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December 6, 2019



More PFAS Investigations For Chincoteague Water Supply

Union concerned about possible decades of cumulative PFAS impact on people and environment

By Connie Morrison

A federal agency has agreed to investigate whether per- and polyfluoroalkyl substances (PFAS), the toxins identified in April 2017 in the Town of Chincoteague's drinking water, were present before April 2017.

PFAS are man-made industrial chemicals manufactured since the 1940s that are persistent in the environment and in the human body. In the case of Chincoteague's drinking water, they are traced to an aqueous film-forming foam that contained PFAS that was used at a former fire-fighting training area at the NASA Wallops Flight Facility main base.

The drinking water examination is the result of a request to the U.S. Department of Health and Human Services by Union Local 1923 of the American Federation of Federal Government Employees who work at NASA.

Union Local 1923 Chief Safety Officer Richard Hooks said PFAS chemicals might have been used as early as the 1980s. The union has employees who live on Chincoteague who "might have

(Continued on Page 4)



Belle Haven's Winter Wonderland

Mike and Stephanie Zodun, and their kids Tyler, Abby, and Ashby, of Belle Haven, have been decorating their front yard for about ten years. "We add a little each year. We just don't want to grow up; we are kids at heart," said Stephanie Zodun. The new favorite addition is the Cousin Eddie from "National Lampoon's Christmas Vacation." See Page 33 for more pictures. Photos by Jay Diem.

A Shore First: Exmore Is Second Amendment Sanctuary

By Stefanie Jackson

Exmore is officially a Second Amendment sanctuary since the town council adopted a resolution

Monday night declaring its opposition to any infringement of law-abiding citizens' right to keep and bear arms.

"The town of Exmore and the police officers will not engage in unconstitutional law," said Police Chief

(Continued on Page 2)

~Exmore~

(Continued From Front Page)

Angelo DiMartino, who was answered by applause from the audience that packed the town hall.

He is opposed to a bill that was introduced in the Virginia General Assembly this year, Senate bill 1748, which would redefine assault weapons and outlaw many pistols, rifles, and shotguns.

According to current Virginia law, an assault weapon is, among other things, a gun with a magazine that holds more than 20 rounds, but the new bill would change the definition to a gun with a magazine that holds more than 10 rounds.

DiMartino displayed an unloaded 9 mm pistol with a 15-round magazine and a threaded barrel for attaching a suppressor.

"This would be a Class 6 felony. This would be considered an assault weapon because it has a detachable magazine

and a threaded barrel," DiMartino said.

"My wife purchased this legally. I do have a suppressor that I thread on that is registered," he said.

"In essence, just purchasing and having this weapon legally – that I've had for years now – I would be charged with a Class 6 felony. My career is over. I can't be a police officer," DiMartino explained.

The law could also apply to firearms passed down from one family generation to another or given as gifts, he added.

"It's hard to stand by and watch something that's potentially unconstitutional take the rights away from the citizens," DiMartino said.

He read from the oath that new police officers take: "I do solemnly swear, or affirm, that I will support the Constitution of the United States and the constitution of the Commonwealth of Virginia, and I will faithfully and impartially discharge all the duties incumbent upon me."

"They don't swear to me. They don't

swear to the town of Exmore," DiMartino said. "They swear to that constitution – both of them."

He referred to the Second Amendment of the U.S. Constitution, which states, in part, "the right of the people to keep and bear arms shall not be infringed."

That affirmation is repeated verbatim in Virginia's constitution.

U.S. Code, Title 18, Section 242, "makes it a crime ... to willfully deprive a person of the right or privilege protected by the Constitution of the United States," DiMartino added.

He concluded with a quote from the 14th Amendment: "No state shall make or enforce any law which shall abridge the privileges or immunities of citizens of the United States; nor shall any state deprive any person of life, liberty, or property, without due process of law; nor deny to any person within its jurisdiction the equal protection of the laws."

The town council unanimously ap-

proved the resolution by a roll-call vote.

By passing the resolution, the councilmen pledged that the town will neither use public funds to restrict Exmore citizens' Second Amendment rights nor aid federal or state agencies in restricting those rights.

Town Manager Robert Duer cautioned, "we haven't done a whole lot," because Virginia follows the Dillon Rule, which limits the authority of local governments.

"You did a lot, to us," one citizen said. "That's what we're here for. Thank you, all," Duer answered.

During his report, Duer asked the town council to consider if any of Exmore's ordinances need to be updated and "we'll work on them."

But he doesn't want the town to have too many ordinances to enforce.

"The smaller the government, the better the government is," Duer said.

Exmore's government is "just fine. It's reactive and it serves the citizens of our town."

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~Chincoteague Water~ (Continued From Front Page)

been getting dosed with these chemicals for up to 30 years,” along with other island residents and visitors.

“We started asking about two years ago if employees or people in nearby communities were exposed” to PFAS compounds, he said.

Historically, Chincoteague’s drinking water was predominantly from four deep wells (of more than 150 feet). Three shallow wells (of less than 60 feet) were also used during summers to compensate for additional demand during peak tourism.

After discovering four of Chincoteague’s seven production wells were contaminated with PFAS, those wells were taken out of service and NASA began supplementing the town’s drinking water with water from Wallops Flight Facility main base.

Since there was no data available before April 2017, Alan Parham, captain of the U.S. Public Health Service and acting director of the Division of Community Health Investigations Agency for Toxic Substances and Disease Registry, wrote to Hooks and other union officials indicating the water investigation would

be undertaken by the Virginia Department of Health “using historical pumping rates for the Town of Chincoteague’s production wells (2011 to present) and the recent PFAS water sampling results from each of the Town of Chincoteague’s production wells to estimate the PFAS concentration in the finished drinking water before April 2017.” A copy of the letter was provide to the Post.

“We’re concerned no one has done an epidemiological survey looking back,” said Hooks. He would also like to see biomonitoring of humans for potential cumulative impacts of the PFAS contaminants.

Exposure to PFOA and PFOS above the lifetime advisory levels “may result in adverse health effects, including developmental effects to fetuses during pregnancy or to breastfed infants (e.g., low birth weight, accelerated puberty, skeletal variations), cancer (e.g., testicular, kidney), liver effects (e.g., tissue damage), immune effects (e.g., antibody production and immunity), thyroid effects and other effects (e.g., cholesterol changes),” according to the Environmental Protection Agency.

Until those investigations are complete, Parham said his agency “cannot determine whether it is possible that people might be exposed to PFAS at levels of

health concern in surface water and biota.”

Parham added that since NASA, Trails End, and adjacent wells are not contaminated, biomonitoring is not needed. “Because it is currently unknown whether the Town of Chincoteague’s finished drinking water might have historically contained PFAS at levels of health concern, PFAS biomonitoring of people residing in the Town of Chincoteague is not recommended at this time,” Parham said.

Hooks, who said he works at NASA in its water program, said he and other union members “are being blocked from participating in meetings,” and in doing so, NASA is not availing itself of their technical expertise. “NASA may be inadvertently putting people at risk,” he said.

NASA defended steps taken in response to PFAS detection.

“NASA proactively took action to provide supplemental water to the Town of Chincoteague,” said NASA Wallops Island spokesman Jeremy Eggers. “Since taking that action, sampling results for Wallops’ and the Town of Chincoteague’s drinking water continue to show no detection or detections of one part per trillion or less of PFOA or PFOS, the two substances the EPA directed facilities to test for, and sporadic, low-level detections (one part per

trillion or less) of other PFAS.”

Eggers said that NASA also increased the number of PFAS compounds it tests for from two - PFOS and PFOA - to 18 and is implementing an additional water safety measure.

“NASA is installing a groundwater treatment system that will enable the Town of Chincoteague to use its shallow wells for production. The system is scheduled to be operational by early 2020,” he said.

Parham’s letter indicated a report of the new analyses will be made available for public comment before it is finalized in late 2020 or early 2021.

According to a background document attached to Parham’s letter, PFAS became a concern at Wallops because of past firefighting training activities that used aqueous film-forming foam that contained PFAS compounds.

After the U.S. Environmental Protection Agency issued a drinking water health advisory for those compounds, NASA sampled monitoring wells and finished drinking water (water that has passed through or finished with treatment processes) in the former firefighting area. Elevated PFAS concentrations were found in the groundwater there,

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but not in the main base drinking water, leading to the investigation of the use of the aqueous film-forming foam at other locations on Wallops.

The expanded PFAS investigation yielded more potential sites and drinking water sources, including the Wallops Flight Facility drinking water system, sampling of the Town of Chincoteague's drinking water system, several off-site adjacent residential wells, and Trails End Utility Company drinking water system.

Four of the seven production wells used by the Town of Chincoteague tested positive for PFAS at above the EPA's drinking water health advisory level. The April 2017 finished drinking water samples had PFAS concentrations below the EPA drinking water advisory level.

No PFAS contamination was found in the Trails End system, nor at residential wells adjacent to Wallops.

PFAS have occasionally been detected at slightly above detection limits in Wallops Flight Facility main base production wells but never in the drinking water supply samples.

"NASA has worked proactively to address per- and polyfluoroalkyl substances (PFAS) at Wallops and continues to take the necessary actions to protect human

health and the environment," Eggers said, adding that NASA has worked with ATSDR, the EPA, Virginia DEQ, and the Virginia Department of Health since 2016 when EPA developed a lifetime health advisory for two PFAS compounds. "NASA has shared all sampling data and monitoring information with federal, state and local health agencies, which continue to advise NASA on necessary actions. Additionally, NASA also conveyed questions raised early on from several American Federation of Government Employees (AFGE) union members to ATSDR as far back as March 2018, as well as other federal state and health agencies. NASA relies on ATSDR and state health agencies to address health concerns and to direct any actions needed to protect health," Eggers said.

Union members concerned about PFAS exposure at work were advised by Parham to "contact the National Institute of Occupational Safety (NIOSH) and Health Hazards Evaluation Program (<https://www.cdc.gov/niosh/hhe/default.html>) and request that NIOSH evaluate their potential job/occupational exposures."

Eggers said questions about the ATSDR health consultation can be directed to Dr. Karl Markiewicz, senior tox-

Accomack Sheriff's Office Responds to Two Gun-Related Incidents

Staff Report From Press Releases

According to a press release from Accomack Sheriff Todd Godwin, at approximately 4:50 p.m. on Nov. 26, his office responded to Big Pine Road in Painter upon receiving reports of a robbery.

When deputies arrived they found a 38-year-old male with injuries sustained during the incident. The victim said while target shooting he was approached by four males and assaulted. The suspects took several firearms then fled the scene on foot in an unknown direction of travel. The victim was transported to Riverside Shore Memorial Hospital where he was treated and released.

The suspects were described as black males between 5-feet, 6-inches and 6-feet tall with slim to medium builds.

The sheriff's office was assisted by the Virginia State Police, Parksley Po-

lice Department, and Virginia Marine Resource Commission.

Accomack deputies also responded Nov. 30 around 2:11 p.m. to the Onley Walmart to reports of a person with a gunshot wound. Upon arrival, they found a 66-year-old male with an accidental self-inflicted gunshot wound to the hand. He was transported to Riverside Shore Memorial Hospital by Melfa Fire and Rescue where he was treated and released. The sheriff's office was assisted by Virginia State Police, Exmore Police Department, and the Onley Police Department.

Anyone with information on this or any other crime is asked to contact the Accomack County Sheriff's Office at 757-787-1131 or 757-824-5666 or tips may be submitted through the ACSO website at www.accomackcountysheriffsoffice.org

icologist, at 215-814-3149 or via email at kvm4@cdc.gov.

"NASA will continue to proactively address PFAS at Wallops and share information with federal, state, and lo-

cal environment and health agencies, the public, and employees," said Eggers. For more information, see <https://www.nasa.gov/feature/background-latest-information-on-pfas-at-nasa-wallops/>

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Exmore Council Votes to Join Hampton Roads Sanitation District

Move makes Exmore eligible for HRSD services but does not commit the town to any course of action

By Stefanie Jackson

Exmore's Monday night town council meeting had the town hall packed with citizens when the Hampton Roads Sanitation District's general manager, Ted Henefin, answered council members' questions before they decided to follow three other Northampton towns in becoming part of HRSD.

"I don't envy the position you're in," Spencer Murray, the chairman of Northampton's board of supervisors, told the town council. "The bottom line is, we have no time."

When Exmore is a member of HRSD, it can turn over its wastewater collection and treatment system for the sanitation district to upgrade, operate, and maintain. HRSD would also set prices and bill customers.

Exmore's wastewater treatment plant would be shut down. All the sewage from Exmore and several other Northampton and Accomack

towns would be carried by an HRSD force main to the Onancock wastewater treatment plant that has a 750,000-gallon daily capacity.

But Exmore wants to expand its sewer system so it can offer service to the entire town, up to 900 households and businesses. It is currently limited to serving about 350 customers due to a Virginia Department of Health consent order.

HRSD pays for sewer system upgrades but not expansions. Exmore will not qualify for state grants or no-interest loans to expand the system if the town has an operating agreement with HRSD, a political subdivision of the Commonwealth of Virginia.

Exmore had the option of doing business with a private company, Aqua, and funding the town's sewer project with a \$6 million loan from Virginia's Department of Environmental Quality (DEQ), but the town was recently disqualified for the loan and was asked to

re-apply next summer.

The town council is also concerned about how much customers will pay every month for sewer service.

HRSD customers share the cost of every sewer system repair and upgrade in every locality in the district, and HRSD's rates have doubled within the last eight years, Henefin confirmed.

HRSD's current monthly rates are \$5.60 for collection and \$7.83 for treatment of every 1,000 gallons of water used, as indicated by a water meter. That combined rate of \$13.43 is set to double again within 10 years.

In Exmore, the average sewer customer uses about 3,000 gallons of water per month.

Exmore customers would also share the cost of building out the sewage collection system, and town officials have estimated that in 10 years, the average monthly sewer bill could total \$150 or more with HRSD in control.

Exmore residents would join HRSD's other 480,000 customers in funding about \$1.9 billion HRSD will spend on its sewer systems over the next 20 years.

Councilman G.W. Adkins said, "I want my people to have sewage, but I don't want to have to pay somebody else's project."

"That's your prerogative," Henefin said. "We're not pushing this on anyone."

He explained that cost-sharing has benefited localities like Surry, Va., which joined HRSD in 2017.

HRSD took over Surry's failing wastewater treatment plant and "the day we took it over, we had an army of folks in there working to renegotiate the consent order they had with DEQ. We now are on the hook for that," Henefin said.

"We've renegotiated the terms twice already to make sure that, one, we're making improvements so the plant operates better in its current condition and, two, we have a long-range plan to eliminate that plant, and that's all on us ... our entire customer base.

"The 350 Surry customers in the town of Surry would not have been able to afford to do that on their own. They would have been facing a two to three million dollar bill to replace their

(Continued on Page 10)

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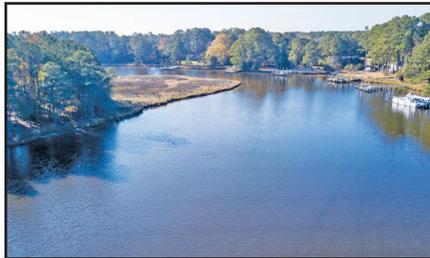
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To William and Jane Spivey
9526 Webbs Island Drive, Machipongo
For \$125,000
- From Diane Newton
To Clelia and John Sheppard Jr.
2 parcels in Cheriton
For \$83,000
- From Ruth Walker, executor
To Karen Winston
Parcel, 1 acre, near Stewart's Wharf
For \$60,000

- From John, Steven, Yaa-Pabi, and Robert Love

To Eastern Shore Holdings LLC
Various parcels near Cheapside
For \$61,300

- From Fannie Mae
To David Knezevic
12176 Trout Lane, Machipongo
For \$155,000

- From Yung and Hye Kay
To Southern Shore Holdings LLC
Parcel, 22 acres, about 2 miles south of Eastville
For \$50,000

- From Jeffrey and Christine Thuman
To Karen and John Foley Jr.
Lot 12, 1.25 acres, Elliotts Neck
For \$600,000

- From Alf and Susie Jaeger
To Karen Clarke
Lot 16, near Cape Charles
For \$42,000

- From U.S. Coast Guard
To Dreams By the Water LLC
2 acres, Washington Avenue, Cape Charles
For \$665,000

- From Deborah Hill
To Axios Partners LLC
Lot 12, Stuarts Way, Cape Charles
For \$38,000

- From Polly Stern
To David and Michele Bowles
Parcel, 4.922 acres, near Belle Haven
For \$276,500

- From Polly Stern
To David and Michele Bowles
Lot 1, 2.742 acres, near Belle Haven
For \$1

- From ES Virginia Properties LLC
To John and Olga Crown, trustees
Lot 10, Davis subdivision, near Capeville
For \$325,000

- From Jenna Thomas and Dana Diamond
To Robin Von Hollen and James Bishop
Parcel in Exmore
For \$30,000

- From Harriet Buchholz
To William and Valerie Newman
Parcel, Occohannock Neck, near Jamesville
For \$399,000

- From Alan and Joyce Kappeler, trustees, and Dennis and Rachel Kappeler
To Michael and Jennifer Pickles
Unit 20-271, Building 20, Fairways I Condominium, Cape Charles
For \$250,000

Accomack County

- From Jeffrey Patrick Rowan, and Madelyn Ann Rowan
To Kayla Dorothy Koerner, Keith Robert Koerner, Mary J. Koerner, and Karlene Margaret Koerner
20270 Deep Creek Road, Onancock
For \$146,000

- From Ocean Land Trust Ltd.
To Cathy Ann and Ray Manning Jr.
Lot 87, Phase 1, Olde Mill Pointe, Horntown
For \$19,900

- From Kenburt Enterprises LLC
To CMH Homes Inc.
Lot 34, Deer Point, Onley
For \$19,500

- From CCG Note, LLC
To Deborah and Timothy Cox
Captain's Cove, Lot 16, Section 7, Greenbackville
For \$6,500

- From Vickie T. and James H. Justice Jr., and Elijah J. Justice
To Crystalann Filipic
7425 Lankford Highway, Oak Hall
For \$106,000

- From Deborah A. and Russell G. Risko
To Joan T. and Jams H. Layton
29095 Mitchell Drive, Parksley
For \$420,000

- From Iris H. and Harlin E. Phillips, and Kelsey Elizabeth Kilmon
To Christopher M Kilmon
A parcel near Deep Creek
For \$45,000

- From Mary Ann Tharp
To James Vincent Gordon Morris and Jamie Gean Morris
Lot 56D, Section D, Ocean Breeze Mobile Home Sites, Chincoteague
For \$142,000

Court Postings

Four Indicted in Murder of Alvin Lee Rogers

By *Connie Morrison*

Indictments were made against four men, three of them juveniles, for murder, robbery, and associated weapons charges, related to the murder of Alvin Lee Rogers Jr., formerly of Belle Haven.

X'Zavyon Devoure Corbin, 17, of Seaside Road in Painter, Lavar Heath, 16, of Savageville Road in Onancock, Nyxavier Riewkiem Snead, 17, of Saxis Road in Sanford, and Bron-ta Jamar Ames, 33, of Killmontown Road in Melfa, were all indicted for the premediated murder of Rogers, robbing or attempting to rob him, and using a firearm in the commission of a robbery. Ames, Heath, and Snead were also indicted for use of a firearm in the commission of a murder. The juveniles will be tried as adults in circuit court. Investigator M. Patterson of the Accomack County Sheriff's Office investigated.

