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September 23, 2016



Cooped Up in the Board Room

Photo by Linda Cicoira

Residents filled the Accomack Board of Supervisors' Chambers Wednesday to ask for a moratorium on chicken houses being constructed near Pungoteague. Supervisors declined to take any action on the issue. More on Page 2.

Hogg Left in the Dark About Nunez Contract

By Linda Cicoira

Not everybody knew about a contract that was recently offered to former Northampton County Administrator Katie Nunez despite that Chairman Spencer Murray insisted, "It wasn't a secret" that thousands of dollars were allocated.

"I was not aware of anything that went on" regarding the contract, Supervisor Granville Hogg said Monday. The District 1 representative added, "I had no clue whatsoever." His concern was that his constituents would think otherwise. "I absolutely did not know about it. I did not know about it for 15 days."

Chairman Spencer Murray of the county board of supervisors expects questions about county business to come to him and not other members of the panel.

"Our manual is very clear, all inquiries are supposed to come to me," he said recently to a reporter when he learned she had called other supervisors to ask about former Nunez's departure on Aug. 22.

Nunez was hired back as a consultant about a week later at \$75 an hour for up to \$7,500 to help close the county's fiscal 2016 books and prepare for an audit.

The action to accept her resignation was voted on during a public session of the board and was unanimous. Finance Director John Andrzejewski was made acting or interim administrator. Andrzejewski hired Nunez back as a consultant on Aug. 29 with the permission of Murray and Vice Chairman Larry LeMond.

Hogg was put at a disadvantage during those weeks when he wasn't privy to the information. He was unable to accurately answer his constituents questions. "In essence, I did kind of write it off (a constituent inquiry) because I had absolutely no knowledge of hiring her back on any type of basis," he said.

Immediately after the last board meeting on Sept. 13, Hogg said he "confronted" Murray and learned it was true. Details were "sketchy" at that point, he said. Hogg didn't see the contract until Sept 19 when a reporter forwarded it to him.

On Sept. 14, at the Virginia Association of Counties (VACO) meeting, he talked to another board member, who also didn't know about it. A third member told Hogg he found out about it a day or two earlier, possibly on Sept. 12.

Still, if it had come before the board, Hogg said, he would not necessarily have voted against it.

An email was sent to Hogg last week that originated from Andrzejewski. The interim administrator said his request for Nunez to with consult him regarding financial issues was approved by Murray and Vice Chairman Larry LeMond. It was

(Continued on Page 6)

15-Yr.-Old Will Be Tried as Adult in Carjacking

By Linda Cicoira

Probable cause was found last week to certify charges to an Accomack Grand Jury in the case of a 15-year-old accused of carjacking Accomack Supervisor Cassandra (Reneta) Major's vehicle and stealing a Broadwater Academy bus in August.

Judge Croxton Gordon of Accomack Juvenile and Domestic Relations Court certified the charges against Dabreon Lamont Tankard of Woodland Avenue in Melfa, thereby making him an adult in the proceedings, despite his age.

Information about the case was filed in Accomack Circuit Court.. A prelimi-

(Continued on Page 6)

Our Mistake....

Nandua Middle School is fully accredited. Our Sept 16 article said the school missed the benchmark for English.

Robert Thomas is chairman of the Mary N. Smith Alumni Association Scholarship Committee. A caption identified him as president.

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Supervisors: No Moratorium on Chicken Houses in Accomack

By Linda Cicoira

Pungoteague residents and local environmental groups rallied the Accomack supervisors Wednesday night to put a moratorium on construction of chicken houses until the ordinance governing them could be adjusted.

Eight of the board members ignored their pleas and a motion made by Supervisor Donald Hart failed to get a second. The supervisors approved a more restricted ordinance earlier this year after an influx of applications to construct the facilities starting pouring in and the Planning Commission studied the issue.

The latest protests were voiced in opposition to 24 poultry houses being planned on two parcels off Pungoteague Road.

Willie Randall, a retired realtor and construction business owner, wasn't happy that he can stand on his back deck and view the scene. He was also dismayed that no one notified him of the plans.

"I've been living in the neighborhood for 73 years," he said. "It needs to be stopped. Somebody needs to put a sign up there right now that says, 'Stop Work.' "I've been a taxpayer all my life; never been behind," Randall added. "I'm not against big business. We have to have big business to have jobs. ... Hopefully in the future we're planning on doing better than we do."

Representatives from Citizens for a Better Eastern Shore and Eastern Shore Keepers also urged the supervisors to take a second look at the ordinance. They favored waiting until a study on the effects of poultry house manure on the local environment is complete. Richard Snyder, director of the Virginia Institute of Marine Science (VIMS) in Wachapreague, a biology professor, and Mark Reiter, an associate professor from the Agricultural Research and Experiment Center in Painter, are not expected to complete the study until 2017.

Leeann Fick of Pungoteague com-

plained about the increase in truck traffic the industry will bring, estimating the area will see 1,000 more truckers per year or 2,000 trips by homes in the area. In addition, she said, the trucks will cause traffic hazards on Route 13.

Diana Wyatt of Painter wanted the board to protect local health and safety by limiting the number of houses to six in a three mile radius to resemble "farms of bygone days," metering of wells, a traffic studies, ammonia scrubbers, bigger setbacks and a bond for airborne illnesses and "blue babies."

Ann Winston Pinder Batchelder said she is "confused and betrayed by the leaders of Accomack" because properties will be devalued by the chicken houses, which she called "animal factories." She said the owners are "local front men for corporations gaining the right to pollute."

A woman who feared her house would be worthless when she dies and it is left for her children, lamented, "After 50 years of working, I've worked for nothing. That's coming from a blue collar worker," she said.

Kathy Cummings of Pungoteague said her property will border the chicken farm on two sides. "The Right to Farm Act says measures can be enacted to protect the health and safety of citizens," she said.

Director of Planning & Community Development Rich Morrison said estimates based on aerial photographs and industry reports show there are between 270 and 300 poultry houses in the county. From August 2015 to Jan. 5, 2016, 33 houses were approved. Since then, applications for another 14 have been made. The Pungoteague plans have been in the works since January.

Morrison also said that 60 have received zoning approval but not a zoning permit. About 130 have been issued the zoning permit. Twelve more are expected to be filed at any time. "We expect to approve (a total of) 202 if they meet all the standards," he said.









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"Most of the numbers were filed before the ordinance was changed," he said, adding, about "130 didn't make the old ordinance standard."

Morrison showed a map with colored dots representing the houses. Supervisor Grayson Chesser said three groups were close to his house in Jenkins Bridge. He counted 12 and then said there was another nearby dot.

"You got room for 24 more?" a woman shouted from the audience.

"Yes, ma'am." Chesser answered.

Supervisor Robert Crockett motioned for the board to accept the staff report and move on. The action passed with Hart and Supervisor Reneta Major in opposition.

"You're kidding me," a voice said from the crowd.

The board agreed to send a letter supporting the Navy's MQ-4C Triton Unmanned Aircraft System for Wallops Island. Supervisor Paul Muhly said the area is a better choice because of the hurricanes that sweep through Florida. "Wallops airfield is pretty high and protected by two islands on the seaside," he said. "I think those are re-

al strong selling points."

The supervisors voted to move forward with stopping solar and wind energy companies from obtaining conditional use permits. "Ask the Planning Commission to go forward with this with all haste," said Chesser. "Trading food for energy, it's a bad trade."

Superintendent of Schools Chris Holland reported that he saved the county money by eliminating a \$97,000 salary and benefits position for public relations. Instead a \$3,000 stipend is being paid for a worker to post notices to social media. He also invited the supervisors to join him for a day of touring county schools.

The board also voted to:

- Add 47 acres in Onley to the Enterprise Zone Program.
- Spend up to \$2,000 to put a speaker system in the hallway of the county administration building so crowds spilling out of the board room can hear what is happening.
- Send a letter to DMV inquiring about its proposed new office in the northern Accomack area.

Truck Crash Takes Subway Restaurant Power

By Linda Cicoira

An accident with an electrical line caused the Subway restaurant in Oak Hall to close for several days and lose thousands of dollars worth of business.

Owner Tom Harding said at about 2 p.m. last Saturday, Sept. 17, a tractor trailer truck drove into the parking lot near the intersection of Lankford Highway and Chincoteague Road and "tore down the overhead wires that run from the pole to the building. They were lying on the ground and threw a bunch of breakers."

"It's been a nightmare trying to get it back up," he said of the electricity. Repairs that went beyond the electric company's responsibility had to be made but weather conditions slowed down the process.

"Nothing really got going until Monday," said Harding. "Then rain was too heavy to work." He expects the job to be completed

and the store to reopen by press time Thursday.

Without power to refrigerators or freezers, Harding said he had to move food to one of his other local stores. "I'm not Subway corporate. I'm just some guy trying to make a living," he said. "You believe you're going to get the power sooner. It just breaks your heart when the customers are going to come into the lot. It will take a while to get the business back that you lose. We'd love to have them (customers) come back. It does hurt."

Harding said he lost \$7,000 or \$8,000. He will regain some money through insurance but the policy won't cover wages or food. "I'm focusing on getting up and running. We will have to have everything inspected again."

First Sgt. Jeff Jones of the state police confirmed his office was notified about the accident. "It was a non-reportable incident because it occurred on private property," he said, adding that the truck driver denied hitting the wires.

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Overcrowding, Lack of Textbooks, Parking Complaints At Nandua High

By Linda Cicoira

Nandua High classrooms are crowded, some text books were ordered late and have not yet arrived in a money-saving ploy, conduct codes are not being evenly enforced, the new parking situation is dangerous and as many as 50 students could be enrolled out of district there, according to various reports given by parents and officials at an Accomack School Board meeting Tuesday.

School Board Member George Waldenmaier said the last count was 748 students, a figure that is about 50 more than the reported enrollment for the second day of school.

"The crowding issue at Nandua High School ... is actually complimentary," he said. "We traditionally kind of ignored that." Waldenmaier said that while those who are crossing district lines "are often good students or athletes or both" the influx is causing overcrowding so that English classes "are out of compliance."

Waldenmaier said without studying the issue, Accountability and Curriculum Coordinator Sandy Drummond found a kid whose address was the vet's office, another whose address was a beauty salon and yet another whose address was in an abandoned building.

"We're really going to have to consider sending the students" back, he said. "I'm a parent too. I understand and have sympathy."

Chairman Ronnie Holden interrupted Waldenmaier to be sure he wasn't indicating that one high school was better than another.

Waldemaier said that wasn't what he meant. "That's the parents' perception," he explained.

What wasn't discussed was a letter dated Sept. 8 and sent to School Board Member Margaret Miles accusing her of using her position on the school board to obtain an out-of-district appointment for her granddaughter to attend Nandua Middle School, when according the letter, she should be attending Arcadia Middle.

"What message does this behavior send to the staff at Arcadia Middle School? ... How can the central office staff enforce a policy that even school

board members don't have to follow?... It doesn't make it right or fair for the rest of us who would like to choose which school our child attends." The letter was signed "Arcadia Middle School parents and teachers."

"We want students to go to the intended school," Holden said after Waldenmaier spoke.

"It's not consistently checked," Waldenmaier answered. "We need someone whose job it is to actually fact check. Does the kid actually live with the uncle ...?"

Holden said it would be a "future topic of discussion."

The text book issue was brought up by former school board member Janet Turner during public participation. "My child is in her third week of school and does still not have her textbooks," Turner reported. "There is plenty of money for books. I would really like to know why the children do not have books at this very late date."

Secondary Schools Director Tamara Sterling said she signed the text book order the week before school started and sent it to finance Sept. 1. The order was expedited on Sept. 14, at a cost not disclosed. Sterling said some books arrived Tuesday and others were expected to be delivered Wednesday. Sterling reported students have until Sept. 20 to drop the class. Six students have already done so.

"What happened between Sept. 2 and 14?" Turner asked. "Apparently it went into a black hole somewhere ... maybe working only four days a week in the summer" at the central office is the problem, Turner continued. "I find this really appalling."

Holden said the matter would be looked into.

Margaret Hampton, another parent, is also upset about it. She did not address the board Tuesday but has asked Holland to allow her "to inspect textbook purchase orders and data related to textbook orders and order fulfillment both processed and unprocessed between May 1, 2016 and Sept. 19, 2016." The request included purchase orders; inter-office emails, memorandums and phone messages; and outer-office emails, letters and memorandums and phone messages.



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She also wrote to the state Department of Education to say textbooks were not available to Nandua High students including five for Environmental Science, 14 for Psychology and U.S. government, five for human geography, two for comparative government and chemistry, one for biology, three for Physics, six for world mythology and seven for Introduction to Game Design.

She detailed numerous problems with overisght, communication with parents, wrote a coordinator is needed, and the impact all of this has on students who get behind on classwork and are put at a disadvantage when competing for college placement. She further says that and Holland and Finance Director Beth Onley will pass the blame.

"The lack of preparation by ACPS is unconscionable," Hampton wrote. "This is not a new issue. Last year ... textbooks were also unavailable for some time. ... Parents rely on Virtual Virginia classes due to inadequate teaching staff in some areas. Positions known to be open were only being advertised at the end of the summer. For example, ACPS hired (the day after application was made) a frustrated non-teacher parent, a biology major, who was assigned to teach geometry."

"If you think about," Waldenmaier said later, "dozens and dozens of decisions are made everyday... you're going to make mistakes. When you make a mistake you own up to it and ... make note of it so you don't make it again. Someone from the office needs to step up to the plate ... students are behind ... note how that happened."

While Nandua High Principal George Parker was praised by school officials for his work on conduct and dress codes for the school, a parent complained that her special education child was singled out and intimidated by Parker for wearing a hairband and a v-neck shirt with a tank top under it at the start of school. The same child in the previous year, was put in detention all day for leaving the classroom to go to the bathroom after asking the teacher twice for permission even though she had a medical note.

Connie Burford, another parent, said the division should restudy new parking sections to bring the number of handicap spaces up to requirements. There are three spots and there should be seven based on the latest chart she could find.

"I'm very aware that there were issues in the parking lot (at Nandua High) last year where some people's vehicles were vandalized," she said. "I applaud the efforts you are trying to make to be able to keep a better eye on the cars. However, there needs to be a better solution for those of us who transport our kids to school. We should not be left at the mercy of overly tired and anxious students at the end of the day." Burford said near accidents are rampant because of the lack of parking spaces and cars going in all directions.

School Activist Donna Chandler-Bailev asked the board to consider hiring school bus aides to prevent accidents. "I don't think it takes much to allow an aide on the bus. Young ladies get pregnant, we provide teachers to go to their home," she said.

Bailey also wondered why students are on a bus for more than two hours when coming from Pungoteague Elementary but arrive much sooner when coming from Accawmacke. Both buses are taking students to daycare, which is seven miles from both schools.



Building Relationships

Father-son Chris **Kevin** Willis, build a boat scratch from Cape Charles Harbor, with the help of Cape Charles Yacht Club members, Tom Bonadeo and Ralph Orzo, who cut the parts of the boat ahead of time.

Photo by Ron West





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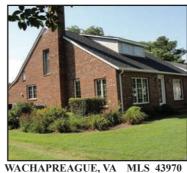
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NELSONIA, VA MLS 44288 \$90,000- **NEW LISTING** 1.5 story with 3 bedrooms & 1 bath is newly remodeled home, which still needs TLC. Kitchen and bath have been updated.

~ Hogg ~

(Continued From Front Page)

unclear in the email as to why a finance director with a salary of nearly \$100,000 would need help with those tasks.

The work was "only specific assistance and closing out FY 16 and audit preparation." It did not include "any matters related to my being the acting county administrator" as was also requested.

"The contract is through June 30, 2017, and no minimum hours (are) guar-

anteed," Andrzejewski's email continued. "I do not envision any extension. Ms. Nunez will not have any county spending authority nor will she consult on county expenditures. She has a wealth of corporate knowledge related to past financial activities, audits and reconciliations and I intend to tap her knowledge."

Twice in the past, Assistant to the County Administrator Janice Williams has filled in as acting county administrator. That was when former Administrator Tom Harris left in 1999 and former Ad-



Hogg

ministrator Lance Metzler left in 2005.

Williams would not "comment on the current situation," she wrote in an email. "I received sup-

that I served for both of the past 'acting' jobs."

Hogg said Williams was offered the position of acting administrator this time but turned it down. He referred any questions about that to her.

Nunez's got a severance of about \$170,000 with benefits, FICA and Medicare payments. Former Economic Development Director Kris Tucker was ousted at the same time. His job was eliminated. He got a total of \$29,725 in severance, which also included FICA and Medicare.

