on right). They won "Best Overall."

The judges were Gwame Mizzelle (the school's special-ed teacher and boys' basketball coach), Chef Gary Sokaitis of Blarney Stone Pub and Chef Kendall Dennis of Kendall's Kountry Kitchen.

Sokaitis is pictured at bottom right with art teacher Sarah Clark. Not shown is Jennifer Kidwell, the Family and Consumer Science (FACS) instructor.

OPEN AUDITIONS

Saturday, Feb. 4 at 10AM Sunday, Feb. 5 at 2 PM



Must be high school age or older. Male and female vocalists/actors needed. Prepare a related song to audition.

Callbacks Tuesday, Feb. 7 20+ male roles and 10+ female roles Vocal experience preferred No acting experience necessary

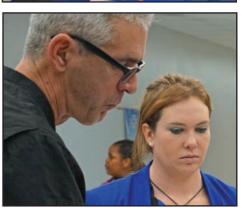




Art & Food - Always A Winning Combo









2017: Year of the Rooster

Story and Photo by Connie Morrison



Chinese New Year is Jan. 28. Perhaps this is the year you try your hand at making your own fortune cookies.

Consisting of only a few ingredients – egg whites, sugar, butter, flour, and vanilla extract – the real challenge is in the technique. But once you have it mastered, a rhythm develops and you'll have a bowl full, with plenty to share, in no time.

The slips you insert into the cookies can bear good or gag fortunes – the fate of many rests in your hands and your imagination. Have fun!



FORTUNE COOKIE RECIPE:

- •3 egg whites
- •3/4 cup white sugar
- •1/2 cup butter, melted and cooled
- •1/4 teaspoon vanilla extract
- •1 cup all-purpose flour
- •2 tablespoons water

Preheat the oven to 375 degrees. Grease cookie sheets, or line with parchment paper. Have fortunes ready to go on small strips of paper.

In a large glass or metal bowl, whip egg whites and sugar on high speed of an electric mixer until frothy, about 2 minutes. Reduce speed to low, and stir in melted butter, vanilla, water and flour one at a time, mixing well after each. Consistency should resemble pancake batter. Spoon the batter into 3 inch circles on the prepared baking sheets. Leave room between for spreading.

Bake for 5 to 7 minutes in the preheated oven, or until the edges begin to brown slightly. Quickly remove one at a time, place a message in the center, and fold in half. Then fold the smooth edge of the half-moon shape over a wooden spoon to make the final shape. (Recipe adapted from allrecipes.com)

Church News

Boston

The 4th Annual Pastoral Anniversary for Rev. Jesse E. Thomas will be at Shiloh Baptist Church at 31559 Boston Rd., on Sunday, Feb. 12, at 10 a.m. Dr. Lewis N. Watson, from First Baptist Church in Salisbury, Md., will be the guest preacher. For more information, call 757-442-2739.

WARNING

As it says in the fourth Commandment Saturday is the Sabbath. The Ten Commandments (Exodus 20:2... KJV) Remember the Sabbath day, to keep it holy. Six days you shall labor and do all our work, but the seventh day is the Sab bath of the Lord your God. In it you shall do no work: you, nor your son, nor your daughter, nor your male servant, nor your female servant, nor your cattle, nor your stranger who is within your gates... Working on Saturday the 7th day is a dead sin; not asking for forgiveness means loss of your salvation. Sunday is the first day of the week. Look at your calendar. < In 260 languages Saturday is the Sabbath. In Rome it is Sunday. Thank You, Post Angel

Craddockville

There will be bible study to discuss the Book of Esther at Craddockville UMC on Wednesday, Jan. 25, at 7 p.m.

A fellowship meal with soup will be served after the worship service on Sunday, Jan. 29.

Daugherty

A Pre-Men's Day program will be at Saint Luke AME Church on Sunday, Jan. 29, at 2 p.m. The speaker/guest will be Rev. Jessie Thompson and the congregation of Shiloh Baptist Church from Boston.

Franktown

Soup Day will be held at Bethel Baptist Church at 7638 Bayside Rd., on Saturday, Jan. 28, at noon. It will be sponsored by the Helping Hands Ministry. For more information, contact George Cabarrus at 757-442-2023.

Horntown

There will be a hymn sing at Tabernacle Baptist Church on Sunday, Feb. 5, at 3 p.m. All singing groups are invited to attend. For more information, call 757-824-5323.

Modest Town

A covered dish dinner will be at Modest Town Baptist Church on Sunday, Jan. 29, at 5 p.m. A hymn sing will follow at 6 p.m.

Oak Hall

SOUPer Bowl Sunday will be held at Downings UMC on Sunday, Feb. 5, after the 11:15 a.m. service. There will be free soup and sandwiches. Please bring a nonperishable item for the church food bank.

A chili cook-off will be at Downings UMC on Friday, Feb. 24, from 6 to 8 p.m. There will be three categories: mild, medium, and blazing.

Tickets are \$8 for all-you-can-eat chili, beverage and dessert. Call Pastor Bertina at 757-824-4585 or Larry Thornton at 757-894-9810 to enter your crockpot of chili or to purchase tickets.

Onancock

There will be an open mic/coffee house to benefit Haiti, which was impacted by hurricanes, at Holy Trinity Episcopal Church on Saturday, Jan. 28, from 6 to 9 p.m. Refreshments will be provided. To perform, call Sharon at 757-999-7720.

Onley

Greater Glory Kingdom Ministries, a multicultural, non-denominational ministry lead by Pastor Winfred Duffie Sr., are celebrating its church's launch, located at Woman's Club at 25405 Richmond Ave. Services will be held at 10 a.m. every Sunday. For more information, call 302-272-0785.

INVITATION TO BID

Northampton County invites sealed bids on the following motor vehicles:

I	Year	Make	Model/Description	Location	Mileage	VIN	License Co	olor
	1997	Chevrolet	Cavalier	Stumptown Office	140,083	6616	107-691L G	old
	2008	Mercedes		u u	138,000	6493	WWF-6176 Gr	ray
	2008	Dodge	Charger	u u	168,200	4632	138-342L W	hite
	2009	Dodge	Charger	u u	157,480	0766	158-845L W	hite
ı								

Vehicles can be seen at the Facilities Management Office located at 5181 Stumptown Drive (just outside Eastville) during normal business hours and are being sold <u>AS IS.</u> Ring the door-bell at the Side Entrance for admittance!

For more information, contact Chris Thomas, Public Works Director, PO Box 66, Eastville, Virginia 23347. Telephone: 757/678-0414. Bids will be received until 3:00 p.m., February 7, 2017, at the County Administrator's Office, 16404 Courthouse Road, Eastville, Virginia, at which time bids will be opened and publicly read. Bids can be mailed to the County Administrator's Office, PO Box 66, Eastville, Virginia 23347 or delivered to the Courthouse Road Offices.

The County reserves the right to reject any and all bids, to waive any and all informalities and to disregard all nonconforming or conditional bids.

COUNTRYSIDE AUCTION

25191 Dennis Drive or Rt. 676, Hopeton, VA Saturday, January 28, 2017 @ 10:00 A.M.

Directions: Located approximately 60 mi. South of Salisbury, MD and 60 mi. North of the Chesapeake Bay Bridge Tunnel. Turn West Off Rt. 13 onto Rt. 676. Follow signs to Auction. Signs will be posted at Rt. 13.

Wooden Gun Cabinet
Oil Paintings & Pictures
Table Lamps
Occasional Tables
Movie Poster
Mahogany Bookcase Desk
Modern Leather & Suede Sofa & Recliner-Nice
Marble-Top Table
Handmade Quilt
Nice Walnut Corner Cupboard
Old Toys

Collection of Cigar Bands
Custom Jewelry
Sterling Silver Jewelry
Old Door Locks & Knobs
Country Store Counter Scales
Old Tools
Glassware
Rose Bowls
Victorian Arm Chair
Old Fireman's Axe

Pine Dining Table & 4 Chairs

Old Fire Helmet

Oak Tool Chest

Roseville

Wooden Ship's Wheel Lg. Entertainment Center Cast Iron Mechanical Banks

Milk Bowls Wooden Adv. Boxes Wooden Bench Lg. Wooden Dough Box Wooden Tool Caddy

Advertising Clocks
Oak Whiskey Barrel
Agateware

Print Trays
Local Advertising
Collection of Oyster Cans
Collection of 50's Lunch Boxes
Pedal Car
Meat Grinders
Wooden Butter Churns

Railroad Lanterns w/ Extra Glass Inserts Lanterns w/ Extra Inserts

Hook Rugs Old Telephones Oils Cans Country Kitchen Pieces

Lots of Box Lots of Old Furniture in Rough &
Other Items Not Mentioned

NOTE: A Lot of These Items Were Packed & Stored Since the Early 80's Check Our Website For Pictures @ countrysideauctions.com 5% Buyers Premium Applies to All Transactions Auctioneer: Chester Jackson, VAAR. #377 Parksley, VA 23421 (757)710-2318, (757)710-5185, (757)665-5672 RAIN OR SHINE ALL INSIDE

Community Notes

Cape Charles

The Palace Theatre will hold open auditions for "The Emperor's New Clothes", on Wednesday, Feb. 1, and Thursday, Feb. 2, from 6 to 8 p.m. Contact Sue Anglim at 757-331-2787. Performances will be March 4 and 5.