Deputies found Rogers' body inside a vehicle May 29 shortly after receiving a report of shots being fired on Boggs Road in Painter. A medical examiner determined Rogers died from a gunshot wound to the torso.

The minors are being held in a Norfolk juvenile detention facility.

Ames was also indicted on conspiracy to commit credit card fraud, credit card larceny, credit card fraud, attempted grand larceny, and three counts of grand larceny for stealing property valued at more than \$500 from Kathleen Stauffer. The offenses were committed May 28. Patterson investigated.

Accomack Grand Jury Hands Down More Felony Indictments

By *Connie Morrison*

Christopher Shawn Marshall, 45, of Meompkin Road in Parksley, was indicted for possession of cocaine. The offense occurred July 4. Corpo-

ral D. Gladding of the Chincoteague Police Department investigated.

Ruth Ellen Sterling, 58, of Heron Way in Crisfield, was indicted on two counts embezzling money from Shore Stop on Chincoteague. The incidents occurred April 22 and 23. C. McPherson, of the CPD, investigated.

Christopher Shawn Marshall, 45, of Metompkin Road in Parksley, was indicted for possession of cocaine. The offense occurred July 4. Gladding investigated.

Ruth Ellen Sterling, 58, of Heron Way in Crisfield, was indicted on two counts of embezzling money from Shore Stop on Chincoteague. The incidents occurred April 22 and 23. McPherson investigated.

Demichius R. Justice, 45, of Parksley was indicted for third or subsequent offense of stealing from Island Foods on Chincoteague and for unlawfully driving a motor vehicle as habitual offender and while driving privileges were suspended. Both offenses occurred April 23. McPherson investigated.

Trina Nicole McLaughlin, 48, of Gargatha Landing Road in Parksley, was indicted for embezzling more than \$500 worth of cash and cigarettes from Royal Farms between Aug. 5 and Sept. 5. Deputy Tyler Marks of ACSO investigated.

Lorenzo Jermelle Stith Jr., 36, of Wilson Court in Cheriton, was indicted for stealing items valued at less than \$500 from WalMart in Onley on five occasions between Aug. 4 and Sept. 16. The offenses were treated as felonies because they are the third or subsequent larceny offenses for Stith. Deputies N. Kugler and J. Sharp of ACSO investigated.

Kiana Nicole James, 25, of Seaside Road in Melfa, was indicted for attempted malicious bodily injury to Clarence Wilson and two counts of intentional destruction of property valued at \$1,000 or more. Trooper A. Rohnke investigated.

Gary Joseph Fleig, 43, and Amanda Kelley Fleig, 30, both listed as homeless in court records, were indicted for child abuse and possession

of cocaine and morphine. The incidents occurred on Aug. 27. Corp. K. Reese, of ACSO, investigated.

Michael Cory Fuller, 35, of White Tail Road in Melfa, was indicted for possession cocaine on Aug. 3. Reese investigated.

Travis Markiese Brown, age not available, of Hallwood, was indicted for malicious bodily injury to Rontiese Copes, with intent to maim, disfigure, disable, or kill. Reese investigated.

Amy Gladdin Sturgis, 38, of Locust Lawn Drive in Marionville, was indicted for bad check larceny. The three bad checks were written to Island Creamery Sept. 22 -24; two were for \$7.08, and one for \$7.06. They were third or subsequent offenses, making them felonies. McPherson investigated.

Marcos Ortiz-Roblero, 20, of Pettit Street in Mappsville, was indicted for failure to stop for law enforcement Sept. 5. Sharp Investigated.

Northampton Courts

By *Stefanie Jackson*

Dayend La Upshur, 26, of Eastville, was arrested Nov. 23 for grand larceny, stealing a motor vehicle valued at \$500 or more. The complainant was Officer H.F. Little Jr., of the Exmore Police Department (EPD). Secured bail was set at \$5,000, and a hearing was scheduled.

Upshur was on probation or parole for attempted robbery at the time of his arrest.

Elizabeth Tyshan Jackson, 35, of Melfa, turned herself in Nov. 23 for petit larceny, stealing less than \$500, not from a person, her third offense. Little was the arresting offi-

cer. Secured bail was set at \$1,500, and a hearing was scheduled.

Jackson was released Nov. 24 on her recognizance.

She was on probation or parole for forgery at the time of her arrest.

Gregory Alan Smith, 46, of Exmore, was arrested Nov. 22 for four counts each of forging and uttering checks on four separate dates in October. Little was the complainant. Smith was held without bail, and a hearing was scheduled.

Franklin Eugene Kellam, 36, of Exmore, was arrested for possession of a firearm by a convicted violent felon. The alleged crime occurred Aug. 27 and a complaint was filed by Officer B.J. Parks, EPD. Kellam was arrested Nov. 29 by Officer D.J. Walker, of the Chesapeake Police Department.

Kellam was held without bail, and a hearing was scheduled for Dec. 3. He is also facing charges of pointing or brandishing a firearm, a Class 1 misdemeanor.

Rohin T. Glenn-El, 42, of Willingboro, N.J., was arrested Nov. 30 for abusing or neglecting a child by a reckless disregard for life. He was arrested by Dep. S.R. Adams, of the Northampton County Sheriff's Office.

Secured bail was set at \$1,500 and a hearing was scheduled. Glenn-El was released Nov. 30 on his recognizance.

Glenn-El also faces misdemeanor charges of reckless driving in excess of 80 mph. According to Adams' report, he stopped Glenn-El on Nov. 29 for driving 101 mph with his wife and 16-month-old child in his vehicle.



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- All food & drink proceeds to benefit the Alzheimer's Association



Local crafters providing wonderful gift items from jewelry & home decor to stocking stuffers!

~Exmore and HRSD~ (Continued From Page 6)

treatment plant, spread across 350 people, as opposed to us spreading that cost over our 480,000 customers.”

“Which is exactly the predicament we’re in, is why we wanted to expand and then hook into either a public-private partnership or your pipe. That’s been our goal the whole time,” said Exmore Town Manager Robert Duer.

Another benefit of HRSD is it would take responsibility for future sewer system upgrades, Murray added.

Henefin reminded the town council that joining the Hampton Roads Sanitation District does not obligate the town to turn over either its sewage collection system or treatment plant to HRSD.

Exmore’s decision to “become part of the territory” of HRSD simply “keeps doors open for you,” he said.

Councilman Chase Sturgis asked if either Exmore or HRSD could back out of any operating agreement they may enter.

Henefin said HRSD could not back out “without the express, written consent of the locality.”

Exmore could back out of the agreement and have its assets returned “with the exception of any investment HRSD has made in the system.”

But one concerned citizen, Ken Dufty, objected. “You never, ever give up control of your public utilities,” he told the council. “We can’t vote out HRSD. We can vote you out.”

The town council passed the resolution requesting to join HRSD in a 4-2 vote, with Adkins and Councilman Thomas Lewis opposed.

But a public-private partnership between Exmore and Aqua or another company is still a possibility.

The town council also passed the Public-Private Education Facilities and Infrastructure Act, which authorizes Exmore to create public-private partnerships that provide the town’s needs “in a timely or cost-effective fashion.”

Duer said the act “will allow us to accept a bid from Aqua, so then we can run the numbers.”

He hoped to hire an engineer within 10 days to prepare a PER (preliminary engineering report) for the sewer project, which DEQ will require when Exmore re-applies for funding in 2020.



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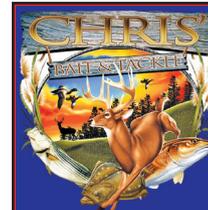


Onancock
Market St. near marina, 5BR, 2BA.
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Tasley
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\$275,000



Parksley
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MLS# 49212
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Mappsville— 3BR/2.5BA w/ great outdoor porch makes this dream home what you've been looking for! Short drive to Chincoteague Island.
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Marsh Island— Beautiful 2BR/1.5BA townhome boast breathtaking views of Chincoteague Bay, 3 decks, dock & open floor plan!
\$217,000



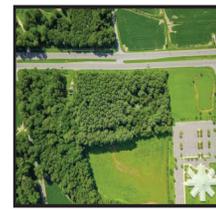
Chincoteague— Spacious 2BR/2.5BA townhome w/ 2 decks, wood floors throughout, & natural lighting. MBR features private deck!
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Capt. Cove— Beautiful canal lot close to mouth of bay! New bulkhead replaced in 2019. Perfect lot to build your dream home.
\$70,000



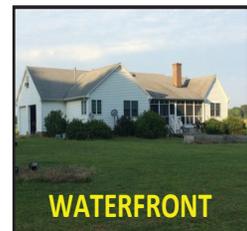
Capt. Cove— Build the home of your dreams on this cleared waterfront lot! Enjoy community amenities & shore drive to Chincoteague Island.
\$53,500



New Church— Prime location spot w/ over 4 acres along busy Rt. 13. Perfect for your next business venture!
\$45,000



Chincoteague— Beautiful waterfront end-unit townhome on the bay! Enjoy ocean breezes & sunsets from side porch!
\$265,000



Cape Charles— Enjoy peaceful country living in this 2300+ sqft ranch home w/ 4BR & 2BA. Over 5 acres!
\$425,000



Cape Charles— Located one mile from downtown this lot is in desirable community and ready to build!
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Eastville— 4BR/4BA Colonial home takes you back to a simpler place in time. Perfect destination venue/B&B. 2+ acres, pool & farm bldgs.
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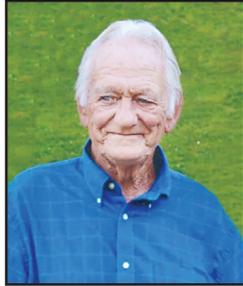


<<< Holden's Creek— Perched on a high bank at the mouth of the Pocomoke Sound. 3BR/2BA home w/ open floor plan is your dream home!
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OBITUARIES

Albert Fletcher Clayton

Mr. Albert Fletcher Clayton, 83, a resident of Exmore, passed away Saturday, Nov. 30, 2019, at his residence. A native of Machipongo, he was the son of the late Samuel Benjamin Clayton and the late Rose Brady Clayton. He was a U.S. Army veteran serving in the Korean War and a retired plant engineer for Shore Memorial Hospital with 27 years of service.



Mr. Clayton

He is survived by two daughters, Denise Clayton and Deneen Clayton, both of Exmore; two brothers, Raymond Clayton, of Willis Wharf, and Joe Paige Clayton and his wife, Nancy, of Birdsnest; two sisters, Shirley Marie Mears and her husband, Brent, of Capeville, and Barbara Jean Rose and her husband, Dave, of Hampton, Va.;

three grandchildren, Zachary Bowen, Megan Clayton, and Craig DeCarlo, all of Exmore; four great-grandchildren, Sammy DeCarlo, Max DeCarlo, Katie Marie Reynolds, and Bobby Reynolds; and numerous nieces and nephews.

He was predeceased by a sister, Caroline Anne Clayton, and a brother, Samuel Gates Clayton.

A graveside service was conducted Tuesday, Dec. 3, 2019, at Johnson's United Methodist Church Cemetery with the Rev. Rob Kelly officiating.

Online condolences may be sent to the family at www.doughtyfuneralhome.com

Arrangements were made by Doughty Funeral Home in Exmore.

Richard Cory Edwards

SFC Richard Cory Edwards, U.S. Army Ret., 65, formerly of Painter, passed away Nov. 30, 2019. Mr. Edwards was born in Charleston, S.C., and grew up in Drewryville, Va.. He was a son of the late Roger Garvin and Ruth Mae Edwards. He was predeceased by a brother, Roger Gray Edwards, and his twin brother, Robin Chris Edwards.

Mr. Edwards was a retired U.S. Army veteran with 20 years of service and was a Vietnam and Gulf War veteran. He was a graduate of Paul D. Camp College.



Mr. Edwards

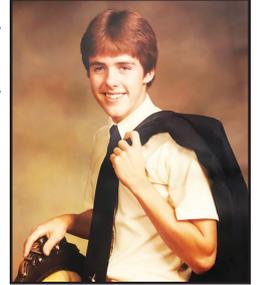
Left to cherish his memory are his wife of 39 years, Annette E. Edwards; one daughter, Crystal L. Butler and her husband, Allen, of Franklin, Va.; one son, Jeremiah C. Edwards, of Accomac; two brothers, James L. Edwards and his wife, Micheal, of Drewryville, and Larry L. Edwards and his wife, Judy, of Pleasant Hill, N.C.; one granddaughter, Audrey M. Butler; and several nieces and nephews.

A memorial service with full military honors was held Wednesday, Dec. 4, 2019, in Wright Funeral Home with Pastor Chuck Worth officiating. Arrangements were made by Wright Funeral Home, Franklin, Va., www.wrightfuneralhome.org

Brian Miles Ewell

Mr. Brian Miles Ewell, 52, resident of Virginia Beach, passed away Sunday, Nov. 24, 2019, at Sentara Virginia Beach General Hospital. A native of Hopeton, he was born Feb. 7, 1967, to Ann Miles, of Hopeton, and the late John Revell Ewell III. Mr. Ewell was a longtime waterman.

In addition to his mother, he is survived by his sister, Angie Sturgis, of Parksley; brother, Barry Ewell, of Colonial Beach, Va.; lifelong friend, Ron Taylor; and several nieces and nephews.



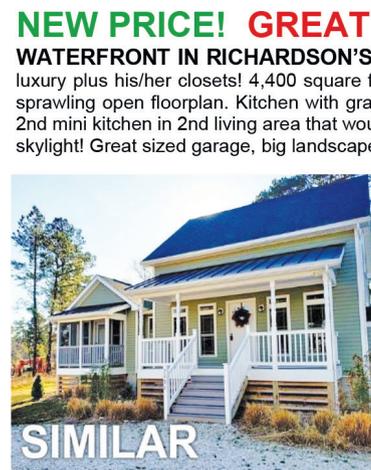
Mr. Ewell

The family will gather for a private interment at Parksley Cemetery.

Memory tributes may be shared with the family at www.williamsfuneralhomes.com

Arrangements were made by the Williams-Parksley Funeral Home.

Send Obituaries to
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Helen Odessa Gillis

On June 3, 1927, God predestined a child to be born to George and Helen Powell Smith of Cheapside. The youngest of 12 children, her parents permitted this child to be raised by her older brother, Leon, and his wife, Bishop Estella Smith. Ordering her pathway, the Lord set in motion a chain of events that allowed her to gain guidance in her preordained journey. Proverbs 22:6 states, "Train up a child in the way he should go: and when he is old, he will not depart from it." This child's footsteps were well ordered by the Lord to become the esteemed lady that we know as **Bishop Helen Odessa Gillis**.

"Yea though I walk through the valley of the shadow of death, I will fear no evil; for thou art with me: thy rod and thy staff they comfort me" (Psalm 23:4). On Saturday, Nov. 2, 2019, it is believed that Bishop Gillis felt the comfort of her Lord. Surrounded by her family and hearing, "we are all here," she closed her eyes, took her last breath, and preceded to her glorious mansion in heaven.

"Who can find a virtuous woman? For her price is far above rubies" (Proverbs 31:10). This search ended for Richard Gillis as he found an honorable woman in Helen Smith. On Aug. 23, 1953, the two were united in holy matrimony, and out of this union came two children that preceded her in death. Being like Hannah, she prayed that God would bless their marriage with children, and He was faithful to bless them with the following eight gifts: Senora (Cornell), Hawthorne, Phyllis, Leon (Yvette), Violet (Ronald), Richard (Georgia), Deborah, and Yvette.

"Her children arise up and call her blessed" (Proverbs 31:28). Being limited in her education from Northampton County Public Schools, she worked in variety of manual labor jobs in the housing, hotel, farm and manufacturing industries. Many nights she would bake sweet potato pies and other items to sell to ensure that her children's needs were met. Even though she was not able to finish her education, she worked tirelessly to send all eight of

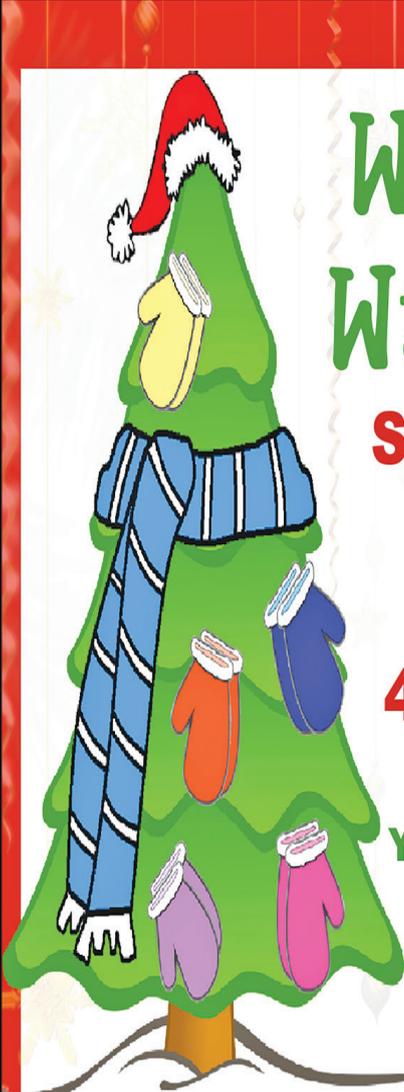
(Continued on Page 14)

On January 1st, 1997, I entered into an association with James N. Fox and the Fox and Holston Funeral Home. During the ensuing years it has been my sincere desire to provide all possible assistance to grieving families in the community as we have sought to meet their needs. However, with the passing of Jim and the approach of the traditional age of retirement, the time has come to for me to reduce some of my responsibilities.

Therefore, I will be withdrawing from my association with Fox and Holston Funeral Home effective December 31st, 2019. I am most appreciative of the confidence that has been placed in me during these 23 years and will always cherish the personal and professional relationships that have been established.

I extend my very best wishes to the owner and staff of the funeral home in the years ahead.

Ernest Dale Holston



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9am- 4pm
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4076 Main Street
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In coordination with the Chincoteague Historic Main Street Merchants and the Eastern Shore Association of Realtors




OBITUARIES

(Continued From Page 13)

her children to college.

"Children's children are a crown to the aged, and the parents are the pride of their children" (Proverbs 17:6). Bishop Gillis was blessed to have 23 beautiful and handsome grandchildren, Shavonne, Shelia, Quintae, Brittany, LaSabra (Corey), DeVaughn, Delante, Leon Jr, Chukwuma (Jessica), Monica (Arthur), Jessica, Stacey, Kesamde, Shakime, Darius, Kaila, Shequita (James), and Dionta. Two grandchildren, Tyree and Francine, preceded her in death. She was also blessed to witness several great-grandchildren, Arian, Kingston, Koby, Caden, Lauren, Patience, DeVaughn Jr., Kamillian, Devante, Mya, Abigail, Hannah, Moriah, Mailyah, Tyshun, Makai, Jayden, Jirmiah, Raelynn, and James'e. The blessings continued for Bishop Gillis as she also had two great-great-grands.

Gramis, as her family called her, loved to spend time with her children and grandchildren. She loved to travel

with her family domestically as well as internationally. It was important to her that the family vacationed annually; therefore, she would pay for elaborate accommodations to ensure that the family was able to enjoy life. Many days on vacation, she would simply laugh and smile at her children and grandchildren's antics and would gather her family together to share stories of her fascinating past.