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nary hearing for his alleged accomplice, Dontrail Atqwan Johnson, 18, of Main Street in Melfa, is set for later this month in Accomack General District Court.

"I went to the door at the left back," Tankard told police about Major's car. "Dontrail went to the back right side. Dontrail told her to get out. She got out and ran. I got in on the passenger's side. Dontrail drove from Melfa to Painter. I never drove. We picked up (two juveniles) in Exmore," he continued. "I don't know where we were going. We were

(Continued From Front Page)

plemental pay during the time periods

just going. When the officer (deputy) got behind us we did what he said."

Major was carjacked Aug. 8. The interview between Tankard and authorities occurred the next day. Investigator Patrick Coulter of the Accomack County Sheriff's Office investigated the incidents.

Townsend told the officer that he and Johnson were walking by the railroad tracks on Lankford Highway. Townsend "walked up to a vehicle with a woman in it and asked for a cigarette." Townsend said both he and Johnson had bb guns.

"She just jumped out of the car and said, 'Y'all can have the car; just leave me alone," the file continued. When asked if he saw her fall down, Townsend said, "I thought she jumped down."

He also admitted that the two stole the school bus on Aug. 4. "I shot the windows out of it with a handgun. It was a bb." The shooting happened somewhere around Wachapreague. They drove to Big Pine Road and left the bus and went to Johnson's house. When they went back, the bus was gone.

Townsend is being held in Accomack Jail, according to the records. Johnson is free a \$10,000 secured bond.

Charges include shooting at an occupied vehicle, carjacking by putting Major in fear of serious bodily harm, stealing Major's 2016 Toyota Camry, use of a firearm while committing the carjacking, destruction of property belonging to Major, stealing property belonging to Major, stealing the bus and causing damage to the bus

Major has refused to comment on the incidents. She told a reporter last month, "It's ongoing. It hasn't even gone to court."

The incident occurred near the train tracks in Melfa. Later, a Cashville man on his way home was driving just past St. George's Church when he saw headlights. "I just heard the noise and pulled over," he said. There was a hole the rear window of his four door pick-up truck. "It shattered but the glass didn't fall."

The man, who asked not to be identified said police told him there were four suspects, three of which were juveniles. He was not injured in the incident.

"Defendant gave a full confession to the investigator," according to a checklist for bail that was filed with the court regarding Johnson.

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horses. 1st floor MBR, den w/doors to 20x35 raised deck, private office & more. MLS#44216 \$575,000



CAPE CHARLES: Contemporary 4BR/3.5BA on 13 BAY RIDGE: Spectacular Bay front 5BR/4BA CAPE CHARLES: Stately 5BR/1.5BA c1912 triple acres divided into 4 fenced-in pasture/corrals for home is offered fully furnished on 2.38 acres of brick Eastern Shore home situated on a double lot with 195 ft of private beach front. MBR w/sitting offering 3609 sq ft. Extraordinary American chestnut area, two family rooms, rec room in lower level woodwork, pocket doors, kitchen w/butler's pantry & expansive deck. MLS#44251 \$1,075,000 Kathy Weiner 757-646-3199



& finished 3rd floor. MLS#43997 \$790,000 Jason Restein 757-620-1532/Liz Walters 757-710-2114

EASTVILLE: Victorian 4BR/25BA atop the hill overlooking BAY CREEK: Exquisite 4BR/35BA meticulously the Chesapeake Bay. Winding oak staircase, man cave, designed waterfront Contemporary offers 3270 sq turret living room & adjoining decks w/hot tub & waterviews ft & the highest quality upgrades; from standing from every room. Large boat garage, workshop, art studio/ seam metal roof, high end commercial kitchen appliances garden room & 3-car attached. MLS#43816 \$875,000 bamboo flooring to Lutron light system. Trina Veher 757-442-0797



CHINCOTEAGUE: 3BR/25BA historic home offers endless onnortunities. The property is set up for four separate units. 3 retail and apartment upstairs. Property consists of two lots appliances. Dining area w/wood burning fireplace, family which offer plenty of parking for any business venture. Beautiful hardwood floors and original moldings throughout. MLS#44005\$625,000 Gladys Baczek 757-894-0098 MLS#43985\$279,000 Gladys Baczek757-894-0098



Dave Griffith 757-647-2649/Randy Carlson 757-678-6395 Dave Griffith 757-647-2649





sqfton1.82 acres. 1st floor MBR/MBA, oak kitchen of a kind estate high on a bluff with a sweeping Cod w/spectacular views of Plantation Creek with glorious views of Assateague light house & w/center island, 2½ baths & tiled sunroom. 3-bay Chesapeake Bayvia sailboat depth water. Built in Chesapeake Bayvia sailboat depth water. Built in on 2.4 acres. 1st floor MBA, 2nd floor bonus room living space and attached 2 car garage. A true garage w/heated workshop. MLS#42175 \$394,900 | 1780 & recently renovated. MLS#44228 \$2,900,000 | & community sandy beach. MLS#44176 \$324,900 | must see property. MLS#44261 \$329,000 | must see property. MLS#44261 \$329,000 | must see property. MLS#44276 \$324,900 | must see property. MLS#4476 \$ Dave Griffith 757-647-2649/Randy Carlson 757-678-6395 Anita Merritt 757-894-0108





MI \$#42665 \$1 200,000 Jason Restein 757-620-1532

CHINCOTEAGUE:3BR/2BARancherisiustwhatvouvebeen looking for! Kitchen w/Corian counters and stainless steel room, 2 level decking, screen porch & outside shower. Quiet neighborhood convenient to restaurants and shopping.



acres minutes from NASA, Chincoteague and Wallops. 2 car garage, beautiful yard with mature for horses, detached garage / workshop easily converted landscaping and a wonderful screened porch for into stables! Custom kitchen, master suite and spacious you to enjoy the quiet. MLS#43929 \$249,000 Gladys Baczek 757-894-0098



NEW CHURCH: Country living at its best with this 3BR/25BA Contemporary! Beautiful 155 ac lot suitable rooms. Close to NASA and Wallops Island. MLS#43878 \$274,900 Gladys Baczek757-894-0098



CHINCOTEAGUE: Three story waterfront townhome w/balconies on each level. Furnished established vacation rental and ready to enjoy the views of the Channel, MLS#43780 \$289,000 Anita Merritt 757-894-0108



CHINCOTEAGUE: 3BR/2BA home is bright and open! New kitchen opens into the dining & living areas w/ vaulted ceiling, new wood floors & windows. Water front bridge and the true island character. Amenities include community w/use of launching ramp & piers. Established shared dock for boating, fishing tables and crabbing, vacation rental sold fully furnished! MLS#43764\$310,000 Anita Merritt 757-894-0108 Gladys Baczek 757-894-0098



- From John and Margaret McRea To Abigail Smith and Jeremy Siegrist Property near Cashville For \$450,000
- From Mary Garvin To Lenell Abbott Property near Mappsville For \$1,000
- From Adeline and Elwood Johnson To Michael Trouts and Joan Krisher Lot 236, Unit 1, Trails End For \$12,000

- From Douglas and Rebecca Brown To Charles Burtnett and Deborah Berry Lot 42, Unit 2, Trails End For \$15.500
- From Wells Fargo Bank To Ann and Kerry Ward 33268 Lankford Hwy., Painter For \$34.500
- From Kenneth Mikoloski and Jean-Paul Dean To Roger and Noel Czerwinski Lot 84, Unit 3, Trails End For \$8,000
- From David Van De Graaff and Christy Sander To Christopher and Nicole Wardius 18 Powellton Ave., Wachapreague For \$59,000
- From James Bowles To Christy McCready 32610 Stoney Creek Ln., New Church For \$160,000
- From Frank O'Lenick To James and Francescka Bailev 36017 Davis Wharf Rd., Belle Haven For \$125,000
- From Veronica Keener To The Beverlie A. Lejeune Revocable Trust

28208 Drummondtown Rd., Locustville For \$28,000 For \$65,000

- From Daniel Bradford To Ricardo Castillo and Mainna Garcia 24150 Joynes Neck Rd., Accomac For \$35,000
- From Robert and Carolyn Odell To Racing Moon LLC 5498 Warren St., Chincoteague For \$402,000
- From Randy Merritt and Sandy Citro To Rt. 13 Auto Repair LLC 19045 Lankford Hwv., Parkslev For \$138,000
- From Eastern Shore Habitat for Humanity Inc.

To Tamekia and Tony Veney 13163 Bethel Church Rd., Hallwood For \$100,000

- From Federal Home Loan Mortgage Corp. To Dilma Bartolon 14240 Tobes Ln., Harborton For \$14.900
- From Kristin Scheible To Gerard Dworske Jr. Lot 66, Section 11, Captain's Cove For \$2,750
- From John and Tiffany Shaff To Robert Knapick and Rebecca Hayslette 3186 Ridge Rd., Chincoteague

- From Steven Reese To Walter and Mallieen Steimel Lot 384, Section 2, Captain's Cove For \$12,000
- From Springleaf Mortgage Trust To Tracy and Jay Meadows Property in Cape Charles For \$52,000
- From The Eastern Shore Development Corp.

To Robert Oakes Lot 13 at Eastville Commons For \$35,000

- From Martinez Associates Group Inc. To Buck and April Clark 27489 Cheapside Rd., Cape Charles For \$23.999
- From Donald and Constance Gable To Joseph and Karen Cofer 115 Peach St., Cape Charles For \$ 335,500
- From Christopher Bartges and Beverly Stewart To the Laila Moretto Revocable Trust

Lot 70 in Bay Creek "LIKE" THE POST ON

Facebook

CACFP Non-pricing Child and Adult Day Care Centers

Eastern Shore Area Agency on Aging/Community Action Agency announces the sponsorship of the Child and Adult CareFood Program (CACFP). The same meals will be available at no separate charge to all participants at each CACFP facility without regard to race, color, sex, national origin, age, disability, or sexual orientation. To file a complaint, complete the USDA Program Discrimination Complaint Form, AD-3027, found online at

http://www.ascr.usda.gov/complaint_filing_cust.html, or at any USDA office or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by: Mail: U.S. Department of Agriculture, Office of the Assistant Secretary for Civil Rights

1400 Independence Avenue, SW Washington, D.C. 20250-9410 Fax: (202) 690-7442 or E-mail: program.intake@usda.gov

The center will receive free or reduced price meal reimbursement based on the following income scales effective from July 1, 2016, to June 30, 2017.

| Family Size | Eligibility Scale for Reduced Price Meals |
|-------------------------|---|
| Ī | \$21,978 |
| 2 | \$29,637 |
| 3 | \$37,296 |
| 4 | \$44,955 |
| 5 | \$52,614 |
| 6 | \$60,273 |
| 7 | \$67,951 |
| 8 | \$75,647 |
| Each additional person: | \$7,696 |
| | |

Meals will be provided at this center: Hare Valley Head Start Development Center 5432 Bayside Road, Exmore, VA 23350; Eastern Shore's Early Childhood Development Center 24429 Front Street, Accomac, VA 23301; Hallwood Heat Start 28281 Main Street, Hallwood, VA 23389

For further information, please contact: Tange Francis - 757-442-9652 ext. 18 You may also contact the Virginia CACFP State Agency at the Virginia Department of Health Division of Community Nutrition for more information by calling: 1-877-618-7282 or e-mailing CACFP@vdh.virginia.gov.



Court Postings By Linda Cicoira

Accomack Circuit Court

Drug cases for four men were heard in Accomack Circuit Court last week.

Vallice Franklin Earl Smith, 32, of Elihu Wallop Lane in Horntown pleaded guilty to distribution of cocaine on Sept. 22, 2015. A presentence report was ordered. The case was continued until December. He remains in police custody.

Brandon Tyler Ashbridge, 26, of Sergeant Lane in Parksley pleaded guilty to two counts of accommodation of cocaine. He was initially charged with distribution. He was sentenced to four years each to run concurrently with all but 30 days suspended. Ashbridge was allowed to wait until Sept. 30 to report to jail. His driver's license was suspended for six months and he was put on good behavior was for five years and supervised probation for two years. Ashbridge also must make restitution of \$130 to the Eastern Shore Drug Task Force.

Javelle Scarborough, 40, of Chandler Lane in Parksley was given five years in prison each with three suspended for two counts of felony eluding, three years with two suspended for possession of cocaine and a year in jail each for possession of cocaine, driving on a suspended license and obstruction of justice. The terms were set to run consecutively.

The incidents occurred in July. Scarborough's driver's license was suspended for a year. He will be on supervised probation indefinitely upon release.

Charles David Russell Jr. 35, of Bi-State Boulevard in Delmar, Del. was treated as a first offender. He was initially charged with possession of heroin. He pleaded guilty to an amended charge of possession of fentanyl. Judgment was withheld. Russell must remain alcohol and drug free until Sept. 14, 2017, submit to drug testing at his expense and complete 100 hours of community service. In addition, his driver's license was restricted for a year.

Accomack District Court

Three men were arrested recently and charged with felonies, according to documents filed in Accomack General District Court.

Samuel K. Dennis, 29, of Payne

Road in Bloxom is accused of felony eluding and possession of cocaine on Sept. 8. He was arrested the same day and is being held in Accomack Jail without bond. Deputy Luke Arnold of the Accomack County Sheriff's Office investigated.

Anthony M. Highmoyzk, 27, of North Farm Road in Ellicott City, Md. was charged with assault and battery of Cathy Repsher, an EMS worker, on Aug. 23. Office Wayne Winter of the Chincoteague Police Department investigated. Unsecured bail was set at

Dylan Tyler Lamberson, 21, of Captain's Lane on Chincoteague was charged with burglarizing a house in Inlet View Campground on the night of Sept. 3. Sgt. T.B. Hickman of CPD handled the case. Unsecured bond was set at \$5,000.

An Accomac man was arrested last week and charged with gun violations, according to records filed in Accomack General District Court.

Thomas Bunting, 32, of Daugherty Road is being held in Accomack Jail without bond. He is accused of possession of a firearm by a violent felon, a felony, and carrying a concealed weapon, a misdemeanor. The incidents occurred on Sept. 16.

Northampton Circuit Court

A Keller man was sentenced in Northampton Circuit Court Monday to a total of two years and five months behind bars for his part in a fight that occurred at the former Sage Restaurant in Exmore last year.

Sean Alexander Burton, 28, was given four years with three suspended each for assaulting a police officer and felony eluding, six months with five suspended for driving on a revoked license, 12 months with nine months suspended for reckless driving, three months with two months suspended for DUI. The terms were set to run consecutively. Supervised probation for five years and good behavior for 10 years was ordered.

The incident included a police chase with speeds sometimes higher than 100 mph that went from Exmore to Wachapreague and Keller Fair roads.

Natalie Lynn Johnson, 41, of Portsmouth, Va. pleaded guilty to possession with intent to distribute a Schedule I or II drug. The case was continued pending completion of a presentence report.

Terrence Devon Brisco, 41, Nassawadox pleaded guilty to possession with intent to distribute oxycodone, a Schedule II drug. It was a second offense. A presentence report was ordered.

Malik Javon Johnson, 18, of Birdsnest was given several prison terms for burglaries and other charges but all were suspended upon successful completion of a youth offender program. Johnson was sentenced to 10 years for burglary and 10 years for larceny to run concurrently; eight years for another burglary and eight years for larceny, also to run concurrently but consecutively with the other counts; and 30 days for possession of marijuana.

Johnson was put on supervised probation for five years and good behavior for 20 years. Restitution of \$3,150 was ordered.

Marilyn Janelle Hughes, 29, of Cheriton was sentenced to a total of a year and nine months for several charges. The breakdown was four vears with all but six months suspended for grand larceny, 12 months with all but nine months suspended for assault and battery of a family member, 12 months with all but nine months suspended for contributing to the delinquency of a minor, 12 months with all but nine suspended for destruction of property and four years with all but six months suspended for larceny from a person. Restitution of \$650 and an unspecified probation was ordered.

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NURSING OPPORTUNITIES

Heritage Hall - Nassawadox is currently recruiting HERITAGE HALL for Full Time & Part Time Nurses (RN/LPN) for the 3pm - 11pm shift, and Part Time 11pm - 7am shift.

Our nurses are responsible for participating in the direct care of residents as well as supervising all non-professional personnel in the Nursing Department. They administer, stock, and dispose of medications in accordance with facility policies and procedures.

Qualifications:

- Current RN/LPN/CNA license in the state of Virginia
- 2 years of nursing experience
- LTC experience is preferred.