Arts Enter will hold an open house at 10 Strawberry St., on Saturday, Feb. 4, from 10 a.m. to 2 p.m. Contact Sue Anglim at 757-331-2787.

Friends of the Cape Charles Memorial Library will hold an afternoon tea, at the Cape Charles Civic Center at 500 Tazewell St., on Monday, Feb. 13, from 3 to 4:30 p.m. Moonrise Jewelry will show how fish leather jewelry is made and teach about Iceland. The cost is \$22 per person. For reservations, call 757-695-4192.

Cheriton

The Cheriton Vol. Fire Co. will host David Long's Clamtastic Chowder Dinner, on Wednesday, Feb. 22, from 5 to 7 p.m. for all-you-can-eat sit-down meal, and from noon to 7 p.m. carry-out will be available for quarts.

The menu includes clam chowder, grilled ham and cheese sandwiches, corn on the cob, desserts and beverage. Quarts of chowder are \$8 and dinners are \$9 for adults and \$4 for kids under 12.

Chincoteague

The Chincoteague Storytelling Guild will host Hear a Story/Share a Story, with featured storytellers Jay Cherrix and Cindy Faith-Oehm, at the Chincoteague Island Library, on Friday, Jan. 27, at 7 p.m. Refreshments will be served at 6:30 p.m. The first Chincoteague Storytelling Festival will be held on Nov. 3 and 4.

Nassawadox

Friends of the Northampton Free Library will host the Eastern Shore Authors program with Walkley E. Johnson, author of "Song of the Mockingbirds", at Little Italy Restaurant, on Saturday, Jan. 28, from 11:30 a.m. to 1 p.m. Tickets are \$15 each. For more information, call 757-414-0010 or 757-442-2112. The program will take place the last Saturday of January, February and March.

Onancock

The 757 Queens Social Club will feed the homeless at the Onancock Community Center at 4 Jacob St., on Sunday, Jan. 29, from noon until the food is gone. Any donations are welcome from the community. For more information, call 757-387-0875.

The ESVA Historical Society will hold their winter lecture series with local author C.L. Marshall at the Onancock Bap-

You Can Make a Difference in a Child's Life

Foster and Adoptive parents are special people-people like you!

Northampton County DSS offers training, support, and financial assistance to families who can provide foster care for youth in their homes.

Consider becoming a foster or adoptive parent.

For more information, please call Northampton County Dept. of Social Services

> 757-678-5153 ext. 328 or ext. 334

tist Church, on Friday, Feb. 3, from 6 to 7 p.m. This is the first lecture of the series. The topic will be "Traditional Eastern Shore Waterfowl Hunting." Admission is free to Historical Society members or \$5 for non-members. For more information, call 757-787-8012.

Snow Hill, Md.

The Worcester County Library Board of Trustees has changed their regular meeting from Tuesday, Feb. 14, to Monday, Feb. 13, at 9:30 a.m. The board will meet at the library at 307 N. Washington St.

Tasley

Shore Paws for a Better Life will hold Bingo for the Shore Dogs and Raffle fundraiser at Accomack Elk's Lodge, on Saturday, Feb. 4, at 4 p.m. The event will raise money for supplies and rescues. There will be raffles for a Turner sculpture, Copper Creations, Ed Kuhn, 300-piece tool set, outdoor firepit and much more.

Wallops Island

The Chincoteague Bay Field Station will hold their Annual Valentine's Day Dinner and Trivia event at 34001 Mill Dam Rd., on Saturday, Feb. 11, at 6:30 p.m. The cost is \$30 per person or \$55 per couple. Tickets may be purchased by calling 757-824-5636.



December Associates of the Month



Emmanuel Caraballo, Day Shift



Sharon Sample, Night Shift

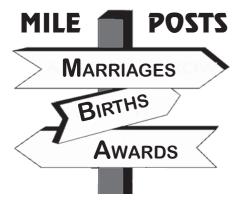


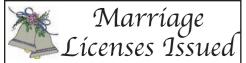
2250 Lankford Highway • Accomac, VA • 757-787-5200 www.perdue.com



Tasley

24164 Tasley Rd.





- •Geno Vernon Geminiani, 23, and Skylar Laine Reed, 27, both of Chincoteague
- •Daron Lee Newman, 29, and Dykeya Dyshea Brown, 28, both of Onancock
- •David Alan Thornes, 60, and Normalee Spence Barclift, 55, both of Cape Charles
- •Gilmer Francisco Herrera Macario, 24, and Micaela Yessenia Oxlaj Cop, 20, both of Millsboro, Del.



Full Service Bookkeeping &

Tax Preparation

Authorized IRS e-file provider

2 Locations to Better Serve You:

21055 Front Street Onley, VA 23418

757-787-5656

33453 Chincoteague Road Wallops Island, VA 23337

757-824-5560

PLEASE CALL FOR AN APPOINTMENT



DAR Gives Good Citizen Award to Two

The ESVA National Society Daughters of the American Revolution (DAR) held a meeting on Jan. 17, at the Hermitage on the Eastern Shore. At the meeting, Llewellyn Allison presented the Good Citizen Award recipients. The recipients were Raahkema Cropper, a senior at Chincoteague High School and the daughter of Floretta Cropper and Ricky Hicks, and Elizabeth Harvie, a senior at Nandua High School

and the daughter of Ann Beamer Williams and William Harvie. Cropper and Harvie wrote an award-winning essay.

The award recognizes individuals who possess the qualities of dependability, service, leadership and patriotism in their homes, schools and communities.

Pictured from left: Raahkema Cropper, Llewellyn Allison and Elizabeth Harvie.



Sock Donation to Nursing Home

The Accomack – Northampton Alumnae Chapter (ANAC) of Delta Sigma Theta Sorority Inc. and the Eastern Shore VA/MD Baptist Association Sunday School Convention partnered to donate over 200 pairs of socks to residents of Heritage Hall, in Nassawadox, on Dec. 18. Pictured from left: Ruth Gates, Patricia Rogers, Sheila Turner and Janice Langley.

HAD A FELONY? COMPLETED PROBATION/ PAROLE? WANT TO VOTE?

Governor McAuliffe's April 22, 2016 Executive Order restored the right to vote for all individuals who as of April 22 had completed the terms of their incarceration and any periods of supervised release (probation or parole) for ANY and ALL felony convictions.

Since the April 22 Executive Order, the Governor issues monthly orders restoring rights to persons who have completed the terms of their incarceration and any periods of supervised release (probation or parole) since April 22, 2016.

If you or someone you know wants to register to vote, please call Gerald Boyd at 757-656-3460.



FRIDAY JAN. 27

★8 a.m. - **Breakfast at the VFW** - VFW Post 2296, Tasley - donations accepted

★11:30 a.m.-12:30 p.m. - **Alzheimer's**

Caregivers' Support Group - Riverside Shore Rehab Center, 26181 Parksley Rd., Parksley - 665-5133 (Lori Wilson)

★noon & 5:30 p.m. - AA mtg. - UMC, Onancock

★12:30 p.m. - Science & Philosophy Seminar: An Age of Reason or Dogmatism? The Role of Science in Public Discourse - ESCC, lecture hall, Melfa

★6 p.m. - **Celebrate Recovery Group mtg.** - Onancock Baptist Church

★7 p.m. - **Life Teach Series -** Rachel/Leah Covenant Ministries Center - 787-2486

★7 p.m. - AA mtg. - Christ Episcopal Church, Eastville

★7:30 p.m. - **AA mtg.** - Downing's Methodist Church, Oak Hall

 \star 7:30 p.m. - **Bingo (doors open at 6:30 p.m.)** - Exmore Moose Lodge, Belle Haven

SATURDAY 1AN. 28

★10 a.m.-1 p.m. - **Soup Kitchen**

- Faith Christian Tabernacle Ministries, Rt. 13, Accomac -787-1811

***\frac{787-1811}**\frac{11} a.m. - Bay Polar Duck Dip Fundraiser - Camp Occohannock on the Bay, Silver Beach **\frac{11} a.m. - Movie Matinee & Craft Day - Pocomoke Library **\frac{10}{10} nom & 7:30 p.m. - AA mtg. - Holy Trinity Episcopal Church, 66 Market St., Onancock **\frac{1:30} p.m. - Auditions for The Clam-Digger's Daughter - Palace Theater, Cape Charles **\frac{1:30}{1:30} p.m. - Bingo - Eastville

POST TIMES Jan. 20-26

SUNDAY JAN. 29

★12:30 p.m. - **Bingo** - Vietnam Veterans' Bldg., Main St., Onley ★7 p.m. - **AA mtg.** - Christ

Episcopal Church, 16304 Courthouse Rd., Eastville \star 7:30 p.m. - **AA mtg.** - Grace UMC, 18484 Wilson Ave., Parksley

MONDAY JAN. 30

★11 a.m. - **Children's Story Hour** - library, Nassawadox

★noon - **AA mtg.** - St. Peter's Catholic Church, Onley

★5-6 p.m. - **Al-Anon mtg.** - Holy Trinity Episcopal Church, Onancock

★5:30 p.m. - **TOPS mtg.** - Belle Haven UMC - 442-3984

★6 p.m - Bingo - Elk's Lodge, Tasley

★6:30 p.m - Cub Scout Pack 300 mtg. - Grace UMC, Parksley

★7 p.m. - **AA mtg.** - Christ Episcopal Church, Eastville

★7:30 p.m. - **AA mtg.** - Emmanuel Episcopal Church, 26405 Horsey Rd., Temperanceville

TUESDAY JAN. 31

VFC

★9 a.m. - **Al-Anon mtg.** - Refuge Inn, Chincoteague

★10 a.m. - **Bingo** - Accomack Senior Village, Onancock

★11 a.m. - **Duplicate Bridge** - Sage Diner, Onley - 442-2474

★3 p.m. - **Kids' Movie at the Library** - main library, children's room, 23610 Front St., Accomac - Call 787-3400 for movie info.