Ms. Helen was a wonderful mother and friend who touched many people's lives. She had one foster daughter, Doris Walton, who preceded her in death. She was also loved by Melvina Waters, Sandra Benton, and James Braxton Jr. Throughout her life, she was surrounded by acquaintances who shared a special bond, Elizabeth Ames, Anna Mae Dixon, Annette Williams, and Lottie B. Wynder for over 50 years. Thelma Lee Ruffin served as her neighbor and best friend sharing a love of cooking and gardening with much playful banter. Throughout her life, she had many who were her chauffeurs and assistances, but, most importantly, she viewed them as faithful companions,

Donald Custis, Ornia Dixon, Vincent Holley, Jr, Kathy Peed, Shirley Northan, Betty Reid, Gretchen Smaw, Lillie Mitchell-Smith, Theodore and Maria Spady, Marilyn Williams, Thelma Burgess and Mary White. She also had many nieces, nephews, and a host of godchildren whom she loved and will cherish her memory.

Barbara Mclean Kelly

Mrs. Barbara Mclean Kelly, 71, of Hallwood, wife of Donnie Kelly, passed away Nov. 27, 2019, at her residence.

Born Feb. 9, 1948, in Nassawadox, she was the daughter of the late E. Randolph Littleton and Betty Colona Littleton. She was clinic aide for Accomack County Health Department and loved her plants, pets, cross-stitching, cats and collecting bears.

Other than her husband, Mrs. Kelly is survived by a son, Jonathan Mclean,

of Horntown; two daughters, Tanya Turner, of Harrington, Del., and Kelly Mariner (Brooks Mariner), of Hallwood; a sister, Sabra Parks, of Nelsonia; grandchildren, Kaleb Mclean, Kody Mclean, Chase Turner, Cole Turner, Kelsey Kelly, Kourtney Mariner and Brooks Mariner Jr.; and several nieces and nephews.

A funeral service was held Sunday, Dec. 1, 2019, from the Thornton Funeral Home in Parksley with George Fulk officiating. Interment was private.

Should friends desire, memorial contributions may be made to the Emmanuel Episcopal Church, P.O. Box 186, Oak Hall, VA 23416.

Arrangements were made by the Thornton Funeral Home in Parksley.

To sign the guest book online, visit www.thorntonfuneralhome.net

Robert Parks Sr.

Mr. Robert J. Parks Sr., 92, husband of Katie J. Parks, claimed the promise of resurrection Tuesday, Nov. 26, 2019, at his home on Tangier Island.

A lifelong resident of Tangier, he



Mrs. Kelly

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worked as a waterman until retirement at the age of 83. He was awarded with the "Tangier Island Waterman of the Year" award in 2002.

He was a faithful member of Swain Memorial United Methodist Church, the adult Sunday School class, and the men's prayer band.

He is survived by his beloved wife of 71 years, Katie; his children, Lula Belle Haynie and Loretta Parks (Bill), all of Tangier, the Rev. Robert Parks Jr. (Susan)



Mr. Parks

of Amherst, Va., and Beth Parks, of Salisbury, Md.; his grandchildren, Pam Haynie Crockett, Bill Parks Jr., Robert Haynie (Lois), Carlton Parks (Glenenise), Emily Wynn (Tyler),

and Trey Parks (Kayla); his great-grandchildren, Bradley Parks, Lydia Crockett, C.J. Parks, Reagan Haynie, Johnathan Crockett, and Kyle Parks; great-great-grandchild, Brady Parks; the expectant arrival of the seventh great-grandchild, Riley Nicole Parks; and many nieces and nephews.

He was predeceased by his parents, Thomas G. and Ida Belle Parks; son-in-law, Robert W. Haynie; and siblings, Edith Shores, Margaret Dise, Ada Wheatley, Page Parks, and Andrew Parks.

Funeral services were held Sunday, Dec. 1, 2019, at Swain Memorial U.M. Church. The Rev. Nona Allen officiated and was assisted by the Rev. Robert J. Parks Jr. Interment followed the funeral service at Sunnyridge Memorial Park in Crisfield, Md.

Arrangements were made by Bradshaw & Sons Funeral Home in Crisfield.

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Be sure to include event, address (including town), date, time and contact information.

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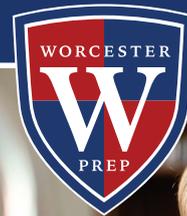
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History Club Takes Root at Pungoteague



Pungoteague Elementary School students in History Club visit with a James Madison interpreter (center) from the Colonial Williamsburg Foundation. Teacher Alisha Gagliardi is third from left. Submitted photo.

By Stefanie Jackson

Two Pungoteague Elementary School teachers made history at their school when they started a successful club for one of their favorite subjects.

Principal Brian Patterson remembered his reaction when new teacher Alisha Gagliardi approached him last year about starting a history club with fellow teacher Bonnie Styer.

"Deep down, I'm thinking, 'OK, this thing will not go over very well,'" but he told Gagliardi, "go ahead and have fun with it."

In its first year, History Club had 18 members, and participation has nearly doubled this year, with 34 members.

"This thing has turned into the biggest club at this school. It is so popular," Patterson said.

History Club is open to any Pungoteague third, fourth, and fifth graders, who meet once a week to have fun learning and acting out history.

Last year, the students learned about early history, from Neanderthals to world explorers. The kids were seen running around school, pretending to be cavemen discovering tools and hunting and gathering.

"You could see the joy on their faces. They were so excited," Gagliardi said.

At the end of the school year, the club took a field trip to Montpelier, the historic plantation in Orange, Va., where fourth U.S. president James Madison resided nearly his entire life, except for his eight years at the White House from 1809 to 1817.

The students were accompanied by a James Madison interpreter from the Colonial Williamsburg Foundation, who portrayed Madison in period costume for the day and took photos with the kids.

This year, History Club will cover the early American colonial period to the Revolutionary War, and for its annual field trip, it will visit Monticello, third U.S. president Thomas Jefferson's home, in Charlottesville, Va.

The kids will also meet and interact with a Thomas Jefferson interpreter from the Colonial Williamsburg Foundation.

Gagliardi and Styer have already chosen the historical eras the club will cover next year: America's early national period and growing democracy.

The teachers instill in their students a love of history as the kids learn and work toward becoming good citizens.

Students must maintain good behavior in school to participate in the club, but there are no academic requirements.

The history club also sponsors

projects and raises money to benefit the Pungoteague school community.

History Club projects have included sorting countries based on the time periods when they explored the Americas.

Club members have studied Native American and colonial artifacts and compared the governments, laws, appearance, and activities of the colonists and the Cherokees.

To prepare to lead the history club, Gagliardi and Styer attended the Library of Congress and Colonial Williamsburg teacher institutes this summer, and they use the organizations' free learning resources.

They have also shown their students how to study history using primary sources. For example, the students have read Virginia Company documents to learn about the Jamestown settlement and court case transcripts to learn about slavery.

Gagliardi said the kids are "reading these hard documents, but they're able to do it with a little bit of help, and it's showed amazing growth in their reading ability."



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Local Political Leaders Respond to Pressing Policy Matters

Elected officials answer questions about minimum wage, gun control, health care, school funding, and Virginia's right-to-work law at Chamber's biannual Eggs and Issues forum

By Stefanie Jackson

The biannual Eggs and Issues breakfast and political forum, sponsored by the Eastern Shore Chamber of Commerce Dec. 4 at the Onley Town Center, gave local and state representatives the opportunity to address current issues.

Virginia General Assembly representatives Sen. Lynwood Lewis and Del. Rob Bloxom were present, along with Chairman Donald Hart, of the Accomack board of supervisors, and Chairman Spencer Murray, of the Northampton board of supervisors.

The state senator and delegate were asked if they support a \$15 state minimum wage. Efforts to enact a \$15 federal minimum wage have stalled, with a bill passing in the U.S. House of Representatives but failing to gain ground in

the U.S. Senate.

Lewis supports raising the minimum wage in Virginia, but he noted there's "no guarantee" it will be \$15 per hour. A more likely number is \$11.50, phased in during a six-year period, he said.

Bloxom agreed that any minimum wage increase should be "moderated" to discourage employers from cutting hours to compensate for pay raises.

Both legislators agreed it's best to increase the minimum wage at the federal level so all workers benefit, but the Virginia General Assembly must act since Congress has failed.

Neither support banning the AR-15 rifle or reducing the capacity of gun magazines as methods of gun control.

The "AR" in AR-15 does not stand for "assault rifle," Bloxom pointed

out. The letter A stands for the name of the gun's manufacturer. Banning a gun with a specific name may lead to the manufacturer simply changing the name, he said.

The objective of gun control laws is to prevent mass shootings, yet some shootings are done with legally purchased handguns, he added.

Other factors in mass shootings should be considered, for instance, if the shooter was taking anti-depressant medication, Bloxom said.

Lewis said weapons bans "do not advance public safety, and what they really do is inflame the already divisive nature of our system."

He prefers to focus on emergency detention and red flag laws, both of which deal with individuals who may pose a danger to themselves or others.

Emergency detention laws allow a dangerous individual to be taken into custody, and red flag laws allow a police officer or family member to petition a court to have the dangerous individual's guns confiscated.

There is a "cultural divide" on guns that some legislators don't understand, Lewis said.

For example, a bill was introduced that would have banned gun access to persons under age 18. The intent of the bill was to curb teen suicide, but it would have had the unintended consequence of preventing youth from hunting, he said.

Neither was there much approval of second amendment sanctuaries – localities that have adopted resolutions, like the one approved by the town of Exmore Dec. 2 (see Front Page), pledging they will not use public funds to enforce unconstitutional gun laws.

There is no such resolution on the agenda for the Dec. 10 Northampton supervisors meeting, Murray said.

He does not agree with resolutions creating second amendment sanctuaries because they are "basically saying to local law enforcement, 'You don't have to enforce the law.'"

Murray said the constitutionality or unconstitutionality of laws is to be decided by the courts.

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Hart said Accomack supervisors will likely vote on a resolution regarding second amendment sanctuaries at their Dec. 18 meeting, but the resolution will be a compromise.

It will state that “we follow the U.S. Constitution and the state constitution,” but “we cannot violate the law.”

Accomack supervisors prefer to notify the General Assembly by letter when a bill is introduced that supervisors believe to be “wrong,” Hart said.

The gun control issue is being presented as a “partisan divide, Democrats versus Republicans.” But it’s becoming an urban versus rural issue, “and that scares me,” Hart said.

Lewis announced that this year, he will try again to get state funding to help Accomack and Northampton public schools offer competitive salaries

when recruiting new teachers.

The funding is called COCA (cost of competing adjustment).

Both Eastern Shore counties have problems recruiting teachers because the teachers can earn about \$10,000 more simply by accepting a job in the next locality. Accomack competes with Maryland, to the north, and Northampton competes with Virginia Beach, Va., to the south.

Bloxom hopes Gov. Ralph Northam will include the COCA funding in his next budget.

The legislators were asked their opinions of multiple employer welfare arrangements, in which several employers band together to create one large pool of employees for negotiating health insurance costs.

Bloxom is in favor of any state leg-

islation that would lower health insurance costs.

As a small-business owner, he spends about five times as much on health insurance since the Affordable Care Act was passed, he said.

But the problem with banding together is that if employees in the insurance pool have pre-existing conditions or are otherwise unhealthy, a “death spiral” can result, in which the employer is stuck with one costly insurer.

Lewis agreed that multiple employer welfare arrangements have “fundamental flaws” and a “high failure rate.”

He supported Senate Bill 1689, which would have expanded the avail-

ability of association health plans, a type of short-term health plan usually offered by small businesses.

But Northam vetoed the bill because association health plans are not comprehensive, and they allow higher premiums based on factors like pre-existing conditions.

Both Lewis and Bloxom oppose repealing Virginia’s right-to-work law, which states workers cannot be compelled to join a union or pay union dues.

Lewis is against repealing a law “that’s been on the books since 1947,” and Bloxom believes repealing the law is the “wrong signal to send to business.”

Chincoteague’s 9th Home for the Holidays Tour is Dec. 7, Benefits Manna Cafe

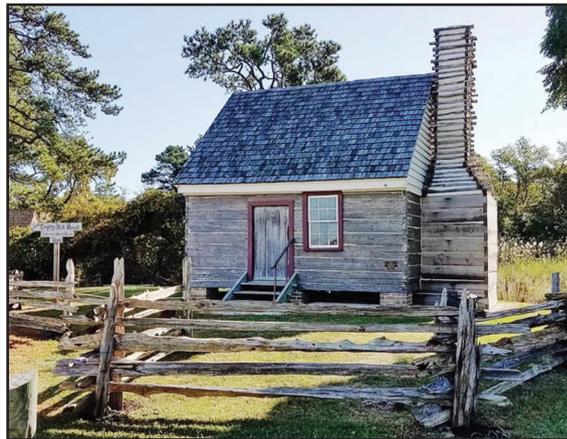
Submitted Article

The Homes for the Holidays tour sponsored by the Historic Main Street Merchants gets underway on Saturday, Dec. 7.

According to the organizer, Kim Dennis of Hollyhocks on Main, “this is the ninth year of the Chincoteague Homes for the Holidays tour and we are excited to feature 14 venues for participants to explore.”

On the tour will be the oldest house on the island, the Captain Timothy Hill House, Victorian homes built in the late 1800s and restored and renovated waterman cottages. Some have been converted into art studios and one now serves as the Island Community House. “The island is home to many artists who are featured throughout the tour and in many cases, will make their works available for sale,” said Dennis.

Tickets are \$20 and can be purchased in advance or the day of the tour at Hollyhocks on Main and Sundial Books. The tour runs from 11 a.m. - 4 p.m. The Annex on Main Street will open at 9 a.m. the day of the tour for participants to pick-up tour brochures. Proceeds from the tour are donated to the Manna Café which serves free hot lunches to the local community every Monday at the Christ United Methodist Church.



The Captain Timothy Hill House will be featured in Chincoteague’s Home for the Holidays tour. Submitted photo.

Box lunches can be pre-ordered from Poseidon’s Pantry, 757-336-6666, up until the night before the tour and will be delivered to the Annex Saturday morning. The Warm Hands, Warm Hearts Tree will be set up in the Annex for donations of new mittens, hats, gloves and scarves which will be distributed to local churches up and down the Shore during the holidays.

“The annual Chincoteague Homes for the Holiday tour is made possible because of the generosity and support of local residents to open up their homes for others to see and enjoy during the holiday season,” said Dennis.

For more information, contact Kim Dennis at 703-599-4430.

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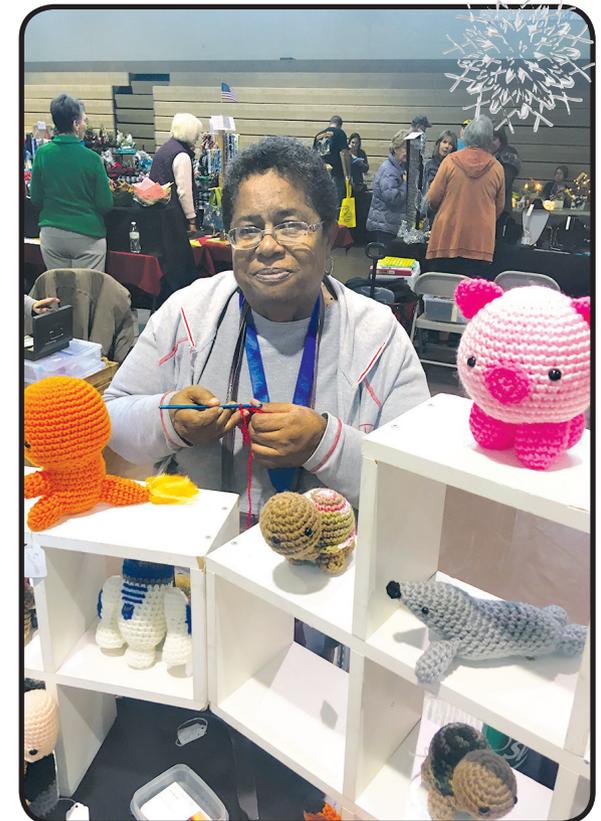
Photos by Angie H. Crutchley



Heather Dattner, of Bloxom, shows customers her selection of canned vegetables, jams, and salsa that her family grows and cans.



Deborah Robbins, of Modest Town, has been cross-stitching for 40 years. This was her 15th year at the craft show. She stands by her Eastern Shore of Virginia picture.



Carol Brooks, of Crisfield, Md., spent the day crocheting animals as the public perused her handmade creatures. The sea creatures and pigs were a big hit.