For immediate consideration, please apply in person or forward your resumes to:

> Heritage Hall - Nassawadox Attn: Amy Hutchinson, HR Coordinator 9468 Hospital Road Nassawadox, VA 23413 (757)442-9401 - Fax or online at www.heritage-hall.org

Heritage Hall - Nassawadox is an Equal Opportunity/ADA/Affirmative Action Employer.

Obituaries

Buddie Goffigon 'Que' Spady

Mr. Buddie (Que) Goffigon Da'Qauese Makevious Ja'mez Spady, 22, died Saturday, Sept. 3, 2016, at Sentara Norfolk General Hospital with his family by his side.

He went to Lynchburg City Public Schools in Lynchburg, Va., and had a passion about writing poetry, fishing, spending time with family, listening to music and playing his games. He was baptized in the name of Jesus at an early age.

Mr. Spady was preceded in death by his son, Jasiah Johnson; sister, Yacia Spady; grandfather, Edward Powell (Opa); and adoptive grandmother, Mollie Mae Morris. Survivors include his mother, Nekisha Horsley; father, Iziah Brisco; step-father, Willie Lyons; sisters, Rhyneekqua Spady, Shikalia Lyons, Amariyona Lyons, Merci Lyons, Keleah Horsley and Keisha Whitney; brothers, Malcom Brisco, Quentin Smaw, Demetrius Spady, Deonte Scott, Antoine Horsley, Zy-Key Blake and Tony Goffrey; fiancée, Prontay Fletcher; grandmothers, Shirley Powell, Janet Picott and Mary Jane Goffigon; grandfathers, Charles Goffigon and Bishop Frank Morris; aunts, Dreamel Spady, Stephaine Spady, Tanisha Bailey, Cassandra Gordon, Teresa Johnson, Crystral Morris and Yarnell Owens; uncles, C.J. Spady, De'marus Morris, Charles Goffigon Jr., William Lane, Tyree Broughton-Moses and Reko Washington; best friend, Novian Finney; special cousin, Dajuan Brisco; and a host of nieces, nephews, friends and cousins.

A Homegoing Celebration was held Saturday, Sept. 17, at Ebenezer AME Church in Cape Charles with Olivia Collins and Willie Lyons officiating

Arrangements were made by Cornish Funeral Home in Cheriton.

Ex-Webster's Employee Dies

Mrs. Jinnilla Baker Fitchett, 84, departed this life on Monday, Sept. 5, 2016, at Heritage Hall Nursing Home in Nassawadox.

Born in Northampton County, she was the daughter of the late Allen and Lucy Baker. At an early age, she proclaimed Jesus Christ as her Lord and Savior and joined African Baptist Church under the pastoral leadership of Rev. Burke. She loved the Lord greatly and served Him faithfully. She was educated in the Northampton Public School System. After graduating from high school, she was employed at Webster's factory. She later moved to Philadelphia and worked at Bryn Mawr College for many years.

In 1967, she was joined in holy matrimony to the love of her life, the late Powell Fitchett. They spent many happy years together until his death on March 7, 1987. Although there were no children from this union, there was a host of nieces and nephews whom she loved dearly. She would always find time to cook and make homemade baked goods for her nieces and nephews. During her final days, two of her nieces, Bernadette Harmon and Pamela Baker, looked after her to ensure that she received the best possible care.

Mrs. Fitchett is survived by sisters, Yvonne Miller (Toney) and Barbara Hebbons (Harvina) of Philadelphia, Pa., and Joan Baker of West Virginia; and her sister-in-law, Gwendolyn Bake of Virginia Beach, Va. She was preceded in death by brothers Allen Baker, Charles Baker and James Baker; and several nieces and nephews.

A Homegoing Celebration was conducted Saturday, Sept. 10, at African Baptist Church in Cheriton. Interment was in the church cemetery.

Arrangements were made by Cornish Funeral Home in Cheriton.

Melfa Man Dies in Salisbury

Mr. Sherwood Spencer Shreaves, 92, of Melfa, husband of the late Mary Lena Milliner Shreaves, his wife of 63

years, passed away Wednesday, Sept. 14, 2016, at HealthSouth Chesapeake Rehabilitation Hospital in Salisbury, Md.

Born in Muttonhunk, he was a son of the late William and Mary Lit-



Mr. Shreaves

tleton Shreaves. He was a 1940 graduate of Parksley High School. From November 1942 until October 1945, he served in the U.S. Marine Corps, attaining the rank of sergeant in the 3rd Division. He fought in World War II, in Guam, the Guadalcanal, Iwo Jima and Bougainville. He was recalled to active duty for the Korean War, serving from October 1950 until October 1951.

Mr. Shreaves retired as president and CEO of The Citizens National Bank in Laurel, Md., a Mercantile Bank affiliate, a position he held for 10 years, thus completing his successful 40-year career in the banking industry

He was a lifelong Yankees fan, enjoyed traveling with his wife, played handball and racquetball, loved animals and attended Melfa United Methodist Church. An avid golfer, Mr. Shreaves was a member of Eastern Shore Yacht & Country Club in Melfa and formerly of the Turf Valley Country Club in Ellicott City, Md.

During his retirement, many would see walking around his community, "The Greens," and on Country Club Road, where he always greeted others with his pleasant smile and wave. He truly enjoyed his 92 years and will be missed.

Survivors include his children, Rev. Gregory Shreaves of Reading, Pa., and Cynthia Shreaves of Cockeysville, Md.; and nieces and nephews, Patricia (Stacey) Redican, Suzanne (Kenneth) Henderson, Otto B. (Laura) Shreaves, Jr., and Betsy (Kenneth) Cousins. He was predeceased by sisters Vesta Shreaves Reichardt, Georgia Shreaves Hughey and Oneda Shreaves Krammer; four brothers, Alwood Lee, Edward, Otto and Preston Shreaves; and a nephew, Alwood L. Shreaves Jr.

A celebration of Mr. Shreaves' life will be conducted at Eastern Shore Yacht & Country Club, Saturday, Sept. 24, at 2 p.m., by Rev. Robert Coniglio.

Memorial donations may be made to the SPCA, P.O. Box 164, Onley, VA 23418. Memory tributes may be shared at www.williamsfuneralhomes.com

Arrangements were made by Williams-Onancock Funeral Home.

Owner of Former Lumber Company Dies

Mr. Clarence William "C Boy" Lewis Sr., 91, of Accomac, husband of the late Doris Lee Edwards Lewis, died Thursday, Sept. 15, at his residence. Born in Rainswood, Va., he was the son of the late Leon L. and Lessie Walker Lewis. He was a veteran of the Army, where he served in World War II.



Mr. Lewis

He was a charter and life member of the Elks Lodge in Accomac and a past Accomac Town Councilman. A member of Oakland United Methodist Church, he had attended both Drummondtown Methodist and Baptist churches.

With his brother, Mr. Lewis owned and operated Lewis Brothers Lumber Co., Lewis Brothers and Kelley Inc. Farming and Forest Products of Pittsville, Md. He loved his racehorses and was an avid fisherman.

Mr. Lewis is survived by his sons, Clarence William "Butch" Lewis Jr. of Accomac, Joseph Edward Lewis (and wife, Joanne) of Accomac and Ted Lee Lewis of Accomac; daughter, Peggy Lewis Holloway (and husband, Mark) of Accomac; sister, Ruby Boyle of Springfield, Va.; grandchildren, Tiffany Smith (and husband, Mark), Wendy Lewis, Lewis Holloway (and wife, Robyn), Kelley Holloway and Corey Marshall: great-grandchildren. Ross Smith, Brandon Smith, Madison Holloway, Adrianna Holloway, Owen Holloway and C. J. Marshall; and several nieces and nephews. He was preceded in death by eight siblings, Florence, Virginia, Doris, Elizabeth, Melvin, Bill, Emmadelle, and Gordon "Spinny."

Funeral services were conducted Tuesday, Sept. 20, from Drummondtown Baptist Church by Rev. Jack D. Pruitt. Interment was private.

Memorial contributions may be made to Tasley Volunteer Fire Department, P.O. Box 68, Tasley, VA 23441; Drummondtown Baptist Church, P.O. Box 282, Accomac, VA 23301; or Riverside Hospice, P.O. Box 615, Onley, VA 23418. To sign the guest book online, visit www.thorntonfuneralhome.net

Roses Employee Dies

Mr. Clay Ora Gill, 55, of Melfa, husband of Christal Perry Gill, passed away Saturday, Sept. 17, 2016, at Riverside Shore Memorial Hospital in Nassawadox.

A native of Galatia, Ill., he was the

son of the late Andrew Ora Gill and Mary D. Gill and the adopted son of the late Fred and Pat Heflin. He was a stock clerk for Roses Department Store and member of the Army National Guard



Mr. Gill

and enjoyed gardening and fishing.

In addition to his loving wife, survivors include his children, Dallas Gill, Trisha Hinderliter, Jami Burgess, Ruthann Gill, and Sarah Gill, all of Illinois, and Gary Scott Perry, Lashae Ervin, Joshua Ervin, Nateisha Ervin and Amy Ervin, all of Melfa; sisters, Edna Duncan and Diane Greer, both of Illinois; brother, Bob Heflin of Illinois and 11 grandchildren.

Funeral services were conducted Thursday, Sept. 22, at Doughty Funeral Home in Exmore. Interment was in the Fairview Lawn Cemetery in Onancock.

Online condolences may be sent to the

family at www.doughtyfuneralhome.com

Robert Stephen Morrill Jr.

Mr. Robert Stephen Morrill Jr. passed away surrounded by his loving family Sunday, Sept. 18, after a heroic battle with cancer that spanned 13 years.

Born in Spokane, Wash., the son of Yvonne Morrill and the late Ret. Maj. Robert Morrill USAF, he was a beloved

brother, father, grandfather and husband. Mr. Morrill was kind-hearted, fun-loving and hard-working. He loved spending time with his family and his animal friends. No



Mr. Morrill

matter how he was feeling at the end, he fed his squirrels as soon as he saw they had eaten all of their corn, rain or shine. The son of a fighter pilot, he lived all around the country, but predominately in St. Petersburg, Fla., and Portland, Maine. Left to cherish his memory is

his mother, Yvonne Morrill; sisters, Paula Morrill and Jeanette Fritz; sons, Jason and Kyle; step children, Joey and Rachel; numerous grandchildren; niece, Rachael Leonard; nephew, Robert Fritz; the love of his life, Diane Urtnowski; and many uncles, aunts and cousins in the Portland area.

Funeral services will be conducted Saturday, Oct. 1, at 1 p.m. at Doughty Funeral Home in Exmore by Father J. Michael Breslin. Memorial donations may be made to Riverside Shore Cancer Center, P.O. Box 17, Nassawadox, VA 23413. Online condolences may be offered at www.doughtyfuneralhome.com

Mappsville Man Dies

Mr. Ross Mumford, 46, of Mappsville, husband of the late Barbara Ann Badlik Mumford, died Monday, Sept. 19, 2016 at his home.

Born in Salisbury, Md., he was a son of the late Harry J. and Mary Elizabeth Topping Mumford. He was a longtime truck driver for Linens of the Week and was a vital part of the church family at Accomack Covenant Church in Greenbush. He enjoyed fishing and "junking" and adored his dog, Sarah. A man of

many talents,
Mr. Mumford
always was
eager to help
those in need.
He will be rem e m b e r e d
for his gentle
heart and unwavering dedication to his
church and family.



Mr. Mumford

Survivors include his stepdaughter, Melissaann Sortino Rich (and husband, Nicholas) of Wallops Island; sisters, Janet Kathleen Vasquez-Lopez (and husband, Matias) of Parksley and Nancy Ellen Bunting of Virginia; brother, James Elmer Mumford of Florida; and several nieces and nephews. Mr. Mumford was predeceased by a son, Zachary Thomas Mumford; and a brother, John Harry J. Mumford.

A memorial service will be conducted Saturday, Sept. 24, at 3 p.m., at Accomack Covenant Church by Pastor Sam Welch.

Memorial donations may be made to Operation Christmas Child, c/o Accomack Covenant Church, P.O. Box 443, Tasley, VA 23441. Memory tributes may be shared at: www.williamsfuneralhomes.com

LOOKING FOR SOMETHING TO DO!?

Visit Wachapreague this Saturday, September 24, 2016

Town Wide Yard Sale from 8 am to 1 pm

Marine Life Day at VIMS 12 - 4 pm

* Shop at Day Tripper's Gift Shop Jewelry, gifts, and all things nautical

* Browse at Current Reflections Art Gallery Fine arts by local artists

* Stop in for lunch at the Wachapreague General Store Homemade sandwiches while you wait!

Response Boat Tours Boating Safety Info 12 - 3 pm

* Check out our large selection of local artists and artisans at the Island House Restaurant

* Enjoy waterfront dining at the Island House Restaurant

* Stay at the Wachapreague Inn and Teasers Lodge

Maps for the yard sale at the Wachapreague Post Office or General Store!

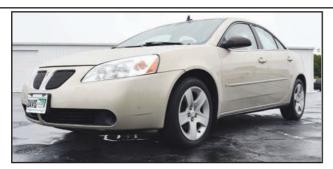


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**Dealer processing fee \$199.00 **

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SPORTS SHORTS

Anglers Club to Hold Free Children's Fishing Oct. 2 at Saxis Fishing Pier

The Eastern Shore of Virginia Anglers Club (<u>www.esanglersclub.org</u>) will hold a free fishing event for children ages 3 to 15 on Sunday, Oct. 2, 2016, at the Saxis Fishing Pier. The club will provide equipment and members will teach and assist young anglers from 1 - 2:30 p.m. A cookout will follow. Registration begins at 12:30 p.m. Participant must be accompanied by an adult. Rods and reels will be provided to the first 50 children. For more information, call 757-824-1485.

26th Onancock Bay Challenge Successful

The 26th Onancock Bay Challenge, sponsored by the Eastern Shore of Virginia Anglers Club, was a huge success this past weekend, taking place on a day when the weather turned out to be much better than anticipated. There were 115 participants registered for the event, and more than \$6,500 worth of prizes was presented in awards and drawings.

The grand prize for the best adult-caught fish was won by Ruby Taylor. Ms. Taylor also won the grand prize for the largest fish by an Angler's Club member.

The grand prize for the best junior-caught fish in the youth category was won by Garrett Siegert.





Submitted Photos

In the left photo, junior winner of the 26th Onancock Bay Challenge Garrett Siegert (left) poses with Sam Sellard, president of the Eastern Shore of Virginia Anglers Club. In the right photo, grand prize winner Ruby Taylor is flanked by Sellard and Don McGavock (left), director of the Onancock Bay Challenge.

NEVER PAY FOR YOUR LOCAL NEWS

Our Mistake...