★5-6:30 p.m. - Fathers' and Sons' mtg. - ESTACI, Exmore

★5:30 p.m. - **AA mtg.** - St. James' Episcopal Church, Accomac

★6 p.m. - Rachel Leah Ministries - 787-2486

★6 p.m. - **Bingo** - Pocomoke Elks, next to YMCA

★6-8:30 p.m. - GED Class - ESCC, Class A-51, Melfa

★6:30 p.m. - AA mtg. - Trinity UMC, 109 Plum St., Cape Charles

★7:30 p.m. - Bingo - smoke free - Cheriton VFC

WEDNESDAY FEB. 1

★7:45 a.m. - **Kiwanis Club of Accomack County mtg.** - Sage Diner, Onley

★10 a.m. - TOPS mtg. - Market St. UMC,

Onancock - 787-4718

★11 a.m.-1 p.m. - **Soup Kitchen** - Corner Stone Seventh-Day Adventist Church, 3431 Main St., Exmore

★11:30 a.m.-12:30 p.m. - Debedeavon Toastmasters' mtg.

- NASA/Wallops Base - Call Owen Hooks at 824-1941 for base access.

★2 p.m. - **Children's Story Hour** - E.S. Public Library, Accomac

*3-4:30 p.m. - Riverside Shore Hospice Grief Support Group

 $\boldsymbol{mtg.}$ - Onley UMC, 25642 E. Main St. - 789-5000

★5-7 p.m. - Soup Kitchen & Clothes Closet - Grace and Truth Ministries, 19 Boundary Ave., Onancock - Donations: 789-5369

★5:30-6:30 p.m. - **Free Meals for the Hungry** - Epworth UMC, 4158 Seaside Rd., Exmore - 442-6391

★6-7 p.m. - **Prayer Line Open (St. Matthew's Church, Onley)**

- Call 665-7403, 387-7021 or 894-1521 w/prayer requests

★7 p.m. - AA & Al-Anon. mtgs. - RSMH, Nassawadox

★7:30 p.m. - Bingo - Painter VFC

THURSDAY FEB. 2

★10:30 a.m. - Children's Story Hour - library, Accomac

★10:30 a.m. - Story Time - Cape Charles Memorial Library

★3:45-5:15 p.m. - The Good News Club mtg. - Hollies Baptist

Church, 17691 Hollies Church Rd., Keller - transportation from Pungoteague Elementary school provided

 $\star 5$ p.m. - Chess Club - Cape Charles Memorial Library - all ages, levels welcome

★5:30 p.m. - **Shore Losers mtg.** - Drummondtown Baptist Church, Accomac - \$1 donation/week

★5:30 p.m. - **TOPS VA-550 mtg.** - Zion Baptist Church, Parksley - 787-7099

★6:30 p.m. - AA mtg. - Trinity UMC, 109 Plum St., Cape Charles

★6:30 p.m. - Kiwanis Club mtg. - St. Andrew's Catholic Church, Chincoteague

★6:30 p.m. - American Legion Post 101 mtg. - Chapter Bldg., 25534 Main St., Onley

★6-8:30 p.m. - GED Class - ESCC, Melfa

★7 p.m. - **Republican Party mtg.** - Little Italy, Nassawadox

★7 p.m. - E.S. Shooting Club mtg. - Exmore Fire Dept. Hall - 678-9038

★7 p.m. - Celebrate Recovery Group mtg. - Chincoteague Church of God

★7 p.m. - NA mtg. - Painter Garrison UMC

★7-8 p.m. - **Debedeavon Toastmasters' mtg.** - Market St. UMC, Onancock

★7:30 p.m. - AA mtg. - Holy Trinity Episcopal Church, 66 Market St., Onancock

★8 p.m. - **AA mtg.** - Christ UMC, 6253 Church St., Chincoteague

Classified Ads, Real Estate Ads, Auctions & Legal Notices

Eastern Shore Trudi

Announcements



Help Wanted

FULL-TIME MARINE DEALER PARTS/ FRONT COUNTER ASSOCIATE Seaworthy Marine Services, Inc.

We are growing and looking for an energetic, dependable, career minded and hardworking individual. Past parts experience and knowledge about boats and engines is preferred but not required. Please email your resume to peyton.seaworthy@outlook.com. An application may also be picked up at our location: 4200 Main Street, Exmore, VA 23350. Your resume should show a solid work history and offer excellent professional references. Compensation will be based on previous experience and skill sets.

Primary Responsibilities include:

- *Assist customers over the phone and at the counter with their parts and service needs
- *Answer incoming parts and service calls
- *Utilize software and websites to identify and order parts and accessories
- *Complete manufacturer training to increase knowledge of products and practices
- *Order parts for repair and inventory from vendors
- *Look up parts in manufacturer parts databases
- *Maintain adequate inventory of parts
- *Maintain organization of showroom, parts stock room and
- *Work with Service Manager to assure parts are available for upcoming jobs
- *Receive parts shipments, inventory and put stock away
- *Notify customers when special orders arrive
- *Keep store shelves stocked and neat

Requirements:

- *Valid Driver's License
- *High School Diploma or Equivalent
- *Excellent communication and listening skills (over phone. in writing and in person)
- *Basic computer and mathematic skills
- *Excellent customer relationship skills and well spoken
- *Strong organizational skills
- *Efficient and Consistent work ethic
- *Must be able to pass a background check

Trolley DriverThe Town of Chincoteague, Inc. is accepting applications until Monday, February 27, 2017, for two part-time Trolley Drivers. Candidates for the position should have a valid VA CDL-P drivers' license. Application should be directed to the attention of the Director of Transportation, Town of Chincoteague, Inc., 6150 Community Drive, Chincoteague Island, VA 23336. EEO

Floyd Propane

Floyd Propane now hiring for experienced propane service technician. Full-time position, year-round, with rotating on-call schedule.

Must have Class-B CDL with hazmat and tanker endorsement. Must be able to pass a background check, drug and alcohol screen, and DOT physical.

\$2,500 SIGN-ON BONUS!!

Outstanding starting pay, company-supplied vehicle, tools, and uniform.

21 days of paid vacation; medical, vision and dental insurance; matching 401K. Also eligible for performance bonuses.

Apply in person @ Belle Haven office. 757-442-2444.

FIRE MEDICS (full- and part-time shifts available) F/T position with benefits/ part-time positions (hourly rate)

Accomack County is seeking applicants for Fire Medic I. (Both full and part-time shifts). The deadline for application is January 31,

2017. ALL applicants who apply by the deadline should also be prepared to participate in the Testing Day on Saturday, February 4, 2017 at 9:00 a.m. at the Melfa Fire Training Center. Latecomers cannot be admitted once testing begins. For consideration for any of the positions, you must indicate any and all certifications currently held or in process. Full details are available online:

http://www.co.accomack.va.us/residents/job-opportunities.

Accomack County is an Equal Opportunity Employer.

Emergency Medical Technician

Northampton County is accepting applications for Full-time and Part-time Emergency Medical Technicians in the Emergency Medical Services Department.

Applicant must possess the following: Commonwealth of Virginia - Department of Health Emergency Medical Technician certification, Advanced Life Support Certification preferred /CPR, valid VA Driver's License with good driving record, Emergency Vehicle Operators Course, Hazardous Materials Awareness. Criminal Background checks are a requirement with this position.

Please refer to Northampton County's website online at www.co.northampton.va.us\jobs.html or an application can be obtained thru the Human Resources office. Completed application form, cover letter, copies of current certifications, and copy of DMV driving record can be submitted to Human Resources, PO BOX 66, Eastville, Va. 23347, no later than February 20, 2017. Northampton County is an EOE.

Place your help wanted ad in the Eastern Shore Post and find help faster! Call Angie Crutchley today for free pricing at 757.789.7678.

The Sheriff's Office of Northampton County is accepting employment applications for:

Jail Medic

This position will be working in the Eastern Shore Regional Jail and the job will require shift work, days, nights, weekends, holidays, and required to be on call at times.

Qualifications: over the age of 21 and have obtained high school diploma or GED. Applicant must possess at a minimum the following: LPN or higher certifications preferred with work experience or EMT B and higher preferred with work experience.

Applications may be obtained in person from the Eastern Shore Regional Jail, 5245 the Hornes, Eastville, Va. 23347 or ESRJ applications are also available online at www.co.northampton.va.us

Deadline for applications: February 20, 2017.

Northampton County is an EOE.