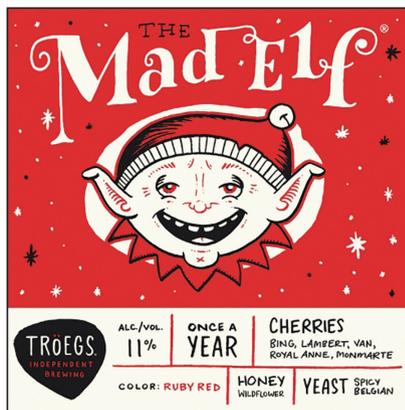
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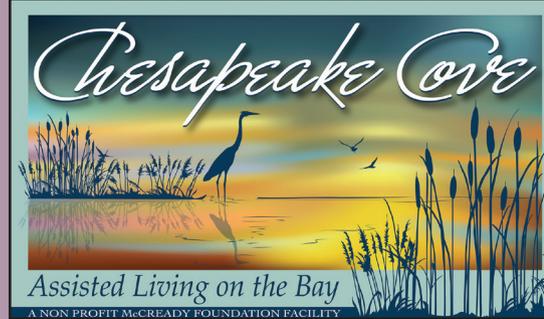
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TIDE TABLE

			Friday Dec. 6		Saturday Dec. 7		Sunday Dec. 8		Monday Dec. 9		Tuesday Dec. 10		Wednesday Dec. 11		Thursday Dec. 12
Seaside	Assateague Beach	H L	3:38 p.m. 9:41 a.m.	H L	4:26 p.m. 10:36 a.m.	H L	5:11 p.m. 11:27 a.m.	H L	5:55 p.m. 12:15 p.m.	H L	6:23 a.m. 1:00 p.m.	H L	7:06 a.m. 1:44 p.m.	H L	7:50 a.m. 2:28 p.m.
	Chinco. Channel	H L	3:42 p.m. 9:40 a.m.	H L	4:30 p.m. 10:35 a.m.	H L	5:15 p.m. 11:26 a.m.	H L	5:59 p.m. 12:14 p.m.	H L	6:27 a.m. 12:59 p.m.	H L	7:10 a.m. 1:43 p.m.	H L	7:54 a.m. 2:27 p.m.
	Gargatha Neck	H L	4:34 p.m. 10:20 a.m.	H L	5:22 p.m. 11:15 a.m.	H L	5:54 a.m. 12:06 p.m.	H L	6:37 a.m. 12:54 p.m.	H L	7:19 a.m. 1:39 p.m.	H L	8:02 a.m. 2:23 p.m.	H L	8:46 a.m. 3:07 p.m.
	Folly Creek	H L	4:27 p.m. 10:05 a.m.	H L	5:15 p.m. 11:00 a.m.	H L	5:47 a.m. 11:51 a.m.	H L	6:30 a.m. 12:39 p.m.	H L	7:12 a.m. 1:24 p.m.	H L	7:55 a.m. 2:08 p.m.	H L	8:39 a.m. 2:52 p.m.
	Wachapreague	H L	4:13 p.m. 9:49 a.m.	H L	5:01 p.m. 10:44 a.m.	H L	5:46 p.m. 11:35 a.m.	H L	6:16 a.m. 12:23 p.m.	H L	6:58 a.m. 1:08 p.m.	H L	7:41 a.m. 1:52 p.m.	H L	8:25 a.m. 2:36 p.m.
	Quinby Inlet	H L	3:38 p.m. 9:20 a.m.	H L	4:26 p.m. 10:15 a.m.	H L	5:11 p.m. 11:06 a.m.	H L	5:55 p.m. 11:54 a.m.	H L	6:23 a.m. 12:39 p.m.	H L	7:06 a.m. 1:23 p.m.	H L	7:50 a.m. 2:07 p.m.
	Machipongo	H L	4:08 p.m. 9:49 a.m.	H L	4:56 p.m. 10:44 a.m.	H L	5:41 p.m. 11:35 a.m.	H L	6:25 p.m. 12:23 p.m.	H L	6:53 a.m. 1:08 p.m.	H L	7:36 a.m. 1:52 p.m.	H L	8:20 a.m. 2:36 p.m.
Bayside	Tangier Sound Light	H L	7:36 a.m. 2:05 p.m.	H L	8:27 a.m. 2:57 p.m.	H L	9:12 a.m. 3:43 p.m.	H L	9:54 a.m. 4:26 p.m.	H L	10:34 a.m. 5:07 p.m.	H L	11:14 a.m. 5:49 p.m.	H L	11:55 a.m. 5:40 a.m.
	Muddy Creek	H L	7:52 a.m. 2:40 p.m.	H L	8:43 a.m. 3:32 p.m.	H L	9:28 a.m. 4:18 p.m.	H L	10:10 a.m. 5:01 p.m.	H L	10:50 a.m. 5:42 p.m.	H L	11:30 a.m. 5:33 a.m.	H L	12:11 p.m. 6:15 a.m.
	Guard Shore	H L	7:44 a.m. 2:36 p.m.	H L	8:35 a.m. 3:28 p.m.	H L	9:20 a.m. 4:14 p.m.	H L	10:02 a.m. 4:57 p.m.	H L	10:42 a.m. 5:38 p.m.	H L	11:22 a.m. 5:29 a.m.	H L	12:03 p.m. 6:11 a.m.
	Chescon. Creek	H L	7:19 a.m. 1:48 p.m.	H L	8:10 a.m. 2:40 p.m.	H L	8:55 a.m. 3:26 p.m.	H L	9:37 a.m. 4:09 p.m.	H L	10:17 a.m. 4:50 p.m.	H L	10:57 a.m. 5:32 p.m.	H L	11:38 a.m. 5:23 a.m.
	Onancock Creek	H L	7:33 a.m. 2:08 p.m.	H L	8:24 a.m. 3:00 p.m.	H L	9:09 a.m. 3:46 p.m.	H L	9:51 a.m. 4:29 p.m.	H L	10:31 a.m. 5:10 p.m.	H L	11:11 a.m. 5:52 p.m.	H L	11:52 a.m. 5:43 a.m.
	Pungoteague Creek	H L	6:49 a.m. 1:22 p.m.	H L	7:40 a.m. 2:14 p.m.	H L	8:25 a.m. 3:00 p.m.	H L	9:07 a.m. 3:43 p.m.	H L	9:47 a.m. 4:24 p.m.	H L	10:27 a.m. 5:06 p.m.	H L	11:08 a.m. 5:48 p.m.
	Nassawadox	H L	5:42 p.m. 11:44 a.m.	H L	6:25 a.m. 12:36 p.m.	H L	7:10 a.m. 1:22 p.m.	H L	7:52 a.m. 2:05 p.m.	H L	8:32 a.m. 2:46 p.m.	H L	9:12 a.m. 3:28 p.m.	H L	9:53 a.m. 4:10 p.m.
	Occhohan. Creek	H L	6:13 a.m. 1:02 p.m.	H L	7:04 a.m. 1:54 p.m.	H L	7:49 a.m. 2:40 p.m.	H L	8:31 a.m. 3:23 p.m.	H L	9:11 a.m. 4:04 p.m.	H L	9:51 a.m. 4:46 p.m.	H L	10:32 a.m. 5:28 p.m.
	Cape Charles	H L	4:31 p.m. 10:52 a.m.	H L	5:21 p.m. 11:44 a.m.	H L	5:59 a.m. 12:30 p.m.	H L	6:41 a.m. 1:13 p.m.	H L	7:21 a.m. 1:54 p.m.	H L	8:01 a.m. 2:36 p.m.	H L	8:42 a.m. 3:18 p.m.
	Kiptopeke Beach	H L	4:09 p.m. 10:21 a.m.	H L	4:59 p.m. 11:13 a.m.	H L	5:46 p.m. 11:59 a.m.	H L	6:19 a.m. 12:42 p.m.	H L	6:59 a.m. 1:23 p.m.	H L	7:39 a.m. 2:05 p.m.	H L	8:20 a.m. 2:47 p.m.

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P A N N B A L J J G I H I F E
C A P A M R B Y X N K V T U U
I S N O Q F E M C O R S I C A
P N S I R M K S I H U J H H C
F E C B H U Z Y X Z B V A U A
T R Q P O C E M L Y L A T I M

Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally

- | | | | |
|---------|-----------|-------------|----------|
| Berlin | Europa | Macau | Somalia |
| Burkina | France | New Zealand | Tahiti |
| China | Hong Kong | Serbia | Zimbabwe |
| Corsica | Japan | Sinai | |

Super Crossword

FUNNY CARS

- ACROSS**
- 1 Ones with two feet
 - 7 Side roads
 - 13 Forcible dismissal
 - 20 Huge fan
 - 21 Baby's noise
 - 22 Like many reference books, in the back matter
 - 23 Kia steered in the wrong direction?
 - 25 Given a nice smell
 - 26 Wrinkle-reducing injection
 - 27 Troop group
 - 28 Chinese "way"
 - 30 Jai —
 - 31 "— all true"
 - 32 Concorde, e.g., in brief
 - 33 Toyota damaged by fire?
 - 37 Spaceship Earth locale
 - 40 Volvo rival, once
 - 42 "—Pea (cartoon kid)
 - 43 Caterpillar wheel part
 - 44 Volkswagen full of Egyptian charms?
 - 47 Seed case
 - 48 "Don't look — that way!"
 - 49 Sprayed (down)
 - 50 News piece
 - 51 Old Turkish title
 - 52 Hunter in the sky
 - 53 Revered figure
 - 54 Superhelix material
 - 55 Honda driven in anti-war protests?
 - 58 Spanish for "tomorrow"
 - 60 Collision
 - 63 Busy crawler
 - 64 Pro-learning gp.
 - 65 Dodge made with no cables?
 - 69 To a ship's back
 - 72 Bicentennial baby, e.g.
 - 73 Sleek fabric
 - 74 Tennis' Edberg
 - 78 Hyundai that transports 88-key instruments?
 - 81 "The Addams Family" cousin
 - 83 Cry weakly
 - 84 Juan of Argentina
 - 85 "Help!," asea
 - 86 Ballerina's garment
 - 88 "... but maybe I was wrong"
 - 89 Work units, in physics
 - 90 "Silent Fall" actress Tyler
 - 91 Ford that's the favorite out of one's collection?
 - 94 Master
 - 95 Small inlet
 - 96 Get over a hurdle
 - 97 Savage
 - 98 Nissan decorated with romaine?
 - 101 Drink daintily
 - 102 Hypothetical things
 - 105 Animated "explorer"
 - 106 With "35-Down, "Your wish is my command!"
 - 107 Body wrap?
 - 109 Italian "love"
 - 111 Arise
 - 114 Chevrolet only driven in April and May?
 - 117 Changed genetically
 - 118 USN clerks
 - 119 Light wind
 - 120 Of zero help
 - 121 "— Song" (#1 John Denver hit)
 - 122 Like finished wood
 - 33 Checking acct. figure
 - 34 24-month
 - 35 See
 - 106-Across
 - 36 Task list
 - 38 Attorney-to-be's study
 - 39 Lout
 - 40 Picture
 - 41 \$ dispenser
 - 44 Thin wedge
 - 45 Opus ender
 - 46 Online sales
 - 48 Curve part
 - 51 Use a tub
 - 52 Band of eight
 - 54 Challenges
 - 55 Orzo, e.g.
 - 56 Ovid's "Lo!"
 - 57 Self-turmoil
 - 59 Presidential resignee
 - 61 Cousins of plateaus
 - 62 Exam for H.S. juniors
 - 66 Causing wear
 - 67 Writer Loos
 - 68 Camera-ready proofs
 - 69 Entreaty
 - 70 Savage
 - 71 Hoped-for finish time
 - 75 Worked properly
 - 76 Baseball's Moises
 - 77 Goalies guard them
 - 79 Calculator figs.
 - 80 Many works of fiction
 - 82 Wind farm spinner
 - 86 — Maria (liqueur)
 - 87 Sports arbiter, for short
 - 88 Flip — coin
 - 90 Tracks down
 - 91 It "corrals" a baby
 - 92 Sports arbiter, for short
 - 93 "Darn tootin'!"
 - 95 Run an exhibit for
 - 99 Of musical pitch
 - 100 Walk-in-the-park class
 - 101 Harbingers
 - 103 Became ice
 - 104 H.S. health class
 - 107 — Valley, California
 - 108 Midleg joint
 - 109 Air about one
 - 110 Air about one
 - 111 Aussie ratite
 - 112 Frat letters
 - 113 Mag staff
 - 115 Film director Howard
 - 116 NFL passers
- DOWN**
- 1 Disney fawn
 - 2 Meathead
 - 3 Playoff time
 - 4 As a result
 - 5 Two, to Luc
 - 6 — Lanka
 - 7 Go-between
 - 8 California wine city
 - 9 Disoriented
 - 10 Inflated head
 - 11 Video sharing site
 - 12 Sunny?
 - 13 That boy's
 - 14 Crated up
 - 15 Penguin of Antarctica
 - 16 — cavae (large blood vessels)
 - 17 Dying out, as of species
 - 18 Half a laugh
 - 19 Funny
 - 24 Garbage can
 - 29 With no assurance of payment
 - 32 Blubber

Last Week's Answers

COMES ANA BLT ACT DEB
OVERT BELARUS CHIMERA
MEARARCHERICE COTEDOR
ORD SISI MDI CUMLAUDE
LOGIN NYADORS PENCER
COWLS RAOUL AYE BET
LALA GAVIN ATO MARILU
ADAMSEDARISCHUMER BIN
REN OMIT TEL TIT BLEU
ADDED CAD NAM NOSEEUM
LAZARUS AMMSTONE
PARASOL OTT MUG ABAFT
IRON OLA ROC DREI NAE
GIS SEYMOURUSSELLYNCH
SASHAY EAT STEEL EASE
TION ACH UTURN DOBIE
MOSSMITHUDSON WOWEM
ALLIANCE REM BRAC LIT
MEANTTO JONESLICKELLY
MANGERS AVERTED EWEEK
AND OAT WET EDS REESE

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9	1	2	8	7	6	5	3	4
3	6	7	4	5	1	2	8	9
4	5	8	2	9	3	7	1	6
7	9	1	5	6	4	8	2	3
8	3	4	9	1	2	6	7	5
6	2	5	3	8	7	9	4	1

Weekly SUDOKU

by Linda Thistle

8					7	6		
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	6			5			4	
		1	5	8				9
2					4		5	
	8			1		2		
4			7					8
	1			2			3	
		5			8	4		

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ◆◆

◆ Moderate ◆◆ Challenging
◆◆◆ HOO BOY!

1	2	3	4	5	6		7	8	9	10	11	12		13	14	15	16	17	18	19
20							21							22						
23							24							25						
26							27				28		29		30					
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94																				
98																				
111	112																			
117																				
120																				

EASTERN SHORE SPORTS

Firebirds Soar High Over Vikings, 51-38

12/3/19 - BASKETBALL
ARCADIA 51
BROADWATER 38

By Matthew Yoder

Arcadia played to its strengths of speed and defense and employed some timely 3-point shooting to dismantle Broadwater Tuesday night in Exmore, 51-38.

The Firebirds relentlessly pressed the Vikings from the outset. Lethon Williams stepped into the passing lane on Broadwater's first possession and raced to the basket for an easy layup. Williams, along with Kamron Downing, set the tone early on defense for Arcadia, disrupting Broadwater's push up court.

When the Vikings moved into the half-court game, they more ably broke down the Firebirds with dribble penetration, using the size of Clay Wardius to draw fouls and get to the free-throw line.

Though outsized, Arcadia was aggressive on the boards in the first quarter and equally drove the ball into the heart of Broadwater's size on offense. Williams slipped into the paint and fed Keith Grinnage on the baseline and fed a smooth release jump shot. A few plays later Jaden Hope directly challenged Wardius and scored for the Firebirds.

Willie Holden helped keep pace for Broadwater in the quarter with a couple of made baskets, but it was apparent the tempo was being established by Arcadia to its benefit. The Vikings ended the quarter ahead by the slimmest of margins, 11-10, but it was the last time they would hold a lead in the game.

William Scarborough was inserted from the Firebirds bench to start the second quarter and helped change the direction of the game immediately. Downing ran the point for Arcadia and found an open Scarborough behind the 3-point line. His perfect release ended in a swish. Scarborough again found himself open on the following posses-



Kamron Downing challenges one of Broadwater's big men for a layup. Photo by Matthew Yoder.

sion in the same spot, and Broadwater's lack of respect for his jump shot ended with a similar result. Broadwater was noticeably rattled. Scarborough commanded their respect behind the arc the remainder of the evening whether he made the shots or not.

Grinnage continued to play well from the bench for the Firebirds as well. He fought hard for rebounds and stood his ground on offense, completing an "and one" for the Firebirds, as they raced to a 10-0 run to start the quarter.

Marvin Johnson stopped the run with a couple of buckets for Broadwater, but the quarter was a runaway for the Firebirds. They took a 26-17 lead into halftime.

The third quarter was more of a draw. The teams traded baskets and Broadwater failed to make a dent in Arcadia's lead. Kylen Wharton paced the Firebirds with two baseline 3-pointers in the quarter, and Williams added 6 points on a variety of transition scores.

Holden and Johnson made threes for Broadwater but they still found

themselves trailing by 11, 40-29, at the end of the quarter, and their fatigue started to become more of a factor. The majority of fouls in the second half were called on the Firebirds, but the Vikings failed to convert their free throws effectively. Broadwater coach, Eddie Spencer, summed up their inability with numbers.

"We were 70% on our free throws in the first half and 35% in the second half, part of that is fatigue," said Spencer.

Back-to-back baskets from Vikings' DJ McCaleb and Wardius prompted a timeout from Arcadia coach, Rodney Armstrong, midway through the fourth quarter. The Firebirds kept their composure and held onto the ball with great ability at the close. Williams described the need for the late timeout and the resulting effect.

"We just mentally broke down, coach called an excellent timeout and we had to gather it all in again and get back to the same pace," said Williams.

He scored two more layups for the Firebirds and finished with a game-

high 18 points on near perfect accuracy. Scarborough joined him in double figures with 10 points.

Wardius paced the Vikings with 13 points and 10 rebounds. Holden added 11 points.

The game was not a complete effort in Armstrong's eyes, but he was happy to leave with a win and praised the play of his bench.

"I was pleased with the bench. Keith Grinnage played exceptionally well," said Armstrong.

Armstrong believes his players need to dictate the tempo a little more to their benefit but realized the nature of trying to find rhythm in the early part of the season.

"We should be controlling the game a little more because our guard play is better than the opponent," said Armstrong. He added, "We'll get there, it's just the first game."

Spencer applauded the effort of his team but lamented the execution at times.

"We played hard, when you play a team with as much athleticism as they do and trap like they do you've got to be patient. At times we were patient and got the shots we wanted and at times we weren't and we turned the ball over and they got layups," Spencer said.

Spencer sees a more difficult path ahead for his team.

"We've got a long way to go. We play in a tough conference and we haven't even scratched the surface of what we're going to play this year," said Spencer.

Arcadia Girls Basketball Players Have Talent, Potential



Coach Casey Cordrey works through drills with his young team. Photo by Matthew Yoder.

BASKETBALL

By Matthew Yoder

A blank canvas, a clean slate, call it what you will, this year's Arcadia girls basketball team will assuredly be a process reliant on patience. It's not just that the Firebirds are freshman and sophomore heavy on varsity, but it's more the fact that a lot of these players are new to the sport, which only furthers the challenge for second-year coach Casey Cordrey. Interest in the game is evidenced by a strong turnout for last week's scrimmage against Pocomoke City. Eighteen girls have widened a talent pool for the program. In stark contrast, only seven players rounded out last year's team. Cordrey credits the increase with a lot of informal recruiting technique.

"I was walking the halls, looking for athletes," said Cordrey.

The result was an enthusiastic blend of speed, drive, and attentiveness. The fundamentals will be essential with such green athletes, but Cordrey appears to relish the challenge. He is very realistic of those challenges.

"Starting fresh, we don't have to change any bad habits, I just want to

see us improve every game," Cordrey said.

Cordrey does have a pedigree for this kind of team-building process. Previously he helped mold a team that saw only four wins in four years and led the program to competition at the state level in his third year as coach. He sees that same potential in these athletes, albeit with a widened lens.

"We're looking at a long-term situation here, my outlook is for when these sophomores are seniors, two to three years from now," said Cordrey.

His rapport with these girls is strong, as they run through passing and defensive drills together, hammering out the fundamentals. Cordrey coached at the college level for Shenandoah University, and he appears to have the undivided attention of his young squad.

"They are very good kids, very open-minded, the freshman girls come to open gyms," said Cordrey.

That's not always been the case. Just last year open gyms consisted of one girl regularly showing up. This year the number has ballooned to ten. They've had only seven practices to address the expanse of the game. What

(Continued on Page 31)



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Ambassadors Take Down Warriors in Season Opener

**12/3/19 - BASKETBALL
NORFOLK CHRISTIAN 62
NANDUA 48**

By Brennan Waldorf

The Nandua Warriors basketball season tipped off this week on Dec. 3 against Norfolk Christian in Onley.

The boys team has a new head coach in Trelle Warner who has hopes of taking down the Eastern Shore title and making a run in the region. Coach Warner is new at Nandua but not in coaching, hailing from Arcadia after two years of assisting with the varsity squad and working as the bench boss for the junior varsity squad. The first-year coach and assistant coach Lionell Watson are planning on playing a lot of small ball to utilize the team's speed and quickness to offset the team's height and size disadvantages.

Coach Warner said "boxing out and communication" will be the key to the team's success based off the talent on the squad. The Warriors have a good core, re-

turning three of their starters from last year and have several strong players in its sophomore and junior class. They will lean on junior 2018-19 All-District player Gerald Pitt for scoring as the hybrid player will see several roles this season. Sophomore Malik Battle will be the Warriors' floor general at the one (point guard) with the team being led by senior captains AhkTavius Harmon and Tremere Summerville.