Nandua Middle High School Quarterback Kelly Reagan' name was printed as Reagan Kelly in a Sept. 16 photo caption.

| | | | Friday, | | Saturday, | | Sunday, | | Monday, | | Tuesday, | | Wednesday, | | Thursday, |
|---------|---------------------|--------|------------------------|--------|-------------------------|--------|-------------------------|---|------------|--------|------------|--------|------------|---|------------|
| | | | Sept. 23 | | Sept. 24 | | Sept. 25 | | Sept. 26 | | Sept. 27 | | Sept. 28 | | Sept. 29 |
| | | Н | 2:25 p.m. | Н | 3:34 p.m. | Н | 4:42 p.m. | Н | 5:41 p.m. | Н | 6:31 p.m. | Н | 6:51 a.m. | Н | 7:33 a.m. |
| | Assateague Beach | L | 8:14 a.m. | L | 9:18 a.m. | L | 10:22 a.m. | L | 11:26 a.m. | L | 12:25 p.m. | L | 1:17 p.m. | L | 2:02 p.m. |
| | | Н | 2:29 p.m. | Н | 3:38 p.m. | Н | 4:46 p.m. | Н | 5:45 p.m. | Н | 6:35 p.m. | Н | 6:55 a.m. | Н | 7:37 a.m. |
| | Chinco.Channel | L | 8:13 a.m. | L | 9:17 a.m. | L | 10:21 a.m. | L | 11:25 a.m. | L | 12:34 p.m. | L | 1:16 p.m. | L | 2:01 p.m. |
| | | Н | 3:21 p.m. | Н | 4:30 p.m. | Н | 5:38 p.m. | Н | 6:37 p.m. | Н | 7:00 a.m. | Н | 7:47 a.m. | Н | 8:29 a.m. |
| a) | Gargathy Neck | L | 8:53 a.m. | L | 9:57 a.m. | L | 11:01 a.m. | L | 12:05 p.m. | L | 1:04 p.m. | L | 1:56 p.m. | L | 2:41 p.m. |
| Seaside | | Н | 3:14 p.m. | Н | 4:23 p.m. | Н | 5:31 p.m. | Н | 6:30 p.m. | Н | 6:53 a.m. | Н | 7:40 a.m. | Н | 8:22 a.m. |
| eas | Folly Creek | L | 8:38 a.m. | L | 9:42 a.m. | L | 10:46 a.m. | L | 11:50 a.m. | L | 12:49 p.m. | L | 1:41 p.m. | L | 2:26 p.m. |
| Š | | Н | 3:00 p.m. | Н | 4:09 p.m. | Н | 5:17 p.m. | Н | 6:16 p.m. | Н | 7:06 p.m. | Н | 7:26 a.m. | Н | 8:08 a.m. |
| | Wachapreague | L | 8:22 a.m. | L | 9:26 a.m. | L | 10:30 a.m. | L | 11:34 a.m. | L | 12:33 p.m. | L | 1:25 p.m. | L | 2:10 p.m. |
| | | Н | 2:25 p.m. | Н | 3:34 p.m. | Н | 4:42 p.m. | Н | 5:41 p.m. | Н | 6:31 p.m. | Н | 6:51 a.m. | Н | 7:33 a.m. |
| | Quinby Inlet | L | 7:53 a.m. | L | 8:57 a.m. | L | 10:01 a.m. | L | 11:05 a.m. | L | 12:04 p.m. | L | 12:56 p.m. | L | 1:41 p.m. |
| | | Н | 2:55 p.m. | Н | 4:04 p.m. | Н | 5:12 p.m. | Н | 6:11 p.m. | Н | 7:01 p.m. | Н | 7:21 a.m. | Н | 8:03 a.m. |
| | Machipongo | L | 8:22 a.m. | L | 9:26 a.m. | L | 10:30 a.m. | L | 11:34 a.m. | L | 12:33 p.m. | L | 1:25 p.m. | L | 2:10 p.m. |
| | | Н | 6:38 p.m. | Н | 7:12 a.m. | Н | 8:28 a.m. | Н | 9:35 a.m. | Н | 10:31 a.m. | Н | 11:19 a.m. | Н | 12:00 p.m. |
| | Tangier Sound Light | L | 12:25 p.m. | L | 1:35 p.m. | L | 2:45 p.m. | L | 3:50 p.m. | L | 4:46 p.m. | L | 5:36 p.m. | L | 6:20 p.m. |
| | | Н | 6:54 p.m. | Н | 7:28 a.m. | Н | 8:44 a.m. | Н | 9:51 a.m. | Н | 10:47 a.m. | Н | 11:35 a.m. | Н | 12:16 p.m. |
| | Muddy Creek | L | 1:00 p.m. | L | 2:10 p.m. | L | 3:20 p.m. | L | 4:25 p.m. | L | 5:21 p.m. | L | 6:11 p.m. | L | 6:55 p.m. |
| | | Н | 6:46 p.m. | Н | 7:20 a.m. | Н | 8:36 a.m. | Н | 9:43 a.m. | Н | 10:39 a.m. | Н | 11:27 a.m. | Н | 12:08 p.m. |
| | Guard Shore | L | 12:56 p.m. | L | 2:06 p.m. | L | 3:16 p.m. | L | 4:21 p.m. | L | 5:17 p.m. | L | 6:07 p.m. | L | 6:51 p.m. |
| | CI C I | Н | 6:21 p.m. | Н | 6:55 a.m. | Н | 8:11 a.m. | Н | 9:18 a.m. | Н | 10:14 a.m. | Н | 11:02 a.m. | Н | 11:43 a.m. |
| | Chescon. Creek | L | 12:08 p.m. | L | 1:18 p.m. | L | 2:28 p.m. | L | 3:33 p.m. | L | 4:29 p.m. | L | 5:19 p.m. | L | 6:03 p.m. |
| o | | Н | 6:35 p.m. | Н | 7:09 a.m. | Н | 8:25 a.m. | Н | 9:32 a.m. | Н | 10:28 a.m. | Н | 11:16 a.m. | Н | 11:57 a.m. |
| sid | Onancock Creek | L | 12:28 p.m. | L | 1:38 p.m. | L | 2:48 p.m. | L | 3:53 p.m. | L | 4:49 p.m. | L | 5:39 p.m. | L | 6:23 p.m. |
| Bayside | D 4 C 1 | Н | 5:51 p.m. | Н | 7:02 p.m. | Н | 7:41 a.m. | Н | 8:48 a.m. | Н | 9:44 a.m. | Н | 10:32 a.m. | Н | 11:13 a.m. |
| ш | Pungoteague Creek | L | 11:42 a.m. | L | 12:52 p.m. | L | 2:02 p.m. | L | 3:07 p.m. | L | 4:03 p.m. | L | 4:53 p.m. | L | 5:37 p.m. |
| | NT 1 | Н | 4:36 p.m. | Н | 5:47 p.m. | Н | 6:57 p.m. | Н | 7:33 a.m. | Н | 8:29 a.m. | Н | 9:17 a.m. | Н | 9:58 a.m. |
| | Nassawadox | L | 10:04 a.m. | L | 11:14 a.m. | L | 12:24 p.m. | L | 1:29 p.m. | L | 2:25 p.m. | L | 3:15 p.m. | L | 3:59 p.m. |
| | O1 C1- | Н | 5:15 p.m. | Н | 5:49 p.m. | Н | 7:05 a.m. | Н | 8:12 a.m. | Н | 9:08 a.m. | Н | 9:56 a.m. | Н | 10:37 a.m. |
| | Occohan. Creek | L | 11:22 a.m. | L | 12:32 p.m. | L | 1:42 p.m. | L | 2:47 p.m. | L | 3:43 p.m. | L | 4:33 p.m. | L | 5:17 p.m. |
| | Cono Charles | H L | 3:25 p.m. 9:12 a.m. | H L | 4:36 p.m. 10:22 a.m. | Н | 5:46 p.m. 11:32 a.m. | Н | 6:47 p.m. | Н | 7:18 a.m. | Н | 8:06 a.m. | Н | 8:47 a.m. |
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| | Vintonaka Dasah | Н | 3:03 p.m. | H L | 4:14 p.m. | | 5:24 p.m. | Н | 6:25 p.m. | | 6:56 a.m. | | 7:44 a.m. | Н | 8:25 a.m. |
| | Kiptopeke Beach | L | 8:41 a.m. | ΙL | 9:51 a.m. | L | 11:01 a.m. | L | 12:06 p.m. | L | 1:02 p.m. | L | 1:52 p.m. | L | 2:36 p.m. |

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S Q U I N C H D F H C N I R G

X W F I N C H E S T E R I S Q

Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally

POTAHCNIHWNLKCJ

Bullfinch Chinch Cinch

Clinch

Finches Inching Inchmeal Inchoate Inchworm Linchpin Pinch Squinch

Whinchat Winchell Winchester

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Last Week's Answers

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Weekly SUDOKU —

Weekly **SUDOKU**

by Linda Thistle

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Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ◆◆

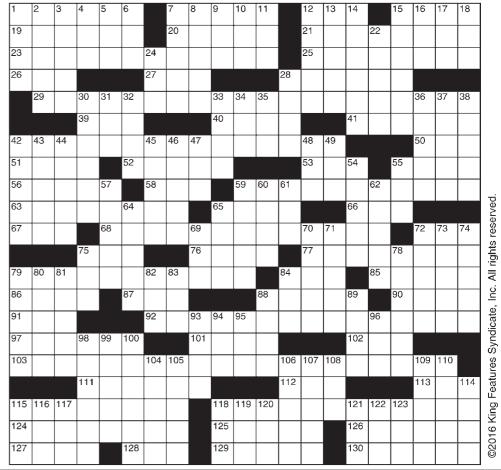
♦ Moderate ♦ ♦ Challenging ♦ ♦ ♦ HOO BOY!

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Super Crossword

CROSS-MULTIPLICATION

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Eastern Shore Flavor

Late Season Salsa a Delicious Way to Use Tomatoes, Peppers

By Connie Morrison

Summer is waning, the tomato vines are looking scraggly, the peppers are going full force, and you're starting to pray for that first frost because the garden is starting to feel more like a burden than a blessing. What's a person to do?

How about some late season salsa—one that's heavy on peppers, but light enough to put some bounce back in your step? The recipe below will make the summer linger just a little longer.

Have a favorite recipe? Send it along, and maybe we'll feature it next time on our Eastern Shore Flavor page. Send by email to editor@easternshorepost.com, or mail to P.O. Box 517, Onley, VA 23418.

Late Season Salsa

Ingredients:

- 6 large or 12 medium tomatoes, cored, seeded, and chopped
- 2 cups of grape or cherry tomatoes, chopped
- 3 or 4 large sweet garden peppers (a variety of colors red, yellow, green or orange works well), diced
- Half of a large sweet onion (like Vidalia) or 2 medium onions, diced
- 1 or 2 jalepeño peppers, finely chopped
- 1 lime, juiced
- 2 Tbsp. chopped cilantro (optional)
- Up to ½ tsp. Tony Chachere's Creole Seasoning or other similar spicy seasoning with salt (or add salt to taste)

After prepping all ingredients, mix together everything except seasoning (or salt). Once blended, season to taste.

The amount of each vegetable is not crucial just use what you have and enjoy the last tastes from your summer garden.

SEE AN AD FOR YOUR FAVORITE BUSINESS? TELL THEM YOU SAW IT IN THE POST!

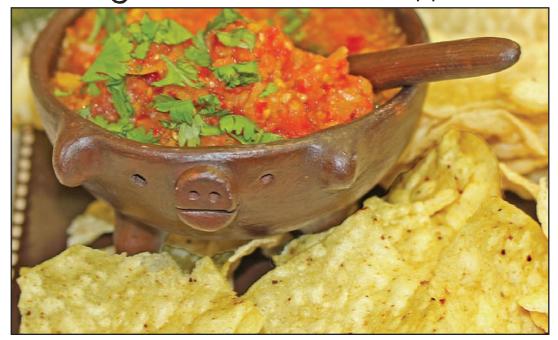


Photo by Linda Cicoira

Pig out on late season salsa with ingredients from the waning garden.



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Bailey Jr. of Cape Charles Sept. 17
• a son, born to Alicia Reed and
Shawn Ivery of Melfa Sept. 19
• a daughter, born to Alicia and Lane
Taylor of Bloxom Sept. 20

SU Graduates

Recent Salisbury University graduates from Accomack County include:

- •Lindsay Jester of Chincoteague, MBA;
- Harley Kolinsky of Chincoteague, bachelor of science in mathematics;
 - •Alyssa Wilcox of Atlantic, MBA;
- •Caleb Brady of Melfa, bachelor of science in respiratory therapy, magna cum laude;
 - $\bullet \mbox{Caitlin Boston of Parksley, MSW;} \\$
- •Lauren McCready of Wallops Island, MAT.



Kiasha Reid To Wed Quinton Johnson

Mr. and Mrs. Connell Reid Sr. announce the upcoming wedding of their daughter, Kiasha Reid, to Quinton Johnson, son of Mr. and Mrs. Charlie Johnson Jr., on Saturday, Oct. 8, at 3 p.m. at Macedonia AME Church in Accomac.

The reception will be at the Eastern Shore Yacht and Country Club in Melfa by invitation only.



Marriage Licenses Issued



- Christopher Wayne Budd, 38, and Amy Lynn Campbell, 35, both of Painter
- Mark Elmer Justice, 48, of Temperanceville and Rhonda Jane Justice, 44, of Pound, Va.
- •Matthew Harvey Taylor, 44, of Mardela, Md., and Tara Rena Winslow, 38, of Atlantic
- Mark Gary Devino, 52, and Jennifer Anne Riess, 45, both of Sleepy Hollow, Ill.
- Patrick Harold Casher, 58, and Jeanne Marie Barrett, 51, both of Waterford, Pa.
- •Anthony James Whitson, 29, and Natasha Shea Hengst, 26, both of Dove, Pa.
- Richard Franklin Joyce III, 49, and Wendy Ann Parkent, 50, both of Monkton, Md.
- •Samuel Edward Stewart, 26, of New Castle, Del., and Krystal Tia Patterson, 22, of Oak Ridge, Tenn.
- •Linda Sue Rush, 25, and Emily Rebecca Jump, 26, both of Chincoteague

- •Nicola Busatto, 24, and Dana Lynn Phillips, 34, both of Spring City, Pa.
- David Thomas Greene, 31, and Shenlei Yi, 21, both of Harrison, N.Y.
- Jean Claude Louis, 60, and Evelyne Jean Louis, 43, both of Parksley
- David Francis Basquill, 24, and Alaina Kathleen Trently, 22, both of Middletown, R.I.
- •John Philip Speeney Jr., 63, of Chincoteague and Glynis Laureen Bell, 56, of Parksley
- •Charles Joseph Kambarn, 22, and Ashley Jo Bowden, 21, both of Temperanceville
- Patrick Harold Casher, 58, and Jeanne Marie Barrett, 51, both of Waterford, Pa.
- Kentrel Sharrod Bailey, 26, of Onancock and Frances Ann Williams, 30, of Nassawadox
- •Brian Keith Saunders Jr., 25, and Stacey Marie Humphrey, 24, both of Laurel, Del.
- •Dario Morales Diaz, 29, and Marina

- Escalante Perez, 34, both of Accomac •John Harold Scaachetti Jr., 42, and Lauren Frances Walter, 25, both of
- •Rigoberto Donato Ventura and Julia Lopez-Velasquez, both 46, of Accomac
- •Kayla Noelle Nearhood, 25, and Kurtis Lee Beers, 26, both of Duncannon, Pa.

Egg Habor Township, N.J.

- Fernando Balderas, 25, of Exmore and Ivy Jacqueline Ortiz, 28, of Pahokee, Fla.
- •Bryan Edward DeCarlo, 31, and Nicole Amber Atkinson, 27, both of Onancock
- •Chad Wayne Smeltzer, 39, and Kelli Lynn Nelson, 40, both of York, Pa.
- •Nathan Eugene Hale Jr., 49, of Pungoteague and Katia R. Goncalves, 46, of Willingboro, N.J.
- •Thomas Wesley Ward III, 26, of Exmore and Chelsea Alexandra Baylis, 21, of Eastville
- •Shane Michiell Knight, 41, and Wilhelmina Johanna Pollen, 51, both of Hatchechubbee, Al.



AUCTION

FRIDAY, SEPT. 30, 2016 4:30 P.M. until 71-A KERR ST., ONANCOCK 757-694-8625

Accepting items for Auction for small commission until Thur., Sept 29 at 2pm

Items to be auctioned include.

Antiques
Furniture
Jewelry
Tools
Fishing Equipment
Water Fountains

Hoosier Cabinets Box lots and more.

Too many items to list!

Coming Soon to esocities eastern shore's own arts center **Starting September 27th** Watercolor: Loosening MAGIC with Gene Your Creative Spirit Dolmovich with Diana M. Davis Ages 9 and Up For Adults, 4 weeks **Starting October 6th** Drawing and Sketching with Stevon Sample Ages 9-15 **Saturday October 1st** One Day Plein Air Painting Workshop with Carole Boggemann Peirson for Adults www.esoartscenter.org | 757.442.3226

It Takes a (Miniature) Village to Make a Model Train Station

Submitted Article by Jan Siglin

hen I was a little kid, my Grandpa had a train he ran under our Christmas tree. It went around on an old table top that had lost its legs to a pup my uncle brought home one day. Teething pups do that, it seems.

Grandpa removed the legs and used the table to build his winter village for his train. I remember wanting to play with the little people standing on the make-believe snow waiting for the train to come. I also wanted to add to the landscaping and have more houses for the tiny people to live in, but I was just a kid. Worse than that, I was a girl and girls did not get to play with the trains.

I saved my gift money and bought a miniature farm, a barn and animals, and a group of horses and riders. I crawled under some shrubbery—which would become the miniature forest—in the backyard and built my own little town that grew with small boxes, scraps of wood, and Grandma's spirea to make little hedges. It was primitive, but I used my imagination to make it look fine. Best of all, I could change it, add new buildings as cardboard boxes became available.

The only trouble I got into was losing a pair of Grandma's sewing scissors. Well, then there was the time I, um, kind of *borrowed* some paint from a neighbor's garage to change my new shoebox (Keds, red) into a school building. I am not sure which was worse, getting yelled at for getting into Mr. Turner's paint or getting paint on my new sneakers, now red and tan. The funny thing is I have had a lifetime of wearing sneakers with paint on them.



Photos and miniatures by Jan Siglin Above is a miniature rendition of Exmore Diner, complete with customers' vehicles. Below is a country farmhouse and red barn, with horseback riders returning to the homestead.

Later, I enjoyed making miniatures and models in art school and stage sets for summer theater.