The Eastern Shore Community Services Board is seeking candidates for the following positions:

Clinician **Intellectual Disability Aide** MH Skill Building Specialist (new pay scale) **Substance Abuse Outpatient Clinician** (CSAC required) **Part-time Driver** MH/SA Case Manager

Developmental Services Residential Supervisor

For more information or to apply, please visit the ESCSB's website at www.escsb.org **ESCSB** is an **EOE**



Help Wanted

CHILDHOOD EARLY EDUCATION & DIS-ABILITY COORDINA-TOR ECMHSP is now accepting applications for ECED Coordinator in a Migrant Head Start Program. Contact Lynn Bowen lbowen@ecmhsp.org for further information. www.ecmhsp.org

NEWSPAPER CARRIER Routes available: Eastville, Cheriton, Cape Charles, Capeville. \$11-\$14/hr. Call 787-7224.

NEEDED MECHANIC **NORTHAMPTON** COUNTY - Pay based on experience. 757-678-3655.

EXPERIENCED COOK WANTED

Part-time, all times available. Apply in person at Yuk Yuk & Joe's in Eastville.

HVAC TECHNICIAN/IN-STALLER - Exmore - Experience required. Must have tools of the trade, CFU, good driving record. Vacation and holidays. Up to \$20 TO START! EOE. For more details call 757-442-2665 or 757-286-3569.

\$ **NEW HOME SALES** POCOMOKE AREA

Seeking self-motivated, goal-oriented housing consultant. Previous sales exp. preferred. Weekend coverage required.

WILL TRAIN FOR SUCCESS

We offer a competitive benefits package and 401K.

Please email your resume to: WORKNOWDE@GMAIL.COM

EOE.



Boats, Etc.

2004 ANGLER 2100 W/ CUTTY CABIN – 150 h.p. Mercury Optimax, live well, Bimini Top w/side curtains dual axle trailer, great cond. \$12,500. Call 757-678-6140.

CAROLINA 24-FT. **SKIFF** W/TRAILER -150 h.p. Mercury outboard (low hrs.), hydraulic steering and electronic controls. Radio, depthfinder, GPS, \$15,000. 757-694-5144.



Outboard 1958 55 Thunder bolt 4-cyl. 40 h.p. w/ Dyna Flow Overhauled followthe Power ing: Head, Igni-Fuel tion,

Mercury

Starter, Custom Paint, Water Pump. Have all paperwork! Zero hours since. \$2,995. Beautiful antique! Call Bart: 757-789-5141 before 6 p.m.

'77 22' CATALINA SAIL-BOAT - Swing keel, new fiberglass, clean cabin, good sails, 6 h.p. Yamaha long shaft, Load-rite trailer, garage kept. REDUCED: \$2,800 Now: \$1,400. 442-1132



'84 21-FT. KEN **CRAFT** - Pilot house, fresh water cooled, V8 inboard, pocket drive w/galvanized trailer. \$10,500. 757-665-6564.

'98 SUNBIRD CUTTY-CAB - 130 h.p. Evinrude, 222 hours, w/trailer. \$3,500. 757-709-2371, leave msg.

MERCURY OUTBOARD

PROPELLER SS 22-**PITCH** - Like new. \$450. 757-710-0070.

'02 CATAMARAN - 18', 75 h.p. Mercury eng. & trailer. Bought new in 2002. Low engine hours & exc. cond. \$8,000 OBO. 331-1319

72 16-FT. BOSTON WHALER - 60 h.p. Mercury motor, just overhauled, teak console & bench, always kept inside, \$16,000 firm. 410-957-3259



1972-22' Marshall Catboat Lg. cockpit; Yanmar 2GM20 inboard engine w/low hrs. Fully equipped, sails in exc. shape, shallow draft 2.5 ft., sleeps 3, depth sounder, VHF radio, compass, cushions inside & out, boat lift kept. A sweet sailing boat that turns heads in any port. \$19,500 OBO. 757-787-3233.

90 22-FT. SEAPRO CUT-TY CABIN - Rebuilt OMC 225. 160-gal. fuel tank, 22-ft. aluminum trailer w/brakes (Grady White clone). \$10,300 REDUCED: \$7,300. Pat-757-442-4635.

'01 18' TROPHY - Very good cond. + extras. Can be seen at K & E Marine, across from Perdue plant. \$11K. 757-678-3622. **34' DELTAVILLE DEAD-**

RISE \$28,500 OBO -Charter Fishing Boat. 2012 Re-Power Cat 3208T (757) 678-3718. dat556@verizon.net <u>www.ltbaycharters.com</u>

BOAT CHARTER \$15,000 OBO - 34' Deltaville Dead-Rise \$15,000 obo - Charter Fishing Boat. 2012 Re-Power Cat 3208T (757) 678-3718

'98 GRUMMAN PON- TOON BOAT - 20-ft., 60 h.p., extras, MUST SEE! \$6,000 OBO. 757-787-2595 (2) 18-FT. BOATS AND (1) TRAILER - One boat is an Imperial. \$700 OBO. Call 709-9456.

LARGE BIMINI TOP -

82" w X 6' h. With cover and hardware for installation. New cond. \$350 OBO. 804-403-3443 or 757-331-3028

'00 MAXUM 2800 SCR twin 4.3L V6 engines. Exc. cond. w/recent (2014) maintenance record. Many extras. \$16K OBO. Call 540-287-5047.

'11 20-FOOT CAROLINA SKIFF - 115 4-stroke Yamaha (100+ hrs.), T-top, fully loaded, \$14,500. Call 757-589-8901

'03 AQUASPORT OS-PREY - 19-ft. 4-in. CC, 115 h.p. Johnson (low hrs.), EZ Loader trailer, new upholstery, must see! \$7,200. OBO. Call 757-678-6098.

TRACKER 17' 5" ALUMI-**NUM BOAT -** w/full camo paint, 75 HP 4-stroke Yamaha w/93 hrs. Flats jack, hyd. steer., stainless prop., cover, trailer w/elec. winch, \$7,500 firm, orig. owner. 787-2539 (h) or 609-658-3245 (c).

1994 GRADY WHITE GULFSTREAM Two Outboards, 175-Johnson hard-top, full elec., trailer, w/elec. winch, \$7,500 OBO. 757-894-8988.



1988 Grady White 20', 225 h.p. Yamaha, 2 axle trailer. Ready to go. REDUCED: \$9,000. Call 757-824-5748.

'73 GRADY WHITE - Good

cond. Boat & Trailer included. No rigging, no engine, unsinkable. \$1,500 OBO. Call 442-7511 after 5 p.m. BOAT WHEELS - 4-blade, 1 pair, 19" x 23-1½" shaft. REDUCED \$400. Call 757-999-3437 & leave msg. 1986 240-FC FAMILY CRUISER – 23-ft. 8-in. Cabin Cruiser, 240 FC Inboard-runs exc., galley: fully equipped/sleeps 6, bat,h/ shower w/pump-out, ready to go w/trailer and new tires. Must see at \$4,800 OBO. Call 757-894-9422. '90 22-ft. BOSTON WHAL-

ER - Orig. owner; w/150 h.p. 4-stroke Honda still under warrantee (less than 50 hrs.) Alum. trailer, T-top, 2-GPS/sonar units, \$22,000 firm. Will take older 15 to 17 ft. BW on trade. 434-821-9027 or 434-665-9260

REBEL BOAT - boat and trailer: \$2,400.757-787-3130.

Farm & Lawn Equipment

2013 JOHN DEERE GA-TOR - XUV550 - 132 hrs., 4-wheel drive, high & low range, elec. wench on front, 5'6" plow for front, dump body, winter vinyl enclosure, exc. cond. Asking RE-DUCED: Now \$8,500, Was \$9,300. 757-787-4619 or 757-787-1505.

1953 ANNIVERSARY JU-**BILEE 600 FORD TRAC-TOR -** \$3,500. 442-7507. MEYERS **MERSIBLE** WATER PUMP - Includes electrical box. Used less than 30 hrs \$950.442-7677 & leave msg.

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Feed/Seed

HORSE HAY - \$5 per bale. **STRAW** - \$3.50 per bale. Call 757-824-3930 or call 757-894-1339 (cell).

Firewood

SEASONED FIREWOOD FOR SALE - 757-442-7540. MIXED HARDWOOD -Cut, split & delivered: \$175/ truck load. Call 757-665-6172 or 757-665-1217.

Misc. - For Sale

WHIRLPOOL 30" GAS **RANGE** - Self-cleaning, \$165. 757-894-0136.

RESIDENTIAL HEAT-ING BOILER - Columbia FTG30C, 96K BTU output, runs on propane. Call 757-694-8524

PERFORMANCE CREASE POWER PRO-**GRAMMER** - Instant horsepower, improved economy, easy installation, lifetime warranty. 4.8, 5.3, 6.0 & 8.1, '99-'06 GM trucks. Paid \$400 for it and only asking \$200. 787-4674

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CHINA CLOSET. \$200 OBO. Call 757-787-7307.

BEIGE NUBUCK LEATH-ER BERKLINE RECLINER, **LOVESEAT** - Paid \$1,700. Asking \$400. 757-894-8677. 10-SPD. VINTAGE

SCHWINN Le Tour Bicycle - Tire pump, backpack, saddlebag, security chain, tire pressure gauge all included. \$130. 757-990-1095. BRAZILIAN REDWOOD/ MASSARANDUBA FLOORING - Never been

installed. 687 sq. ft. Custom milled w/tongue & groove. On pallets inside a building in Nassawadox. \$2,500 OBO. 757-710-8125. 754 Taylor Triple-head SOFT-SERVE

CREAM MACHINE Bought new; only used 6 mos. MAKE ME AN OFFER!! Water cooled OFFER!! Water cooled. REDUCED: \$2,000. Call 757-387-7678

ICE

ENCLOSED TRAILER 5'x8' - Like new, built-in shelf, used 1 time. 665-4424. \$1,700. 2012 TRANE AIR CON-

DITIONING XR13 - 3-ton, in service for 2 years. Call 757-694-8524

QUANTITY 2-B TANKS FILLED WITH ACET-YLENE -\$220. Call 757-894-0136.