The boys tipped off at 7:30 and were facing a much larger Ambassador squad but more than held their own in the paint against the 6'8" center Hunter Rickman. The Warriors got to the basket on offense with an intense physicality while also boxing out and ripping rebounds out of the reach of Norfolk Christian. Scoring opened up after the Ambassadors won the tip off and hit a three but Nandua quickly answered with a score of its own with a layup from Harmon. The first half of the game was a thriller with both teams trading points and finding its groove with a minuscule amount of penalties for the beginning of the season. The Warriors were down at the half 41-31 due to the strong perimeter shooting by the Ambassadors who hit seven threes and were led by Malik Tompkins who finished with 22 points.

But the game wasn't out of reach as the Warriors' defense stiffened and didn't allow another three in the contest. The second half saw the Warriors just slightly off with several shots rattling out of the rim leaving the crowd awing. Gerald Pitt led the Warriors in scoring with 15 points but did most of his scoring in the first

half with only one basket in the second. Jaquan Jones added a nice change of pace in the half, playing with a high energy, forcing several turnovers and fighting for rebounds. He led scoring in the last quarter for the Warriors and finished the game with 7 points, while senior AhkTavius Harmon put six on the board in the second half and finished with 12 points total.

The Warriors put together a tremendous effort on the night and went into lockdown mode on defense in the second half. They were down



Nandua head coach Trelle Warner (bottom) and coach Lionell Watson discuss the game plan for stopping the 3-pointer in the first half. Photo by Brennan Waldorf.

47-40 going into the fourth quarter but missed calls and shots not falling ultimately led to their demise. They lost 62-48 and will travel to Chincoteague to face the Ponies on their home court Dec. 10 for a 7 p.m. tipoff.

Ponies Start the Season With a Hard-Fought Win

**12/2/19 - BASKETBALL
CHINCOTEAGUE 57
MIDDLESEX 49**

By Matthew Yoder

The Chincoteague boys basketball team opened the 2019-20 season Monday night with a hard-fought 57-49 victory over Middlesex. Chincoteague utilized their size and a balanced team effort to erase a halftime deficit. The Ponies trailed the Chargers by two, 25-23, at the break but kept their focus and managed the game well at the end. Chincoteague head coach Timmy Johnson pointed to his team's cohesiveness as helping to secure the victory.

"We play together, there is no selfishness, we play hard whistle to whistle," said Johnson.

The game ended with three Chincoteague players posting double figures in points. Trent Clark led with 14 but was backed by Brandon Bundick with

13 and Ayden Leonard with 12 points.

Bundick echoed his coach's words postgame when describing his team's effort in overcoming their slow start. A lot of these players grew up competing with one another and their familiarity helps in close game situations.

"Everybody works hard, there are no egos, we all have chemistry," Bundick said.

Johnson describes his team as young and a team continuing to grow and build. He is optimistic that their talent and ability to absorb the fundamentals of the game will serve them well this year.

"They listen, they are a great group and they pay attention to detail," Johnson said.

Johnson is confident his team will compete ably on the shore in what he sees as an evenly matched season for all.

"It seems like the district is pretty wide open and we returned a lot of our talent," Johnson said.



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Preview of Boys Arcadia Basketball

BASKETBALL

By **Matthew Yoder**

If the Arcadia boys basketball team plays to its strengths of speed and defense, the 2019-20 season should be a successful campaign, frustrating to their opponents on the court, and entertaining for their fans in the gym.

Assistant coach Kyle Williams sums up the strategy in blunt terms. "We're trying to create chaos."

This team is built on speed. There is no denying that. What players lack in height, they more than make up for in pure athleticism. The challenge for third year coach Rodney Armstrong is execution. He is attempting to end the skid of consecutive losing seasons. Zone defenses have stymied this team in the past and Armstrong wants his team to control the tempo throughout the game.

"We're trying to keep the pace up, we have to execute versus the zone, and we play a lot better when we are fast," said Armstrong.

Arcadia enters the season with a deep squad, returning four starters and eight seniors. That, in itself, should make them a favorite to compete for a championship, according to Williams.

"We should be the deepest and definitely one of the most experienced teams, when you have a senior class you are supposed to dominate," Williams said.

Armstrong believes their progress to get to that point will depend on how they work together on the court. He takes his role as facilitator very seriously. He looks at in terms as a family, urging his players to stick together through thick and thin.

"Our job, as coaches, is to bring unity, these kids have to trust each other to get along and we've got to get along to win a championship," said Armstrong.

To this point Armstrong is encouraged by his squad's focus and team-building, stating that practices have been "very competitive." With a strong group of underclassmen surging, Armstrong believes the push has motivat-

ed some seniors.

"Playing time is nothing that anyone can rely on," Armstrong said.

The core of the team should still be the play from the senior guards, notably Lethon Williams, Kamron Downing, and William Scarborough. They will be instrumental with setting a frenetic tempo, then it breaks down to who can make shots. Scarborough and Kylen Wharton are the teams best pure shooters, Armstrong believes, and he trusts Williams to have the court presence to find the open man. Williams is not only skilled at including his teammates, but he can take over the game in a number of ways.

"Lethon is our ironman, we can utilize him in mismatches," said Armstrong.

Look for him to break down defenders at the point, or take the ball coast to coast in transition.

"Lethon is capable of getting a rebound and running by three defenders," Armstrong said.

Armstrong's praise for Williams' leadership was profound.

"He's a special player, he knows what it takes to win," said Armstrong. Excitement for this season is high among coaches and players. Scrimmages have been successful and productive, as the team works through situational basketball right now. The season opens this week, and early matchups away against Northampton and Nandua will test this team's ability to compete for a championship. Success will all boil to down to execution. Can Arcadia assert their will with high tempo play, or will they be challenged into slower, half-court situations?



Arcadia's coaches assess their team's progression as William Scarborough practices his jump shot in the background. Photo by Matthew Yoder.

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December 7, 2019**

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Wrestling Results Roll In

12/4/19 - WRESTLING
NANDUA 59, ARCADIA 15
NANDUA 66, WINDSOR 12
ARCADIA 54, WINDSOR 24

By Brennan Waldorf

The 2019-20 wrestling season kicked off Dec. 4 at Nandua high school. The Warriors hosted a three-team dual meet that featured Arcadia and Windsor High School. The meet was originally scheduled for four teams but Woodrow Wilson was unable to make it. The loss of Woodrow Wilson allowed for the Warriors JV squad to gain valuable experience as it was plugged in for the absent team. Nandua went 2-0 in the meet and Arcadia finished 1-1. Nandua will travel to Blustone High School Saturday, Dec. 7, for a head-to-head dual at 11 a.m. Arcadia and Windsor will be traveling to Eastville this Saturday to participate in the Jacket Invitational that will feature 10 teams and begin at 9 a.m.

Arcadia 54, Windsor 24

106 Y. Gomez (AHS) forfeit
 113 A. Mateos (AHS) fall
 G. Eagley (WHS)
 120 A. Vasquez (AHS) forfeit
 126 N. Bullis (WHS) forfeit
 132 K. Noel (WHS) fall R. Lopez
 138 J. Gurin (WHS) fall O. Perez
 (AHS)
 145 M. Gomez (AHS) fall
 M. Fanelli
 152 A. Salzar (AHS) forfeit
 160 R. Rodriguez (AHS) forfeit
 170 H. Cruz-Gomez (AHS) forfeit
 182 M. Shuler (WHS) forfeit
 195 C. Rideout (WHS) forfeit
 220 W. Rentz (AHS) forfeit
 285 double forfeit



Nandua 59, Arcadia 15

106 C. Ford (NAN) fall Y. Gomez
 (AHS)
 113 A. Mateos (AHS) dec B.
 Gutierrez (NAN)
 120 M. Taylor (NAN) fall A.
 Vasquez (AHS)
 126 J. Vasques (NAN) forfeit
 132 R. Lopez (AHS) fall C.
 Balmoria (NAN)
 138 N. Montalo (NAN) fall O.
 Perez (AHS)
 145 D. Ross (NAN) dec M.
 Gomez (AHS)
 152 C. Mears (NAN) dec R.
 Rodriguez (AHS)
 160 D. Gastelum (NAN) fall M.
 Settle (AHS)
 170 J. Teasley (NAN) M. dec
 H. Cruz (AHS)
 182 T. Hickman (NAN) forfeit
 195 S. Ferguson (NAN) forfeit
 220 H. Rippon (NAN) fall W.
 Rentz (AHS)
 285 W. Stevens (NAN) forfeit

Nandua 66, Windsor 12

106 C. Ford (NAN) forfeit
 113 B. Gutierrez (NAN) fall G.
 Eagley 1:31
 120 M. Taylor (NAN) forfeit
 126 J. Vasques fall N. Bullis
 (WHS) 1:01
 132 C. Balmoria (NAN) dec K.
 Noel (WHS)
 138 J. Gurin (WHS) fall N.
 Montalo (NAN) 1:06
 145 D. Ross (NAN) fall M. Fanelli
 (WHS) :35
 152 C. Mears (NAN) forfeit
 160 D. Gastelum (NAN) forfeit
 170 J. Teasley (NAN) forfeit
 182 T. Hickman (NAN) dec M.
 Shuler (WHS)
 195 C. Rideout (WHS) fall S.
 Ferguson (NAN)
 220 H. Rippon (NAN) forfeit
 285 W. Stevens (NAN) forfeit

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SPORTS SHORTS

Accomack County Parks & Recreation Youth Basketball

The Accomack County Parks and Recreation Department will be having Youth Basketball Sign-Ups and Practice at Arcadia High School on Saturday, December 7, from 8:30 to 10:30 a.m.

Age groups for the league are 5-8, 9-12, and 13-15. The registration fee is \$35 per child if paid by December 9 and \$40 if paid after December 9. Applications can be found at the Parks and Recreation's website, your child's school and at the Parks and Recreation office at 24401 Joynes Neck Road in Accomac.

Game jerseys will be provided. All participants should wear navy or black shorts and sneakers.

For more information, contact the Accomack County Parks and Recreation office at 787-3900 and ask for Barbara or Wayne.

Accomack County Parks & Recreation Kickball Finale

The Accomack County Parks and Recreation Department finished its first season of adult kickball concluded at the Saw Mill Park in Accomac.

The team of King & Queens captured the regular season and tournament titles.

Accomack and Northampton County Parks & Recreation Youth Flag Football

The Accomack and Northampton County Parks and Recreation Department ended the challenged season at the Saw Mill Park in Accomac.

The Northampton 5-8 Eagles defeated the Accomack Cooper & Humbles Bears, 20-12. The Northampton 9-12 Eagles defeated the Accomack P & R Rockets, 7-6.

Winter Trail Classic and Reindeer Dash

Broadwater Academy will host a Winter Trail and Classic Reindeer Dash on Saturday, December 21 from

9 a.m. to noon held at Broadwater Academy in Exmore.

The 4-mile race will be on a woodland trail with Christmas lights and music. Children under the age of 12 can participate in the 4-mile run and the half-mile Reindeer Dash that starts at 9:30 a.m.

The 4-mile race entry fee will be \$40 until December 20. If paid on the day of the event the entry fee will be \$45. If participating in the Reindeer Dash the entry fee will be \$15.

All racing participants will receive a free long-sleeved running shirt. Refreshments will be provided.

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~ Girls Basketball ~ (Continued From Page 27)

they have is speed, but the learning process in competitive situations will be trying at times. Cordrey is nonetheless optimistic as his team displays comradery practicing free-throws.

"We won't be looking at the scoreboard, we're just focused on getting better every possession," Cordrey said.

In their scrimmage against Pocomoke City last Tuesday, they displayed all the weaknesses and strengths of a young team. They were outscored, outbounded, and outwitted in game situations, but they didn't drag their feet, relinquish their fight, or cease competing. They listened to their coach, rolled with the punches, and continued to practice situational basketball. It's important for this team to measure growth in individual possessions and expand goals in due time. The interest and the athleticism are there; it's Cordrey's job to offer light to these seeds with his basketball knowledge and keep everyone, spectators included, patient for the germination process.

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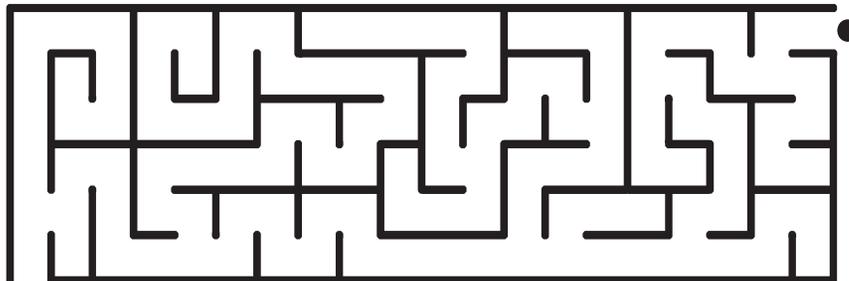
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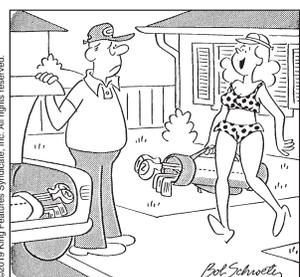
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NANDUA MIDDLE CLAIMS DISTRICT CHAMPIONSHIP

The Nandua Middle School girls basketball district celebrate. Bottom row left to right: Tiangel Townsend, Aneveah Walker, Reghan Hintz, Reagan Justice, Adrianna Holloway, Jatiyah Summerville, back row L-R, Coach Michael Bono, Janiya Matthews, Shamiyah Fitchett, Canika Northam, Imani Berryhill, TyAsia Edwards, Ja'Dayah Needam. The team posted a 7-0 record. Submitted Photo.

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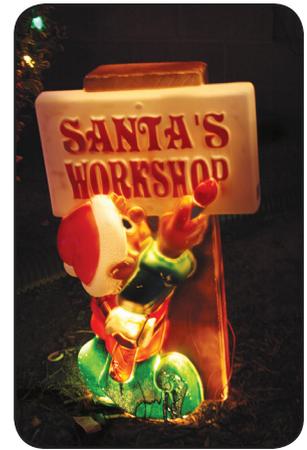
'Tis the Season to be Careful

Close to \$100 billion was loaded onto gift cards last year and, sadly, thieves have figured out how to cut themselves in on the action. One common method is to open a blank gift card hanging on those racks in the checkout aisle, peel back the sticker to reveal the PIN, record the gift card's serial number, and then go online to cash in when the card is activated. It's better to buy a gift card that is kept behind the counter where thieves can't access them, and regardless of where you get the card, don't use it if the package has been opened or messed with. And if you are a recipient of a gift card, make sure you use it. Over the past 15 years, some \$45 billion has accumulated in unspent gift card balances.

Speaking of thieves during the holidays, Amazon offers a key service to protect your packages from porch pirates (people who rush up onto porches and take packages that have been delivered but not yet taken in). For \$250 you can buy the Amazon Key In-Home Kit that includes an electronic lock and a camera. After that, you can choose to have your packages left inside your house—the lock will open automatically for the delivery person and the camera will record the in-house delivery. We can see absolutely nothing ever going wrong with a system that allows a delivery person inside your house when you're not at home.

Wonderland in Belle Haven

Photos by Angie H. Crutchley



Mike and Stephanie Zodun, of Belle Haven, have decorated their yard for Christmas for 10 years. Their kids, Tyler, Abby, and Ashley, love the notoriety they get when people know they live in “that” house with the crazy decorations.

Some of the blow mold plastic decorations are around 25 years old, estimated Stephanie Zodun. She used to decorate with her dad and has passed the tradition along to her kids.

“We have a lot of slow drive-bys ... A couple people honk. We like hearing the honks. We know they like our style,” she said. “We make sure the inflatables come on in the morning so any busses with kids going by can see them. We hope it brings joy. It brings us a lot of joy.”



Health Matters **Outbreak of Lung Injury Associated With Vaping Products**

Courtesy of the Centers for Disease Control and Prevention

The Centers for Disease Control and Prevention, the U.S. Food and Drug Administration, state and local health departments, and other clinical and public health partners are investigating a multistate outbreak of e-cigarette, or vaping, product use associated lung injury (EVALI).

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CDC has identified vitamin E acetate as a chemical of concern among people with EVALI. Recent CDC laboratory testing of bronchoalveolar lavage (BAL) fluid samples (fluid samples collected from the lungs) from 29 patients with EVALI submitted to CDC from 10 states found vitamin E acetate in all of the samples. Vitamin E acetate is used as an additive, most notably as a thickening agent in THC-containing vaping products.

CDC recommends that people should not use THC-containing vaping products, particularly from informal sources like friends, family, or in-person or online dealers. While this investigation is ongoing, vitamin E acetate should not be added to vaping products.

In addition, people should not add any substance to vaping products that are not intended by the manufacturer, including products purchased through retail establishments. CDC will continue to update guidance, as appropriate, as new data become available from this outbreak investigation.

appropriate, as new data become available from this outbreak investigation.

New Laboratory Findings:

- Recent CDC laboratory test results of BAL fluid samples from 29 patients submitted to CDC from 10 states found vitamin E acetate in all of the samples.

- THC was identified in 82% of the samples and nicotine was identified in 62% of the samples.

- CDC tested for a range of other chemicals that might be found in vaping, products including plant oils, petroleum distillates like mineral oil, MCT oil, and terpenes (which are compounds found in or added to THC products). None of these chemicals of concern were detected in the BAL fluid samples tested.

- This is the first time that a chemical of concern in biologic samples from patients with these lung injuries was detected. These findings provide direct evidence of vitamin E acetate at the primary site of injury within the lungs.

- These findings complement the ongoing work of FDA external icon and some state public health laboratories to characterize e-liquid exposures and inform the ongoing multistate outbreak.

What We Don't Know:

While it appears that vitamin E acetate is associated with EVALI, evidence is not yet sufficient to rule out contribution of other chemicals of concern to EVALI. Many different substances and product sources are still under investigation, and it may be that there is more than one cause of this outbreak.

About the Outbreak:

- As of Nov. 20, 2,290 cases EVALI have been reported to CDC from 49 states (all except Alaska), the District of Columbia, and 2 U.S. territories (Puerto Rico and U.S. Virgin Islands).

- Forty-seven deaths have been confirmed in 25 states and the District of Columbia as of Nov. 20.

- Case counts and deaths reported in the next update will include data collected between Nov. 17 and 30 and only hospitalized EVALI cases.

- CDC continues to work closely with FDA, states, public health partners, and clinicians on this investigation.

For more information, go to https://www.cdc.gov/tobacco/basic_information/e-cigarettes/severe-lung-disease.html

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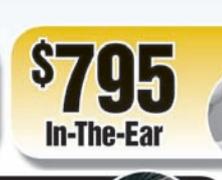
Where: Onley United Methodist Church
When: Saturday, December 7
Time: 9:00 a.m. - 11:00 a.m.
Who: Open to anyone in need of a coat

For more information, or if you are unable to come at this time, please call the church office at 787-4155 or Jeannette Edwards 787-1436

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Chincoteague Elementary Students of the Month

The Chincoteague Elementary September/October students of the month are pictured above from left: front row—Bentley Jones, Peyton Mears, Cayden Hickman, Jaxon Taylor, Olivia Cherrix, Dominic Aker, Layla Petit, and Zander Savage; middle row—Bryce Luck, Karter Stanley, Makayla Bundick, Vera Breland, Jaxon Young, Cooper Atkins, and Luciana Vasiliou; back row—Jeffery Lewis, Grayson Bohl, Meredith Wright, Taylor Rose, Maddie Holloway, and Camden Speidel; absent from photo—Easton Watson, D’Nijah Wallop, and Makenzie Dunn.