When several of us decided a few years ago to save the old train station in Onley from being burned down, little did I realize I would be dredging up old memories of building little towns, farms and miniature gardens. I still don't work with the trains much, but I get to create the world they travel through.

Several years ago, I built a winter village for an elderly relative up in Maryland using bits and pieces from an old train layout her kids had used when they were young. She had long ago given most of the train stuff away, but found a box in her attic of little houses, a church, a one-room schoolhouse, some old bottlebrush Christmas trees with snow on them and a handful of tiny people. It was a serious trip down nostalgia lane for her to see those old treasures again, so I set up a little village for her next to her three-foot tree. After the tree came down, she wanted the village to stay, so I changed it with the seasons for her. She told me you didn't have to have a train to make a village.

People have come up to me and asked me where I got my "old" buildings I use for the scenery for the model trains at the Onley Station. They are often astonished to see the buildings generally start as new, ugly plastic, straight out of the box, and they just get tinkered with to make them look weathered. The other question I get asked a lot is, "Where do you get your trees?" That answer is when I trim my bushes! I even planted my own spirea here to have access to those wonderful little bushes on my scenery.

I dig up moss from my yard to use for foliage or as areas of lawn on the larger scales, like the garden-scale train we ran in last year's St. Patty's Day Parade. I love using natural materials whenever possible.

Folks have asked me if I could teach them how to make this or paint that. Sometimes they want me to help them find the right buildings or make a layout that doesn't even have any trains running through it.

Last year, through the Eastern Shore Community College's Academy for Lifetime Learning, Dr. Tony Picardi and I taught a mini class on making scenery at the Onley Train Station. I will be doing another class again this fall, on Tuesdays, from Oct. 4 to Nov. 8, from 10 a.m. until noon. If you think it would be fun to make a miniature world, either for a model train (any scale) or just for the fun of it as a seasonal decoration, or you want to improve your layout, call the college and sign up. You can come by the train station on Saturday mornings to see some of what we have done. We are open from 9 a.m. until noon.



Community Notes

Accomack County

A Fall Clean will be held Saturday, Oct. 1, from 8:30 a.m. to 4 p.m. at local landfills. The board of supervisors will waive landfill tipping fees for residential waste and recyclable materials.

Acceptable materials include residential waste, vard waste, construction/demolition debris, tires (limit 12 per person, per day), used motor oil, scrap metal, and car batteries. Unacceptable waste is paint, pesticides, asbestos, and hazardous material.

For questions, call the Accomack County Public Works office at 787-1468.

Belle Haven

The Virginia Eastern Shore Land Trust and Tony Picardi, master naturalist, will host a free workshop exploring the world of mushrooms on Tuesday, Oct. 25, at 10 a.m. at Holly Point Farm.

Picardi will speak briefly about the

role of fungus in ecology and how to identify species. The workshop will include a field excursion to find and identify wild mushrooms.

Space is limited. To reserve your spot, contact Hali Plourde-Rogers, stewardship manager, at 442-5885 or email stewardship@veslt.org

Cape Charles

The Cape Charles Historical Society, in cooperation with the Cape Charles Rosenwald School Preservation Initiative and the Northampton Heritage Weekend, will host an open house for artifacts and personal stories from the Cape Charles Elementary School on Monday, Sept. 26, from 10 a.m. until 3 p.m. at the Cape Charles Museum at 814 Ranolph Ave.

Community items being collected include images and photographs, school papers and personal notebooks, textbooks and instructional artifacts, school furniture, diplomas, report cards and other memorabilia. They can be brought and scanned or loaned for the exhibit.

Call Kimb Denny at 757-607-6483 with questions or to schedule a date to bring your items.

Chincoteague

The 17th Annual Chili/Chowder Cookoff and Classic Car Show is Saturday at the carnival grounds at 3648 Main St.

The cookoff will be from 11 a.m. until 5 p.m. and food will be served beginning at noon.

Live music, arts and crafts, raffles and the Little Miss Chili Pepper and Mr. Hot Stuff competitions will take place.

The car show registration begins at 10 a.m. and ends at noon, with trophies awarded at 3 p.m.

There is a \$10 registration fee and all proceeds go to the new Chincoteague Vol. Fire House. The first 25 cars receive a commemorative dash plaque.

Call 894-8771 for more information.

Eastville

Bidding for a Better Eastern Shore Online Auction will accept online bids through September 30 on items from various local businesses and artists. Bid on boat tours to secret isles, kayaking trips, ecotours, sunset cruises, fishing charters, secluded seaside retreat for up to six courtesy of The Nature Conservancy, a behind-thescenes tour of the Chesapeake Bay Bridge-Tunnel for 12, gift certificates at restaurants, jewelry and much more.

Check out: biddingforgood.com/cbes or "Bidding for a Better ES" Facebook page.

The online auction supports Citizens for a Better Eastern Shore.

Exmore

The Exmore Moose Lodge Mud Bog is Saturday at 15315 Merry Cat Ln. in Belle Haven. Gates open at 9:30 a.m. and racing begins at 12:30 p.m.

Admission is \$10 per person. Ages 8 and under are free.

For rules, payouts, registration and other information call 999-0589.

Northampton County

The Northampton Agricultural County Fair will be held at the former Northampton Middle School at 7247 Young St. in Machipongo on Saturday, Oct. 15, from 10 a.m. to 2 p.m.

Part of the fair will be a baking contest for pecan pie, pumpkin pie, sweet potato pie and sweet potato biscuits. There is no entrance fee for the contest. Contestants are asked to drop off their baked goods the day of the fair at the baked goods table. Please include name, phone number and address.

For further information, please contact the Northampton County chamber of commerce at 678-0010.

Onley
The Vietnam Veterans of America Virginia State Council will have a meeting at the Chapter 614 building located at 25534 East Main St. in Onley on Saturday, Oct. 15, at 8 a.m.

All Vietnam veterans are welcome to attend.



Annual Fall Sportsman's Auction Fri. Sat. & Sun. Oct. 7, 8, & 9 -Preview Thurs. Oct. 6, 3pm-7pm Decoys • Firearms • Oyster Items Art • Books

Over 1,000 Lots!

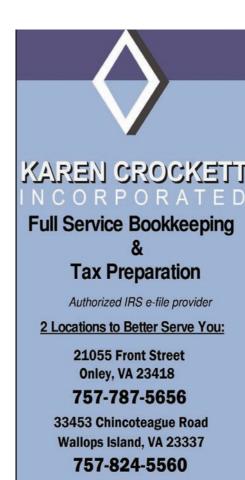
AUCTION PREVIEW TODAY FRIDAY SEPTEMBER 23 @ 4 - 6 PM 2198 Stone RD Cape Charles, VA Jorge's Custom Auto, Inc. (Formerly Reliable Lumber) Real Estate, Roll Back, Spray Booth, Cars, Trucks, Zero Turn Mower, Shop Equipment, Alignment Machine, Office Equipment.

This is a "Timed" On Line Only Event ending 10/14 & 10/16, on the real estate & personal property respectively. Full details and photos @ www.zebauctions.com

Bidding @ www.proxibid.com

Like us on Facebook and get our latest updates 757-824-4698 • 757-894-1740 443-880-6012

zeb@zebauctions.com



PLEASE CALL FOR AN APPOINTMENT

RESTA Cape Center 26507 Lankford Hwy. **Cape Charles** email: capecntr@msn.com 757-331-1541 **Dinner Specials** Week of: Sep 24 - 30, 2016 Saturday 1/2lb. Steamed Shrimp w/2 Sides \$1499 Sunday Lunch: 3pc. Fried Chicken **\$9**⁴⁹ Dinner: Roasted Pork Loin \$1099 **Monday** \$899 9oz. Hamburger Steak Tuesday Hot Turkey Sandwich \$1099 Wednesday Beer Battered **\$14**⁹⁹ Fried Flounder Thursday Homemade Lasagna \$1099 w/1 Side Friday **Blackened Tuna** \$15⁹⁹

Nandua Graduate Has Whale of a Future in Marine Science

By Connie Morrison

When a minke whale washed up in the tidal marsh near Wachapreague last week, Sarah Mallette missed the boat for the Virginia Beach-based team that performed the necropsy to determine the cause of death.

The Eastern Shore native and 2004 Nandua High graduate was 800 miles away on a research vessel off the coast of Nova Scotia searching for Humpback



Mallette

Whales with a team of scientists based in Cape Cod, Mass. "If I wasn't on this research cruise, I would absolutely have been there, especially it being ... one creek south of my family's home," she said.

Being up to your elbows in a whale carcass may not be everyone's idea of a good time, but Mallette's marine science work ranges from the unglamorous work of mammal necropsies to representing the United States as a delegate on the International Whaling Commission's scientific committee.

It's a path that has been unfolding since her undergraduate days when Mallette began working at the Smithsonian in Fort Pierce, Fla.. While there, she volunteered at the Harbor Branch Oceanographic Institute doing bottlenose dolphin photo identification., later putting those same skills to work for the Virginia Aquarium in Virginia Beach. It was there she became involved in stranding response, where teams are called out in the case of stranded sea turtles or mammals, such as the minke

whale found near Wachapreague.

"I actually met my Master's advisor over a dead humpback whale in Hatteras," she laughed, adding, "It was alive when I sighted it." Mallette had been offshore fishing on her day off. She supported her whale sighter volunteer efforts and supplemented her job at the aquarium by working in a restaurant.

She reported the injured whale to Virginia colleagues, who relayed the message to the stranding team in North Carolina. "When (the fishing boat returned) to North Carolina, the stranding team was there, and he told me to come down and visit the school." Mallette attended the University of North Carolina at Wilmington.

As part of her Master's degree, Mallette studied bottle-nose dolphins, while continuing to respond to stranding and performing whale necropsies. It was also the beginning of the work that would eventually lead to the International Whaling Commission. Individual dolphins and whales have distinctive markings through which they can be identified, like a person's fingerprints. By identifying them, it is possible to know where they are traveling and whether they are returning year after year.

Some of her more recent work has included using unmanned aerial vehicles to collect breath samples, which can provide information on the animal's stress levels. "I'm just learning some of the advanced field research techniques," said Mallette.

The work is a priority and a passion, but not much of a paycheck. "I've worked at a restaurant in every position I've ever had in science because it doesn't pay well," Mallette said. She gets by living frugally and "by not having much of a savings account," she said, adding that the tradeoff is worth it, because "I absolutely love what I do."

She brought some of that love back to the Eastern Shore this summer with a presentation to a youth group at Capeville Baptist Church. "They asked really good questions," she said, adding that one of the most rewarding aspects of her work is being about to bring it back to students on the Eastern Shore and get them excited about

science careers and making a difference on the Shore and in the world.

Recalling the serendipity of encountering the person who would become her thesis adviser over a dead humpback whale, she hopes that her student outreach will be one of those encounters that sparks an interest in budding scientist on the Shore.

ny people each one of them will influence if they too choose a path to make the world a better place," Mallette said. "Imagine that ripple effect. Now that's what I'm going for!"

"Imagine how ma-



Photo by Jay Ford

"Imagine that ripple ef- A necropsy, or autopsy, was performed Sept. 18 fect. Now that's what on this minke whale that washed up in a marsh I'm going for!" east of Wachapreague.

We're Proud Of Our Associates

September Associates of the Month



Donna Bishop, Day Shift



George Crippen, Night Shift



2250 Lankford Highway • Accomac, VA • 757-787-5200 www.perdue.com

FRIDAY SEPT. 23 ★8 a.m. - Breakfast at the VFW - VFW Post 2296, Tasley donations accepted

★11:30 a.m.-12:30 p.m. - Alzheimer's Caregivers' Support Group -Riverside Shore Rehab Center, 26181 Parksley Rd., Parksley - 665-5133 (Lori Wilson)

★2-6 p.m. - **Red Cross Blood Drive** - American Legion Post 56, Cheriton **★**6 p.m. - **Celebrate Recovery Group mtg.** - Onancock Baptist Church

★7 p.m. - **Life Teach Series -** Rachel/ Leah Covenant Ministries Center -787-2486

★7:30 p.m. - **Women's Conference** - Living Word Church of Deliverance, Parksley

★7:30 p.m. - **Bingo (doors open at 6:30 p.m.)** - Exmore Moose Lodge, Belle Haven

★7:30 p.m. - **AA mtg.** - municipal bldg., 3305 Main St., Exmore

SATURDAY SEPT. 24

★8 a.m. - **Beach Cleanup** -Herbert H. Bateman Center, Chincoteague - 336-6122 ★9 a.m. - **Zumba Class** -

YMCA, Chincoteague

★10 a.m. - **Women's Conference** - Living Word Church of Deliverance, Parksley

 $\bigstar 10$ a.m. - **Overeaters' Anon. mtg.** - Christ UMC, Chincoteague

★10 a.m.-1 p.m. - **Soup Kitchen** - Faith Christian Tabernacle Ministries, Rt. 13, Accomac - 787-1811

★11 a.m.-5 p.m. - **Chili Chowder Cook-Off and Car Show** - Chincoteague Vol. Fire Co.

★noon & 7:30 p.m. - **AA mtg.** - Holy Trinity Episcopal Church, 66 Market St., Onancock

★5 p.m. - Then & Now Gospel Service -

Ebenezer Baptist Church, Exmore - 442-2684 ★5 p.m. - **Hats & Heels Fashion Show** - St. Luke

AME Church, Daugherty

★5-7 p.m. - **Fall Dinner** - Calvary UMC, 21457 Hopkins Rd., Parksley - roast beef and all the fixings - donations only

★7:30 p.m. - **Bingo** - Eastville VFC

POST TIMESSeptember 23 - 29

SUNDAY

★10 a.m. & 3:30 p.m. - Women's Day - St. Luke AME Church, Daugherty

★noon - **Social Luncheon** - Calvary

Bible Church, Accomac

 $\bigstar 12{:}30~\mathrm{p.m.}$ - \mathbf{Bingo} - Vietnam Veterans' Bldg., Main St., Onley

★3 p.m. - Aja Meadows & The New Hallelujah Gospel Singers in Concert - Mt. Zion Independent Church, Withams

★5 p.m. - **FREE Concert Starring Jackie Andrews** and **Ice Cream Sundaes** - Downing's UMC, 7291 Lankford Hwy., Oak Hall

★6 p.m. - Fall Revival Opening Night - First Baptist Church, Mappsville

★7:30 p.m. - **AA mtg.** - Grace UMC, 18484 Wilson Ave., Parksley

MONDAY SEPT. 26

★11 a.m. - **Children's Story Hour** - library, Nassawadox

★3 p.m. - **Parkinson's Disease Support Group** -Hospice & Palliative Care, Onancock

★5-6 p.m. - **Al-Anon mtg.** - Holy Trinity Episcopal Church, Onancock

★5:30 p.m. - **TOPS mtg.** - Belle Haven UMC - 442-3984

★6 p.m. - Bingo - Elks Lodge, Tasley

★6:30 p.m - Cub Scout Pack 300 mtg. - Grace UMC, Parksley

★7 p.m. - AA mtg. - town hall, 18248 N.R. North St., Keller

*7 p.m. - Northampton Cty. Parks & Recreation Dept. Line-

Dancing Class - Indiantown Park, Eastville - 678-0468

TUESDAY SEPT. 27

★9 a.m. - **Al-Anon mtg.** - Refuge Inn, Chincoteague

★10 a.m. - **Bingo** - Accomack Sr. Village, Onancock

★11 a.m. - **Duplicate Bridge** - Sage Diner, Onley

★1:30-3 p.m. - Riverside Shore Hospice Grief Support Group mtg. - Downing's UMC, 7291 Lankford Hwy., Oak Hall - 789-5000

★6 p.m. - Onancock Lions Club mtg. - Sage Diner, Onley - 787-2059

★6 p.m. - Rachel Leah Ministries - 787-2486

★6 p.m. - Bingo - Pocomoke Elks, next to YMCA

★6:30 p.m. - AA mtg. - Trinity UMC, 109 Plum St., Cape Charles

★6:30-8:30 p.m. - **GED Class** - ESCC, Class A-51, Melfa

★7:30 p.m. - Bingo - smoke free - Cheriton VFC

★7:30 p.m. - AA mtg. - Atlantic Methodist Church, 10044 Atlantic Rd.