Mobile Homes

SEASIDE RD., EAST-VILLE - 2BR, Lg. LR, Open Kitchen, 1BR, attached storage room, deck, quiet & private location. \$525/mo. Ĉall 757-678-7425 or 678-3171. TRAILER LOTS - Land lots available to lease for singlewide trailer homes at Modest Town Trailer Park. Call Carl at 410-262-3070.

HOLLAND HILL RESIDENTIAL COMMUNITY 29279 Tyler Drive New Church, VA 23415

2- & 3-BDRM mobile homes rent starts at \$550 per month. Refrigerator/range/ washer/dryer hook-up. Weekly trash pick-up/ water/sewer are included in rent. Transit Bus Service. No pets.

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2BR MOBILE HOMES IN NORTHERN ACC. CTY. FOR RENT - Sec-8 approved. Call 757-710-8894 MOBILE HOME PARTS

for sale. Dreamland Homes, 13, Accomac,

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USE HAPPY TONEKOTE for dogs to restore nutrients needed to prevent skin allergies and constant scratching. East*ern Shore Pets* (787-1462) (kennelvax.com)



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ONANCOCK: Beautifully restored Victorian. 3BR, 2BA. Screened porch, shed & more. \$198,800. Call 410-977-8849

FOR SALE: CRADDOCK-VILLE - House w/3BR, 1.5BA, on 1/2-acre lot w/lg. workshop & outbuilding. Enclosed den & screened front porch. Lg. living & dining rooms. **WOW**: only \$125,000. Call 442-9436.

1.7-ACRE BUILDING LOT IN MELFA Includes well & septic. Zero Down. \$450/mo. Call Larry at 302-222-2064.

WE BUY LAND - Call Clayton Homes for more information: 302-846-9100.

Rentals - Apts.

LOCUSTVILLE - 1BR 1BA, all elec., heat & A/C, all appliances, W/D, \$595/ mo. + \$595/sec. dep. Call 757-787-7886.

2- OR 3BR IN PARKS-**LEY -** \$800/mo., everything is electric. M&M Property Management. Call 757-387-7507.

NASSAWADOX - 2BR, Liv./Din. Rm., 1BA, W/D area, CAC, \$675/mo., 1 yr. lease + sec. dep. No pets. No smoking. 757-787-7640. **ONLEY** - 2BR, Liv./Din.

Rm., 1BA, W/D area, CAC, \$675/mo., 1 yr. lease + sec. dep. No pets. No smoking. 757-787-7640.

Hartley Hall Senior Housing

in Pocomoke City, Md., is accepting applications for 1-bedroom and efficiency apartments in an elderly housing subsidized apartment complex. Contact 410-957-2252 for application or visit office at 1006 Market Street in Pocomoke City.

Equal Housing Opportunity)

THE SNOW IS COMING, **BUT DON'T BE BLUE!** WE HAVE AN APARTMENT **JUST FOR YOU! OUR FRIENDLY STAFF WILL SHOVEL FOR YOU, TOO! Accomack Manor Apts** 757-665-5848

This institution is an equal

opportunity employer.

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The snow is coming, But don't be blue! We have an apartment JUST for you! Our friendly staff will shovel for you, too! At Exmore Village I & II Apts (757)442-9471 <u>T</u>his institution is an equa<u>l</u> opportunity provider.

Rentals -**Commercial**

MECHANIC SHOP IN EASTVILLE FOR RENT Two car Inspection certified lanes. All inspection equipment with rental. Tire machine/balancer and 2 lifts. First, Last months rent plus Security Deposit. Contact 757-678-3000.

RESTAURANT LEASE - Exc. business opportunity avail. 10 min. from Chincoteague Island, Va. Clear view of Chincoteague & Wallops Island launch site. Previous site of established waterfront restaurant, Wright's Seafood Restaurant. 757-894-8939 or 757-824-4012. **NEWLY REMODELED** 1,500 SQ. FT. w/3 private offices, reception area & large conference room. Plus 1,000 sq. ft. Hwy. 13 frontage. Plus 2,000 sq. ft.-many amenities. Please call John LeCato (757)442-7340

BRICK HISTORICAL BLDG. FOR RENT OR SALE in Oak Hall area. Financing avail. Exc. cond. Central A/C & heat. Avail. Dec. 1. \$675/mo. + sec. dep. 757-710-4747

Rentals - Houses

ELEGANT - Waterfront home, furnished, to share w/2 professional area men in charming neighborhood. \$500/mo. + \$100/mo. for shared util. (\$600/mo. total expenses). Avail. Feb. 1. Must pass approval in personal in-

terview. 732-403-9710.

DUPLEX FOR RENT -2BR, 1BA, fridge & stove, Central Heat & Air, W/D hook-up. \$650/mo. Credit check, sec. dep. & 1-yr. lease. No pets. Drummondtown Rd. 710-2192.

BIRDSNEST AREA - 3BR house, W/D hook-up, nice neighborhood, we accept Sec. 8. Call 678-7483 & leave name & number.

LUXURY 1BR waterfront cottage. Beautiful, furnished completely equipped. Dock & beach rights included. Rent monthly or annually. Harborton area. \$1,000/ mo. Call 757-442-3375.

2-STORY HOME - 2BR + bonus rooms, appliances, handicap ramp. \$1,400/mo. + sec. dep. Onley. Garage & storage building. Please call John LeCato at 757-

ONANCOCK - Deluxe 3BR house, Liv/Din. Rm., Lg. Eatin Kit., den, shop, garage, Central A/C & heat, all appl., 1 yr. lease + sec. dep. \$1,250/ mo., Pet deposit req'd. No smoking. 757-787-7640.

Rentals -Office Space

OFFICE SPACE FOR **RENT: 109 MASON AVE.,** CAPE CHARLES - Office Suites and individual offices available. All utilities included except internet/phone. Please email miriam.elton@eltonassocinc.com for detailed information.

Services

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Paving, Seal Coating, All Repairs, Culvert Pipes & Extensions, Dirt Work, Bobcat & Mini Backhoe Services. Locally Owned Business. 757-710-9600.
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WE BUY:

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Capable, Affordable & **Dependable** Licensed & Insured Free estimates. 442-7540

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'84 CORVETTE - T-top, gold, 51K mi., \$5,500. Runs great. 787-7428

2001 PONTIAC BONN-EVILLE SE - 140K mi., good running cond., all maintenance records, ivorycolored, REDUCED: \$2,000 (757) 331-3646 or OBO. tonisky@aol.com

'96 GEO METRO 5-SPD. - Body & tires in good cond., needs minor engine repaircall for details. \$950. Call after 6 p.m.: 665-7310.



2000 Ford F450 Super Duty Power Stroke, Diesel 7.3, V8, 5-spd. transmission with Morgan truck body, low mileage, \$16,000 OBO. Contact Ray at 410-430-1738.

'93 COACHMEN DIESEL PUSHER - 32-ft. widebody. Call for details. Call 757-442-4872 and leave msg.

Whoa Granny!! We didn't hire the other guy... we hired the best: John C. Miller!!

Driveway Repairs, Tree & Stump Removal, Crush & Run, Top Soil, Fill Dirt, Stone, Shells,

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'01 CHEVROLET VAN -Heavy duty, extremely well equipped with extra \$10K worth of handicap features. \$8,000.442-0669



'86 Southwind Motorhome 68,808 mi., great shape good tires, 454 Chevy motor, new sticker, 31-ff. long, \$8,000 OBO. Call 757-709-1732 or 757-678-7613.

'13 TOYOTA CAMRY LE - 4-door, 4-cyl., auto., A/C, cruise, full pwr., warranty, exc. cond., 35 m.p.g., 1 owner, \$13K. 757-351-5611

RARE 2005 SSR CHEV-ROLET ROADSTER -Hard-top convertible, LT-1 Corvette engine, black, exc. cond., special stripes. REDUCED: \$28,000. Call 757-894-1664

'99 35TH ANNIVERSARY GT MUSTANG - Professionally installed engine 9/15/11, 36-mo. warranty on engine still good. \$7,500. Good cond. 757-377-8261.

'04 F150 4X4 FORD XLT **LARIET -** All options, 200K mi., mechanically & physically sound. \$7,800. Call 757-620-9042 or 757-653-0371. '00 MUSTANG – 150K mi.

New tires, brakes clutch & windshield-wiper motor. \$4,300 Firm. Call 710-7571. 1965 FORD PICK-UP -302 motor & a 3-spd. on the column. Good running cond. \$1,500 OBO. 710-2646

'81 CADILLAC EL DO-RADO Diesel. Very good cond. Low mileage. \$4,850. Call Rodney 665-4639

'12 HONDA ACCORD LX -4-cyl., automatic, 4-door, loaded, factory warranty, like new, 32K mi., \$14,695. Reduced to: \$13,495. 757-894-1684.