Terrific Kids Awarded at Chincoteague Elementary

The Kiwanis Club of Chincoteague presented Terrific Kids awards for the first grading period to students at Chincoteague Elementary. Recipients are pictured above from left: front row—Andy Landolt, Clayton Luck, Rylyn Bird, William Burke, Ariahna Lamphier, and Maggie Jillard; back row—Hope Fosque, Ginger Day, Amari Delmar, and Alexis Toth; absent from photo—Arrionna Northan and Dax Kraske.



FRATERNAL ORDER OF POLICE SUPPORTS THE ESCC TOY DRIVE

The Virginia Fraternal Order of Police, Eastern Shore Lodge 62 donated \$250 in support of the ESCC Pre-K Toy Drive sponsored by the We The Community Club.

Pictured above from left are: FOP Lodge 62 President Dennis Schirmer, Dynasia Harmon, club secretary, Janiya Watson, club treasurer, Sierra Rudiger, club vice president, FOP Lodge 62 Secretary/Treasurer Bob Newbert, Kamaiya Smith, club president, and Chevelle Mason, club faculty advisor.

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Community Notes

Accomac

The Accomack County Democratic Committee will hold a caucus Saturday, Dec. 14, at 9 a.m., at the Mary N. Smith Cultural Enrichment Center. The caucus will elect committee members and officers. Anyone wishing to be elected must file with Al McKegg prior to Thursday, Dec. 12, by 5 p.m. For more information, go to www.ESVAdemocrats.org

Parksley

There will be a community food drive Monday, Dec. 16, from 5 to 8 p.m., at the Parksley Vol. Fire Co. Members will also be going house-to-house to collect nonperishable food and paper products.

Onley

Soroptimist of Accomack County will be having a Frozen Food and Bake Sale Saturday, Dec. 14, from 8 to 10 a.m., at the Onley United Methodist Church. Food will include frozen casseroles, quiches, soup, chili, baked goods, and more.

Tasley

The Tasley Vol. Fire Co. will hold its 5th Annual Chili & Chowder Fundraiser Saturday, Dec. 14, from noon to 4 p.m., at the fire station. Clam chowder is \$7.50/pint or \$14/quart; clam fritters are \$5; and chili is \$5.50/pint or \$10/quart. For more information, call 787-7870.

Annual Toy Closet Announced

Accomack County Department of Social Services will hold its Annual Toy Closet Wednesday, Dec. 11, and Thursday, Dec. 12, from 8:30 a.m. to 3:30 p.m., at the DSS office. Bring identification and proof of benefits to be served. Children will not be permitted in the Toy Closet. Make arrangements accordingly. Call Dawn Parks at 757-787-5515 for additional information.



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Holiday Events Calendar

- Dec. 6, 13, and 20: 4-7 p.m.—Fab Friday—Historic Onancock School—Artisans Showcase
- Dec. 6, 13, and 20: 5-8 p.m.—Festive Fridays: Horse-Drawn Carriage Rides, Santa House, On-Street Entertainment, Movies—Cape Charles
- Dec. 6: 5:30 p.m.—Festival of Lights—Riverside Shore Memorial Hospital, Onancock
- Dec. 6: 6 p.m.—Old-Fashioned Christmas Celebration—Town of Parksley—Santa Claus
- Dec. 7: 7-11 a.m.—Breakfast with Santa Claus—Cheriton Vol. Fire Co.—\$10/Age 10 and Up; \$5/Ages 4 to 9
- Dec. 7: 10 a.m.—noon—Santa Claus Visits—Accomac Library—Free Book and Candy Cane
- Dec. 7: 11 a.m.—Free Movie Morning Pajama Party: “Home Alone”—North Street Playhouse, Onancock—Doors Open at 10 a.m.
- Dec. 7: 11 a.m.—4 p.m.—Chincoteague Homes for the Holidays Tour—Brochures at The Annex on Main Street—\$20/Ticket—703-599-4430
- Dec. 7: noon-2 p.m.—Christmas Party with Santa—American Legion, Chincoteague—Storytelling, Face Painting, Games, Food—Ages 1-8
- Dec. 7: 5-7 p.m.—Town of Cheriton Grand Illumination and Parade—Parade Runs from Cherrystone Road to Town Park—Santa, Concert, Tree Lighting
- Dec. 7: 5:30, 6, and 6:30 p.m.—Live Nativity—Capeville UMC—Decorations In Church, Hot Chocolate, and Cookies
- Dec. 7: 6:30 p.m.—Chincoteague Old-Fashioned Christmas Parade—Main Street, Chincoteague
- Dec. 7: 7:30 p.m.—A Cape Charles Christmas—Historic Palace Theatre—Call for Prices
- Dec. 8: 3-5:30 p.m.—Crab Pot Tree Lighting—Saxis Firehouse—Caroling, Crafts, Snacks, Photos with Santa
- Dec. 8: 3 p.m.—Live Performance of “Christmas Pudding”—Island Theatre, Chincoteague—\$15/Tickets—www.lowershorepac.org
- Dec. 8: 5:30-7 p.m.—Olde Fashioned Christmas Celebration—Debtors’ Prison, Accomac—Egg Nog, Cookies, Baptist Bible Choir, Hot Chocolate, Accomack Cty. Band, Santa Claus, Caroling, Christmas Tree Lighting
- Dec. 12: 7 p.m.—Free Showing of “It’s a Wonderful Life”—Roseland Theatre, Onancock—Free Popcorn/Soda Combo
- Dec. 14—Onancock Christmas Homes Tour—www.onancock.org—Musical Performance at Cokesbury Church from 2 to 6 p.m.
- Dec. 14: 8:30 a.m.—1 p.m.—Greens, Gifts, and Goodies Sale—Carrie Watson Clubhouse, Onley
- Dec. 14: 11 a.m.—4 p.m.—Holiday Artisans Market—Historic Onancock School—Artist Studios, Festive Music, Tour Shuttle Bus
- Dec. 14: 6 p.m.—Exmore Fire Dept.’s Annual Christmas Parade—Main Street, Exmore—Hot Chocolate and Santa at Town Park
- Dec. 15: noon-3 p.m.—Pizza With Santa—New Church Vol. Fire & Rescue Co.—\$3/Slice
- Dec. 15: 1-5 p.m.—Cookie Trail—Begins at Cape Charles Civic Center, 500 Tazewell Ave.—Entrance Is Free//Non-Perishable Food Donations Accepted
- Dec. 15: 2 p.m.—Free Showing of “It’s a Wonderful Life”—Roseland Theatre, Onancock—Free Popcorn/Soda Combo
- Dec. 17: 5:30 p.m.—Christmas Decorating Contest—Town of Bloxom
- Dec. 21: 8:30 a.m.—1:30 p.m.—Santa’s Ride—Begins in Hallwood at 8:30 a.m., Arrives in Bloxom 9-9:30 a.m., Refreshments and Visits with Santa at Bloxom Firehouse 11:30 a.m.—1:30 p.m.
- Dec. 21: 9 a.m.—noon—Winter Trail Classic And Reindeer Dash—Broadwater Academy, Exmore—Santa’s Workshop Available For Non-Runners

Times may vary. Please check with venue.

**FRIDAY
DEC. 6**

★12:30 p.m. - **SciPhi Seminar: ESVA Oil Spill Exercise** - ESCC, Melfa

★5-8 p.m. - **Station 1 Pizza Night** - 4264 Firehouse St., New Church - \$12/pizza, \$1/additional topping
★5:30-7:30 p.m. - **Sonic Ukes Performance** - Lemon Tree Gallery, Cape Charles
★7 p.m. - **Life Teach Series** - Rachel Leah Covenant Ministries Center - 787-2486
★7:30 p.m. - **Bingo** - Exmore Moose Lodge, Belle Haven - doors open at 6:30 p.m.

**SATURDAY
DEC. 7**

★9 a.m. - noon - **Turkey Shoot** - New Church Vol. Fire and

Rescue Co. - \$5/turkey rounds; \$10/ 50/50 rounds - food for sale
★9 a.m. - 1 p.m. - **Farmers and Artisans Market** - Community Center for the Arts, 6309 Church St., Chincoteague
★9:30 a.m. - **E.S. Cancer Support Group mtg.** - Sage Diner, Onley - \$5/ breakfast
★7:30 p.m. - **Bingo** - Eastville Vol. Fire Co.

**SUNDAY
DEC. 8**

★11 a.m. - **Meditation Group** - train station, Onley
★12:30 p.m. - **Bingo** - Vietnam Veterans Bldg., Main St., Onley

★2 p.m. - **Brother Myron Edwards 21st Anniversary Celebration** - Mt. Nebo Baptist Church, Onancock
★3 p.m. - **First Lady's Day** - Living Word Church of Deliverance, Parksley
★4 p.m. - **Life Recovery of the E.S. mtg.** - Rock Church, Melfa

POST TIMES Dec. 6-12

**MONDAY
DEC. 9**

★10 a.m.-2 p.m. - **E.S. Quilt Guild mtg.** - Drummondtown UMC, Accomac - business mtg., show and tell, lessons and demonstrations - 201-317-0586

★11 a.m.-12:30 p.m. - **Circle of Parents mtg.** - E.S. Chamber of Commerce, Melfa - 757-787-7697
★1-4 p.m. - **CIAO Presents Gameplay Monday: Card, Word, and Board Games** - Theatre Annex, 4076 Main St., Chincoteague
★4-5 p.m. - **Alzheimer's Caregivers' Support Group** - Heritage Hall, Nassawadox - 1-800-272-3900
★5:15 p.m. - **Friends of Northampton Memorial Library mtg.** - library, Cape Charles
★5:30 p.m. - **AA mtg.** - Onancock UMC, 75 Market St.
★5:30-6:30 p.m. - **Al-Anon mtg.** - Holy Trinity Episcopal Church, Onancock
★6 p.m. - **Bingo** - Elks Lodge, Tasley
★6-8:30 p.m. - **GED Class** - Cape Charles Rescue Station, 22215 S. Bayside Rd.
★6-9 p.m. - **GED Class** - Arcadia High School, Oak Hall
★6:30 p.m. - **Cub Scout Pack 300 mtg.** - Grace UMC, Parksley
★7 p.m. - **Celebrate Recovery mtg.** - Onancock Baptist Church - food served at 6 p.m.

**TUESDAY
DEC. 10**

★9 a.m. - **Al-Anon mtg.** - Refuge Inn, Chincoteague
★9 a.m. - **E.S. Community Services Board mtg.** - E.S. Behavioral Healthcare Center, 19056 Greenbush Rd., Parksley

★10 a.m. - **Bingo** - Accomack Senior Village, Onancock - 787-3900
★10 a.m. - **Zumba Class** - Franktown UMC
★10:30 a.m. - **Duplicate Bridge** - Island House, Wachapreague - 787-2432
★2:30-4 p.m. - **Riverside Shore Hospice Grief Support Group mtg.** - Downing's UMC, 7291 Lankford Hwy., Oak Hall - 789-5000
★5:30 p.m. - **Kids' Club** - Craddockville UMC
★6 p.m. - **Rachel Leah Ministries** - 787-2486 (call for location)
★6 p.m. - **Bingo** - Pocomoke Elks, next to YMCA
★6-8 p.m. - **Free English for Speakers of Other Languages Class** - Pungoteague Elementary School - 789-1761
★6-8:30 p.m. - **GED Class** - ESCC, Class A-51, Melfa
★6:30 p.m. - **American Legion Post 56 mtg.** - Chapter Bldg., 21210 N. Bayside Rd., Cheriton
★6:30 p.m. - **Depression Support Group mtg.** - Anointed Word of Deliverance COGIC, Melfa - 757-350-5039
★7:30 p.m. - **Order of the Eastern Star (Acc. Chap. #62) mtg.** - Masonic Lodge, Chincoteague
★7:30 p.m. - **Bingo** - Cheriton VFC - smoke free
★7:30 p.m. - **AA mtg.** - Atlantic UMC

**WEDNESDAY
DEC. 11**

★7:45 a.m. - **Kiwanis Club of Accomack mtg.** - Sage Diner, Onley
★10 a.m. - **TOPS mtg.** - Market St. UMC, Onancock - 787-4718
★10 a.m.-2 p.m. - **Veterans' Employment Representative**

Avail. - ESCC, Melfa - no appt. needed
★10:30-11:30 a.m. - **Overeaters Anonymous mtg.** - Rock Church, Onley - 757-787-1046
★11 a.m.-1 p.m. - **Soup Kitchen** - Corner Stone Seventh Day Adventist Church, 3431 Main St., Exmore
★noon - **Waste Watchers' mtg.** - Chamber of Commerce, Melfa
★1 p.m. - **Onancock Personnel Committee mtg.** - Onancock Town Hall Council Chambers, 15 North Street
★5-7 p.m. - **Soup Kitchen and Clothes Closet** - Grace and Truth Ministries, 19 Boundary Ave., Onancock - 789-5369
★5:30-6:30 p.m. - **Free Meals for the Hungry** - Epworth UMC, Exmore - 442-6391
★6 p.m. - **Onancock Area Lions Club mtg.** - Club Car Cafe, Parksley
★6-7 p.m. - **Prayer Line Open** - St. Matthew's Church, Onley - Call 665-7403, 387-7021, or 894-1521 w/prayer requests
★6-7:30 p.m. - **Free Beginners Line Dance Lessons** - Little Italy, Nassawadox
★6-8:30 p.m. - **GED Class** - Cape Charles Rescue Station, 22215 S. Bayside Rd.
★6-9 p.m. - **GED Class** - Arcadia High School, Oak Hall
★6:45 p.m. - **Bingo** - St. Peter the Apostle Catholic Church, Onley - doors open at 5:30 p.m.
★7 p.m. - **Drinking Liberally mtg.** - Charlotte Hotel, 7 North St., Onancock
★7 p.m. - **AA and Al-Anon mtgs.** - Franktown UMC
★7:30 p.m. - **Bingo** - Painter VFC

**THURSDAY
DEC. 12**

★8:30 a.m.-noon - **Veterans' Employment Representative Avail.** - Northampton Cty. Dept. of Social Services - no appt. needed

★10:30 a.m. - **Story Time** - Cape Charles Memorial Library
★5:30 p.m. - **TOPS VA-550 mtg.** - Zion Baptist Church, Parksley - 665-5405
★5:30 p.m. - **Shore Losers mtg.** - Drummondtown Baptist Church, Accomac - \$1/wk.
★6-8 p.m. - **Free English for Speakers of Other Languages Class** - Pungoteague Elementary School - 789-1761
★6-8:30 p.m. - **GED Class** - ESCC, Class A-51, Melfa
★6:30 p.m. - **Kiwanis Club mtg.** - St. Andrew's Catholic Church, Chincoteague
★6:30 p.m. - **Al-Anon. mtg.** - Trinity UMC, Cape Charles
★7 p.m. - **E.S. Tea Party mtg.** - Market St. Grill, Onancock
★7 p.m. - **Celebrate Recovery Group mtg.** - Chincoteague Church of God, 5252 Woodland Dr.
★7 p.m. - **NA mtg.** - Painter Garrison UMC

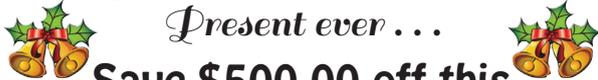
Shorecrafts Open for Christmas Gifts

Shorecrafts, on the south side of the Eastern Shore Community Services Board's Developmental Services building, 3462 Main Street, Exmore, is a shop where the artisans make art and crafts to showcase their unique talents and abilities. There are crabpots, ornaments, aprons, dish towels, cute magnets, jewelry, hand-lettered signs, crocheted scarves, hand-stenciled fabric, greeting cards, and more

Eastern Shore Trading POST

Announcements

Give your wife the best Christmas Present ever...



Save \$500.00 off this Vintage Ring of the Month* with this Coupon
 (Hurry, there's only one!!)
 at C.D. Marsh
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 (757) 787-3333



Coupon good through 12.31.2019

Good on this ring only. Must be bought as set.



Want to wish your customers or friends and family a Merry Christmas? Baby's First Christmas? Get your Christmas Wishes in the Eastern Shore Post.

****Special: only \$30 (includes picture)****

Email angie@easternshorepost.com

Help Wanted

Continuum Pediatric Nursing now hiring LPNs and RNs for private duty nursing.

Our patients need your love and nursing skills to work flexible shifts in their homes.

Willing to train the right nurse for trach and ventilator care.

Call 757-490-2272 to make an appointment for your phone interview.



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9468 Hospital Ave., P.O. Box 176, Nassawadox, VA 23413
 Ph (757)442-5600 Fax (757)442-9401

Director of Nursing

Heritage Hall – Nassawadox has an immediate career opportunity for a Director of Nursing. This individual will be responsible for maintaining standards of resident care through the administration and evaluation of the nursing programs for the facility as well as developing and maintaining positive working relationships with the residents, nursing home staff, families, and visitors

Qualifications:

- BSN preferred
- Must have current RN license in the state of Virginia
- Previous administrative and management skills in LTC
- Ability to effectively manage nursing staff, maintain positive employee relations, and act as a liaison between the administrator and the nursing staff

We are also recruiting for:

- Business Office Assistant – FT, Mon-Fri 8:30a-5p
- CNAs – FT/PT 7a-3p & 3p-11p; PRN 11p-7a
- RNs/LPNs – Weekends 7a-7p & 7p-7a
- Cook – PT, Mornings & Evening shifts
- Housekeeping Aide – PT, Mornings

For immediate consideration, please apply in person or forward your resume to:

Heritage Hall – Nassawadox
 9468 Hospital Ave.
 Nassawadox, VA 23413
 Fax: 757-442-9401

Or online at: www.heritage-hall.org
 Equal Opportunity/ADA/Affirmative Action Employer.

RESORT KITCHEN MANAGER

Resort restaurant on Virginia's Chesapeake Bay in Cape Charles, VA, seeking Kitchen Manager to serve guests quality food while running overall kitchen operations. Ideal candidate will have experience cooking quality food for large volumes of people and training kitchen staff to do the same. Ordering and inventory management are essential, as the restaurant serves a locality with an average occupancy of over 2,000 people from May to September. This year-round position starts immediately. Cherrystone Family Camping Resort is proud to offer a competitive salary and benefits package. Send resume to work@cherrystone.com to apply.

WHOLESALE NURSERY PRODUCTION MANAGER

Successful wholesale nursery in Accomack County VA looking for Head Grower/Production Manager for container nursery. Individual must have management experience and be self-motivated. Educational background in Horticulture or related field or four years growing is required.

Bilingual with English/Spanish a plus. This is a management job and will require supervising section growers, planning and coordinating crews, and hiring seasonal workers.

Salary commensurate with experience. Full-time salaried position with benefits including Health Insurance, Life Insurance, paid holidays and vacation and Profit Sharing Plan. EOE.

Submit cover letter and resume to rrinaca@esnursery.com

Eastern Shore Area Agency on Aging / Community Action Agency (ESAAA/CAA) Seeking a Part-Time Senior Center Manager in the Chincoteague Area 24 hrs. per week, 3 days a week, Tuesday, Wednesday and Thursday

ESAAA/CAA is seeking applications for the position of Senior Center Manager. This position plans, develops, and coordinates Senior Center Programs; oversees the Center's operations on a daily basis and completing daily activity program reports.