★7:30 p.m. - Order of the Eastern Star (Acc. Chap. #62) mtg. - Masonic Lodge, Chincoteague

WEDNESDAY SEPT. 28

★7:45 a.m. - **Kiwanis Club of Accomack County mtg.** - Sage Diner, Onley

★10 a.m. - **TOPS mtg.** - Market St. UMC, Onancock

★11 a.m.-1 p.m. - **Soup Kitchen** - Corner Stone Seventh Day Adventist Church, 3431 Main St., Exmore

★noon - AA mtg. - UMC, 75 Market St., Onancock

 $\bigstar 2$ p.m. - Children's Story Hour - E.S. Public Library, Accomac

★5-7 p.m. - **Soup Kitchen & Clothes Closet** - Grace and Truth Ministries, 19 Boundary Ave., Onancock - Donations: 789-5369

★5:30-6:30 p.m. - Free Meals for the Hungry - Epworth UMC, 4158 Seaside Rd., Exmore - 442-6391

★6-7 p.m. - **Prayer Line Open (St. Matthew's Church, Onley)** - Call 665-7403, 387-7021 or 894-1521 w/prayer requests

 $\bigstar 7$ p.m. - Fall Revival (Sept. 28-30) - First Baptist Church, Mappsville

 $\bigstar 7$ p.m. - AA & Al-Anon. mtgs. - RSMH, Nassawadox

★7:30 p.m. - Bingo - Painter VFC

THURSDAY SEPT. 29

★10:30 a.m. - Children's Story Hour - library, Accomac

★10:30 a.m. - **Story Time** - Cape Charles Memorial Library

★3:45-5:15 p.m. - The Good News Club mtg. - Hollies

Baptist Church, 17691 Hollies Church Rd., Keller

 $\bigstar 5$ p.m. - Chess Club - Cape Charles Memorial Library - all ages, levels welcome

★5:30 p.m. - **Shore Losers mtg.** - Drummondtown Baptist Church, Accomac - \$1 donation/week

★5:30 p.m. - TOPS VA-550 mtg. - Zion Baptist Church, Parksley - 787-7099

★6:30 p.m. - **Kiwanis Club mtg.** - St. Andrew's Catholic Church, Chincoteague

★6:30-8:30 p.m. - **GED Class** - ESCC, Melfa

★7 p.m. - Celebrate Recovery Group mtg. - Chincoteague Church of God

★7 p.m. - NA mtg. - Painter Garrison UMC

★7:30 p.m. - AA mtg. - Union UMC, 1491 Stockton St., Greenbackville

★8 p.m. - **AA mtg.** - Christ UMC, 6253 Church St., Chincoteague

Classified Ads, Real Estate Ads, Auctions & Legal Notices

Eastern Shore Trading POST

Announcements

SEEKING **EMPLOY-**CAREGIVER/ PRIVATE CNA - In-home care - 20+ years experience. Fill-in, part-time or full-time. Call 757-999-0549.

The family of Nancy Matthews would like to extend our deepest appreciation for the many acts of kindness shown to our mother during her illness. We are grateful for the expressions of love, kindness, support, and thoughtfulness shown to us during our time of sorrow. Special thanks to our mother's caregivers and **Introposition Outropic Hospice**.

Help Wanted

FT OR PT INSURANCE AGENT - Experience not necessary, but preferred. Send your resumes to: A.B.C., P.O. Box 517, Onley, VA 23418.

MAINTENANCE TECHNICIAN

Full-time position w/ benefits & company vehicle. Applicant must have basic maintenance knowledge, some computer experience and a clear driving record. Must live within 10 miles of Chincoteague. Stop by our office for an application or to submit resume. NO PHONE CALLS PLEASE

Chincoteague Resort Realty 6426 Maddox Blvd.. Chincoteague Island

CDL-A

Regional 46-49 cpm! Home Weekly - Some Weekdays! Excellent Benefits Flatbed Exp. Nice Sign-on-Bonus. Training Available. Kasey: 855-842-8420 x160

FARM HELP - No experience needed. Birdsnest, Va. Call 678-5547 and leave a message.

\$ **NEW HOME SALES** POCOMOKE AREA

Seeking self-motivated, goal-oriented housing consultant. Previous sales exp. preferred. Weekend coverage required.

WILL TRAIN FOR SUCCESS

We offer a competitive benefits package and 401K.

Please email your resume to: WORKNOWDE@GMAIL.COM EOE.

\$

BARTENDER/WAITRESS **NEEDED** - Exp. needed. Bring resume. Applications available. Moose Lodge, Belle Haven. 442-4958.

WANTED:

Automotive Technician needed in Exmore. Salary based on experience. Call 757-442-6116.

Exmore Diner Cook Needed

Apply in person at the Exmore Diner or print application from exmorediner.com Experience preferred, but will train the right person PLEASE NO PHÔNE CALLS

LOOKING FOR A DUMP TRUCK DRIVER - Class A- or B-CDL w/good driving record. 757-848-8726.

Place your help wanted ad in the Eastern Shore Post and find help faster! Call for free pricing at 757.789.7678.

Help Wanted

AUTO TECH - Minimum 5-years exp. Full- or Parttime. Must have own tools. Pay according to experience. Call 787-4633 for more info.

Dental Assistant

Part-time position

Do you love to help people? Are you a team player and a fast learner? Apply to Morrison Dental Group Chincoteague for our part-time dental assistant position! Please send resumes to ipotter@morrisondentalgroup.com

> Virginia Department of Social Services **Benefit Programs Specialist II** (Northampton - Eastern Shore)

Position Number: L0013 Hiring Range: \$27,366.00 Location: Eastville, VA 23347

Application Deadline: September 30, 2016 at 4:30PM

Fraud Investigator I (Northampton - Eastern Shore) **Re-advertised**

Position Number: L0054 Hiring Range: \$29,339.00 Location: Eastville, VA 23347

Application Deadline: September 30, 2016 at 4:30PM *Previous Applicants must reapply*

For more information on these positions, please visit https://jobs.agencies.virginia.gov. Applications for these positions must be submitted electronically through this website (https://jobs.agencies.virginia.gov). Mailed, emailed, faxed or hand delivered applications and resumes will not be accepted. Equal Opportunity Employer

POSITION VACANCY

The County of Northampton is accepting applications for a County Administrator. A bachelor's degree in public administration or a related field is required, a master's degree highly desirable. A minimum of five years of public-management experience as chief administrative officer or in a responsible local-government position required. Past experience of the individual must demonstrate familiarity in areas that include planning, public administration, finance, human-resources management and public relations. Experience in successfully balancing commercial and residential growth in a rural area is an important consideration.

Please refer to Northampton County's website for further job descriptions and requirements www.co.northampton.va.us\jobs.html. Please submit completed resume with cover letter to Human Resources, P. O. Box 66, Eastville, VA 23347 by September 30, 2016. Northampton County is an EOE.

Northampton County is accepting applications for a temporary part-time custodian in the Public Works/ Facilities Management Department. Pay rate for this position is \$9.08/hr. Please refer to Northampton County's website online at www.co.northampton.va.us\jobs.html or an application can be obtained thru the Human Resources office. Applicants must be 18 years or older. Requires high-school diploma, GED, or vocational training and have work experience. Completed application form and cover letter can be submitted to Human Resources, PO BOX 66, Eastville, Va. 23347 no later than October 11, 2016. Northampton County is an EOE.

Truck Mechanic

Experienced Truck Mechanic – Responsibilities include, but are not limited to: preventative maintenance, inspections, services, diagnosing and repair for a fleet of 8 tractors and 14 trailers. Must be familiar with air brakes, air conditioning, and electrical systems. Must be able to work unsupervised. Self-starter. Benefits and competitive wages, sign-on bonus and/or relocation assistance. 2 years of verifiable truck maintenance exp., and a valid Class-A CDL required. C&E Farms, Cheriton, VA (757) 678-5097.

Kool Ford has an opening for a CERTIFIED TECHNICIAN with a Virginia State Inspector's

License. Excellent starting pay at \$24/hour. Experience a must. *Kool Ford*–757-787-1209.

EASTERN SHORE RURAL HEALTH SYSTEM, INC. is currently recruiting

Business Assistant (2 positions)
Onley Community Health Center **Atlantic Community Health Center - Dental**

Be the first to welcome ESRHS patients to our centers! Register patients, schedule appointments, create claims, answer the phone and provide outstanding customer service.

Requires a high-school diploma or the equivalent. Work experience in a medical or business office preferred.

Individual must be professional, self-motivated and have strong attention to detail, communication, teamwork, customer service and computer skills. Ability to provide bilingual patient care is a plus.

These are full-time positions with benefits.

If you are a mission-driven person looking to make a difference, email an application to dhr@esrh.org before noon on September 27, 2016. Applications can be obtained from www.esrh.org. Resumes may accompany the application but will not be considered if sent alone.

Eastern Shore Rural Health offers a competitive benefits package and our campuses are Tobacco-Free Workplaces. EOE/M/F/Disability/Vet

The Eastern Shore Community Services Board is seeking candidates for the following positions:

Intellectual Disability Aide MH Skill Building Specialist

For more information or to apply, please visit the ESCSB's website at <u>www.escsb.org</u> ESCSB is an EOE



The County of Northampton is accepting part-time employment applications for:

Convenience Center Attendant

The Solid Waste Department is looking to fill a part-time Convenience Center Attendant position. Pay rate for this position is \$7.96/hour. Job descriptions and applications are available online at www.co.northampton.va.us or through the Human Resources office. Contact info: PO BOX 66, Eastville, Va. 23347 (16404 Courthouse Rd.), Phone # 757-678-0440 x 551. Applications accepted October 11, 2016. Northampton County is an EOE.

EXPERIENCED CDLTRUCK DRIVER - Call 757-331-4203 for appointment. Wagner Bros. Landscaping, Cheriton area

ASSIS-MECHANICS TANT: FULL-TIME - Must have valid driver's license, own transportation & good driving record. Must Pass Drug Test & Criminal Background Check. On Time and Team player a must! Apply within @ Fairdale Farm Tractor & Equipment Co., Accomac, Va. 757-787-8800.

CARRIERS PAPER **NEEDED** to deliver The VA-Pilot in Cape Charles & Keller areas. License, insurance, & reliable,economical vehicle required 2hrs.day, 4days/wk. Call 757-787-7224

WANTED: Commercial & Agricultural Tire Technician needed in repair shop in Northampton County. Salary based on experience. Call 757-710-2866 or *757-710-1957*.

Boats, Etc.

LARGE BIMINI TOP -82" w X 6' h. With cover and hardware for installation. New cond. \$350 OBO. 804-

403-3443 or 757-331-3098. 1994 GRADY WHITE GULFSTREAM - Two 175-Johnson Outboards, hard-top, full elec., trailer, w/elec. winch, \$7,500 OBO. 757-894-8988

(2) 18-FT. BOATS AND (1) TRAILER - One boat is an Imperial. \$700 OBO. Call 709-9456

16-FT. BOSTON WHALER - 60 h.p. Mercury motor, just overhauled, teak console & bench, always kept inside, \$16,000 firm. 410-957-3259



Outboard 1958 55 Thunder bolt 4-cyl. 40 h.p. w/ Dyna Flow. Overhauled the follow-

ing: Power Head, Igni tion, **S**ystem Starter, Custom Paint, Water

Pump. Have all paperwork! Zero hours since. \$2,995. Beautiful antique! Call Bart: 757-789-5141 before 6 p.m.

'97 BAYLINER CERRA EXPRESS #2452 - 24-ft. hard-top, central heat & A/C, full head & Kit. Sleeps 4. New int., elec. Dual axle trailer. Brand new 350 Chevy engine. Exc. cond. inside & out. \$18,500 OBO. Call 787-3860.



1988 Grady White 20', 225 h.p. Yamaha, 2 axle trailer. Ready to go. REDUCED: \$9,000. Call 757-824-5748.

'11 20-FOOT CAROLINA SKIFF - 115 4-stroke Yamaha (100+ hrs.), T-top, fully loaded, \$14,500. Call 757-589-8901

GRUMMAN PON-TOON BOAT - 20-ft., 60 h.p., extras, MUST SEE! \$6,000 OBO. 757-787-2595. '98 SUNBIRD CUTTY-

CAB - 130 h.p. Evinrude, 222 hours, w/trailer. \$3,500. 757-709-2371, leave msg.

'00 MAXUM 2800 SCR twin 4.3L V6 engines. Exc. cond. w/recent (2014) maintenance record. Many extras. \$16K OBO. Call 540-287-5047



1972-22' Marshall Catboat Lg. cockpit; Yanmar 2GM20 inboard engine w/low hrs. Fully equipped, sails in exc. shape. shallow draft 2.5 ft., sleeps 3, depth sounder. VHF radio. compass, cushions inside & out, boat lift kept. A sweet sailing boat that turns heads in any port. \$19,500 OBO. 757-787-3233

'73 GRADY WHITE - Good cond. Boat & Trailer included. No rigging, no engine, unsinkable. \$1,500 OBO. Call 442-7511 after 5 p.m 34' DELTAVILLE DEAD-

RISE \$28,500 OBO Charter Fishing Boat. 2012 Re-Power Cat 3208T (757) 678-3718. dat556@verizon.net ltbaycharters.com

'01 18' TROPHY - Very good cond. + extras. Can be seen at K & E Marine, across from Perdue plant. \$11K. 757-678-3622.

MERCURY OUTBOARD PROPELLER SS 22-PITCH - Like new. \$450. 757-710-0070

'90 22-FT. SEAPRO CUT-TY CABIN - Rebuilt OMC 225. 160-gal. fuel tank, 22-ft. aluminum trailer w/brakes (Grady White clone). \$10,300 RĚDUCED: \$7,300. Pat-757-442-4635.

BOAT CHARTER \$15,000 OBO - 34' Deltaville Dead-Rise \$15,000 obo - Charter Fishing Boat. 2012 Re-Power Cat 3208T (757) 678-3718.



36 FOOT BOX STERN! Rebuilt 653 diesel about 3 years ago, also a spare 653 diesel engine to go with it and a net wheel \$6,000, OBO. Call 757-635-5241.

'77 22' CATALINA SAIL-**BOAT** - Swing keel, new fiberglass, clean cabin, good sails, 6 h.p. Yamaha long shaft, Load-rite trailer. RE-DUCED: \$2,800. 442-1132

'84 21-FT. KEN CRAFT - Pilot house, fresh water cooled, V8 inboard, pocket drive w/galvanized trailer. \$10,500.757-665-6564.

'03 AQUASPORT OS-PREY - 19-ft. 4-in. CC, 115 h.p. Johnson (low hrs.), EZ Loader trailer, new upholstery, must see! \$7,200. OBO. Call 757-678-6098. **BOAT WHEELS -** 4-blade,

1 pair, 19" x 23-11/2" shaft. REDUCED \$400. Cal 757-999-3437 & leave msg. Call **'02 CATAMARAN -** 18', 75 h.p. Mercury eng. & trailer. Bought new in 2002. Low engine hours & exc. cond. \$8,000 OBO. 331-1319

'90 22-ft. BOSTON WHAL-ER - Orig. owner; w/150 h.p. 4-stroke Honda still under warrantee (less than 50 hrs.) Alum. trailer, T-top, 2-GPS/ sonar units, \$22,000 firm. Will take older 15 to 17 ft. BW on trade. 434-821-9027 or 434-665-9260.

> Locally Owned, Locally Operated

Farm & Lawn Equipment

1949 FARMALL H TRAC-TOR - Beautifully restored. New carburetor in 2016. Runs perfectly. \$2,500. (757)787-1336 or (757)710-

1953 ANNIVERSARY JU-**BILEE 600 FORD TRAC-**TOR - \$3,500. 442-7507. KUBOTA L3000F DIE-SEL TRACTOR - 536 hours. Very good condition. Bush Hog included. \$6,300. <u>757-710-381</u>7.

MEYERS SUB-MERSIBLE WATER **PUMP** - Includes electrical box. Used less than 30 hrs \$950. 442-7677 & leave msg.

Feed/Seed

HORSE HAY - \$5 per bale. STRAW - \$3.50 per bale. Call 757-824-3930 or call 757-894-1339 (cell).

Misc. - For Sale

OLD-FASHIONED PUMPKINS - Small (\$4). Medium (\$5), Large (\$6). 35356 Belle Haven Rd., Belle Haven. 757-442-6870.

tomkellam@verizon.net
SWEET POTATOES **HAYMAN POTATOES PURPLE HAYMANS**

757-710-7921 26482 Savageville Rd. Onancock

LOOKING FOR VIRGINIA COMMERCIAL TERMAN'S CARD - Call 757-678-6152.

2-SEATER GO-CART - Needs work. \$100. Call 709-9456

WHIRLPOOL 30" GAS **RANGE** - Self-cleaning. \$165. 757-894-0136. **754 Taylor Triple-head**

ICE

SOFT-SERVE

CREAM MACHINE Bought new; only used 6 mos. MAKE ME AN OFFER!! Water cooled. **REDUCED**: \$2,000. Call

757-387-7678. **QUANTITY 2-B TANKS** FILLED WITH ACET-\$220. Call YLENE -757-894-0136.