1916 REPLICA PACK-

ARD LIMO ON A 1968 CHASSIS & MOTOR -With trailer. REDUCED: \$4,000. Call 709-9456.



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Residential • Commercial FREE Estimates • Stump Grinding Stump Removal • Lot Clearing • Excavation Licensed and Insured

'07 TOYOTA RAV4 - \$6,250. Barcelona Red. One-owner, front-wheel dr. 2.4L, 4-cyl., 4-spd. auto. trans. Cargo area tonneau cover, net & poles. Well maintained, good cond., high mi. (195k); call 757-894-4068.

'10 TOYOTA TACOMA

PRE-RUNNER SUPER-CAB - 83K miles, Exc. Cond. REDUCED: \$16,500. Call Jeff at 678-6041.

Vehicles – Motorcycles & ATVs & Scooters

'01 VOLUSIA INTRUD-ER SUZUKI MOTOR-CYCLE - 800cc. like new. \$2,900. Call 757-824-3147. '88 BMW MOTORCYCLE - K100RS, 52K miles. Has bags, fairing, & windshield. REDUCED: \$1,500 OBO. 50 m.p.g. Call 757-694-5332. Got a truck or boat you want to sell? Put it in the Post for only \$30 until sold. 757.789.7678.

'04 HARLEY FAT BOY APEHANGERS, Triple Exhaust, 6,773 mi. \$9,500. Call 757-709-9112 or 709-4963

04 YAMAHA 1100 V-STAR CRUISER - 21K mi., 2-tone (Raspberry Red & Desert Sand), wide white wall tires & many extras. \$4,400/OBO. MUST SEE TO APPRECI-ATE. 757-990-2269.

Wanted

WE BUY LAND - Call Clayton Homes for more information: 302-846-9100.



Working late?

Place your classifieds in print or online at any hour of the day or night at

www.easternshorepost.com Add a graphic or a picture too!

Legal Advertising

COUNTY OF NORTHAMPTON ADVERTISEMENT FOR BIDS EXTERIOR REPAIRS AND PAINTING OF EASTVILLE INN

The County of Northampton, Virginia is accepting sealed Bids for the repairs and painting of the exterior of the Historic Eastville Inn located at 16422 Courthouse Road, PO Box 66, Eastville, VA. Bids will be received at the office of the County Administrator, 16404 Courthouse Rd, Eastville, VA 23347 until 3:00 PM, February 16, 2017. Bids will be publicly opened and read aloud immediately thereafter.

This project is described in general as the replacement of deteriorated wood siding and repainting of the entire exterior of the Eastville Inn.

Contractors can obtain copies of the complete bid specifications from the Public Works Director's office at PO Box 66, Eastville, VA 23347, (757) 678-0414, or cthomas@co.northampton.va.us.

The exterior of the building is available for inspection at any time.

The County reserves the right to reject any or all bids and to waive any irregularities or informalities in the bidding.

No bid may be withdrawn for a period of sixty (60) days subsequent to the opening of bids without the consent of the Owner. The procedure for withdrawal of bids shall be according to Section 11-54 (I) of the Code of Virginia.

The contract is to be awarded on the basis of the lowest responsive and responsible bid.

Bidders must be licensed contractors, Class B, in the Commonwealth of Virginia in accordance with the requirements of Title 54.1, Chapter 11, of the Code of Virginia. The successful bidder must also possess and maintain throughout the duration of construction a Northampton County Business License, Worker's Compensation and Commercial General Liability insurance coverage, and must be current with any tax obligations to the County.

All bidders are subject to and must comply with the provisions of the County's Equal Employment Opportunity Policy and applicable State and Federal anti-discrimination laws.

ATTENTION ATTORNEYS:

Call Angie to place a legal ad in the Eastern Shore Post. Fast, free quotes and quick turn-around on affidavits. CALL ANGIE AT (757)789-7678

PUBLIC NOTICE

The Northampton County Wetlands Board will meet **Wednesday, February 15, 2017 at 10:30 a.m.** The meeting will be located in the Board Chambers at 16404 Courthouse Road, Eastville, VA 23347. The Board will assemble at 9:00 a.m. in the Planning, Permitting and Enforcement Department located at 16404 Courthouse Road in Eastville, VA #140 and proceed to the property described above in order to conduct a site visit. The Board will be conducting regular business and considering the following matter:

VMRC 2016-1989: John Rathz wishes to construct a living shoreline, associated with beach nourishment and planting. The project site has an existing marsh, which he wants to protect and supplement the area that is currently denuded. Construction access will be from the driveway and to the right of the property. No clearing or grading will be required in the upland areas, only additional sand fill to support the Spartina plantings. The property is described as Tax Map #47-A-21B, located at 3415 Barlow Creek Lane in Eastville, VA. The property is zoned Existing subdivision/residential-Agricultiure-1.

Anyone interested in the above matter should attend the scheduled public hearing. The application may be viewed in the Planning, Permitting and Enforcement Department located at 16404 Courthouse Road #140 in Eastville, VA. Written comments can be submitted to the Planning, Permitting and Enforcement Department by writing to P.O. Box 538, Eastville, VA 23347.

Handicapped assistance is available by calling (757) 678-0440 extension 516 at least 48 hours in advance.

Marshall Cox, Chairman Wetlands Board

NOTICE OF PUBLIC HEARING

The Northampton County Board of Supervisors will hold a public hearing on Tuesday, February 14, 2017 at 7:00 p.m. in the Board Chambers, 16404 Courthouse Road, Eastville, Virginia, to consider leasing of the following described property, to-wit:

All that certain area, comprising 10,000 sq. ft. (100 ft x 100 ft) located at the northeastern corner of the existing Hare Valley Waste Collection Site and further described as a portion of Tax Map 15-13-B and situated at 10195 Hare Valley Drive, Exmore, Virginia.

The Board proposes to enter a lease with Cellco Partnership, d/b/a Verizon Wireless, for construction of a wireless communication facility (tower).

Any party interested in leasing the above mentioned property should contact the County Administrator's office for detailed specifications. The County of Northampton reserves the right to lease the property to best serve the County's interest.

HANDICAPPED ASSISTANCE AVAILABLE: Cal. 757/678-0440.

PUBLIC NOTICE

The Town of Chincoteague has identified an unsafe structure located at 5355 Merritt Drive, Tax Mapp #30A7-3-59, currently owned by Timothy Genman. The roof system on this structure has failed and is considered unsafe. Failure to make the necessary repairs on this structure or demolish said structure within 30 days shall result in the removal of such by the Town of Chincoteague. The owner has the right to appeal to the Board of Building Code of Appeals within 30 days of this notice.

Kenny L. Lewis Zoning Administrator

As a recognized Newspaper of Record serving Accomack & Northampton counties, the Eastern Shore Post is pleased to offer free quotes for your legal advertising needs.

Simply fax your ad to 789-7681

or e-mail angie@easternshorepost.com

Legal Advertising (Cont'd)

FORECLOSURE SALE OF REAL ESTATE IN TRAIL'S END

February 11, 2017, 10:00 AM To be held at the Clubhouse in Chincoteague Bay Trail's End Subdivision, 5360 Trails End Dr., Horntown, VA 23395.

The following property will be auctioned:

Property Address: 6300 Wallops Dr Tax Map No. 029A10300010800 Assessed Value: \$6,400.00 Unit 3, Sheet 6, Lot 108

TERMS: Minimum Bids will be announced prior to the start of the auction on the date of sale. Announcements made at auction time take precedence over any print, electronic, or verbal information, including but not limited to the Minimum Bid. Successful bidder will be required to deposit with Trustee a deposit (non-refundable) in an amount equal to 10% of successful bid in cash or certified funds at time of sale, with the closing to occur within thirty days of the date of said sale or within such time set by Trustee in Trustee's sole discretion. Written one-price bids will be accepted for any of the properties pursuant to the terms set forth in Va. Code § 55-516. There is no warranty relating to right, title, interest, or the like in this disposition. Property is being sold pursuant to Va. Code § 55-516, and title will be conveyed pursuant to statute and subject to all liens or encumbrances as provided in said statute. All information for review by appointment only. Notwithstanding the Minimum Bids announced at the time of sale, the Trustee reserves the right to accept and/or reject all offers. Time is of the essence. Other conditions may be announced at the sale.

TRUSTEE: Pender & Coward, P.C., 222 Central Park Ave., Virginia Beach, VA Phone: (757) 490-6261 Email: trailsend@pendercoward.com

ORDER OF PUBLICATION COMMONWEALTH OF VIRGINIA

Case No. 17CL005 Accomack County Circuit Court 23316 Courthouse Avenue, Accomac, VA 23301

ELANGE NICHOLAS CHRYSOSTOME v. JASMINE THEOBAL CHRYSOSTOME The object of this suit is to: OBTAIN A DIVORCE.

It is ORDERED that JASMINE THEOBAL CHRYSO-STOME appear at the above-named court and protect her interests on or before MARCH 6, 2017. January 12, 2017

Nancy-Jo Revell, Dep. Clerk

Public Notice

The Northampton County Planning Commission will meet on Tuesday, February 7, 2017, at 7:00 p.m. in the Board Chambers located at 16404 Courthouse Road in Eastville, Va., for the purpose of conducting public hearings on the following matters.