Qualified applicants must have had previous employment experience working with the aging population. Salary will be based on experience.

Interested candidates may forward resume to Human Resources, by email: ireid@esaaacaa.org or fax: 757-442-9303. Closing date for resumes is December 13, 2019. EEO

The Eastern Shore Community Services Board is seeking candidates for the following positions:

- Developmental Disabilities Aide
 - Part-time Driver (\$11.50 per hour)
 - Vehicle Maintenance Specialist
 - Developmental Services Case Manager
 - Clinician - \$1000 Sign-on Bonus
 - Qualified Mental Health Professional (QMHP)
 - Part-time Mental Health Facility Technician ~ FT benefits package includes Paid Maternity Leave
- ~ The ESCSB is a NHSC approved site for the Loan Repayment Program

For more information or to apply, please visit the ESCSB's website at www.escsb.org

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 Call 757-789-7678 and ask for Angie

Help Wanted (Cont'd)

The Northampton County Sheriff's Office is accepting employment applications for the position of:

Jail Medic

This position will be working in the Eastern Shore Regional Jail and the job will require shift work, days, evenings, some weekends and some holidays.

Qualifications: You must be over the age of 21 and have obtained high school diploma or GED and current Driver's License. Applicant must possess at a minimum the following: A current LPN or higher certification with work experience preferred. Will be required to be on call at times. The Jail Medic is responsible for performing medical services for the inmates of the Eastern Shore Regional Jail. Work is performed under the general supervision of the Jail Physician (Mediko Correctional Healthcare).

Sheriff's Office applications may be obtained from the Eastern Shore Regional Jail, 5245 The Hornes Eastville, Virginia 23347, or online at https://www.co.northampton.va.us/government/jobs_opportunities/job_openings. Completed applications should be returned in person to the Jail.

Deadline for applications: December 27, 2019.

Northampton County is an EOE.

Correctional Officer

Job will require shift work, nights, weekends and some holidays. *Qualifications:* over the age of 21 and have obtained high school diploma or GED. Certifications must be obtained within one year of employment.

Applications may be obtained from the Sheriff's Office, 5211 The Hornes, Eastville, Va. 23347 or the Eastern Shore Regional Jail Office located at 5245 The Hornes, Eastville, Va. 23347, or online at www.co.northampton.va.us

Deadline for applications: December 27, 2019.

Northampton County is an Equal Opportunity Employer.

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DIESEL MECHANIC NEEDED to work on heavy equipment. See Karen Gray at T&W Block, 21075 Washington Street, Onley, VA.

MILLWRIGHTS-PIPE FITTERS/WELDERS MAINTENANCE MECHANIC
 * MIG - TIG - STICK
 * FT - PT and Weekends
 * Exp'd only. * Valid Driver's License and Transportation. Day shift and night shift positions.
DOUGLAS REPAIRS, INC., SNOW HILL, MD.
 Call 410-632-1346 or 443-783-4125.

Boats, Etc.

12-FT. DEEP V ALUMINUM BOAT - New 4-stroke 8 h.p. Yamaha (3 hrs. on motor), \$1,950. Call 757-678-2729 after 6 p.m.

18-FT. MARITIME SKIFF - 50 h.p. Honda 4-stroke (174 hrs.), aluminum trailer, marine radio, GPS/fishfinder, compass. \$11,500. 757-678-5119.

3 POMPANETTE DECK CHAIRS with fighting gimbals. \$300. Call 443-477-2407.

4 CUSTOM DAIWA DEEP SEA RODS with 9 or 10 reels. \$450. 443-477-2407.

14-FT. BOAT TRAILER FOR SALE - \$750. Call 442-4923.

16-FT. REBEL SAILBOAT - boat and trailer: \$750. 757-709-3426.

CHARTER BOAT \$15,000 OBO - 34' Delta-ville Dead-Rise \$15,000 obo - Charter Fishing Boat. 2012 Re-Power Cat 3208T (757) 678-3718.



FORMULA 233 THUNDERBIRD - 23-ft. 5-7 350 V8 (less than 50 hrs.) New stern drive (less than 10 hrs.) Great open deck, Cuddy Cabin, Loadrite trailer w/ pwr. winch, well kept, exc. cond.
Reduced: \$5,900.
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27-ft. McGregor Sailboat - With sails, tiller, retractable skag, depth recorder for shallow water, trailer w/electric mast, wench. Exc. cond.
Reduced: \$2,100.
 757-710-7146



'84 21-FT. KEN CRAFT - Pilot house, fresh water cooled, V8 inboard, pocket drive w/galvanized trailer. \$10,500.
 757-665-6564.



'86 27.2-FT. O'DAY SAILBOAT - 9.9 Yamaha, 4-stroke. Sails good, sleeps 4. Galley & toilet. Trailer & new winch. Draws 2'11". **PRICE REDUCED: \$5,000 OBO.** Call Don at 757-656-8986.

BOAT WHEELS - 4-blade, 1 pair, 19" x 23-1/2" shaft. **REDUCED \$400.** Call 757-999-3437 & leave msg.

2017 9.9 4-STROKE HONDA OUTBOARD - 25-in. shaft, electric start, new condition. \$2,000. Call 757-746-6136.

2014 14-FT. E-TENDER ROWBOAT - Never used, like new. \$1,750. Call 757-746-6136.

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1959 15FT. CRUISERS INC. wood, Johnson outboard 50 w/trailer. This classic won't last long. \$5,000 OBO. Call (757) 787-4090.

MERCURY OUTBOARD PROPELLER SS 22-PITCH - Like new. \$450. 757-710-0070.

5-HP MEYERS SUBMERSIBLE WATER PUMP - Includes electrical box. Used less than 30 hrs \$950. 442-7677 & leave msg.
'00 MAXUM 2800 SCR twin 4.3L V6 engines. Exc. cond. w/recent (2014) maintenance record. Many extras. \$16K OBO. Call 540-287-5047.

1997 EAGLE CENTER CONSOLE - Fiberglass, '04 Loadrite trailer, '02 90 hp Yamaha w/150 hrs., VHF, depth finder, all fishing gear, 3 elec. winches, internal bilge pump & gas tank, \$4,000. 757-336-5256 or 410-404-6066 (ask for Bob).

'87 26-FT. SHAMROCK - With anchor puller, never been used, lots of extra equipment. Call 757-891-2426.



1988 Grady White 20', 225 h.p. Yamaha, 2 axle trailer. Ready to go. **REDUCED: \$7,000.** Call 757-824-5748.

'90 22-FT. SEAPRO CUD-DY CABIN - Rebuilt OMC 225. 160-gal. fuel tank, 22-ft. aluminum trailer w/brakes (Grady White clone). \$10,300 **REDUCED: \$6,000.** Pat-757-442-4635.

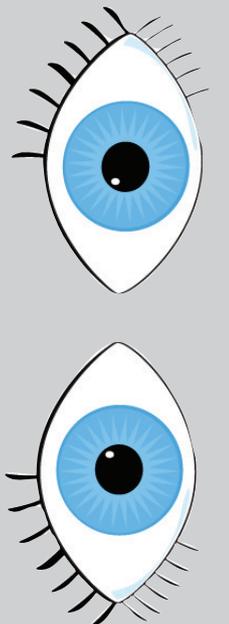
34' DELTAVILLE DEAD-RISE \$28,500 OBO - Charter Fishing Boat. 2012 Re-Power Cat 3208T (757) 678-3718. dat556@verizon.net www.ltbaycharters.com

FREE 26-FT. RANGER SAILBOAT in cradle w/ sails, rigging, cushions. Needs to be moved & repaired. 757-331-0315.

1983 Pro-Time 20-ft. Cuddy Cabin, 2006 150 HP Yamaha V-WAX, 2009 float-on trailer, and many extras, exc. cond. \$15,000 OBO 518-369-9458

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'01 18' TROPHY - Very good cond. + extras. Can be seen at K & E Marine, across from Perdue plant. \$11K. 757-678-3622.

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Firewood

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20-YR. COLLECTION OF FRESHWATER FISHING Tackle & memorabilia. Selling "The Fish Room." Rods, reels, antique lures, etc. Call for info.: 757-710-8387

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This newspaper will not knowingly accept advertising for real estate that violates the fair housing law. Our readers are hereby informed that all dwellings advertised in this newspaper are available on an equal opportunity basis. For more information about Virginia's Fair Housing Law or to file a fair housing complaint, call the Virginia Fair Housing Office at (804) 367-8530. Toll-free call (888) 551-3247. For TDD users, please call the Virginia Relay by dialing 7-1-1.



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NASSAWADOX - 2 BR, available in January. \$800/mo. View this property and appl. at shorepropertyrentals.com 757-710-1731

ONLEY - 2 BR, available in December. \$800/mo. View this property and appl. at shorepropertyrentals.com 757-710-1731

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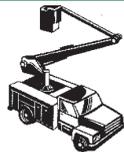
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Vehicles - Cars, RVs, Trucks, SUVs, Parts

1995 LINCOLN TOWN CAR - \$2,000. 140K mi., 1-owner, ext. & int. in good shape, inspected in Sept., licensed in Aug. 757-694-7407.

2015 FORD EXPLORER SPORT - Loaded, garage-kept, 39K mi., w/extended warranty, 1 owner, \$27,500 OBO. 757-894-4321.



'14 Travel Trailer For Sale 26' Premier Bullet Ultra Lite, 2 pull outs with awning, sleeps 6, complete camping package, bike rack, hitch, loaded with extras. Like new, see in Va. Beach, can deliver! \$26,000 Call 757-286-6463.

2001 TAURUS SW - Inspected, runs well. \$900. 717-371-9165.

'00 MUSTANG - 150K mi. New tires, brakes clutch & windshield-wiper motor. \$4,300 Firm. Call 710-7571

1953 HUDSON HORNET 4-door sedan. red exterior, high-compression straight six "h-145" engine 170 h.p., twin-h-dual carb., \$10,000 OBO. Call (757) 787-4090.

1985 MERCEDES - Good cond., gold, \$1,700. Call 757-787-4924.

PERFORMANCE INCREASE POWER PROGRAMMER - Instant horsepower, improved economy, easy installation, lifetime warranty. 4.8, 5.3, 6.0 & 8.1, '99-'06 GM trucks. Pd. \$400 for it and only asking \$200. 709-4234.

'03 DODGE 1500 CREW-CAB off-road 4x4 SLT 4.7 eng, new tires, brakes, upper/lower ball joints, rblt short block 1 yr ago, very good shape \$5,500 obo. 757-694-5332.

2016 TOYOTA CAMRY - 4-dr., 4-cyl., auto., A/C, full pwr., cruise, tilt, CD, backup camera, exc. cond., Toyota warranty. \$14,900. Call 443-235-0304.

2015 NISSAN ALTIMA - 4-door, 4-cyl., auto., full power, cruise control, CD, A/C, Nissan warranty, exc. cond., 32K mi., \$11,900. 443-235-0304.

'07 LINCOLN MARK LT 1-owner, 4x4, loaded w/options, factory 22" wheels, hwy. miles, runs & drives like new, REDUCED \$9,500 OBO. Call 787-4633 or 710-7394.

2016 HONDA CRV - 4-cyl., auto, cruise, power windows & locks, exc. cond., Honda warranty, 31K mi., \$16,500. 443-235-0304.

'14 HONDA ACCORD LX - 4-door, 4-cyl., auto., A/C, full pwr., backup camera, 30K mi., exc. cond., 1 owner, warranty, \$14,000. 757-351-5611.

'99 35TH ANNIVERSARY GT MUSTANG - Professionally installed engine 9/15/11, 36-mo. warranty on engine still good. \$7,500. Good cond. 757-377-8261.

NISSAN ROGUE SL - CLEAR TITLE \$18,500, immaculate, garage kept. Leather seats. Bells & whistles. Call (757) 854-1407 ft512@verizon.net

Vehicles - Motorcycles & ATVs & Scooters

2010 ULTRA CLASSIC FULL DRESSER - \$8,500. 757-787-2190.

2001 KAWASAKI VULCAN 1500 - Locking bags, highway bars, water cooled. \$2,950 OBO. 757-894-8561.

'04 Harley Fat Boy Apehangers, Triple Exhaust, 6,773 mi. \$9,500. Call 757-709-9112 or 709-4963.

2003 HONDA SILVERWING SCOOTER 600cc - Tour pack, adj. back rest, garage kept, tall windshield, like new, current maint., 43K mi., \$3,000. 757-710-4835.

Yard/Estate Sales

SAVAGEVILLE COMMUNITY YARD SALE - 26399 Redwood Rd - Behind Wal-Mart. Saturday, Dec. 7, 9 a.m. - 12:30 p.m.

Rentals - Houses

UP TO 4BR, 2 FULL BA, 2-story house in the town of Onley. All appliances included, 2 storage bldgs., lawn main. included. Private well & septic. \$1,300/mo. + sec. dep. 757-442-7340

NEW 3BR, 2BA HOME \$500 DEPOSIT CALL FOR DETAILS: 302-846-9100.

WHY RENT when you may be able to buy with as little as \$1,000 down. Call 302-846-9739.

LONG TERM PROPERTIES and month to month properties available on Chincoteague: Call Harbour Rentals at 757-336-5490.

NUEVA Casa-3 Recamaras, 2 Banos Solo \$500 Deposito - Llame para los requisitos: 302-846-9100.

Services

DIVORCE uncontested \$395 + \$86 costs. **WILLS** \$195. Hablo espanol. Hilton Oliver, Attorney. 757-490-0126. hilton@hiltonoliver-attorneyva.com

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Legal Ads & Auctions

NOTICE OF SUBSTITUTE TRUSTEE SALE

28048 Gargatha Landing Road, Parksley, VA 23421

By virtue of the power and authority contained in a Deed of Trust dated June 28, 2007, and recorded at Instrument Number 200703749 in the Clerk's Office for the Circuit Court for Accomack County, VA, securing a loan which was originally \$112,157.00. The appointed SUBSTITUTE TRUSTEE, Commonwealth Trustees, LLC will offer for sale at public auction at main entrance of the Accomack County Circuit Court, located at 23316 Court-house Avenue on:

January 2, 2020 at 2:30 PM

improved real property, with an abbreviated legal description of All that certain lot or parcel of land situate in Metompkin District, Accomack County, Virginia, designated as Lot 9, containing 30,0001 sq. ft. (0.68 acres) as shown on a plat entitled, "Subdivision of Gargatha Estates, Near Gargatha Metompkin District Accomack County, Virginia," made by Eastern Shore Surveyors, Ltd., dated July 7, 1993, and recorded in the Clerk's Office for the Circuit Court of Accomack County, Virginia, in Plat Book 93, at Pages 134 and 135.

Make: Redman Homes, Inc.

Model: A 163

VIN#: 122-37467 A/B

Year: 10/09/2000

Dimensions: 28 X 70, and as more fully described in the aforesaid Deed of Trust.

TERMS OF SALE: The property will be sold "AS IS," WITHOUT REPRESENTATION OR WARRANTY OF ANY KIND AND SUBJECT TO conditions, restrictions, reservations, easements, rights of way, and all other matters of record taking priority over the Deed of Trust to be announced at the time of sale. A deposit of \$20,000.00, or 10% of the sale price, whichever is lower, will be required at time of sale, in the form of certified check, cashier's check or money order by the purchaser. The balance of the purchase price, with interest at the rate contained in the Deed of Trust Note from the date of sale to the date said funds are received in the office of the SUBSTITUTE TRUSTEE, will be due within fifteen (15) days of sale. In the event of default by the successful bidder, the entire deposit shall be forfeited and applied to the costs and expenses of sale and Substitute Trustee's fee. All other public charges or assessments, including water/sewer charges, whether incurred prior to or after the sale, and all other costs incident to settlement to be paid by the purchaser. In the event taxes, any other public charges have been advanced, a credit will be due to the seller, to be adjusted from the date of sale at the time of settlement. Purchaser agrees to pay the seller's attorneys at settlement, a fee of \$460.00 for review of the settlement documents.

Additional terms will be announced at the time of sale and the successful bidder will be required to execute and deliver to the Substitute Trustees a memorandum or contract of the sale at the conclusion of bidding.

FOR INFORMATION CONTACT:
Rosenberg & Associates, LLC
(Attorney for the Secured Party)
4340 East West Highway, Suite 600
Bethesda, MD 20814
301-907-8000
www.rosenberg-assoc.com

TRUSTEE SALE

12320 Houston Street, Exmore, VA 23350
aka 12320 Houston Avenue, Exmore, VA 23350
Northampton County

In execution of a Deed of Trust in the original principal amount of **\$72,500.00**, dated **May 22, 2009** recorded in the Clerk's Office of the Circuit Court of the **Northampton County, Virginia**, in **Document No. 090001103**, default having occurred in the payment of the Note thereby secured and at the request of the holder of said Note, the undersigned Substitute Trustee will offer for sale at public auction at the **front entrance of the Northampton County Courthouse, 5229 The Hornes, Eastville**, on **December 16, 2019 at 10:30 AM** the property described in said deed, located at the above address and briefly described as:

Lot 3, Block L, as shown on Plat of Survey recorded in Plat Book 5, Page 2, with improvements thereon.

Subject to any and all covenants, conditions, restrictions, easements, and all other matters of record taking priority over the Deed of Trust, if any, affecting the aforesaid property.

TERMS OF SALE: CASH: A deposit of **\$20,000.00** or 10% of the sales price, whichever is lower, cash or certified check will be required at the time of sale, but no more than \$10,000.00 of cash will be accepted, with settlement within fifteen (15) days from the date of sale. Sale is subject to post sale confirmation that the borrower did not file for protection under the U.S. Bankruptcy Code prior to the sale which affects the validity of the sale, as well as to post-sale confirmation of the status of the loan with the loan servicer including, but not limited to, determination of whether the borrower entered into any repayment agreement, reinstated or paid off the loan prior to the sale. In any such event, the sale shall be null and void, and the Purchaser's sole remedy, in law or equity, shall be the return of his deposit without interest. Additional terms may be announced at the time of sale. Pursuant to the Federal Fair Debt Collection Practices Act, we advise you that this firm is a debt collector attempting to collect the indebtedness referred to herein and any information we obtain will be used for that purpose.

SAMUEL I. WHITE, P.C., Substitute Trustee

This is a communication from a debt collector.

FOR INFORMATION CONTACT:
SAMUEL I. WHITE, P.C. (65492)
596 Lynnhaven Parkway, Suite 200
Virginia Beach, Virginia 23462
757-457-1460 - Call between 9:00 a.m. and 5:00 p.m.
or visit our website at www.siwpc.net

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Wednesday, December 18, 2019

**Exmore Mini Storage, 11437 Oakland Drive,
Exmore, VA | (757)710-1079**

#29 Sharon Wilson

#48 William Weeks

#63 Abandoned Unit

Public Notice

The Northampton County Wetlands Board will meet Wednesday, December 18, at 9:30 a.m., in the Board Chambers located at 16404 Courthouse Road in Eastville, VA, for the purpose of considering the following wetlands/coastal primary sand dunes matters under public hearing and to conduct regular business. The Board will assemble at 8:00 a.m. to conduct site visits.