2013 JOHN DEERE GA-TOR - XUV550 - 132 hrs., 4-wheel drive, high & low range, elec. wench on front, 5'6" plow for front, dump body, winter vinyl enclosure, exc. cond. Asking \$9,300. 757-787-4619 or 757-787-1505

33" ROCKWELL 3/4 HP DRILL PRESS - Variable speed belt driven. REDUCED: \$200. Call 757-894-8677.

10-SPD. **VINTAGE** SCHWINN Le Tour Bicycle - Tire pump, backpack, saddlebag, security chain, tire pressure gauge all included. \$130. 757-990-1095 **ENCLOSED** LARK

TRAILER 5'x8' - Like new, built-in shelf, used 1 time. 665-4424. \$1,700. HOVERROUND WHEEL-

CHAIR - Never been used. Brand new batteries installed Mar. 1. \$1,100. Call 789-7648 or 710-0608.

BRAZILIAN REDWOOD/ MASSARANDUBA FLOORING - Never been installed. 687 sq. ft. Custom milled w/tongue & groove. On pallets inside a building in Nassawadox. \$2,500 OBO. 757-710-8125. PERFORMANCE IN-

CREASE POWER PRO-**GRAMMER** - Instant horsepower, improved economy, easy installation, lifetime warranty, 4.8, 5.3, 6.0 & 8.1, '99-'06 GM trucks. Paid \$400 for it and only asking \$200. 787-4674 SCHWINN BICYCLE w/

front basket, bell & chrome fenders. Exc. cond. \$100. 442-5436.

FOR SALE: ANTIQUE CHINA CLOSET. \$200 OBO. Call 757-787-7307.

Mobile Homes

3BR/2BA WATTSVILLE \$700 - 3 bedroom mobile for rent in excellent condition. Central A/C. Safe quiet, clean park. Available Oct 1. Please call for information. 757) 894-7564

TRAILER LOTS - Land lots available to lease for singlewide trailer homes at Modest Town Trailer Park. Call Carl at 410-262-3070. 2BR MOBILE HOMES

IN NORTHERN ACC. CTY. FOR RENT - Section 8 approved. Call 757-710-8894.

MOBILE HOME PARTS for sale. Dreamland Homes, Rt. 13, Accomac, VA.

NEW 3BR, 2BA HOME ONLY \$500 DEPOSIT CALL FOR DETAILS: 302-846-0496

NUEVA CASA-3 RECA-MARAS, 2 BANOS SOLO \$500 DÉPOSITO LLAME PARA LOS REQUISITOS: 302-846-9100.

ARE YOU A VETERAN AND LOOKING FOR A **NEW HOME?** CALL FOR DETAILS: 302-846-0495.

WE PAY TOP DOLLAR
FOR USED HOMES

& TRADE-INS!!! CALL TODAY TO SCHEDULE YOUR FREE HOME EVAL-UATION: 302-846-9100.

HOLLAND HILL RESIDENTIAL COMMUNITY 29279 Tyler Drive New Church, VA 23415

2- & 3-BDRM mobile homes rent starts at \$550 per month. Refrigerator/range/ washer/dryer hook-up. Weekly trash pick-up/ water/sewer are included in rent. Transit Bus Service. No pets.

(757)824-0315

Real Estate

1.7-ACRE BUILDING LOT IN MELFA cludes well & septic. Zero Down. \$450/mo. Call Larry at 302-222-2064

COMMERCIAL/RESI-**DENTIAL** - Professional office Brick/slate roof with living quarters upstairs 4 BR, 1 ½ baths, LR with fireplace, dining room, reception room, hardwood & ceramic tile floors, dry basement and attic. Newly renovated. Separate garage with brick floors. Have your own business here with great visibility! Mid shore, main street. \$235,000 **757-678-7500**.

WE PAY TOP DOL-LAR FOR YOUR LAND - Call Clayton Homes today for more information: 302-846-9100.

Wachapre-FOR SALE: ague/Quinby - Waterfront, 3BR 14'x70' mobile home, 2BA w/new vanities, immaculate, lg. shaded corner lot, lg. 24'x16' deck, new laminate flooring, new drywall, completely insulated. shed. Call 757-442-5009.

FOR SALE: Chicken City Rd., Chincoteague. Nice 3BR home, Res/ Comm, Lg. lot w/room to expand. Poss. financing. \$239,000. 757-894-1619.

VIRGINIA'S EASTERN SHORE - Live near the water! ¾ acre to 4 acre secluded, wooded or cleared building sites near marinas, boat ramps and beaches. No building time restriction. Priced to sell! From \$18,000. Camp before you build, camper/ RV parking on your own lot, onsite storage for tractor trailers. Paved roads, underground electric and septic approved. Perfect for retirement/vacation. Low taxes. First come, first pick. 757-678-7631.

You'll Love The Classifieds

FOR SALE: CRADDOCK-VILLE - House w/3BR, 1.5BA, on 1/2-acre lot w/lg. workshop & outbuilding. Enclosed den & screened front porch. Lg. living & dining rooms. WOW: only \$125,000. Call 442-9436.

FOR SALE: WALLOPS

LAUNCH PAD VIEW 3/4-ACRE LOT - Site ready. Priced below assessment. Call 757-710-0501.

Rentals - Apts.

2BR APT. IN EXMORE - No pets. \$700/mo. + sec. dep. 757-350-9513.

IN-TOWN ONANCOCK

- \$600/mo., 2nd flr., lg. apt.,
1BR. Eat-in Kit. w/all appl.,
Wi-Fi avail., walk to dining,
galleries & harbor. 787-8783.
PARKSLEY AREA – 1BR

apt. for rent. Central heat & A/C, dishwasher, W/D, fridge, stove, \$550/mo. + sec. dep. 757-710-2567 or 757-894-1272.

ONANCOCK - 2BR, Liv./ Din. Rm., 1BA, W/D area, CAC, \$675/mo., 1 yr. lease + sec. dep. No pets. No smoking. 757-787-7640.

Hartley Hall
Senior Housing
in Pocomoke City, Md., is

in Pocomoke City, Md., is accepting applications for 1-bedroom and efficiency apartments in an elderly housing subsidized apartment complex. Contact 410-957-2252 for application or visit office at 1006 Market Street in Pocomoke City.

Equal Housing Opportunity

ONANCOCK SQUARE APARTMENTS

Now accepting applications for 2BR apts. & a 2BR Handicap Accessible apt. Rent starts at \$532 & can go to \$739.

•Central air/heat, •wall-to-wall carpet, •ref. & stove, •private entrance, •community room & •laundry room. Located off Pennewell Ave., in historic Onancock, VA.

Contact site manager at (757) 787-7213 Mon-Fri 8 a.m. to 3:30 p.m.

TDD 1-800-828-1140

onancock@tmamgroup.com Onancock Square Apts. 160 Jacob Street Onancock, VA 23417

This institution is an Equal
Opportunity
Provider &
Employer



This institution is an equal opportunity employer.

The Leaves May Turn Gold But The Green Will Stay In Your Wallet At Exmore Village I & II Apts Affordable, Quality Housing Elderly & Handicapped 1-Bedroom Apartments (757)442-9471

This institution is an equal opportunity provider.

Rentals -Business

OFFICE SPACE FOR RENT: 109 MASON AVE., CAPE CHARLES - Office Suites and individual offices available. All utilities included except internet/phone. Please email miriam.elton@eltonassocinc.com for detailed information.

Rentals - Houses

ONANCOCK - Like new, furnished, 2BR, 1BA, full Kit. w/island. Includes water, sewer, elec., Dish TV, wifi. Avail. Oct. 1. \$1,200/mo. 757-710-0070.

757-710-0070.

HOUSE FOR RENT/
EXMORE - 2BR, 1BA,
Lg. Kitchen, utility room w/
washer/dryer hook-up, deck
and yard w/shed. Close to
shopping. \$775/mo. + sec.
dep. Perfect for professionals.
Call 678-7500.

ONANCOCK - Deluxe 3BR house, Liv./Din. Rm., Lg. Eatin Kit., den, shop, garage, Central A/C & heat, all appl., 1 yr. lease + sec. dep. \$1,250/mo., Pet deposit req'd. No smoking 757-787-7640

smoking. 757-787-7640.

DUPLEX FOR RENT 2BR, 1BA, fridge & stove,
Central Heat & Air, W/D
hook-up. \$625/mo. Credit
check, sec. dep. & 1-yr. lease.
No pets. Drummondtown
Rd. 710-2192.

Services

MARSHALL'S TREE SERVICE

Capable, Affordable & Dependable Licensed & Insured Free estimates. 442-7540

PARKS PAVING

Paving, Seal Coating, All Repairs, Culvert Pipes & Extensions, Dirt Work, Bobcat & Mini Backhoe Services. Locally Owned Business. 757-710-9600. SIMPSON TREE &

SIMPSON TREE & BOBCAT SERVICE - Tree trimming, removal and stump grinding. 787-2100 or 710-8477. FREE ESTI-MATES. We accept credit cards.



Pine, Oak, Walnut, Cherry and more for sale. Rough cut or planed available or we saw your logs. Portable Sawmill. 757-331-4848

WE BUY:

 Copper, • Brass,
 Aluminum, • Stainless Steel, • A/C Units,
 Computers.
 Open: Wed. & Fri. 8-4, Sat. 8-1
 Railroad Ave., Melfa

757-387-0660

Storage

WAREHOUSE FOR RENT - 2,000 sq. ft. in Onancock: \$500/mo. Call 787-4808.

NANDUA MINI STORAGE

Rt. 650, Taylor Rd., Tasley. 757-787-3059. \$10 Off 1st month's rent

Vehicles – Cars, Trucks, SUVs, RVs

12-FT. ALUMINUM FLAT BED TRUCK BODY - With 4 underbody tool

boxes. Made by Meadows hydraulic for \$6,600. ASKI NG \$1,200. Call 787-7535.

2010 CHEVROLET IMPALA LT - FlexFuel, 13,200 mi., cloth seats, great condition. Asking \$9,800. 1

owner. Please call Henry at

787-2770 between 9 & 4:30

Monday through Friday.

SO THE

LETTUCE earn your business: we will BEET the competition! Tree & Stump Removal, Stone, Dry Clam Shells, Top Soil, Fill Dirt, Excavation, & Backhoe Work



Just Call Site Work Specialist John C. Miller at 757-665-4026

2011 HERITAGE GLEN TRAVEL TRAILERModel #228RLSS, super

clean bed, must see to appreciate. 894-2036.

1916 REPLICA PACK-ARD LIMO ON A 1968 CHASSIS & MOTOR -With trailer. REDUCED: \$4,000. Call 709-9456.

RARE 2005 SSR CHEV-ROLET ROADSTER - Hard-top convertible, LT-1 Corvette engine, black, exc. cond., special stripes. REDUCED: \$28,000. Call 757-894-1664.

1965 FORD PICK-UP - 302 motor & a 3-spd. on the column. Good running cond. \$1,500 OBO. 710-2646.
'01 CHEVROLET VAN -

Heavy duty, extremely well equipped with extra \$10K worth of handicap features. \$8,000. 442-0669.

'84 MONTE CARLO - Classic. 45,000 actual miles, AM/FM cassette, power brakes & steering. \$8,800. 442-5009.
'04 F150 4X4 FORD XLT

LARIET - All options, 200K mi., mechanically & physically sound. \$7,800. Call 757-620-9042 or 757-653-0371.

'12 HONDA ACCORD LX - 4-cyl., automatic, 4-door, loaded, factory warranty, like new, 32K mi., \$14,695. Reduced to: \$13,495.757-894-1684.

'10 TOYOTA TACOMA PRE-RUNNER SUPER-CAB – 83K miles, Exc. Cond. REDUCED: \$16,500. Call Jeff at 678-6041.

2011 FORD FIESTA 38,838 MI \$6,300 OBO -Air, AM/FM, CD w/aux jack, auto trans, seven airbags 30/38mpg 757-678-5468 kvraines10@gmail.com



2000 Ford F450 Super Duty Power Stroke, Diesel 7.3, V8, 5-spd. transmission with Morgan truck body, low mileage, \$16,000 OBO. Contact Ray at 410-430-1738.



DISCOVER VISA

TONY'S TREE SERVICE

COMPLETE TREE REMOVAL
14319 DEER PATH

HALLWOOD, VA 23359

(757) 990-1131 Residential • Commercial

Residential • Commercial FREE Estimates • Stump Grinding Stump Removal • Lot Clearing • Excavation Licensed and Insured

1969 4-DOOR CHEVY MALIBU – Has a solid frame. Restoration project. 350 rebuilt engine. Title included. \$2,200 OBO. Leave message: 787-4143. **'99 35TH ANNIVERSARY**

GT MUSTANG - Professionally installed engine 9/15/11, 36-mo. warranty on engine still good. \$7,500. Good cond. 757-377-8261.

2012 COACHMAN CATA-

2012 COACHMAN CATA-LINA - 30-ft., 2 slides, front kitchen, exc. cond., serious inquiries. 757-824-3707. '00 MUSTANG - 150K mi.

New tires, brakes clutch & windshield-wiper motor. \$4,300 Firm. Call 710-7571. '81 CADILLAC EL DORADO Diesel. Very good cond. Low mileage. \$4,850. Call Rodney 665-4639.

*'96 GEO METRO 5-SPD.
- Great gas mileage, body
& tires in good cond., needs
some engine repair. \$1,200.
Call after 6 p.m.: 665-7310.

Vehicles - Motorcycles & ATVs & Scooters

701 VOLUSIA INTRUDER SUZUKI MOTOR-CYCLE - 800cc, like new. \$2,900. Call 757-824-3147.
704 YAMAHA 1100 V-STAR CRUISER - 21K mi., 2-tone (Raspberry Red & Desert Sand), wide white wall tires & many extras. \$4,400/OBO. MUST SEE TO APPRECIATE. 757-990-2269.

*88 BMW MOTORCYCLE
- K100RS, 52K miles. Has bags, fairing, & windshield. REDUCED: \$1,500 OBO. 50 m.p.g. Call 757-694-5332.
**YO4 HARLEY FAT BOY

'04 HARLEY FAT BOY APEHANGERS, Triple Exhaust, 6,773 miles. Asking \$9,500. Call 757-709-9112 or 757-709-4963.

Wanted

WE PAY TOP DOL-LAR FOR YOUR LAND - Call Clayton Homes today for more information: 302-846-9100.

Yard/Estate Sales

30407 BIG PINE ROAD PUNGOTEAGUE
GARAGE SALE: DOWN-SIZING, CLEARING OUT STUFF!!! SAT., 9/24. 7AM-2PM. BOAT MOTORS, ZODIAC, LAWN TRACTORS, PEAVEY T60 GUITAR, GLASSWARE, HOUSEWARES & MORE.

SEE CRAIGSLIST AD.

ONANCOCK MOVING

SALE - Fri., 9/23–Sun.,

9/25. 8 a.m.-3 p.m. 2 HILL
CREST DRIVE, ONANCOCK.

YARD SALE/BAKE SALE/CAR WASH FUN-DRAISER FOR THE BOOSTER CLUB & NAN-DUA GIRLS' BASKET-BALL - Sat., Oct. 8. 8AM-2PM. Nandua High School, Onley. Rent a table for \$10.

HARBORTON YARD SALE & FARM MAR-KET

Rain Date: Oct.1 All vendors welcome only \$10 a space Refreshments will be on

sale Sep. 24 8:00 AM-3:00 PM

CAPTAIN'S COVE GOLF & YACHT CLUB ANNU-AL YARD SALE - Sat., Oct. 1, 9am-2pm. Cove Com-

1, 9am-2pm. Cove Commons/old campground. No commercial sales allowed. No rain date.

Legal Advertising

The Town of Exmore will hold a Public Hearing on Monday, October 3, 2016, in the Exmore Town Hall Meeting Room, located at 3305 Main Street, Exmore, Virginia at 6:45pm to afford the public an opportunity to be heard or present written comments on proposed Ordinance No. 212 as follows:

Ordinance No. 212

AN ORDINANCE TO ESTABLISH RULES AND REGULATIONS ADDRESSING INOPERATIVE VEHICLES IN THE TOWN OF EXMORE

· Sec. 1. - Restrictions on inoperative motor vehicles.

(a)It shall be unlawful for any person, firm or corporation to keep any motor vehicle, trailer, semi-trailer, which is inoperative on any property except those kept within a fully enclosed building or structure.