A. Joint hearing with the Town Council of Eastville - Zoning Text Amendment 2017-01: The Town Council of Eastville has applied to amend the Eastville Zoning Ordinance by adding a multi-family density in the R-20 and CN districts up to four (4) dwelling units/20,000 sq. ft.; Amend Article II Definitions as follows: Apartment House: A building containing three two to four or more dwelling units which serves as the residence of two to four three or more families living independently of each other. Dwelling, Multi-Family: A building containing three two or more dwelling units (an apartment house), with the number of families in residence not exceeding the number of dwelling units provided. Mixed Use. Having more than one type of use adjacent to, or in close proximity to, each other, e.g. residential and commercial, commercial and industrial. Mixed-use Structure, other. A structure containing two or more separate, self-contained units, which may accommodate different uses concurrently. Different uses may occupy different levels in the structure, or may exist side by side, and all uses must be allowed in the district; Amend Article III Section 8-4(b) Lot, Minimum Lot Size - Minimum lot size for permitted residential subdivision and dwellings shall be twenty thousand (20,000) square feet; Amend Article XI Section 11-1 Purpose and Intent: The Commercial Neighborhood District is established to promote harmonious development, redevelopment, and rehabilitation of uses in the historic downtown commercial area and other traditional mixeduse neighborhoods to allow for the conduct of limited business, and multi mixed-use buildings, which provide convenience, goods, housing options, and services to local neighborhoods in Eastville; Amend Article XI Section 11-2 Principal Permitted Uses and Structures: The following uses shall be permitted by right: (c) Banks and lending institutions - with a footprint up to 1800 square feet, (d) Public buildings – with a footprint up to 1800 square feet, (e) Libraries – with a footprint up to 1800 square feet, (f) Restaurants, enclosed - with a footprint up to 1800 square feet, (h) Retail stores and shops – with a footprint up to 1800 square feet, and (k) Craft industry, limited to bakeries, or artisan food and craft breweries; Amend Section 11-3 Special Uses and Structures: (e) Churches Houses of worship, with a footprint up to consisting of 5,000 2,000 square feet maximum; Amend Section 11-4 Minimum Area, Lot Size, Lot Width, Setbacks, and Height Requirements: (a) For solely residential structures, section 8-4 applies; (b) For all other structures: 1) Lot Coverage - No minimum or maximum requirement where a building footprint exists. 2) Minimum Lot Size - None required

except that a lot must be large enough to accommodate other requirements set forth in this section and applicable requirements in Article XVII Site Development Plan and Article XVIII Supplemental District Regulations of this Ordinance maximum lot size shall be 1 acre. 6) Height, Maximum - Residential and business structures, **public** and semi-public building structures - 35 feet. Public and semi-public buildings - 45 feet. Church Houses of Worship spires - 50 feet; Amend Section 11-4 (b) Street Oriented Commercial Frontage: (1) Building facades should front on the sidewalk in substantial conformance with the existing historic downtown building envelope with a maximum setback of twenty feet from the property line or right of way adjacent to the areas of Courthouse Road or Willow Oak Road designated for Street Oriented Commercial Frontage on the Street Oriented Commercial Frontage map attached to this ordinance. All on-site parking, above ground utility infrastructure, or other impediment to the continuity of the pedestrian environment shall be located behind the building.; Amend ARTICLE XII Section 12-4 Minimum Area, Lot Size, Lot Width, Setbacks, and Height Requirements: (d) Yard Requirements, Minimum Setbacks – Primary Accessory

* Except where a permitted use abuts a residential district where the requirement will be twenty-five (25) feet for side yards and thirty-five (35) feet for rear yards. When a commercial use abuts a residential district, a vegetative opaque screening must be installed.

B. Special Use Permit 2016-12 Verizon Wireless has applied to locate a 199 foot monopole tower (NCC 4/12/2016 Appendix A: Use Regulations Category 3: Community Service Uses, Wireless Communications Facility (WCF) #32(C) WCF > 100 feet and ≤ 199 feet on a parcel ≥ 5 acres) on property located at 10195 Hare Valley Road. The property, described as Tax Map 15, double circle 13, parcel B, is zoned V-1, Village-1 and contains approximately 5 acres of land.

The Northampton County Board of Supervisors will also conduct a public hearing on **Item B** above on Tuesday, February 14, 2017 at 7:00 p.m. in the Board Chambers.

All applications will be on file and open to public inspection in the office of the Clerk of the Board of Supervisors and in the Department of Planning & Zoning located at 16404 Courthouse Road, Eastville, VA. The file for Item A will also be available for public inspection in the Eastville Town Office, 5250 Willow Oak Road, Eastville, VA. Anyone wishing to comment on the above items is invited to attend the meetings and make their comments known.

Handicapped assistance available: Please telephone (757) 678-0440, extension 516 at least 48 hours in advance.

Peter M. Stith, AICP Long Range Planner

Legal Ads (Cont'd)

Public Hearing

On Tuesday, February 7, 2017, the Accomack County School Board will hold a public hearing on its proposed 2017-2018 Operating Budget. The hearing will be held in the auditorium at Arcadia High School starting at 6:30 p.m.

Town of Onley Public Notice

The Mayor and Council of the Town of Onley will conduct a Public Hearing at 6:30 p.m., Monday, February 6, 2017 at the Onley Baptist Church Community Hall located at 25581Coastal Blvd, Onley, VA for the purpose of receiving comments from members of the public concerning the rezoning from Business General District BG to Residential District R1 of real property located at the southeast corner of Pennsylvania Avenue and East Main Street Onley, Virginia (Tax Map ID 93C2-A-26A). The scheduled monthly meeting will immediately follow where the governing body will vote on whether or not to approve the rezoning application. All documents pertaining to this re-zoning are available for public inspection at the Town Office Monday-Friday from the hours of 8:30 a.m. to 4:30 p.m.

Town of Exmore

The Exmore Town Council and Planning Commission will hold a Joint Public Hearing on February 6, 2017 in Council Chambers at 6:30 p.m. to discuss proposed changes to the current zoning ordinance. The changes being made are in the Business General (B-G) district and Business Downtown (B-D) district. A copy of the proposed changes can be viewed at the Town Hall, located at 3305 Main Street, Exmore, VA. Questions regarding these changes may be directed to Zoning Administrator Taylor Dukes at tdukes@exmore.org or (757)-442-2476.

The Town of Exmore is an equal opportunity provider and employer.

Notice of Public Hearing

The Cape Charles Board of Zoning Appeals will hold a public hearing on Thursday, February 2, 2017 at 10:00 a.m. at the Town Civic Center at 500 Tazewell Avenue, Cape Charles to receive comment on an application for a variance from maximum size of structure requirement for an accessory building on the subject parcel. The applicant property is located at 2449 Old Cape Charles Road (Tax map # 90-3-A2), and is in the Residential Estate Zoning District. The Board of Zoning Appeals will have a meeting to vote on the application immediately following the public hearing.

Information on the variance application can be viewed in the Planner's Office at 2 Plum Street or obtained by phone at 757-331-3259 x15, or email to planner@capecharles.org

For handicap assistance, please call the number above at least 48 hours in advance.

TRUSTEE SALE

3228 Main Street, Chincoteague Island, VA 23336 **Accomack County**

In execution of a Deed of Trust in the original principal amount of \$442,500.00, dated August 11, 2011 recorded in the Clerk's Office of the Circuit Court of the Accomack County, Virginia, in Document No. 201103099, default having occurred in the payment of the Note thereby secured and at the request of the holder of said Note, the undersigned Substitute Trustee will offer for sale at public auction at the Circuit Court of Accomack County, 23316 Courthouse Avenue, Accomack, on February 13, 2017 at 10:30 AM the property described in said deed, located at the above address and briefly described as:

Parcel 1: Located on the southeast side of South Main Street containing width of 38 1/2 feet and ascending back in a Southeasterly direction between parallel lines for a distance of 129 feet and bounded on the Northwest, by South Main Street; on the Southwest, by the land now or formerly belonging to the D. Beebe heirs: on the Southeast, by the land formerly belonging to the S. Andrews heirs; and on the Northeast, by the land now or formerly belong-ing to Mrs. E. M. Jones, and;

Parcel 2: Located on the northwestern side of South Main Street and having a frontage of 38 1/2 feet and extending in a northwesterly direction at an even width for a distance of 50 feet, more or less, to Chincoteague Channel, and bounded on the Northeast, by the land formerly belonging to S. Andrews; on the Southeast, by the South Main Street; on the Northwest, by Chincoteague Channel; and on the Southwest, by the land formerly belonging to A. Daisey, J.G. Daisey and F. Daisey, with improvements thereon.

Subject to any and all covenants, conditions, restrictions, easements, and all other matters of record taking priority over the Deed of Trust, if any, affecting the aforesaid property.