VMRC 2019-1886: Alex P. Lambert is applying for a permit to install a boat ramp in support of a commercial aquaculture operation at the site using Flexamat material placed on geotextile fabric. The boat ramp is delivered in two rolls and will be placed with an excavator along the North side of the existing dock at the site. The rolls will be secured together using stainless steel zip ties. The dimensions are 12' x 75' and will begin 10' above MHW. The mat will be placed on the existing sand slope. No clearing of grading will be required; however, there is a patch of grass that will be removed and re-placed on the north side of the project area. The property is located at 12432 Trout Lane and is further described as Tax Map 38A3-1-A1.

VMRC 2019-1910: Louis and Linda Barlow and Rolling Meadows POA Inc. are applying for a permit for the replacement of debris used as shoreline protection with a permanent revetment structure to prevent erosion of his property from the Chesapeake Bay caused by storm events. It is not known when the existing debris and rubble was placed at the site other than previous to the applicant's ownership of the property. Revetment construction will be performed from the existing bulkhead at Lot 9 to the South Property line of Lot 6, which is also owned by the applicants. The right of way for the HOA shown as "Lot 7" will be included as well to prevent a break in the structure. Geotextile fabric will be placed and a stone revetment 6' in height will be placed at a 1.5:1 slope landward using Class III Rip Rap (500lb-2,000lb). The existing debris and rubble will be removed and disposed of off-site. The property is located at 4242 Battle Point Road and is further described as Tax Map #'s 6A-1-8, 6A-1-7 and 6A-1-6.

Anyone interested in the above matters should attend the scheduled public hearing. The applications may be viewed in the Planning, Permitting, and Enforcement Office located at 16404 Courthouse Road in Eastville, VA. Written comments can be submitted to the Planning, Permitting, and Enforcement Office P.O. Box 538, Eastville, VA 23347.

Handicapped Assistance Available: Please call (757) 678-0440 extension 516 at least 48 hours in advance.

*Marshall Cox, Chairman
Wetlands Board*

Pursuant to Section 6 of the Accomack County Wetlands Zoning Ordinance, you are hereby notified of a Public Hearing that will be held in the Accomack County Administration Building Board Chambers, Room #104, 23296 Courthouse Avenue – Accomac, Virginia at **10 a.m., Thursday, December 19, 2019**, on the wetlands application of:

Sue & Randolph Lieberum – VMRC# 2019-1768

This application is for the following described project:

The portion of the project which is in the Wetlands Board's jurisdiction is the proposed installation of a 475 (+/-) linear feet of rip rap stabilization with 280 cubic yards of class III stone over filter fabric. The property is located in Craddockville, VA 23341, Tax Map# 108-1-16.

All interested parties will be afforded the opportunity to be heard or to present written statements. Applications are on file and may be examined in the Office of Environmental Programs in Accomac, Virginia. Handicapped assistance is available. Please call (757) 787-5728.

Pursuant to Section 6 of the Accomack County Wetlands Zoning Ordinance, you are hereby notified of a Public Hearing that will be held in the Accomack County Administration Building Board Chambers, Room #104, 23296 Courthouse Avenue – Accomac, Virginia at **10 a.m., Thursday, December 19, 2019**, on the wetlands application of:

Cindy Welsh – VMRC# 2019-1926

This application is for the following described project:

The portion of the project which is in the Wetlands Board's jurisdiction is the proposed construction of a new bulkhead to prevent further erosion. The property is located in Captain's Cove subdivision of Greenbackville, VA 23356, Tax Map# 5A3-1-1406.

All interested parties will be afforded the opportunity to be heard or to present written statements. Applications are on file and may be examined in the Office of Environmental Programs in Accomac, Virginia. Handicapped assistance is available. Please call (757) 787-5728.

Pursuant to Section 6 of the Accomack County Wetlands Zoning Ordinance, you are hereby notified of a Public Hearing that will be held in the Accomack County Administration Building Board Chambers, Room #104, 23296 Courthouse Avenue – Accomac, Virginia at **10 a.m., Thursday, December 19, 2019**, on the wetlands application of:

James McFall – VMRC# 2019-1901

This application is for the following described project:

The portion of the project which is in the Wetlands Board's jurisdiction is the proposed construction of a new bulkhead 1-foot channel ward of existing with a 41 feet return wall in the same location as the existing return wall. The property is located on Chincoteague Island, VA 23336, Tax Map# 30A7-A-12.

All interested parties will be afforded the opportunity to be heard or to present written statements. Applications are on file and may be examined in the Office of Environmental Programs in Accomac, Virginia. Handicapped assistance is available. Please call (757) 787-5728.

Pursuant to Section 6 of the Accomack County Wetlands Zoning Ordinance, you are hereby notified of a Public Hearing that will be held in the Accomack County Administration Building Board Chambers, Room #104, 23296 Courthouse Avenue – Accomac, Virginia at **10 a.m., Thursday, December 19, 2019**, on the wetlands application of:

Gary & Wendy Heller – VMRC# 2019-1905

This application is for the following described project:

The portion of the project which is in the Wetlands Board's jurisdiction is the proposed construction of 215 feet of shore stabilization revetment with Geo-textile fabric placed below Class III armor stone. The property is located in Craddockville, VA 23341, Tax Map# 117-11-6.

All interested parties will be afforded the opportunity to be heard or to present written statements. Applications are on file and may be examined in the Office of Environmental Programs in Accomac, Virginia. Handicapped assistance is available. Please call (757) 787-5728.

Legal Ads

(Cont'd)

Notice of Public Hearing

The Cape Charles Board of Zoning Appeals will hold a public hearing on Tuesday, December 17, 2019 at 10:00 am in the Cape Charles Civic Center, located at 500 Tazewell Avenue, to receive public comment on the following: an application for a variance from the side yard setback requirements in Section 3.2.G.1.b for a proposed single-family detached home at 652 Randolph Avenue (tax map #s 83A3-1-537B and 83A3-1-536).

The Board of Zoning Appeals will hold a meeting immediately following the public hearing to consider the requests. The application is available for public review online at www.capecharles.org, under Agendas and Minutes/Board of Zoning Appeals and in the Town Planner's Office located at 2 Plum Street during regular business hours. Please contact Town Planner Zach Ponds at 757-331-2036, or by email at planner@capecharles.org if you have any questions or require additional information. Anyone interested in attending and needing special assistance, please contact the Town at least forty-eight hours before the hearing.

SUBSTITUTE TRUSTEE'S SALE OF 29350 Horsey Road, Oak Hall, VA 23416 GPIN/Tax Map Nos.: 026000100000300, 026000100000500, 026000100B00007 026000100B00008

Under a power of sale contained in a certain Purchase Money Deed of Trust, Assignment of Leases and Rents, Fixture Filing, and Security Agreement (“Deed of Trust”) dated May 11, 2018 and recorded on May 30, 2018 as Instrument No. 180001938 with the Clerk of the Circuit Court of Accomack County, Virginia, from Farm Properties, LLC (“Borrower”), as grantor, to Coastal Title & Closings, LLC (“Original Trustee”), as trustee, for the benefit of IRA Services Trust Company CDN FBO Joseph D. Lung IRA (“Lender”), as beneficiary, with a principal balance of \$299,000.00, as amended and supplemented by that certain Supplemental Deed of Trust dated August 1, 2019 and recorded on August 6, 2019 as Instrument No. 190002880 default having occurred under the terms thereof, and pursuant to a Deed of Appointment of Substitute Trustee dated June 24, 2019 and recorded on July 17, 2019 as Instrument No. 190002572 removing Original Trustee and appointing Pardo Drazin Auctioneers LLC (“Trustee”) as substitute trustee, the Trustee will sell at public auction at the front entrance of the Circuit Court of Accomack County, Virginia, located at 23316 Courthouse Avenue, Accomac, VA 23301, on

DECEMBER 11, 2019 at 12:00 PM

ALL REAL PROPERTY AND THE IMPROVEMENTS THEREON, as well as ALL PERSONAL PROPERTY, encumbered by the Deed of Trust (collectively, “Property”).

TERMS OF SALE: A deposit of ten (10) per centum of the

sale price will be required of the purchaser at the time and place of sale. The deposit must be paid in cash or certified funds. The balance of the purchase price to be paid in cash or certified funds within twenty (20) days of the date of sale. Interest to be paid on the unpaid purchase money at the rate then applicable to the indebtedness secured by the Deed of Trust from the date of sale to the date of settlement. The party secured herein, if a bidder, shall not be required to post a deposit or to pay interest. Purchaser shall settle within twenty (20) days of the date of sale. TIME SHALL BE OF THE ESSENCE WITH RESPECT TO SETTLEMENT BY THE PURCHASER. In the event that the purchaser does not settle as required for any reason, the purchaser shall be in default. The defaulting purchaser shall not be entitled to any surplus proceeds or profits resulting from any resale of the Property, and the deposit shall be forfeited to the Trustee and all of the expenses of this sale (including attorneys' fees and full commission on the gross sale price) shall be charged against and paid out of the forfeited deposit, with any remaining balance of the forfeited deposit applied to the indebtedness secured by the Deed of Trust. In the event settlement is delayed for any reason, including, but not limited to, exceptions to the sale, bankruptcy filings by interested parties, court administration of the foreclosure, or unknown title defects, there shall be no abatement of interest. Taxes, ground rent, water and all public charges including electrical, sanitation, and/or metropolitan district charges, if applicable, are to be adjusted for the current year to the date of sale and assumed thereafter by the purchaser. Cost of all documentary stamps, recordation taxes, transfer taxes and settlement expenses shall be borne by the purchaser.

The Property will be sold in an “AS IS” condition and subject to recorded covenants, conditions, restrictions, agreements, and senior liens, if any, and with no warranty of any kind (except as required by the Deed of Trust).

In the event that the Trustee is unable to convey title as aforesaid, the purchaser's sole remedy at law and in equity shall be limited to a refund of the deposit and the sale shall be considered null and void and of no effect.

Purchaser shall be responsible for obtaining physical possession of the Property. Purchaser assumes the risk of loss or damage to the Property from the date of sale forward.

Trustee reserves the right, in its sole discretion, to reject any and all bids, to withdraw the Property from sale at any time before or at the auction, to extend the time to receive bids, to waive or modify the deposit requirement, to waive or modify the requirement that interest be paid on the unpaid purchase money, and/or to extend the period of time for settlement.

Additional terms may be announced at the sale. Purchaser will be required to execute and deliver to the Trustee a memorandum or contract of the sale at the conclusion of bidding.

Pardo Drazin Auctioneers LLC, Substitute Trustee

FOR INFORMATION, CONTACT:
PARDO & DRAZIN, LLC
Russell S. Drazin, Attorney
4400 Jenifer Street, NW, Suite 2
Washington, DC 20015
(202) 223-7900
www.pardodrazin.com

Legal Ads & Auctions (Cont'd)

NOTICE OF OYSTER PLANTING GROUND APPLICATION

Jeffrey Paul Reid, (2019083) has applied for approximately 4 acres of oyster planting ground in Brown Bay (Atlantic S.) situated in Northampton City/County. The application is located at Lat/Long: N37-10.9124 / W75-50.7414

To view a map of the application, use this web link to search the application by number (2019083): https://webapps.mrc.virginia.gov/public/oystergrounds/search_applications.php or contact the VMRC Engineering/Surveying Department at 757-247-2230.

Send written comments or concerns to:
Marine Resources Commission, Engineering/
Surveying Department, 380 Fenwick Road,
Fort Monroe, VA 23651-1064

Invitation to Bid County of Northampton

WILLIS WHARF HARBOR BOAT DOCK

The County of Northampton, Virginia, is accepting sealed Bids for the installation of a new floating dock located at the Willis Wharf Harbor in Willis Wharf, VA, to serve rental boat slips. The bid will also include an add alternate for the installation of a kayak dock. Bids will be received at the office of the County Administrator, 16404 Courthouse Road, P.O. Box 66, Eastville, VA 23347 until 3:00 PM, December 19, 2019. Bids will be publicly opened and read aloud immediately thereafter.

Contractors can obtain copies of the complete bid specifications from the Public Works Director's office at PO Box 66, Eastville, VA 23347, (757) 678-0414, or cthomas@co.northampton.va.us.

The County reserves the right to reject any or all bids and to waive any irregularities or informalities in the bidding.

All bidders are subject to and must comply with the provisions of Northampton County's Equal Employment Opportunity Policy and applicable State and Federal anti-discrimination laws.

The Cape Charles Town Council will hold public hearings on Thursday, December 19, 2019, at 6:30 p.m., in the Cape Charles Civic Center at 500 Tazewell Avenue, to receive comment on the following:

- 1) An application for a conditional use permit to allow an accessory dwelling unit at 501 Tazewell Avenue (tax map #83A3-1-377)
- 2) An application for a conditional use permit to allow a residential dwelling unit above a commercial use in the C-1 zoning district at 316B Mason Avenue (tax map #83A3-1-611A)
- 3) Proposed text amendments to Zoning Ordinance Article II, Section 2.9, adding two definitions

Information regarding these items are available for public review on www.capecharles.org, under Agendas and Minutes/Town Council, and in the Town Planner's Office, located at 2 Plum Street, during regular business hours. Please contact Town Planner Zach Ponds at 757-331-2036, or by email at planner@capecharles.org if you have any questions or require additional information. Anyone interested in attending and needing special assistance please contact the Town at least forty-eight hours before the hearing.

BAY CREEK RESORT LLC, Trading as
Coach House Tavern, 1 Clubhouse Way,
Cape Charles, Northampton County, Virginia 23310-2399
The above establishment is applying to the
VIRGINIA ALCOHOLIC BEVERAGE
CONTROL (ABC) AUTHORITY
for a Wine and Beer on and off Premises/Mixed Beverage Restaurant/Mixed Beverage Caterer license to sell or manufacture alcoholic beverages.
James H. Sinnott, President

NOTE: Objections to the issuance of this license must be submitted to ABC no later than 30 days from the publishing date of the first of two required newspaper legal notices. Objections should be registered at www.abc.virginia.gov or 800-552-3200.

LEGAL NOTICE REGARDING DANGEROUS STRUCTURES PURSUANT TO COUNTY CODE SECTION 94.03, Northampton County has determined that the following structures endanger the public health and safety or other residents of the locality and that said structures must be removed, repaired or secured within thirty days of this publication.

Property Owner	Lien Holder	Property Address
Lionara Rodriguez	None	22585 Banks Road 0091B-02-00-0000023

If the owner(s) of the above referenced parcels fail to remove, repair or secure the structure within 30 days of this publication, the County will remove the structure and the cost of the removal shall be chargeable to the owner(s) of the structure and shall be collected as taxes are collected. Inquires may be directed to Tom Rippon at twrippon@co.northampton.va.us or 757-678-0440 Ext. 526.

The Accomack County Board of Supervisors' will hold a special meeting on Wednesday, December 18, 2019, at 3:45 p.m., in the Board of Supervisors Chambers (23296 Courthouse Ave. - Room 104) in Accomac, Virginia, to consider the following items:

- 1) a resolution authorizing inclusion of the County in a petition to the Circuit Court which seeks to add the County to the Hampton Roads Sanitation District;
- 2) receive a forestry report from the senior area forester, and
- 3) other routine board matters such as budget amendments and payment of accounts payable.

This special meeting will be immediately followed by the Board's regularly scheduled monthly meeting which will commence at 5:00 p.m. Public comment and any discussions regarding 2nd amendment sanctuary status will occur during the meeting beginning at 5:00 p.m.

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Golden Ripe Bananas	44¢/lb.
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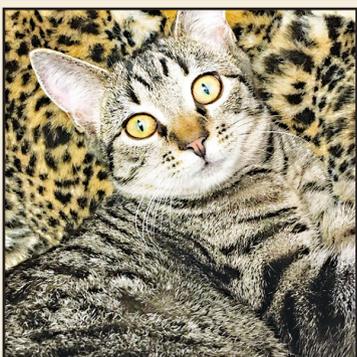
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From Pillar to Post

By Angie H.
Crutchley

The Rothschild's Slipper Orchid is one of the most expensive flowers in the world, sometimes selling for \$5,000-\$6,000 per stem. A parking spot in Manhattan can set you back \$250,000 (\$1 million dollar spaces are available). At a 2010 Sotheby's auction, a pink diamond, later named the Graff Diamond, was purchased for \$46.16 million. A trip to the Space Station with a seat on SpaceX could set tourists back \$52 million. This is the time of year when people talk of the high cost of material gifts and the philosophical dilemma that arises with gift-giving.

I like free things. If there's a sample site out there, I'm on it. I get an aver-

age of two free things in the mail weekly. I've gotten into more conversations than I can count about appreciation coming not from the exchange of gifts but from time spent together.

When I was little, I would (without my mother knowing) walk around to the neighbors and ask "what have you got for me today?" You'd be surprised how much food a 6-year-old girl can collect with that kind of opener.

I can feel the blood rushing to my mother's face as she reads this. If she only knew how much begging I actually did as a child, I would be grounded until my 41st birthday (which will be on Dec. 26).

Many companies offer freebies on a person's birthday. I've already gotten my free gift from Sephora (the Kat Von D makeup set). Come Dec. 26, I'll scoop up my free chicken dinner at Royal Farms. I got \$5 at DSW. Last year I missed my \$25 in slot play at Dover Downs and it nearly broke my heart.

Some of my favorite gifts are material items. There's a green travel toothbrush that sits in a drawer in my bathroom. It hasn't been used since 2004, but I won't throw it away. My husband, Doug, gave it to me when we first started dating. I didn't have a toothbrush at his house and

he pulled it out and said, "I got you this." I cried and I'm not sure if he thought I was crying because of the halitosis implications, but it was a kind \$1.75 gesture that made me love him.

Free food is a great way to get me to like you. I can be bought with a cheeseburger. Back in the 1980s, you could buy a cheeseburger for 39 cents sometimes at a fast-food restaurant. Funds were limited and my mom would take me through and buy just one cheeseburger and a soda. She would tell me she wasn't hungry but if there was a bite left she would take it. I would pinch a minuscule portion with my chubby little fingers for her to bite, never knowing it was all we could afford for the night. That cheeseburger was tangible but the memory of her kindness and her sacrifice in those

early years makes it priceless. Sometimes when times are tight, I recall that memory and it puts life into perspective.

My grandfather, a waterman from Bloxom, had gone to the bank and a 4-year-old Angie watched as he counted the money that would pay his taxes.

"Whoa, PopPop, where'd you get all that money from?" I asked. He told me he won the sweepstakes. I asked for one of the bills from his newly begotten fortune. He handed me a crisp \$100 bill. I saved that bill until my early 20s. That gift was hard-won but he handed it over as though he really had won the sweepstakes.

Sometimes a different version of the gift debate can be had. Don't limit yourself to the cliched argument that real gifts can't be bought with money. They can.

Post Office Mail

Bill Sterling as Asset to the Community and the Post

Dear Editor:

Please relay my appreciation to Bill Sterling for his beautiful story about Peggy Downing and her family.

I put a link to it on my Facebook page, but I feel it needs to be shared as widely as possible.

Everyone concerned with services for the disabled should be sending copies of this article to their elected representatives, city and county govern-

ments and school boards.

Bill has a great sensitivity for people and their stories. I am so glad to be able to read his work in the Eastern Shore Post.

Marian Huber
Palmyra, Va.

Dear Editor:

Thoroughly enjoyed your in-depth, thoughtful, and inspiring article by Bill Sterling in the Eastern Shore Post on the Arc and the Downings.

Thank you for another great locally inspired article.

Fred Kern
Belle Haven



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