(b) For the purpose of this article, "an inoperative motor vehicle, trailer, semi-trailer" shall mean any motor vehicle, trailer, semi-trailer which:

(1) Is not in operating condition; or

(2)Has been partially or totally disassembled for a period of 60 days or longer by the removal of tires and wheels, the engine, or other essential parts required for the operation of the vehicle; or

(3)Displays neither valid license plates (nor) a valid inspection decal.

Sec. 2. - Removal of inoperative vehicles.

(a) The owners of property zoned for residential, commercial, or agricultural purposes who are in violation of section 1 shall remove from such property all improperly kept inoperative vehicles on or before the date and time specified in any notice of violation sent to such owners by the town manager or his designee, provided that the date and time shall not be sooner than 30 days from the date of the notice. The town manger or his designee shall send notice of violation to the property owner at such owners last known address as shown on the tax records of the town, which notice shall be sent by certified or registered mail.

(b)In the event the property owner in violation of this article does not remove the inoperative vehicle as directed in the notice of violation, the town manager, through the town's agents or employees, may remove such inoperative vehicles.

Sec. 3. - Disposal of removed inoperative vehicles;

(a)In the event the town has removed any inoperative vehicle in accordance with Sec 2(b), the town may dispose of such inoperative vehicle by such means as the town manager deems expedient, provided that notice of the pending disposal is given to the record owner of the vehicle by certified mail no less than 30 days prior to the scheduled disposal. (b)The owner of any inoperative vehicle removed by the town may redeem such vehicle prior to its disposal upon paying to the town all costs expended in removing and storing the inoperative vehicle.

· Sec. 4. - Costs; lien for same.

(a) The costs incurred by the town in removing and disposing of inoperative vehicles pursuant to this article shall be chargeable to the owner of the vehicle or the owner of the premises from which such vehicle was removed, and may be collected by the town as taxes and levies are collected. (b) All costs assessed by the town against the owner of the premises from which an inoperative vehicle is removed shall constitute a lien against the property from which the vehicle was removed, said lien to continue until actual payment of such costs has been made to the town.

Secs. 5 - 9. - Reserved.

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NOTICE OF PUBLIC HEARING

The Northampton County Board of Supervisors will conduct a public hearing on Tuesday, October 11, 2016, at 7:00 p.m. in the Board Room of the County Administration Building, 16404 Courthouse Road, Eastville, Virginia, on the following matters:

(1) Consider the possible sale of property identified as Tax Map 84-A-45 (the former Bayview Greenbox Site) located at the intersection of Bayview Circle and South Bayside Road. The Board is considering sale of the property to Eastern Shore Holdings, LLC.

(2) Consider the possible sale of property identified as Tax Map 105A-A-71 (the former Cheapside Greenbox Site) located on Arlington Road. The Board is considering sale of the property to Eastern Shore Holdings, LLC.

(3) Consider the possible sale of property identified as Tax Map 91-A-13A (the former Home Demonstration Club picnic area) located on U.S. Route 13, south of Cape Charles. The Board is considering sale of the property to Eastern Shore Holdings, LLC.

(4) Consider the possible lease of property identified as Tax Map 91-A-35 (farmland behind Kiptopeke Elementary School), U S Route 13, south of Cape Charles. The Board is considering lease of this property to Eastern Shore Holdings, LLC.

Handicapped assistance available: Please telephone (757) 678-0440 ext. 516 at least 48 hours in advance.

$\frac{\text{NOTICE}}{\text{JUDICIAL SALE OF REAL ESTATE}}$

On October 24, 2016, proceedings will be commenced under authority of Section 58.1-3965 et seq. of the Code of Virginia to sell the following parcels located in the County of Accomack, Virginia for payment of delinquent taxes

Barber, Robert E. & Lena M.

Brown, Rebecca M.

Davis, J. Elmer & Lena B.

Halbry Properties LLC

Halbry Properties LLC

Thornton, Nolan Lee

White, Renelda K.

White, Renelda K.

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The owner of any property listed may redeem it at any time before the date of sale by paying accumulated taxes, penalties, interest and costs thereon at the law office listed below. The pro rata costs of publication hereunder shall become a part of the tax and together with all other costs, including reasonable attorney's fees set by the court, shall be collected when payment is made whether or not court proceedings have been initiated.

DANA T. BUNDICK TREASURER ACCOMACK COUNTY, VIRGINIA

JAMES W. ELLIOTT Attorney at Law 7100 Route 17 Yorktown, VA 23692 (757) 898-7000 www.vataxsale.com

CHESAPEAKE BAY BRIDGE AND TUNNEL DISTRICT RMF 1114.1999, ADMINISTRATION AND NORTH PLAZA BUILDING WINDOW REPLACEMENT; BID NUMBER M-16-002

The Chesapeake Bay Bridge & Tunnel District (CBBTD) is accepting sealed bids for total window replacement in the Administration Building and the North Plaza Building until 2:00 p.m. on November 1, 2016, in the office of Timothy R. Holloway, Director of Maintenance, 32386 Lankford Highway, Cape Charles, Virginia 23310 at which time will be publicly opened. This project includes the removal and replacement of various storefronts/windows per the Contract documents. A **mandatory** pre-bid conference and site visitation will be held at 10:00 a.m. on October 4, 2016 at the Administration Building located at the CBBTD. Contract documents for this project are available for inspection in the offices of the CBBTD or may be obtained by contacting Mr. Timothy R. Holloway, Director of Maintenance at (757) 331-2960 or on our website www.cbbt.com.

VIRGINIA:

In The Circuit Court For The County of Accomack
In re: Estate of Emmett Adams Bundick, deceased

SHOW CAUSE AGAINST DISTRIBUTION

It appearing to the Court that the debts and demands against the estate have been filed in the Clerk's Office of the Circuit Court for the County of Accomack and that six months have elapsed since the qualification of Michael A. Bundick and Lynwood W. Lewis Jr., as Administrators, c.t.a., now on motion of the personal representative it is ordered that the creditors of and all other persons interested in the estate do show cause, if any they can, on the 13th day of October, 2016, at 9:30 A.M. before this Court at its Courtroom in Accomac, Virginia, against the delivery and payment of the estate to the distributees, with or without requiring refunding bond as the Court may direct.

It is further ordered that the foregoing portion of this order be published once a week for two successive weeks in The Eastern Shore Post, a newspaper published in the County of Accomack.

To Samuel H. Cooper Jr., Clerk Enter this Order on September 19, 2016 W. Revell Lewis, Judge

PUBLIC ANNOUNCEMENT

The Northampton County Board of Supervisors is receiving proposals from parties interested in the purchase of some or all of the properties as described below:

Tax Map 58A1-A-72 (16407 and 16415 Courthouse Road) Tax Map 58A1-A-73 (16403 Courthouse Road) Tax Map 58A1-A-75 (16395 and 16399 Courthouse Road) Tax Map 58A1-A-76 (immediately north of 16393 Court-

house Road) Tax Map 58A1-A-77 (16385 Courthouse Road)

Detailed information packets are available from the County Administrator's Office by calling 757/678-0440 ext. 516. Applicants should submit a written purchase proposal, addressed to the Northampton County Board of Supervisors, Post Office Box 66, Eastville, Virginia 23347. Proposals can be as generic or specific as the applicant wishes but they should keep in mind that the proposals will be presented in an open, public format. Proposals can be submitted for some or all of the parcels but must clearly indicate which parcel(s) are included in the offer. Written proposals will be accepted at the County Administrator's Office, 16404 Courthouse Road, Post Office Box 66, Eastville, Virginia 23347, not later than 4:00 p.m., Friday, October 14, 2016. The County reserves the right to reject any and all bids.

The Cheriton Town Council will hold a public hearing on Wednesday, September 28, 2016 at 7 p.m. The public hearing will be held in Council Chambers at 21314 South Bayside Road at Town Hall.

Topic of Discussion: Review and adoption of the 2016-2017 Town Budget.

Any person interested should be present at the meeting. Handicap assistance available please call 757-331-8200 in advance.

CHESAPEAKE BAY BRIDGE AND TUNNEL DISTRICT RMF 7092.7405, REPLACE EXISTING ROLLBACK – CAB AND CHASSIS, Bid No. M-16-003

The Chesapeake Bay Bridge & Tunnel District (CBBTD is accepting sealed bids for the Cab and Chassis replacement on our existing Rollback Body at 2:00 p.m. on November 1, 2016 in the office of Timothy R. Holloway, Director of Maintenance, 32386 Lankford Highway, Cape Charles, VA 23310 at which time will be publicly opened. Contract documents for this project are available for inspection in the offices of the CBBTD or may be obtained by contacting Mr. Timothy R. Holloway, Director of Maintenance, (757) 331-2960 or may be obtained on our website www.cbbt.com.

Town of Onley Public Notice

The Mayor and Council of the Town of Onley will conduct a Public Hearing at 6:30 p.m. Monday, October 3, 2016 at the Onley Baptist Church Hall located at 25501 W. Main Street, Onley, VA for the purpose of receiving comments from members of the public concerning the issuance of a Special Use Permit for Riverside Shore Memorial Hospital to construct a sign at the Route 13 entrance (Tax Map ID 93-A-96). The scheduled monthly meeting will immediately follow when the governing body will vote on whether or not to grant the request. All documents pertaining to this permit are available for public inspection at the Town Office MondayFriday from the hours of 8:30 a.m. to 4:30 p.m.

NOTICE TO ALL RESIDENTS OF THE TOWN OF ONLEY, VA

Effective October 3, 2016, the Regular Monthly Meeting of the Onley Town Council will be held at the Onley Baptist Church located at 25501 West Main Street, Onley VA The Onley Planning Commission will continue to meet at the Onley Town Office located at 25559 East Main Street. Request for Qualifications for General Consulting

Engineering Services; Proposal No. M-16-004
The Chesapeake Bay Bridge and Tunnel District (CBBTD) has issued a request for qualifications for General Consulting Engineering Services to be received until 4:00 p.m. on Thursday, November 10, 2016. The District is inviting proposals from individual Consulting Engineering Firms or Corporations having a nationwide and favorable reputation for skill and experience to serve as the District's General Consulting Engineers. A nonmandatory pre-proposal conference will be held on October 11, 2016 at 10:00 a.m. at the CBBTD Administration Building, located at 32386 Lankford Highway, Cape Charles, VA. The pre-proposal conference is open to all interested parties. Interested parties should call at least two days in advance of the conference date in order to arrange for toll-free passage. This RFQ may be obtained on our website at www.cbbt.com or by contacting Mr. Michael T. Crist, P. E., Deputy Director of Infrastructure, at (757) 331-2960.

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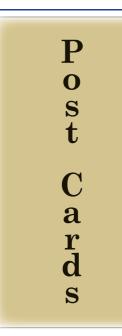
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Peace In. Peace Out.

By Carla Savage-Wells Special to the Eastern Shore Post

Why, Yes! For years, I've ended casual phone conversations by saying, "Peace." Several years ago, my daughter asked why I continued what she thought was an outdated benediction.

The world peace longed for by pageant contestants around the globe is not what comes to mind when we hear, "namaste" at the close of a yoga class, "peace out" when millennials exit a room or "Go in Peace" at the close of a church service. There is, however, a universality to mans' desire for peace.

Peace may not be at the base of Maslow's Hierarchy of Needs, but the concept of peace seems to be a basic human need, or aspiration, at least. The attainment of peace of mind, particularly, deserves a place at the pyramid's pinnacle of self-actualiza-

tion, if you ask me.

Experts tell us that 30 minutes of moderate, daily exercise can benefit our physical health. What of our mental health? Similar to beginning an exercise regimen, by clearing our minds daily, could we work to stretch a minute's peace into three, five, twenty or perhaps thirty minutes? A half-hour of a clear and peaceful mind would certainly bring mental clarity, a brighter outlook and sharper focus to the other 23.5 hours in a day.

A loose translation of an ancient Proverb says, "When we can't find peace in ourselves it is vain to look for it elsewhere." <u>Successconciousness.com</u> lists several tips for achieving inner peace, in the hope that it will lead to external peace that readers can share and model for others

• Don't take everything too personally. (A certain degree of emotional detachment will increases

peace of mind)

- Accept what cannot be changed. (A change of attitude about the inevitable reduces worry, saves energy and increases peace of mind.)
- Don't hold grudges. (Releasing ill feelings and grievances promotes deeper sleep and increases peace of mind
- Practice more tolerance and patience with family, friends and co-workers. (Exhaling fully before speaking reduces frustration, sets the stage for civil communication and increases peace of mind.)

Host: "Ms. Columnist, If a genie gave you one wish, what would it be?"

Ms. Columnist: "Let there be peace on earth, and let it begin with me".

Why, Yes! That is a great answer. Shalom, paz, lapé, peace.

Free-Standing Urgent Care in Northampton Not Feasible

Dear Editor:

I read the local papers as well as newsletters from well-meaning community groups. I am dismayed by the endless talk from folks suggesting that Northampton County deserves a free standing urgent care center. The folks who are doing the most talking seem to have no idea of the cost or complexity of actually putting this notion into play.

While I agree that a free standing urgent care center would be a nice idea, it's neither economically feasible nor realistically doable in a low density rural county like ours. Although I have never run an urgent care center, I do have experience as a practicing physician for almost 35 years and managing partner of Eastern Shore Physicians and Surgeons when it was a private medical practice. I have also been chairman of the Shore Memorial Hospital (RSMH) Board of Directors and have some insight into the costs and difficulties of providing health care in Northampton and Accomack counties.

First some facts (Urgent Care Association of America):

- Ninety percent of urgent care locations are in urban or suburban America, so only 10 percent are in rural areas.
- Most appear to be open seven days a week for about 12 hours a day. Ninety-five percent are closed by 7 p.m.
- The average urgent care center sees about 350 patients per week, roughly 18,000 visits per year. By comparison, the RSMH emergency department sees about 17,000 patients a year.
- Start up costs are listed as \$750,000 to \$1,000,000 (consider that at a reasonably priced digital x-ray machine is \$150,000 to \$200,000)
- Operating expenses average \$2.3 million a year, mostly for employees' salaries and benefits.
- The average full time (2,000 hours) urgent care physician earns \$200,000 a year, not counting benefits and malpractice insurance, which likely

add another 30 percent to the cost.

- Assuming that a center is open 12 hours a day, two full-time physicians are needed.
- Nurse practitioners are less expensive- \$70 per hour average, but still a lot of money.

Staffing for an urgent care center would require at least two of everything plus backup for vacations, sick days, etc. Positions needed include: Receptionist (\$14 an hour), radiology tech (\$20), lab tech (\$25), and at least two nurses, one of whom must be licensed to give medications. This list does not include the folks who would deal with administering the center and billing for and collecting enough money to keep the place solvent.

Not to put too fine a point on this, but everyone in Northampton County would have to have one paying urgent care visit a year (at a cost of about \$200) to make this wished for urgent care center a going concern. The alternative is for the community to subsidize the cost of all this either by donations or by paying more in county taxes. It is well past time to put this dream away and renew community support for the local physicians who are working very hard to provide high quality, affordable, and accessible medical care to the citizens both counties. We also need to support Riverside Health System, which is spending more than \$80 million of its earnings to build a new, state of the art hospital and Cancer Center for the entire Eastern Shore of Virginia.

James L. McDaniel, MD, FACP Franktown, Virginia

DMV: Liar, Liar, Pants on Fire!

Dear Editor:

As I wait in line at the Department of Motor Vehicles in Onancock, my eye landed on a sign on the wall which said there could not be more than 27 people in the room. At that time I counted 22 people and I was told there would a 45-minute wait for my turn. It turned out to be 56 minutes.

During that wait, the crowd grew from 22 people to 42 people all in the same room where the fire marshal placed the regulations on the DMV building. Do the rules not apply to the DMV in Onancock, or do they only apply if you get caught? I have no beef with this office. They were working

diligently without a lunch break to wait on all the customers and they were doing their best.

There is only one full-service DMV office to serve the citizens of Accomack and Northampton counties. This is too little and too late. We have been promised a satellite DMV office in northern Accomack and we are still waiting for it.

Liar, liar, pants on fire! That bunch in Richmond DMV will tell you anything to stall you and get you off their back. Well, I am here to tell you we need to get back on track. It's just not right to punish everyone because three people complained about the service at the satellite DMV office in Oak Hall. It should never have been closed.

To speak to the DMV commissioner on the phone, one must submit a letter requesting an appointment, but this is his email address: richard.holcom@dmv.virginia.gov

Email him and let him know we need a satellite DMV office in northern Accomack County. Voice your complaint by email.

If three complaints closed the satellite DMV office in North Accomack then he surely will close the DMV in Onancock.

Ronnie Thomas



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