TERMS OF SALE: CASH: A deposit of \$20,000.00 or 10% of the sales price, whichever is lower, cash or certified check will be required at the time of sale, but no more than \$10,000.00 of cash will be accepted, with settlement within fifteen (15) days from the date of sale. Sale is subject to post sale confirmation that the borrower did not file for protection under the U.S. Bankruptcy Code prior to the sale, as well as to post-sale confirmation of the status of the loan with the loan servicer including, but not limited to, determination of whether the borrower entered into any repayment agreement, reinstated or paid off the loan prior to the sale. In any such event, the sale shall be null and void, and the Purchaser's sole remedy, in law or equity, shall be the return of his deposit without interest. Additional terms may be announced at the time of sale. Pursuant to the Federal Fair Debt Collection Practices Act, we advise you that this firm is a debt collector attempting to collect the indebtedness referred to herein and any information we obtain will be used for

SAMUEL I. WHITE, P.C., Substitute Trustee

This is a communication from a debt collector. FOR INFORMATION CONTACT: SAMUEL I. WHITE, P.C. (41156) 5040 Corporate Woods Drive, Suite 120 Virginia Beach, Virginia 23462 757-457-1460 - Call between 9:00 a.m. and 5:00 p.m. or visit our website at www.siwpc.net

PUBLIC AUCTION of VALUABLE RESIDENTIAL REAL ESTATE

7190 TARR LANE, CHINCOTEAUGE, VA The undersigned Substitute Trustee by virtue of authority contained in a certain deed of trust from Eileen M. Borucki dated June 1, 2010, and recorded in the Clerk's Office of the Circuit Court for Accomack County, Virginia, as Instrument #201002126, and pursuant to a Substitution of Trustee recorded in the aforesaid Clerk's Office as Instrument #160004482, upon being requested to do so by the Noteholders will sell at public auction, subject to any and all terms and conditions contained in said deed of trust, to the highest bidder.

IN FRONT OF THE CIRCUIT COURT IN ACCOMAC, VIRGINIA ON WEDNESDAY, FÉBRUARY 15, 2017 AT 9:30 A.M.

the following tract of valuable real estate, to-wit:

All that certain lot or parcel of land located on Chincoteague Island, Accomack County, Virginia, containing one-quarter (1/4) acre, more or less, located on a 12' lane known as Tarr Lane, and bounded as follows: on the Northeast, by the land now or formerly of William J. Gillespie; on the Southeast, by the land now or formerly of William C. Merritt; on the Southwest, by Tarr Lane; and on the Northwest, by the land now or formerly of Emil Merritt; and the 1961 Marlette mobile home situate

Together with all rights, easements, buildings, privileges and appurtenances thereunto belonging or in anywise appertaining.

Subject to valid recorded easements, covenants, reservations and restrictions in the chain of title to the property hereby conveyed, which have not expired or otherwise become ineffective.

Being the same tract or parcel of land conveyed to Eileen M. Borucki by deed dated June 1, 2010, from Robert D. Umphlett and Nancy Umphlett and recorded in the aforesaid Clerk's Office as Instrument #201002125. (Tax Map #: 030-A4-A0-00-0107-00).

THIS IS AN ATTEMPT BY A DEBT COLLECTOR TO COLLECT A DEBT.

Ten percent (10%) of the purchase price will be required in cash or cashier's check on the date of sale with liberty to the purchaser to pay as much more in cash on that day as he might desire. The balance not so paid in cash to be evidenced by the note of the purchaser, payable thirty days from date with interest at 9% from date of sale, and with personal security should the undersigned Trustee require it. Title to the premises to be retained as additional security until the full amount of the purchase price has been paid. Bidders may be required to offer proof of a satisfactory financial condition prior to Trustee's acceptance of their bid.

The property to be at the risk of the purchaser from the time bid off; possession to be given on the day of sale, and taxes for the year 2017 to be prorated as of the date

Upon payment in full of the purchase price the purchaser to be entitled to a deed for said property upon same properly prepared at his expense conveying said property with SPECIAL WARRANTY of title and tendered to the undersigned Trustee for execution.

For further information apply to the undersigned

Given under my hand this the 17th day of January,

JOHN P. CUSTIS Substitute Trustee P.O. Box 577, 23345 Counsel Drive Accomac, VA 23301 757-787-2770

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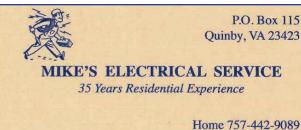


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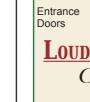




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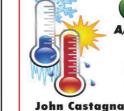


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By Linda Cicoira

I just got a date and my anxiety level is way up.

This is not about my social calendar, what to wear, where to meet, if I'm going to mind my manners or show the real me. This is beyond all that. This is about surgery. The main event. The replacement of my left knee.

For those of you who have not had this operation and are ready to dismiss it as something simple that is done everyday, keep dreaming. This is big stuff. My doctor is going to cut my knee open, from way above the knee to way below it. He is going to pull out bones and install titanium. Just think about that for a moment. I have. It makes my stomach hurt.

I consider myself pretty tough. But the last time, when I had half the right knee replaced, the pain was really bad. Worse than anything I've ever felt. So much

Post Op-Ed Page

so that I asked my now ex-husband to shoot me. (I didn't realize at the time how tempting that must have been for him.)

So what I have chosen to do for the next three weeks or so is IGNORE.

For example, lets talk about Chocolate Cake Day. It is today. Yes, the event where "a white or yellow cake will not do. Nor, will part chocolate, part white suffice. It must be chocolate, all chocolate," according to a website that announces such holidays. "What a day to bake a cake and eat it, too." If you decorate the cake with sprinkles, they must be chocolate. Now that is a topic changer.

It is also Punch the Clock Day and no one seems to know why. There is the typical reason for partying just for the sake of partying. I believe the best place to do this one is at work since our boss at the Eastern Shore Post is a great baker. Oh yeah. Bring on the chocolate cake. We love you, Connie.

A Compliment Day is also on some calendars. The game goes like this: gather in a circle, look at the person to your left, think of a compliment for that person and write it down. Then post all the notes and see how many players can match the compliments to the correct

person. The winner gets an extra slice of chocolate cake. Oh, let it be me!

Sunday is the Chinese New Year. It's the year of the Rooster. Do I foresee more celebrating? I do! And this one lasts for 15 days beginning on the first day of the new moon, and ending on the full moon. It is celebrated with festivities, fireworks, brightly colored lights, special meals and gift giving. Yes, you can give me a present. Yippee!

Sunday is also Data Privacy Day. Change your passwords, empty your spam folder and push for more security.

Okay, so I couldn't celebrate long enough to ignore my upcoming surgery. You get busy and then you're right back to stressing.

The date is set for late February. I don't know the time yet. Thankfully, my friends are going to take care of me. I hope to hardly miss any work. But I'm going to need extra news tips to get me through until I can drive. So don't forget to send them to shoredog@verizon.net and say a little prayer for me. Time is ticking.

And try doing everything in reverse for Backward Day on Jan. 31. The website says to "try writing backwards or reading backwards. Wear your shirt with the back in the front. Eat your meal, starting with dessert." Oh yeah! The chocolate cake instead of a salad. "Walk backwards, or talk backwards. Play a board game backwards." Or make a Pineapple Upside Down Cake. Yippee.

Don't Worry About It: Five Ways to Reduce Stress and Enjoy 2017

By Carla Savage-Wells Special to the Eastern Shore Post

Why, Yes! I'll bet some Post readers remember the phrase, "What, me worry?" Alfred E. Neuman, Mad Magazine's iconic cover model, has the right idea. If there was one resolution to be made for 2017, it would be, "Don't worry about it." Reducing anxiety will improve our mental and physical well being, and make us healthier and happier human beings.

WebMD warns that worry doesn't just affect our mental health; it also can wreak havoc on our physical well-being. Worrying doesn't take away tomorrow's troubles; it takes away today's peace. This column will likely do very little to assist anyone suffering from generalized anxiety disorder, but here are a few techniques that can reduce our anxious feelings.

Breathe: Shallow breathing limits oxygen intake and can make us feel more anxious. By contrast, deep breathing decreases stress, lowers blood pressure and slows the heart rate. Dr. Andrew Weil suggests the 4-7-8 breathing technique. First, exhale completely through your mouth. Then, inhale through your nose for a count of four. Hold your breath for seven seconds, then exhale through your mouth for a count of eight. It's not possible to breathe deeply and be anxious at the same time. Weil recommends using the 4-7-8 breath technique at least twice a day or whenever you feel stressed.

Choose: If there is someone who drags you down and seems to leave you feeling stressed, cut back on the time spent with that person or establish boundaries. Consider setting certain topics off-limits if talking about them with that person makes you anxious. Some people will help you gain perspective, while others will feed into your worries, doubts, and fears.

Write (or text): Jot your worries on a note pad at night. The period just before we doze off is often wrought with anxiety about all the things we have to do tomorrow. If we keep the pads by our bedsides, we can write down our to-do's and forget about them until the morning. We may even consider reading our completed list then, tearing up and throwing away the paper on which thoughts are written as a symbolic way of being rid of them.

Walk: Reduce worries and relieve stress with a Far Eastern (Shore) technique called shinrin-yoku, a Japanese phrase which translates to "forest bath" in English. The practice lowers stress hormone levels compared with walking in an urban area. Walking in the woods or on the beach and listening to the sounds of nature can reduce stress.

Pray: Stop worrying about everything. God's grace and power can make things happen that we can't bring about no matter how much we struggle. Don't try to take on God's responsibility. When we do what we can and should do, God steps in and does what we can't.

Worrying about all the things that could go wrong doesn't make life any more predictable. If you're depressed, you're living in the past. If you're anxious, you're living in the future. If you're at peace, you're

living in the present. Focusing on worst-case scenarios won't keep bad things from happening. It will only keep us from enjoying the good things we have in the present. So, don't worry about it.

Carla Savage-Wells, founder of Why,Yes! Consulting, is a teacher and professional communicator who specializes in effective and impactful messaging.



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